

## ***Relationship Section***

\*This can be done on the computer for ease and convenience.

### ***Questions to Ponder***

*~What can I do to be a better spouse? How would this improve my marriage?*

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*~I can show my spouse I want to improve our marriage by.....*

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*~What positive qualities in my spouse do I want to reinforce?*

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*~I express approval to my spouse by.....*

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*~What things about my family am I proud of? Why do these things make me proud?*

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*~What in my family life would I like to change? If this were changed, how would my family life be different?*

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*~How can I be a better parent and what specifically can I do?*

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*~How can I encourage more love in my family?*

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*~I show affection and attention to each family member by.....*

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*~How much quality time do I spend with my family? How much time, quality and quantity, would I like to spend? What would I do with this time?*

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*~What can I do to be more open and free with others?*

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*~What dreams of leadership do I have? Why?*

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*~What can I do to be a better listener? How would this improve my social and family life?*

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*~What can I do to be a better friend?*

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*~What kinds of people do I want to surround myself with?*

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*~How do I spend my weekends and how do we “socialize”?*

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**#1 ~ Identify your goals**

**Relationships**

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**Step #2 ~ Dig Deeper**

What do I mean by that?

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What do I mean by that?

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What do I mean by that?

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What do I mean by that?

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What do I mean by that?

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***Step #6 ~ Write in the first-person***

Cross out any times you slip out of first person.

***Step #7 ~ Develop hooks***

What are the action plans for this goal?

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What are the action plans for this goal?

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***Step #8 ~ Keep in the present tense***

Check LifeVision statements for leaks.

***ReWrite LifeVision Section***

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