

## ***Spiritual Section***

\*This can be done on the computer for ease and convenience.

### ***Questions to Ponder***

*~In what ways do I want to be more spiritual? Why do I want to be more spiritual?*

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*~Would I like to incorporate meaningful prayer and/or meditation into my life? In what ways would I do this?*

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*~Do I want to become more religious? In what way(s)? Why?*

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*~Should I spend more time reading or listening to religious or spiritual literature? Like what? What would this do for me?*

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*~What blessings in life am I most grateful for? What are ways I can express my gratitude? Why?*

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*~What spiritual gifts and character traits do I already have and others I want to possess? Why do I believe these are important?*

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*~Would I like to develop more fully the gifts of Integrity, Compassion, and Humility? How would I do this?*

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*~What kinds of people or events make my inner spirit come alive? Why?*

**Step #1 ~ Identify your goals**

Spiritual

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## ***Step #2 ~ Dig Deeper***

What do I mean by that?

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What do I mean by that?

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What do I mean by that?

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What do I mean by that?

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What do I mean by that?

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### **Step #5~Check for Negative Statements**

Change any negative statements and turn them into the “reverse.”

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### ***Step #6 ~ Write in the first-person***

Cross out any times you slip out of first person.

### ***Step #7 ~ Develop hooks***

What are the action plans for this goal?

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### ***Step #8 ~ Keep in the present tense***

Check LifeVision statements for leaks.

### ***ReWrite LifeVision Section***

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