

# CALENDAR: SEPTEMBER 2025

## SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 MS Support Group (M-IP) 2:00 PM	3	4 Pulmonary Support Group (O-IP) HIATUS*	5/6 TBI Support Group (M-IP) 3:00 PM
8 FTD Support Group (O-IP) 1:00 PM	9	10	11	12 Chronic Pain Support Group (M-IP) 1:00 PM
15 Parkinson's Support Group (M/O-IP) 1:30 PM	16 Caregivers Support Group (M-IP) 1:00 PM	17	18 Stroke Support Group (M-IP) 11:00 AM	19
22 Caregivers - Men's Only Support Group* (CG-IP) HIATUS*	23 (ALZ/DEM) Support Group* (CG-IP) 5:30 PM	24	25	26
29	30			



You can also reach us by email at [courtney.armstrong@kadlec.org](mailto:courtney.armstrong@kadlec.org) or [knrc@kadlec.org](mailto:knrc@kadlec.org)

### \*PLEASE NOTE:

ALZ/DEM Caregiver Support Group meets at Callaway Gardens, 5505 W. Skagit Ct., Kennewick. Please call Callaway Gardens to confirm your attendance at (509) 783-5433 as light refreshments will be served.

**NEW:** Parenting Together Support Group meets on Saturday at 10AM at the Richland Public Library in Conference Room B. Email for more information at [knrc@kadlec.org](mailto:knrc@kadlec.org).

## HEALTHPLEX SUPPORT GROUPS

1268 LEE BLVD, RICHLAND WA

\*ROOMS SUBJECT TO CHANGE

### Caregivers (Maple Room)

3<sup>rd</sup> Tuesday, 1:00-2:30PM

### Chronic Pain (Maple Room)

2<sup>nd</sup> Friday, 1:00-2:00PM

### Frontotemporal Dementia Caregivers (FTD) (Oak Room)

2<sup>nd</sup> Monday, 1:00-2:00PM

### Multiple Sclerosis (Oak Room)

1<sup>st</sup> Tuesday, 2:00-3:00PM

### Parkinson's Disease Support Group (Maple/Oak Room)

3<sup>rd</sup> Monday, 1:30-2:30PM

### Pulmonary Disorders (Oak Room\*)

1<sup>st</sup> Thursday, 10:00-11:00AM

*\*On hiatus, in search of support group leader*

### Stroke (Maple Room)

3<sup>rd</sup> Thursday, 11:00AM-12:00PM

### Traumatic Brain Injury (TBI) (Maple Room)

1<sup>st</sup> Friday, 3:00-4:00PM

### CALENDAR ABBREVIATIONS:

ALZ/DEM: Alzheimer's & Dementia

CG: Callaway Gardens

FTD: Frontotemporal Dementia

IP: In-Person

M: Maple Room at Healthplex

MS: Multiple Sclerosis

O: Oak Room at Healthplex

RPL: Richland Public Library

S: Sycamore Room at Healthplex

TBI: Traumatic Brain Injury

## OFFSITE SUPPORT GROUPS

### Alzheimer's/Dementia Caregivers

at Callaway Gardens, 5505 Skagit Ct, Kennewick

RSVP required, call 509-783-5433 to attend

► 4<sup>th</sup> Tuesday, 5:30-7:00PM

► **For Men Only:** Currently on hold, ask for details

### Parenting Together Support Group

Richland Public Library, Conference Room B

Once a month, on TBD Saturday at 10:00 AM

For parents caring for a child or children with challenging medical conditions