



ADULT AMBULATORY INFUSION ORDER  
12/2025  
Hydration and Electrolytes Infusion  
POTS Diagnosis Patient  
For PPMC, Willamette Falls & Newberg ONLY

NAME:  
BIRTHDATE:  
INSURANCE:  
PROVIDER NAME:  
CLINIC NAME and Phone number:

Patient identification

## **NOTICE: CHANGE IN HYDRATION & ELECTROLYTES AVAILABILITY**

Effective December 17, 2025

Providence Outpatient Infusion has new practice changes for hydration & electrolyte orders for the Portland Metro Area. These changes apply to Providence Portland, Willamette Falls & Newberg locations ONLY.

*These changes do NOT apply to pregnant patients; please return to the website for Hydration for pregnant patient order form.*

*These changes do NOT apply to Seaside & Medford patients; please return to the website for location specific order form.*

OP Infusion is only able to accept short term orders for Hydration and/or Electrolytes (**up to 8 calendar weeks of treatment**). This will allow patients who require immediate and short-term Hydration and/or Electrolyte needs to receive treatment at OPI, while allowing time for ordering provider to evaluate treatment and explore alternative treatment locations for ongoing therapy, if needed.

Please review the attached order form carefully and ensure your patient is aware of the limited availability for hydration and/or electrolytes at Providence Outpatient Infusion.

Thank you for your understanding and cooperation.

Sincerely,

Providence Outpatient Infusion Intake Team



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Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ cm Allergies: \_\_\_\_\_ Diagnosis Code: \_\_\_\_\_

Treatment Start Date: \_\_\_\_\_

If treatment not started within 90 days, new orders with updated date/signature will be required.

- 1) Patient name and date of birth must be on EACH page of this order form.  
This form will be returned if any left blank.
- 2) Send FACE SHEET and complete copy of INSURANCE information.  
Send H&P or most recent chart note, must be **within the past 12 months**.
- 3) Send a copy of related lab results if not available for review in Epic.

**ATTENTION!! Please review before proceeding:**

- If patient is pregnant, please return to website & use the Hydration form for pregnant patients instead.
- If patient does NOT have a diagnosis of POTS (Postural Orthostatic Tachycardia Syndrome), please return to website & use the standard Hydration form.

**Hydration and/or Electrolytes (for patient with a POTS diagnosis):**

**PRE-MEDICATIONS: (optional)**

- Ondansetron (Zofran) injection, 4 mg IV, every 6 hours, prn nausea or vomiting. May repeat x1 after 30 minutes if no relief.
- Other: \_\_\_\_\_.

**FREQUENCY OF TREATMENT: (must select one)** Patients may schedule at their convenience which may include back-to-back days of treatment, unless indicated otherwise below.

- 1 liter; 1 time a week.
- 1 liter; up to 2 times a week.
- 2 liters; up to 1 time a week.
- Optional:** Appointments must be scheduled with at least 1 day between treatments.

**LENGTH OF TREATMENT: (must select one)**

- This is a ONE TIME order.
- Standing orders for **4 weeks of treatment**.
- Standing orders for **8 weeks of treatment (maximum allowed)**.

**Note:** Once first treatment is given, the duration of treatment (maximum of 8 weeks) begins regardless of whether the patient schedules consistently or not during that window of time. If further treatment is needed beyond 8 weeks, the provider is responsible for coordinating continuation of care for the patient at another facility.

**HYDRATION: (must select one)**

- Sodium Chloride 0.9% (NS) infusion.
- Lactated Ringers infusion.
- Dextrose 5% and Sodium Chloride 0.45% (D5 ½ NS) infusion.
- Sodium chloride 0.9% (NS) 1,000 mL with adult multivitamin 10 mL, thiamine (VITAMIN B-1) 100 mg, folic acid 1 mg infusion.

**HYDRATION INFUSION RATE: (must select one)**

- Infuse each liter over 2 hours; at 500 ml/hr.
- Infuse each liter over 1 hour; at 1000 ml/hr.

**ELECTROLYTE REPLACEMENT & ASSOCIATED LABS: (select all that apply)**

- Magnesium sulfate 2 g/50 ml IVPB, ONCE PRN, over 30 minutes (rapid infusion), for Magnesium less than 1.8.  
✓ Lab: Magnesium, STAT, every visit.
- Magnesium sulfate 4 g/50 ml IVPB, ONCE PRN, over 60 minutes (rapid infusion), for Magnesium less than \_\_\_\_\_.



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- Lab: Magnesium, STAT, every visit.
- Potassium Chloride 20 mEq/250 ml IVPB, ONCE PRN, over 2 hours, for Potassium less than 3.4.
  - Lab: CMP, STAT, every visit.
- Potassium Chloride 40 mEq/500 ml IVPB, ONCE PRN, over 4 hours, for Potassium less than \_\_\_\_\_.
  - Lab: CMP, STAT, every visit.
- Special rate exception: Check here to approve 20 meq per hour infusion rate instead of standard 10 meq per hour rate. By approving this, you acknowledge there is no need for cardiac monitoring at this rate.*

**ADDITIONAL LABS: (optional)**

- Other lab: \_\_\_\_\_ STAT, every \_\_\_\_\_.

**STANDARD INCLUDED NURSING ORDERS:**

- Vital signs per clinic routine.
- Insert peripheral IV if no iv access.
- Sodium chloride 0.9% flush 10 mL, Intracatheter, PRN, Line Care.
- May use/access CVC line and give 500 units (5ml) heparin injection for central line care.
- Sodium chloride 0.9% (NS) bolus 250 ml, Flush before and after IV medication(s) and as needed with NS.

**STOP infusion if:**

**MILD REACTION:** Localized pruritus, rhinitis, localized rash, fever greater than 38 degrees C.

1. Stop infusion and maintain IV access with NS line.
2. Notify MD of symptoms and infusion reaction orders initiated.

**MODERATE REACTION:** Generalized pruritus, generalized flushing, rash, back pain, mild dyspnea, chills, hypotension with SBP less than 90 mmHg or greater than 20% decrease in SBP.

1. Stop infusion, but do not discard infusion bag/bottle unless instructed by MD that therapy is to be discontinued.
2. Maintain IV access with NS line.
3. Place patients in a supine position with lower extremities elevated unless respiratory distress or nausea/vomiting.
4. Maintain airway.

**SEVERE REACTION:** Respiratory distress (bronchospasm, stridor, wheezing, persistent cough, respiratory depression, cardiac arrhythmia, chest pain, generalized urticaria (hives), syncope, gastrointestinal signs (abdominal pain, N/V, diarrhea), hypotension SBP less than 80 mmHg, face/throat/tongue swelling, shock, loss of consciousness.

1. Stop infusion, but do not discard bag/bottle unless instructed by MD that therapy is to be discontinued.
2. Stay with patient and have another nurse notify MD of symptoms and infusion reaction orders initiated.
3. Place patients in supine position with lower extremities elevated unless respiratory distress or nausea/vomiting.
4. Maintain airway.
5. Maintain IV access with NS line.
6. Inpatients: Activate code blue for loss of blood pressure, pulse, or consciousness.

**MEDICATIONS:**

- Acetaminophen (TYLENOL) tablet 650 mg, Oral, EVERY 4 HOURS PRN, Pain, Other, Mild reaction.
- Diphenhydramine (Benadryl) injection, 25 mg, Intravenous, EVERY 15 MIN PRN, Moderate or severe reaction, may repeat x1. For 2 doses.
- Methylprednisolone sodium succinate (solu-MEDROL) 62.5mg/ml injection, 125 mg, Intravenous, ONCE PRN, Severe reaction. For 1 dose. Mix with 2 mL provided diluent to make 62.5 mg/mL.
- Famotidine (PEPCID) injection 20 mg, Intravenous, ONCE PRN, Moderate reaction, or anaphylaxis. Dilute 2 mL of famotidine with 8 mL of normal saline to a final concentration of 2 mg/mL. Administer ordered dose over a period of at least 2 minutes.
- Albuterol 90 mcg/puff inhaler 2 puff, Inhalation, ONCE PRN, Severe reaction. For 1 dose. Shake well. Use with spacer.
- Start oxygen. For **MODERATE** Reaction: Start 2 liters O2 per nasal cannula as needed for SpO2 less than 93%. For **SEVERE** Reaction: Start continuous pulse oximetry. Administer 6 to 8 liters per minute (LPM) via face mask, or up to 100% oxygen to maintain oxygen saturation greater than 90%.



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- EPINEPHrine 1 mg/mL injection 0.3 mg. Intramuscular, EVERY 5 MIN PRN, Anaphylaxis. For 3 doses. Administer in the anterior lateral thigh using 1 - 1.5-inch needle for airway obstruction symptoms and/or hypotension.
- Sodium chloride 0.9% (NS) infusion 500ml. At 500 mL/hr., Intravenous, PRN, Moderate reaction, or anaphylaxis. Run wide open to gravity.

**By signing below, I represent the following:**

I am responsible for the care of the patient (*who is identified at the top of this form*).

I hold an active, unrestricted license to practice medicine in Oregon.

**My physician license Number is #** \_\_\_\_\_ and I am acting within my scope of practice and authorized by law to order infusion of the medications and blood products described above for the patient identified on this form.

**Provider's printed name:** \_\_\_\_\_

**Provider's signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Please complete the following intake questions.**

**Mobility status**

Independent (no mobility devices used)  
 Uses assistive device (walker, cane)  
 Uses a wheelchair, but can transfer with minimal or no assistance  
 Moderate to maximum assistance with mobility, explain: \_\_\_\_\_

\*Clinic location will reach out if unable to accommodate mobility assistance needs.

**Bariatric needs**

Yes, briefly describe \_\_\_\_\_  
 No

**Transportation concerns**

Yes, briefly describe \_\_\_\_\_  
 No

**Interpreter Service required**

Yes, language \_\_\_\_\_  
 No

**Outpatient Infusion Services Intake Team:**

Please check the appropriate box for the patient's preferred infusion center location:

<input type="checkbox"/> <b>PORLAND</b>	Phone- <b>503-215-6046</b> Fax- <b>503-487-3582</b>
<input type="checkbox"/> <b>WILLAMETTE FALLS</b>	Phone- <b>503-215-6046</b> Fax- <b>503-487-3582</b>
<input type="checkbox"/> <b>MEDFORD</b>	See Location Specific order form on Providence OPI Website.
<input type="checkbox"/> <b>HOOD RIVER</b>	Phone- <b>541-387-6445</b> Call for fax #
<input type="checkbox"/> <b>SEASIDE</b>	See Location Specific order form on Providence OPI Website.
<input type="checkbox"/> <b>NEWBERG</b>	Phone- <b>503-537-6040</b> Fax- <b>503-205-8720</b>