

**The Mount View**  
**Calendar of Apartment Activities**  
**Week of Monday April 19, 2021 – Sunday April 25, 2021**  
**Café Dining for Lunchtime 11:30 am and Dinnertime 4:30 pm**

**1<sup>st</sup>/ 2<sup>nd</sup>/ 3<sup>rd</sup> Floor Café Lunchtime & Dinnertime; MONDAY, April 19**

|   |                                      |
|---|--------------------------------------|
| 9:30 Mass with Fr. Abe Miller - TV CL 15      | 2:00 Snacktivity – Popcorn – RtoR    |
| 10:00 Movie: Classic – Emma - CL 2            | 3:00 Group # 2 – Exercise – 2L       |
| 10:05 YouTube: Sing Along with Mary – CL 34.1 | 3:15 Sit and Be Fit with Leah – CL 6 |
| 10:30 Active Game: Horseshoes – 2L            | 4:00 Exercise: Music Fitness – 2L    |
| 12:30 Crafts – 2L                             | 4:00 Joyful Rosary – CL 6            |
| 1:00 Movie: The Lady's Not For Burning – CL 2 | 5:00 GooglePlayMovie: Soul - CL 6    |
| 1:30 Group # 1 – Exercise – 2L                | 6:15 Movie: Jane Eyre – CL 2         |

**4<sup>th</sup>/ 5<sup>th</sup> Floor Café Lunchtime & Dinnertime; TUESDAY April 20**

|   |   |
|---|---|
| 9:30 Mass with Fr. James Eblen – CL 15  | 2:00 Doorway Bingo – 4 & 5 Floors           |
| 10:00 Movie: Catch Me If You Can - CL 2   | 2:00 Snacktivity – Ice Cream Sundaes - RtoR |
| 10:30 Group # 7 - Fun with Mary – 2L  | 3:15 Sit and Be Fit with Leah - CL 6        |
| 10:30 ILC: See Videos of the Kids Fun – CL 34.1                                     | 4:00 Sorrowful Mysteries Rosary – CL 6      |
| 12:30 New Resident Meet and Greet –<br>Speaker: Colleen Farrell from Foundation –2L | 4:00 Active Game: Racquetball – 2L          |
| 1:00 Movie: The Money Pit – CL 2  | 5:00 GooglePlayMovie: IP Man–Kung Fu-CL 6   |
| 1:00 Doorway Bingo – 1/ 2/ 3 Floors   | 6:15 Movie: Castaway - CL 2                 |

**1<sup>st</sup>/ 2<sup>nd</sup>/ 3<sup>rd</sup> Floor Café Lunchtime & Dinnertime; WEDNESDAY April 21**

|  |  |
|--|--|
| 10:00 Movie: Werther Acts 1 & 2 – CL 2 | 3:15 Sit and Be Fit with Leah – CL 6       |
| 10:30 Group # 3 – Exercise – 2L        | 4:00 Glorious Mystery Rosary – CL 6        |
| 12:30 Active Game: Wii - 2L            | 4:00 Active Game: Horseshoes – 2L          |
| 1:00 Movie: Werther Acts 3 & 4 – CL 2  | 4:30 Exercise: Chair Yoga w Adriene–CL34.1 |
| 1:30 Active Game: Fishing – CL 2       | 5:00 GooglePlayMovie: Soul Food – CL 6     |
| 3:00 Group # 4 – Exercise – 2L         | 6:15 Movie: The Bells Are Ringing – CL 2   |

**4<sup>th</sup>/ 5<sup>th</sup> Floor Café Lunchtime & Dinnertime; Tax Day; THURSDAY April 22**

|  |   |
|--|---|
| 9:30 Mass with Fr. Abe Miller – CL15             | 2:00 YouTube-Sing Along with Mary – CL 34.1 |
| 10:00 Movie: Horatius Drive - CL 2               | 3:00 Group # 6 – Exercise – 2L              |
| 10:30 ILC: Earth Day Parade – Outside or CL 34.1 | 3:15 Sit and Be Fit with Leah – CL 6        |
| 10:30 NO Exercise                                | 4:00 Luminous Rosary – CL 6                 |
| 10:30 SAIL/ Balance Class – CL 6                 | 4:00 Active Game: Racquetball – 2L          |
| 12:30 Trivia – 2L                                | 5:00 GooglePlayMovie: Blithe Spirit – CL 6  |
| 1:00 Movie: Saving Private Ryan - CL 2           | 6:15 Movie: Adopt A Hwy –CL 2               |
| 2:00 Snacktivity – Happy Hour – RtoR             |   |

**1<sup>st</sup>/ 2<sup>nd</sup>/ 3<sup>rd</sup> Floor Café Lunchtime & Dinnertime; FRIDAY April 23**

|   |  |
|---|--|
| 9:30 Word & Communion – CL 15                   | 3:00 Group # 2 – Exercise – 2L         |
| 10:00 Movie: The Secrets We Keep – CL 2         | 3:15 Sit and Be Fit with Leah - CL 6   |
| 10:30 Group # 8 - Fairytale Theater w/ Mary -2L | 4:00 Active Game: Crossword – 2L       |
| 12:30 Active Game: Fishing – 2L                 | 4:00 Sorrowful Mysteries Rosary – CL 6 |
| 1:00 Movie: Jo Jo Rabbit – CL 2                 | 5:00 GooglePlayMovie: Mulan – CL 6     |
| 1:30 Group # 1 – Exercise – 2L                  | 6:15 Movie: Glass - CL 2               |
| 2:00 Zoom: Music with Suzanne U – CL 34.1       |  |

**SATURDAY April 24**

|  |
|--|
| 10:00 Movie: The Ox Bow Incident –H Fonda-CL 2 |
| 10:30 Group # 3 – Exercise – 2L                |
| 12:30 Crafts – 2L                              |
| 1:00 Music: Violin Music with Dawn – CL34.1    |
| 1:00 Movie: Big - CL 2                         |
| 1:30 Group # 9 – Bible Study – 2L              |
| 3:00 Group # 4 – Exercise – 2L                 |
| 3:00 Vigil Mass with Fr. James Eblen – CL 15   |
| 3:15 Sit and Be Fit with Leah - CL 6           |
| 4:00 Active Game: Racquetball – 2L             |
| 5:00 GooglePlayMovie: The Gentlemen – CL 6     |
| 6:15 Movie: The Green Mile – CL 2              |

**4<sup>th</sup>/5<sup>th</sup> Floor Café Lunch&Dinner;April 25**

|   |
|---|
| 10:00 Protestant Worship Service - CL34.1   |
| 10:00 Movie: The Grapes of wrath – CL 2     |
| 10:30 Group # 3 – Exercise – 2L             |
| 12:30 Protestant Worship Service - CL34.1   |
| 12:30 Gardening on the Patio – Café Patio   |
| 1:00 Movie: How Green is Your Valley – CL 2 |
| 1:30 Zoom: Spring Garden with Liz – CL 34.1 |
| 1:30 SAIL/ Balance Class – CL 6             |
| 3:00 Group # 4 – Exercise – 2L              |
| 3:15 Sit and Be Fit with Leah - CL 6        |
| 4:00 Active Game: Mini Ball Basketball – 2L |
| 4:00 Glorious Mysteries Rosary – CL 6       |
| 5:00 GooglePlayMovie: The Call Wild – CL 6  |
| 6:15 Movie: Lonely Are The Brave – CL 2     |

**INFORMATION FOR ABOVE CALENDAR**

Call Suzanne # 28926 for Suggestions/ Shopping Needs/ Concerns

\*MOVIES/ PROGRAMMING SUBJECT TO CHANGE

RtoR = Room to Room

KEY: CL 2 =Channel 2 Movies/ CL 15 =Channel 15 Chapel/ CL 34.1 =Channel 34.1/ 2L =2<sup>nd</sup> Floor Lounge

\*\*\*\* WALKing CLUBS – daily at 1pm meet on 2<sup>nd</sup> Floor Lounge at 12:50pm to go \*\*\*\*

**Providence Mount St. Vincent  
TV Channel Guide**

| <b>Channel</b> | <b>Description</b>   | <b>Channel</b> | <b>Description</b>      |
|----------------|----------------------|----------------|-------------------------|
| 2              | In-House Movies      | 14.1           | In-House Activity       |
| 24.3           | ABC- KOMO            | 28.3           | Investigation Discovery |
| 15.2           | American Heroes      | 98.11          | Joe TV                  |
| 23.1           | American Movie CH    | 95.12          | Justice Network         |
| 25.3           | Animal Planet        | 97.11          | KCPQ - Q13              |
| 98.13          | Antenna TV           | 19.2           | KONG                    |
| 15.3           | Arts & Entertainment | 96.3           | Laff                    |
| 16.2           | AXS TV               | 24.2           | Lifetime                |
| 34.3           | Big Ten Network      | 28.2           | Lifetime Movie          |
| 30.2           | Bravo                | 14.3           | MLB Channel             |
| 96.1           | CBS- KIRO            | 25.2           | MSNBC                   |
| 29.2           | CBS Sports Network   | 33.2           | National Geographic     |
| 95.3           | Charge               | 29.3           | NBA Network             |
| 29.1           | CMT                  | 26.1           | NBC- KING               |
| 19.1           | CNN News             | 35.1           | NBC Sports              |
| 30.3           | Comedy Central       | 35.2           | NFL Network             |
| 95.2           | Comet                | 98.2           | NHK World Japan         |
| 25.1           | Cooking Channel      | 31.3           | OWN                     |
| 34.2           | Cowboy Channel       | 31.1           | Paramount Network       |
| 96.13          | Create- KCTS DT      | 98.1           | PBS- KBTC               |
| 19.3           | C-SPAN2              | 96.11          | PBS- KCTS               |
| 97.2           | Decades              | 96.12          | PBS Kids- KCTS          |
| 36.2           | Destination America  | 15.1           | PMSV Chapel             |
| 17.1           | Discovery Channel    | 95.13          | Quest                   |
| 98.3           | DW News              | 24.1           | Reelz Channel           |
| 36.3           | E! Entertainment TV  | 22.1           | ROOT Sports             |
| 97.13          | Escape               | 36.1           | Science                 |
| 34.1           | Events Channel       | 30.1           | SJR Chapel              |
| 17.3           | EWTN Catholic Net    | 35.3           | Sportsmens Channel      |
| 22.3           | Food Network         | 20.3           | TBS Atlanta             |

|       |                  |       |                      |
|-------|------------------|-------|----------------------|
| 20.1  | FOX News         | 97.1  | The CW- KSTW         |
| 98.12 | FOX- Q13         | 20.2  | The Learning Channel |
| 33.1  | Freeform (ABC)   | 33.3  | The Weather Channel  |
| 96.2  | GetTV            | 8.1   | The Window Channel   |
| 26.3  | Golf             | 10.1  | The Window Channel   |
| 97.3  | Grit             | 97.12 | This TV              |
| 14.2  | Hallmark Channel | 22.2  | TNT                  |
| 21.1  | HDNet Movies     | 21.2  | Travel Channel       |
| 26.2  | Headline News    | 28.1  | TV Land Classic      |
| 23.3  | History Channel  | 16.1  | TV Schedule          |
| 21.3  | Home & Garden    | 98.4  | TVW- KBTC4           |
| 31.2  | IFC              | 23.2  | USA                  |
| 17.2  | IMPACT           | 16.3  | Viceland             |

*Updated 6/22/2018*

### **NEW CHANNEL FORMAT**

Channels will be at a .1 position, for example 95.1 or 95.2

You can use your remote to channel up or down to reach the digital channels. Or, you can directly input 95.1 or 95-2 on your remote to reach your desired channel.