

Support for Cancer Patients, Families and Caregivers

COVID-19 Changes

Providence Cancer Institute cares for a high number of patients whose immune systems are impacted by cancer treatment. With the outbreak of the COVID-19 virus, we are taking every precaution to ensure the health and safety of our patients. We are now holding Online Support Groups on a secure Zoom platform.



Online Education and Support Groups

See group list and registration details on the next page.

Our professionally facilitated online support groups are a safe place to share feelings, experiences, information and resources, all from the comfort of your home.

Join us to give and receive support from those who are living with cancer.

To participate in these online support groups, you will need:

1. Access to a computer/tablet/phone with a web camera and internet/data connection
2. Zoom app (Zoom invitation & instructions will be provided)
3. Registration and consent required prior to participation

Peer Cancer Support Program

Trained volunteers provide one-on-one peer support for patients with cancer and/or their caregivers. Patients and caregivers have an opportunity to talk about their fears or concerns, as peers come from a place of understanding. This can help ease the stress, and sense of isolation often experienced following a cancer diagnosis.

To be matched with a peer, contact **503-215-6015** or canceroutreach@providence.org

These support services are **FREE** and open to the community.
Learn more: Providenceoregon.org/cancersupportgroups

Online Education and Support Groups

Breast Cancer Group

For women who are diagnosed with breast cancer stage 0-III.

This group provides information and support around diagnosis, treatment and survivorship. The oncology nurse navigators are attending the first group of the month.

- **East: first and third Thursday of the month, 10:30 a.m. –12:00 p.m.** Register with Anne Marie Evered, MSW, LCSW at 503-215-3274
- **West: first and third Wednesday of the month, 10:30 a.m. –12:00 p.m.** Register with Kellie Ernst, MSW, CSWA at 971-369-0375

Living with Advanced Cancer Group

For those living with advanced cancer (metastatic, stage IV, or incurable).

The patient and caregiver groups meet to address challenges of living with advanced disease and coping with uncertainty.

- **Patients: first and third Tuesdays of the month, 11:00 a.m. –12:30 p.m.** Register with Krista Nelson, LCSW at 503-215-3204
- **Caregivers: second and fourth Tuesdays of the month, 11:00 a.m. –12:30 p.m.** Register with Dawn Brucker, LCSW at 503-215-5305 or Darlene Corral, LCSW at 503-537-6092

Family Program Group

For children and teens that have a family member diagnosed with cancer.

This group provides a safe environment in which they can express their feelings. Groups are divided by age with a separate parent group.

- **For schedule and registration,** contact Krista Nelson, LCSW at 503-215-3204

Family Group is not operating due to Covid. Please call if you have any questions about support for your family.

Colorectal & Anal Cancer Group

For patients diagnosed with Colorectal & Anal cancer (stage I-III) and those post-treatment (5 years into survivorship).

This group is a mixture of heart-based sharing and medical questions & answers. Facilitated by oncology social workers and a nurse navigator.

- **Third Thursday of the month, 12:00–1:00 p.m.** Register with Noa S. Curtis, CSWA at 971-299-1412

Multiple Myeloma Group

For multiple myeloma patients.

This is an educational group to support patients with multiple myeloma. Partners and caregivers are welcome to attend.

- **Second Wednesday of the month, 10:00–11:30 a.m.** Register with Adell Lenart, LCSW at 503-216-0209 or Amy Hawthorne, LCSW at 503-216-5795



Additional Online Support Services with CancerCare

A national nonprofit organization where Cancer patients, loved ones and people who have lost a loved one, can connect with others in support groups led by professional oncology social workers.

Call 800-813-4673 or visit www.cancercare.org



CANCERCare