

## Daily Soups

Our fresh soups are scratch-made in house daily.

### Sunday

Chicken Corn Chowder

### Monday

Mexican Chicken and Black Bean Soup

### Tuesday

Chicken Curry Rice Soup

### Wednesday

Taco Soup

### Thursday

Baked Potato Chowder

### Friday

New England Clam Chowder

### Saturday

Alaska Chili Soup

## Café Hours

Daily 6:30am - 8:00pm

Limited Night Café Monday - Friday 10:00pm - 2:30am

Breakfast from 6:30am - 10:30am

Lunch service begins at 11:00am

Specialty Sandwich & Salad Station ~11:00am - 1:30pm

Sauté Station 11:15am - 1:00pm & Mon-Fri 3:00pm-6:00pm

Entrée Station ~ 11:00am - 7:00pm

Soup Station ~ 11:00am - 8:00pm

# Providence Alaska Medical Center

We are interested in your comments.

Please let us know how we can improve our services.

Forney Ingram	Ext. 25684
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Kim Harbison	Ext. 23046

# PAMC Café Menu

Week 4

March 10 - March 16

## Entrée Station

### Sunday

Spaghetti and Meatballs, Breadstick (V)

Pansit, Eggroll

Veggie/Legume ~ Buttered Corn (V) / Chicken Chimi/ Chili

### Monday

Honey Cilantro Lime Salmon, Tri Color Couscous (V)

Chicken Enchiladas Verde, Spanish Rice (V)

Beef and Mushrooms, Egg Noodles (V)

Veggie/Legume ~ Peas and Carrots (V) / Spicy Pinto Beans (V)

### Tuesday

Sloppy Joes, Tater Tots (V)

Salisbury Steak, Mashed Potatoes (V)

Sesame Ginger Chicken, Vegetable Fried Rice (V)

Veggie/Legume ~ Brussel Sprouts (V) / Egg Rolls/ Rice

### Wednesday

Baked Cod with Pineapple Salsa, Rice Pilaf (V)

Beef Burgundy, Egg Noodles (V)

Chicken Strips, Garlic Mashed Potatoes (V)

Vegetable Roulade w/Cranberry Sauce (V), Steamed Rice

Veggie/Legume ~ Garlic Cauliflower (V) / Chicken Chimi/ Chili

### Thursday

Beef Stuffed Cabbage Roll, Mashed Potatoes (V)

Butter Chicken, Basmati Rice

Rosemary Maple Pork Loin, Cherry Rice Pilaf (V)

Veggie/Legume ~ Root vegetable Medley (V) Red Beans (V)

### Friday

Lemon Seafood Cod, Confetti Quinoa Pilaf (V)

Chicken Marsala, Fettuccini Pasta (V)

Beef Lasagna, Breadsticks (V)

Veggie/Legume ~ Buttered Corn (V) / Egg Rolls/ Rice

### Saturday

Beef Summer Stew, Mashed Potatoes (V)

Chicken Cordon Bleu, Wild Rice Pilaf (V)

Veggie/Legume ~ Veggie Medley (V) / Garbanzo Beans (V)

Healthier Options (V) ~ Lacto-Ovo Vegetarian (V)

## Sauté ~ Sandwich ~ Salad

Tofu may be substituted for the meat on any of the salads

### Monday

**Honey Sriracha Chicken Bowl** - Crispy Fried Chicken Bites Tossed in a Honey Sriracha Glaze served over Rice with Your Choice of Vegetables

**Beef Brisket Sandwich** - Fork Tender Beef Brisket, Toasted on a Ciabatta Roll, Served with Tangy Energy Slaw.

**Sesame Chicken Salad** - Diced White Meat Chicken, Romaine, Cucumber, Mandarin Oranges and Crunchy Chow Mein Noodles, with an Asian Sesame Dressing

### Tuesday

**Kung Pao** - Chicken or Tofu in a Kung Pao Sauce with Stir-fry Veggies, Served with Rice and Eggroll

**Falafel Flatbread** - Falafel, Romaine, Hummus, Naan Bread, Onions, Cucumbers, Tomatoes, Tzatziki, Feta

**Sweet Kale & Chicken Salad** - Crispy Chicken, Chopped Kale, Greens, Dried Cherries, Candied Walnuts, Crumbled Feta with a Honey Jalapeno Dressing

### Wednesday

**Bulgogi Bowl** - Gochujang seasoned Beef Strips served with Fried Egg, White Rice, sweet cucumbers and Kimchi

**Buffalo Chicken Wrap** - Crispy Chicken, Lettuce, Tomatoes, Blue Cheese or Feta and Spicy Buffalo Mayo

**Vietnamese Noodle Salad** - Marinated Pork, Carrot Shreds, Red Cabbage, Bean Sprouts, Cornstarch Noodles, Iceberg and Romaine with a Nuoc Mam Dressing, Cilantro, Green Onion, Pork Lumpia and a Sprinkle of Chopped

### Thursday

**Carved Roast Beef with Red Eye Gravy** - with Chefs Choice Potatoes, Veggies, Au Jus and Red Eye Gravy

**Banh Mi** - Seasoned Pulled Pork, Sliced Ham, Carrot, Cucumber, Onion and a Cilantro garnish with Spicy Chili Mayo on a Toasted Baguette

**Chicken Apple & Goat Cheese Salad** - Grilled Chicken with Sliced Fuji Apple, Goat Cheese, Almonds, Red onion and Mixed Greens with Champagne Vinaigrette

### Friday

**Corned Beef Cabbage** - Tender Corned Beef with Cabbage, carrots and Steamed Red Potatoes

**Turkey Caprese Melt** - Sliced Turkey, Provolone Cheese and Tomato with Pesto Mayo on a Ciabatta Roll, garnished with Balsamic Glaze and Fresh Basil

**Chicken Middle Eastern Salad** - Warmed Chicken Shawarma, Feta, Tomatoes, Cucumbers, Kalamata Olives, Couscous with Greens, and Hummus with Pita Triangles, Tahini Drizzle