

<b>MEDICAL POLICY</b>	<b>Diabetes: Blood Glucose Monitors and Supplies  (All Lines of Business Except Medicare)</b>	
<b>Effective Date: 9/1/2020</b>   <div style="text-align: right;">9/1/2020</div>	Section: DME	Policy No: 206
	Medical Policy Committee Approved Date: 6/02; 5/03; 9/03; 11/04; 3/05; 3/07; 5/09; 12/10; 6/12; 7/13; 10/14; 10/15; 9/16; 6/17; 12/18; 12/19; 8/2020	
Medical Officer	Date	

**See Policy CPT/HCPCS CODE section below for any prior authorization requirements**

**SCOPE:**

Providence Health Plan, Providence Health Assurance, Providence Plan Partners, and Ayin Health Solutions as applicable (referred to individually as “Company” and collectively as “Companies”).

**APPLIES TO:**

All lines of business except Medicare

**BENEFIT APPLICATION**

Medicaid Members

*Oregon:* Services requested for Oregon Health Plan (OHP) members follow the OHP Prioritized List and Oregon Administrative Rules (OARs) as the primary resource for coverage determinations. Medical policy criteria below may be applied when there are no criteria available in the OARs and the OHP Prioritized List.

**POLICY CRITERIA**

This policy is based on Centers for Medicare and Medicaid Services guidance documents, Local Coverage Determination (LCD): Glucose Monitors (L33822),<sup>1</sup> and Local Coverage Article: Glucose Monitor – Policy Article (A52464).<sup>2</sup>

To be eligible for coverage of home blood glucose monitors and related accessories and supplies, the beneficiary must meet both of the following basic criteria (1-2):

1. The beneficiary has diabetes; and

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2. The beneficiary's treating practitioner has concluded that the beneficiary (or the beneficiary's caregiver) has sufficient training using the particular device prescribed as evidenced by providing a prescription for the appropriate supplies and frequency of blood glucose testing.

For all glucose monitors and related accessories and supplies, if the basic coverage criteria (1)-(2) are not met, the item(s) will be denied as not reasonable and necessary.

Home blood glucose monitors with special features (E2100, E2101) are covered when the basic coverage criteria (1)-(2) are met and the treating practitioner certifies that the beneficiary has a severe visual impairment (i.e., best corrected visual acuity of 20/200 or worse in both eyes) requiring use of this special monitoring system.

Code E2101 is also covered for those with impairment of manual dexterity when the basic coverage criteria (1)-(2) are met and the treating practitioner certifies that the beneficiary has an impairment of manual dexterity severe enough to require the use of this special monitoring system. Coverage of E2101 for beneficiaries with manual dexterity impairments is not dependent upon a visual impairment.

If a glucose monitor (code E2100 or E2101) is provided and basic coverage criteria (1)-(2) plus the additional criteria stated above are not met, it will be denied as not reasonable and necessary.

Lancets (A4259), glucose control solutions (A4256) and spring powered devices for lancets (A4258) are covered for beneficiaries for whom the glucose monitor is covered.

More than one spring powered device (A4258) per 6 months is not reasonable and necessary.

The medical necessity for a laser skin piercing device (E0620) and related lens shield cartridge (A4257) has not been established; therefore, claims for E0620 and/or A4257 will be denied as not reasonable and necessary.

The quantity of lancets (A4259) that are covered depends on the usual medical needs of the beneficiary and whether or not the beneficiary is being treated with insulin, regardless of their diagnostic classification as having Type 1 or Type 2 diabetes mellitus. Coverage of testing supplies is based on the following guidelines:

**Usual Utilization**

- For a beneficiary who is not currently being treated with insulin injections, up to 100 lancets every 3 months are covered if the basic coverage criteria (1)-(2) (above) are met.
- For a beneficiary who is currently being treated with insulin injections, up to 300 lancets every 3 months are covered if basic coverage criteria (1)-(2) (above) are met.

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**High Utilization**

- For a beneficiary who is not currently being treated with insulin injections, more than 100 lancets every 3 months are covered if criteria (a) – (c) below are met.
- For a beneficiary who is currently being treated with insulin injections, more than 300 lancets every 3 months are covered if criteria (a) – (c) below are met.
  - a. Basic coverage criteria (1)-(2) listed above for all home glucose monitors and related accessories and supplies are met; and,
  - b. Within the six (6) months prior to ordering quantities of lancets that exceed the utilization guidelines, the treating practitioner has had an in-person visit with the beneficiary to evaluate their diabetes control and their need for the specific quantity of supplies that exceeds the usual utilization amounts described above; and,
  - c. Every six (6) months, for continued dispensing of quantities of testing supplies that exceed the usual utilization amounts, the treating practitioner must verify adherence to the high utilization testing regimen.

If neither basic coverage criterion (1) or (2) is met, all testing supplies will be denied as not reasonable and necessary. If quantities of lancets that exceed the utilization guidelines are provided and criteria (a) – (c) are not met, the amount in excess will be denied as not reasonable and necessary.

**Non-Medical Necessity Coverage and Payment Rules:**

Home blood glucose monitors are covered under the Durable Medical Equipment benefit [Social Security Act §1861(s) (6)]. In order for a beneficiary’s DME to be eligible for reimbursement, the reasonable and necessary (R&N) requirements set out in the related Local Coverage Determination must be met. In addition, there are specific statutory payment policy requirements, discussed below, that also must be met.

Alcohol or peroxide (A4244, A4245), betadine or phisoHex (A4246, A4247) are noncovered since these items are not required for the proper functioning of the device.

Urine test reagent strips or tablets (code A4250) are noncovered since they are not used with a glucose monitor.

Reflectance colorimeter devices used for measuring blood glucose levels in clinical settings are not covered as durable medical equipment for use in the home because their need for frequent professional re-calibration makes them unsuitable for home use.

Glucose monitors that are not designed for use in the home must be coded A9270 and will be denied as statutorily noncovered (no benefit category).

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Home blood glucose disposable monitor, including test strips (A9275) is noncovered because these monitors do not meet the definition of DME.

**BILLING GUIDELINES**

For DMEPOS provided on a recurring basis, billing must be based on prospective, not retrospective use. For DMEPOS products (A4233-A4236, A4256, A4258 and A4259) that are supplied as refills to the original order, suppliers must contact the beneficiary prior to dispensing the refill and not automatically ship on a pre-determined basis, even if authorized by the beneficiary. This shall be done to ensure that the refilled item remains reasonable and necessary, existing supplies are approaching exhaustion, and to confirm any changes or modifications to the order. Contact with the beneficiary or designee regarding refills must take place no sooner than 14 calendar days prior to the delivery/shipping date. For delivery of refills, the supplier must deliver the DMEPOS product no sooner than 10 calendar days prior to the end of usage for the current product. This is regardless of which delivery method is utilized. (CMS Program Integrity Manual, Internet-Only Manual, CMS Pub. 100-08, Chapter 5, Section 5.2.6).

For all DMEPOS items that are provided on a recurring basis, suppliers are required to have contact with the beneficiary or caregiver/designee prior to dispensing a new supply of items. Suppliers must not deliver refills without a refill request from a beneficiary. Items delivered without a valid, documented refill request will be denied as not reasonable and necessary.

Suppliers must not dispense a quantity of supplies exceeding a beneficiary's expected utilization. Suppliers must stay attuned to changed or atypical utilization patterns on the part of their clients. Suppliers must verify with the ordering physicians that any changed or atypical utilization is warranted. Regardless of utilization, a supplier must not dispense more than a three (3)-month quantity at a time.

See Providence Health Plan Pharmacy Operational Policy: Miscellaneous Products, Blood Glucose Test Strips regarding glucose test or reagent strips.

**CPT/HCPCS CODES**

<b>All Lines of Business Except Medicare</b>	
No Prior Authorization Required	
<b>Blood Glucose Monitors:</b>	
E0607	Home blood glucose monitor
E2100	Blood glucose monitor with integrated voice synthesizer
E2101	Blood glucose monitor with integrated lancing/blood sample
<b>Glucose Supplies</b>	

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A4206	Syringe with needle, sterile, 1 cc or less, each
A4215	Needle, sterile, any size, each
A4233	Replacement battery, alkaline (other than j cell), for use with medically necessary home blood glucose monitor owned by patient, each
A4234	Replacement battery, alkaline, j cell, for use with medically necessary home blood glucose monitor owned by patient, each
A4235	Replacement battery, lithium, for use with medically necessary home blood glucose monitor owned by patient, each
A4236	Replacement battery, silver oxide, for use with medically necessary home blood glucose monitor owned by patient, each
A4255	Platforms for home blood glucose monitor, 50 per box
A4258	Spring-powered device for lancet, each
A4259	Lancets, per box of 100
S8490	Insulin syringes (100 syringes, any size)
<b>Not Covered</b>	
<b>Glucose Supplies</b>	
A4244	Alcohol or peroxide, per pint
A4245	Alcohol wipes, per box
A4246	Betadine or phisohex solution, per pint
A4247	Betadine or iodine swabs/wipes, per box
A4250	Urine test or reagent strips or tablets (100 tablets or strips)
A4257	Replacement lens shield cartridge for use with laser skin piercing device, each
A9270	Non-covered item or service
A9275	Home glucose disposable monitor, includes test strips
E0620	Skin piercing device for collection of capillary blood, laser, each

## DESCRIPTION

Home glucose monitors enable certain patients to better control their blood glucose levels by frequently checking and appropriately contacting their attending physician for advice and treatment.

## INSTRUCTIONS FOR USE

Company Medical Policies serve as guidance for the administration of plan benefits. Medical policies do not constitute medical advice nor a guarantee of coverage. Company Medical Policies are reviewed annually and are based upon published, peer-reviewed scientific evidence and evidence-based clinical practice guidelines that are available as of the last policy update. The Companies reserve the right to determine the application of Medical Policies and make revisions to Medical Policies at any time. Providers will be given at least 60-days notice of policy changes that are restrictive in nature.

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The scope and availability of all plan benefits are determined in accordance with the applicable coverage agreement. Any conflict or variance between the terms of the coverage agreement and Company Medical Policy will be resolved in favor of the coverage agreement.

## **REGULATORY STATUS**

### Mental Health Parity Statement

Coverage decisions are made on the basis of individualized determinations of medical necessity and the experimental or investigational character of the treatment in the individual case.

## **REFERENCES**

1. Centers for Medicare & Medicaid Services. Local Coverage Determination (LCD): Glucose Monitors (L33822). <https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33822>. Published 2015. Accessed 5/19/2020.
2. Centers for Medicare & Medicaid Services. Local Coverage Article: Glucose Monitor - Policy Article (A52464). <https://www.cms.gov/medicare-coverage-database/details/article-details.aspx?articleId=52464>. Published 2015. Accessed 5/26/2020.