

August 29, 2022

There was an outbreak of Covid 19 in one of our lodges, with five residents testing positive in the first half of August. Everyone has now fully recovered and the lodge is no longer in isolation. At this time, the infection rate on the Kenai Peninsula remains at high (red) range.

Visitation

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. In addition, family or friends may take residents out of the facility on an outing; please call ahead to notify us so your loved one is ready. The following protocols for visitation in the lodges are in place:

- If you are visiting a resident who has tested positive for COVID 19 or who is in isolation, you will be asked to wear full PPE (including an N-95 mask and shield) during the visit. This will be supplied by Providence.
- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to wear a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs
- Children are welcome but are asked to follow the same rule as adults.

Providence staff are required to be fully vaccinated (including boosters) or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

August 17, 2022

We had a recent outbreak of Covid 19 in one of our lodges, with five residents testing positive between August 8 and August 12. We tested all residents and caregivers from the affected lodge on Monday, August 15; results indicate two more positive cases among the residents. The entire lodge is on isolation status. At this time, the infection rate on the Kenai Peninsula remains at high (red) range.

Providence staff are required to be fully vaccinated (including boosters) or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift.

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August 23, 2022

NOTE: At this time, the infection rate on the Kenai Peninsula remains at high (red range).

We had a recent outbreak of Covid 19 in one of our lodges, with a total of 5 residents testing positive between August 8th and August 12th. We conducted testing again on all residents and caregivers from the affected lodge on Monday, the 15th and results indicate 2 more positive cases amongst the residents. At this time, the entire lodge is still in outbreak status and residents are in isolation. Because of this, we require that anyone entering the affected lodge wear an N-95 mask and anyone coming within 6 feet of a resident please wear the N-95 mask, shield and gown.

Providence staff are required to be fully vaccinated (including boosters) or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift.

Visitation is open and will continue as outlined below:

- Residents may have visitors at any time without prior notice or scheduling. In addition, family and/or friends may take residents out of the facility on an outing; please call ahead to notify us so your loved one is ready. The following protocols for visitation in the lodges are in place:

- If you are visiting a resident who has tested positive for Covid 19 or who is in isolation, you will be asked to wear full PPE, including an N-95 mask and shield, during the visit. This will be supplied by PSMH.

All visitors will be screened before entering the lodge. Visitors will not be allowed inside if they:

1. Screen positive for symptoms of Covid-19
2. Have currently tested positive for Covid-19 or
3. Have been recently exposed to someone who is positive for Covid-19.

Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.

Visits should take place in the resident's room whenever possible; however, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.

Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

August 17, 2022

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Providence staff are required to be fully vaccinated (including boosters) or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift.

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- If you are visiting a resident who has tested positive for COVID 19 or who is in quarantine, you will be asked to wear full PPE during their visit. This will be supplied by Providence.

- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
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August 12, 2022

Three more residents have tested positive for Covid-19 at Seward Mountain Haven this week – a total of five since Friday, August 8. All of the residents reside in the same lodge. We have tested all residents and caregivers twice and will test again on Monday, August 14. At this time, the infection rate on the Kenai Peninsula remains at high (red) range.

Providence staff are required to be fully vaccinated (including boosters) or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift.

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August 8, 2022

Two residents have tested positive for Covid-19 at Seward Mountain Haven since Friday, August 5. We are testing all residents and caregivers in the affected lodge and placing the entire lodge in isolation. At this time, the infection rate on the Kenai Peninsula remains at high (red) range.

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August 5, 2022

One resident tested positive for Covid-19 this morning at Mountain Haven. We are testing all residents and caregivers in the lodge. In addition, all residents residing in the affected lodge will be placed in isolation. At this time, the infection rate on the Kenai Peninsula remains at high (red) range

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August 1, 2022

No new cases of Covid 19 have been found or reported and all residents are now out of isolation and able to move freely about the lodge(s). At this time, the infection rate on the Kenai Peninsula remains at high (red) range.

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July 25, 2022

A Providence Seward Mountain Haven caregiver tested positive for Covid-19 today. Contact tracing has been conducted, resulting in 22 potential exposures. All residents who have been exposed, and who have not recently had Covid-19, will be tested tomorrow and placed into isolation in order to avoid exposing others.

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[Review past updates](#)

July 22, 2022

Over the past three weeks, six residents at tested positive for Covid-19 within a single lodge. All residents in the lodge were placed into isolation and treated or tested per protocol. In addition, there were a number of close contacts in other lodges who were also tested and placed in isolation. On 7/19/22 (Tuesday morning), all residents were removed from isolation. The sixth resident tested positive that evening and remains in isolation at this time. Contact tracing was performed, and no further testing is occurring on the residents, however, all staff that previously tested negative are being asked to test again.

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July 18, 2022

Five residents in a single lodge tested positive for Covid-19 the week of July 4 and were placed on isolation. All other residents within the lodge, as well as close contacts from other lodges, were tested and placed into isolation. Those who reside in the lodge with positive cases will remain in isolation until July 19; all other residents are now allowed in common areas. Providence Seward Mountain Haven staff are currently scheduling times for the second Covid booster to be administered to residents. This will occur at the facility with the express permission of residents or their representatives. As always, staff will continue to monitor all residents for signs or symptoms of Covid-19.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift.

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July 12, 2022

Last week, four residents from a single lodge tested positive for Covid-19. All residents within the lodge have been placed into isolation and those who had not previously been tested were tested on Monday, July 11. In addition, we have tested and placed into isolation any close contacts from other lodges. Residents testing positive will remain in isolation until they are symptom free, while those

who test negative will be allowed back into the common area once the results are returned. Our staff will continue to monitor all residents for signs and symptoms of Covid-19.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift.

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July 8, 2022

Three more residents from a single lodge tested positive for Covid 19 today. All individuals in the affected lodge have been tested and placed into isolation. All who test positive will remain in isolation until they are symptom free, while those who test negative will be allowed in the common area once the results have returned. We will continue to monitor all residents for signs and symptoms of Covid 19.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift.

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July 6, 2022

One resident tested positive for Covid today and was placed into isolation. As no other residents have been in contact with the affected individual, none will be tested or asked to isolate; however, staff will closely monitor the other individuals for any signs or symptoms of Covid and test as necessary.

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June 20, 2022

There have been no new cases of COVID 19 or exposures among the residents at Seward Mountain Haven in the past week. Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly; this week testing will occur on Monday, June 20 and Thursday, June 23.

In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. We are currently working to meet updated CDC guidelines regarding COVID 19 vaccine recommendations for all our residents.

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June 15, 2022

There have been no new cases of COVID 19 or exposures among the residents at Seward Mountain Haven in the past week. Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly; this week testing occurs on Monday, June 13 and Thursday, June 16.

In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. We are currently working to meet updated CDC guidelines regarding COVID 19 vaccine recommendations for all our residents.

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June 7, 2022

There have been no new cases of COVID 19 or exposures among the residents at Seward Mountain Haven in the past week. Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly; this week testing occurs on Monday, June 6 and Thursday, June 9.

In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. We are currently working to meet updated CDC guidelines regarding COVID 19 vaccine recommendations for all our residents.

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May 31, 2022

A resident in one of the lodges tested positive for Covid 19 Friday, May 20. All residents in the affected lodge have been tested twice with negative results and will be tested two more times (May 31 and June 3) to ensure that no other resident was exposed and contracted the virus.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test

twice weekly; this week, testing occurs May 31 and June 3. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. We are currently working to meet updated CDC guidelines regarding Covid 19 vaccine recommendations for all our residents.

The rate of infection on the Kenai Peninsula is currently in the high (red) range. Visitation will continue as outlined below.

Visitation

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we do still encourage you to schedule. The following protocol are in place:

- Those visiting residents who are positive for COVID at the time of visit will be asked to wear full PPE during their visit. This will be supplied to you.
- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.
- Residents may go on outings with family and friends.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

May 26, 2022

A resident in one of the lodges tested positive for Covid 19 Friday, May 20 and was placed into quarantine. All residents residing in the affected lodge and staff who work in the lodge were tested Monday, May 23 and results were negative for all. We are retesting on May 26, May 31 and June 3. Visitation will continue as outlined below.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. This week, testing occurs on Monday, May 23 and Thursday, May 26. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. We are currently working to meet updated CDC guidelines regarding Covid-19 vaccine recommendations for all our residents.

The rate of infection on the Kenai Peninsula is currently in the high (red) range.

Visitation

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we do still encourage you to schedule. The following protocol are in place:

- Those visiting residents who are positive for COVID at the time of visit will be asked to wear full PPE during their visit. This will be supplied to you.
- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.
- Residents may go on outings with family and friends.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

May 23, 2022 Update

A resident in one of the lodges tested positive for Covid 19 Friday, May 20 and was placed into quarantine. All residents residing in the affected lodge and staff who work in the lodge were tested Monday, May 23. Visitation will continue as outlined below.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. This week, testing occurs on Monday, May 23 and Thursday, May 26. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. The rate of infection on the Kenai Peninsula is currently in the high (red) range.

Visitation

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we do still encourage you to schedule. The following protocol are in place:

- Those visiting residents who are positive for COVID at the time of visit will be asked to wear full PPE during their visit. This will be supplied to you.
- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.

- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.
- Residents may go on outings with family and friends.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

May 20, 2022 Update

A resident in one of the lodges tested positive for Covid 19 today and was placed into quarantine. All residents in the affected lodge and staff who work in the lodge will be tested on Monday, May 23.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. Next week, testing occurs on Monday, May 23 and Thursday, May 26. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. The rate of infection on the Kenai Peninsula is currently in the high (red) range.

Visitation

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we still encourage you to schedule. The following protocol are in place:

- Those visiting residents who are positive for COVID at the time of visit will be asked to wear full PPE during their visit. This will be supplied to you.
- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.
- Residents may go on outings with family and friends.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

May 17, 2022 Update

There have been no new cases of Covid 19 among the staff or caregivers in the past week. Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. This week, testing occurs on Monday and Thursday. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. The rate of infection on the Kenai Peninsula is currently in the high (red) range.

Visitation

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we do still encourage you to schedule. The following protocol are in place:

- Those visiting residents who are positive for COVID at the time of visit will be asked to wear full PPE during their visit. This will be supplied to you.
- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.
- Residents may go on outings with family and friends.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

May 9, 2022 Update

There have been no new cases of Covid 19 among the staff or caregivers in the past week. Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Staff that are unvaccinated or not fully vaccinated continue to test twice weekly. This week, testing occurs on Monday and Thursday. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. The rate of infection on the Kenai Peninsula is currently in the low range at 5.1 percent.

Visitation

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we do still encourage you to schedule. The following protocol are in place:

- Those visiting residents who are positive for COVID at the time of visit will be asked to wear full PPE during their visit. This will be supplied to you.

- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.
- Residents may go on outings with family and friends.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

May 3, 2022 Update

There have been no new cases of Covid 19 amongst the staff or caregivers in the past week. Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Unvaccinated staff continue to test twice weekly: this week testing is occurring on 5/2/22 and 5/5/22. In addition, all staff who work directly with residents are self-testing 12 hours prior to their next scheduled shift. The rate of infection on the Kenai Peninsula is currently in the low range.

Visitation

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we still encourage you to schedule. The following protocols are in place:

- Visitors for residents who have tested positive will be asked to wear full PPE during their visit. This will be supplied by Providence.
- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- We ask visitors to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rules as adults.
- Residents may go on outings with family/friends.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

March 21, 2022 Update

One staff member tested positive for COVID 19 in the past week. Exposed staff and residents were tested, with one resident testing positive. All residents in the lodge with the exposure are currently on quarantine. We continue to provide all staff who enter the lodges with at-home COVID tests. Staff must test prior to returning to work each week and submit evidence of a negative test. In addition, unvaccinated staff continue to test twice weekly. Testing this week will occur on March 21 and 24. The rate of infection on the Kenai Peninsula is 10.33% as of Monday, March 21.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we still encourage you to schedule. The following protocols are in place:

- Visitors for residents who have tested positive will be asked to wear full PPE during their visit. This will be supplied by Providence.
- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- We ask visitors to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rules as adults.

March 14, 2022 Update

One staff member tested positive for COVID 19 in the past week, with no exposure to residents: no residents have tested positive. We are providing home COVID tests to all staff who enter the lodges. Staff must test prior to returning to work for the week and submit evidence of a negative test. In addition, unvaccinated staff continue to test twice weekly: this week's testing occurs March 14 and March 17. The rate of infection on the Kenai Peninsula is at 8.56% as of Monday, March, 14.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we still encourage you to schedule. The following protocols are in place:

- Visitors for residents who have tested positive will be asked to wear full PPE during their visit. This will be supplied by Providence.
- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- We ask visitors to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.

- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rules as adults.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

March 7, 2022 Update

No staff or residents tested positive for COVID 19 in the past week. We are providing home COVID tests to all staff who enter the lodges. Staff must test prior to returning to work for the week and submit evidence of a negative test. Unvaccinated staff continue to test twice weekly; this week's testing occurs Monday, March 7 and Thursday, March 10. The rate of infection on the Kenai Peninsula as of March 7 is 7.19% (red).

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we still encourage you to schedule. The following protocols are in place:

- Visitors for residents who have tested positive will be asked to wear full PPE during their visit. This will be supplied by Providence.
- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- We ask visitors to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rules as adults.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

February 28, 2022 Update

No staff or residents tested positive for COVID 19 in the past week. We are providing home COVID tests to all staff who enter the lodges. Staff must test prior to returning to work for the week and submit evidence of a negative test. Unvaccinated staff continue to test twice weekly; this week's testing occurs Monday, February 28 and Thursday, March 3. The rate of infection on the Kenai Peninsula as of Monday, February 28, is 14.64% (red).

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we still encourage you to schedule. The following protocols are in place:

- Visitors for residents who have tested positive will be asked to wear full PPE during their visit. This will be supplied by Providence.
- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- We ask visitors to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rules as adults.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

February 21, 2022 Update

In the past week, one Providence Seward Mountain Haven staff member tested positive for COVID and no new residents. All residents are now out of quarantine. We have begun providing Home COVID tests to all staff who enter the lodges, to be used weekly on Sundays. In addition, unvaccinated staff continue to test twice weekly; this week we will test staff February 21 and 24. The rate of infection on the Kenai Peninsula as of Monday, February 21, is 14.55 percent (red).

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we still encourage you to schedule. The following protocol are in place:

- Visitors for residents who have tested positive will be asked to wear full PPE during their visit. This will be supplied by Providence.
- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- We ask visitors to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rules as adults.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

February 14, 2022 Update

Nine residents and six staff at Providence Seward Mountain Haven tested positive for Covid-19 the week of February 7-13. The majority of these residents were asymptomatic but were placed on

quarantine for a period of 10 days in an attempt to prevent further spread of the virus. All nine of the residents reside in two of the four lodges. All residents in the aforementioned lodges who have not tested positive in the past 90 days, will be tested today and again later in the week.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. Unvaccinated staff continue to test twice weekly: this week we will be testing staff on February 14 and 17. The rate of infection on the Kenai Peninsula at this time is 17.19 percent (red).

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are in place:

- Visitors for residents who have tested positive will be asked to wear full PPE during their visit. This will be supplied by Providence.
- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- We ask visitors to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

If you have any questions or concerns, call Jill Hemstock: [907-224-2993](tel:907-224-2993).

February 8, 2022 Update

Eight residents in two different lodges tested positive for Covid today. All of these residents – the majority of whom are asymptomatic – have been placed on quarantine for 10 days.

Over the weekend, five caregivers tested positive for Covid 19 over the weekend. As a result, contact tracing was performed and we tested all residents in the affected lodges Monday. We will test again when the appropriate time span has elapsed.

Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. All unvaccinated staff must test twice weekly. Testing this week occurs on Monday, February 1 and Thursday, February 10. The rate of infection on the Kenai Peninsula is 20.94 percent (red).

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

February 7, 2022 Update

Five new caregivers at Providence Seward Mountain Haven tested positive for Covid 19 over the weekend. As a result, contact tracing is being performed and we are testing all residents in the affected lodges today and again when the appropriate time span has elapsed. No new residents have tested positive.

In order to comply with federal regulations as well as keep our residents, patients, caregivers and families safe, Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. All unvaccinated staff are required to test twice weekly. Testing this week occurs on Monday, February 1 and Thursday, February 10. The rate of infection on the Kenai Peninsula is 20.94 percent (red).

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rules as adults.

January 31, 2022 Update

Two residents within the same lodge tested positive for Covid 19 last week and were placed in isolation. All of the remaining residents in the affected lodge were tested January 31 and will be tested again on Friday, February 4.

In order to comply with federal regulations as well as keep our residents, patients, caregivers and families safe, Providence staff are required to be fully vaccinated or have signed a declination form for approved medical or religious reasons. All unvaccinated staff are required to test twice weekly. Last week, one staff member tested positive. Testing this week occurs on Monday, January 31 and Thursday, February 3.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocols are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

January 27, 2022 Update

Providence Seward Mountain Haven had one resident test positive for Covid-19 today. All residents and staff in the affected lodge have been tested and are on quarantine. They will be tested again next week on Monday and Thursday.

In order to comply with federal regulations, as well as keep our residents, patients, caregivers and families safe, Providence staff are required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine; those who have declined are asked to submit to testing twice weekly. Testing this week occurred on Monday, January 24 and Thursday, January 27. As of Monday, January 24, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 18.87 percent.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocols are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

January 26, 2022 Update

Providence Seward Mountain Haven had three staff test positive for Covid-19 last week, with no exposure to residents. Based on prior positive Covid cases among staff and residents, we tested residents twice last week in lodges where there was a potential for exposure; test results were all negative.

In order to comply with federal regulations, as well as keep our residents, patients, caregivers and families safe, Providence staff are required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine; those who have declined are asked to submit to testing twice weekly. Testing this week will occur on Monday, January 24 and Thursday, January 27. As of Monday, January 24, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 18.87 percent.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

If you have any questions or concerns, please call Jill Hemstock: [907-224-2993](tel:907-224-2993).

January 18, 2022 Update

Providence Seward Mountain Haven had a total of three staff and two residents test positive for Covid-19 last week. We will continue testing all residents in the affected lodges, as well as staff who came into close contact with those who tested positive. Unvaccinated residents in the lodges where others have tested positive will be placed on a 14-day quarantine; vaccinated residents will not be quarantined.

In order to comply with federal regulations, as well as keep our residents, patients, caregivers and families safe, Providence staff are required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine; those who have declined are asked to submit to testing twice weekly. Testing this week will occur on Monday, January 17 and Thursday, January 18. As of Monday, January 17, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 13.94 percent.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

If you have any questions or concerns, please call Jill Hemstock: [907-224-2993](tel:907-224-2993).

January 12, 2022 Update

Two of our caregivers tested positive for Covid-19 on Friday, January, for a total of six positive (staff) cases. In response, all residents and staff members who have been in close contact with the affected persons were tested on Monday, January 10 and will be tested again on Thursday, January 13. If all test results are negative, there will be no additional testing. Unvaccinated residents will be placed on a 14-day quarantine; vaccinated residents will not be quarantined.

In order to comply with federal regulations, as well as keep our residents, patients, caregivers and families safe, Providence staff are required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine and those who have declined are asked to submit to testing twice weekly. Testing this week will occur on Monday, January 10 and Thursday, January 13. As of Tuesday, January 11, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 8.93 percent.

Visitation: Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

If you have any questions or concerns, please call Jill Hemstock: [907-224-2993](tel:907-224-2993).

January 7, 2022 Update

Two of our caregivers tested positive for Covid-19 today. In response, all residents and staff members who have been in close contact with the affected persons will be tested on Monday, January 10 and again on Thursday, January 13. If all test results are negative, there will be no additional testing. Unvaccinated residents will be placed on a 14-day quarantine; vaccinated residents will not be quarantined.

In order to comply with federal regulations, as well as keep our residents, patients, caregivers and families safe, Providence staff are required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine and those who have declined are asked to submit to testing twice weekly. Testing next week will occur on Monday, January 10 and Thursday, January 13. As of Monday, January 3, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 5.76 percent.

Visitation: Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

If you have any questions or concerns, please call Jill Hemstock: [907-224-2993](tel:907-224-2993).

January 5, 2022 Update

A Providence Mountain Haven staff member tested positive for Covid-19 today. In response, all residents and staff members who were in close contact with the affected person will be tested for Covid on Thursday, January 6 and again on Monday, January 10. If all test results are negative, there will be no additional testing. Because all residents are fully vaccinated, nobody will be placed on quarantine at this time.

In an ongoing effort to comply with federal regulations, as well as keep our residents, patients, caregivers and families safe, Providence staff are required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine and those who have declined are asked to submit to testing twice weekly. Testing this week will occur on Monday, January 3 and Thursday, January 6. At this time, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 5.76 percent.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we still encourage you to schedule. The following protocols are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

If you have any questions or concerns, please call Jill Hemstock: [907-224-2993](tel:907-224-2993).

January 3, 2022 Update

Providence Mountain Haven has had no new exposures or positive cases amongst staff or residents. In an effort to keep our residents, patients, caregivers and families safe, as well as be in federal compliance, Providence caregivers are now required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine and those who have declined are asked to submit to testing twice weekly. Testing this week will occur on Monday, January 3 and Thursday, January 6. At this time, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 5.76 percent.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we do still encourage you to schedule. The following protocols are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distancing from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

December 28, 2021 Update

Providence Seward Mountain Haven has had no new exposures or positive cases amongst staff or residents. In an effort to keep our residents, patients, caregivers and families safe, as well as be in federal compliance, Providence caregivers are now required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive

the COVID-19 vaccine and those who have declined are asked to submit to testing twice weekly. Testing this week will occur on Monday, December 27 and Thursday, December 30. At this time, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 4.37 percent.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling. However, we do still encourage you to schedule. The following protocol are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distancing from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome but are asked to follow the same rule as adults.

December 13, 2021 Update

Providence Mountain Haven has had no new exposures or positive cases amongst staff or residents. In an effort to keep our residents, patients, caregivers and families safe, as well as be in federal compliance, Providence caregivers are now required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine and those who have declined are asked to submit to testing twice weekly. Testing this week will occur on Monday, December 20 and Thursday, December 23. At this time, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 4.39 percent.

Visitation: Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are in place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid; or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distancing from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome, but are asked to follow and respect the same rules as adults.

Hoping you all have a safe, healthy and happy holiday season. If you have any questions or concerns, please call Jill Hemstock: [907-224-2993](tel:907-224-2993).

December 13, 2021 Update

COVID Testing: Providence Mountain Haven has had no new exposures or positive Covid cases amongst staff or residents. In an effort to keep our residents, patients, caregivers and families safe, as well as be in federal compliance, Providence caregivers are now required to be fully vaccinated or have signed a declination form for medical or religious reasons. The majority of individuals have chosen to receive the COVID-19 vaccine and those who have declined are asked to submit to testing twice weekly. At this time, the Kenai Peninsula Borough infection rate remains in the red zone (high) at 3.14 percent.

Visitation remains open. Residents may have visitors at any time without prior notice or scheduling; however, we still encourage you to schedule. The following protocol are place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distancing from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible; however, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs. Children are welcome, but are asked to follow and respect the same rules as adults.

If you have any questions or concerns, please call Jill Hemstock: [907-224-2993](tel:907-224-2993).

December 6, 2021 Update

COVID Testing: In the past week, one resident was exposed to Covid-19; contact tracing was conducted and all residents and caregivers are negative. We continue to remain vigilant in caring for our residents and will test as needed. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients, caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or have signed a declination form for medical or religious reasons. Those who have declined are tested twice weekly. The Kenai Peninsula Borough infection rate remains in the red zone (high).

Visitation: Visitation continues to be open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are place:

- All visitors will continue to be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid; have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.

- Visitors are asked to continue wearing a mask and physically distancing from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible; however, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should continue to be avoided, so please consider visiting in no more than pairs.

If you have any questions or concerns, please call Jill Hemstock: [907-224-2993](tel:907-224-2993).

November 29, 2021 Update

COVID Testing: There continue to be no new cases at PSMH and our residents are staying safe. The Kenai Peninsula Borough infection rate remains in the red zone (high). Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients, caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or have signed a declination form for medical or religious reasons. Those who have declined are tested twice weekly.

Visitation: Visitation is now fully open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are place:

- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid, have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distancing from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs.

If you have any questions or concerns, please call Jill Hemstock: [\(907\) 224-2993](tel:907-224-2993).

November 22, 2021 Update

COVID Testing: There continue to be no new cases at Providence Seward Moutanin Haven and our residents are staying safe. The Kenai Peninsula Borough infection rate remains in the red zone at 3.2 percent. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients, caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or have signed a declination form for medical or religious reasons. Those who have declined are tested twice weekly; they will be tested on Monday and Wednesday of this week due to the holiday.

Visitation: Visitation is now fully open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are place:

- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid, have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distancing from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided; please consider visiting in no more than pairs.

If you have any questions or concerns, please call Jill Hemstock: [\(907\) 224-2993](tel:9072242993).

November 17, 2021 Update

COVID Testing: There continue to be no new cases at Providence Seward Mountain Haven and our residents are staying safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients, caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or have signed a declination form for medical or religious reasons. Those who have declined are tested twice weekly.

Visitation: Visitation is now fully open. Residents may have visitors at any time without prior notice or scheduling; however, we do still encourage you to schedule. The following protocol are place:

- All visitors will be screened before entering the lodge and will not be allowed inside if they screen positive for symptoms of Covid, have currently tested positive for Covid or have been recently exposed to someone who is positive for Covid.
- Visitors are asked to continue wearing a mask and physically distance from others while visiting a resident. Face masks will be provided.
- Visits should take place in the resident's room whenever possible. However, if both resident and visitor are vaccinated, then visits may be allowed in the common area to accommodate visits with individuals who are not willing to stay in their rooms.
- Large groups should be avoided. Please consider visiting in no more than pairs.

If you have any questions or concerns, please call Jill Hemstock: [\(907\) 224-2993](tel:9072242993).

November 15, 2021 Update

COVID Testing: There are no new cases at Seward Mountain Haven and we're grateful that our residents are staying safe. The percentage of cases in the Kenai Peninsula Borough is 4.5 percent (Red). Staff who are not vaccinated will continue testing twice a week, with testing today and Thursday, November 18. Our caregivers wear appropriate personal protective equipment (PPE),

such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. The majority of our residents and caregivers have received the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance. All Providence caregivers and contractors are now required to be vaccinated, unless they have an approved medical or religious exemption.

Visitation: Residents can have visitors inside their lodges. Visitors are required to wear a mask which will be provided. All visitors will be screened at the door. It is no longer required to schedule your visit. If a resident is in quarantine, in-person visits inside or on the patio are not allowed, though they can still receive visits outside their bedroom window while on the phone to talk with their visitor. Please check back for any updates as the government has changed visitation requirements for nursing homes.

Spiritual Care: Amy Mullen is providing a weekly streamed service, singing, and discussion in each of our lodges in lieu of a Sunday service until services inside can resume. Residents can request an individual visit from Amy for spiritual care support, and/or they can request a visit from pastors and priests in the community.

Life Engagement: The Life Engagement team provides activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together with safe social distancing.

Questions: If you have any questions or concerns, please call Jill Hemstock, Admissions & Social Services Coordinator: [\(907\) 224-2993](tel:9072242993).

Melanie Smith's last day with Providence is November 16. It has been a blessing and a privilege providing care for your loved ones for the past five years. I am hoping to visit our residents occasionally as I will still be in Seward in a new role.

November 8, 2021 Update

COVID Testing: There are no new cases at SMH and we're grateful that our residents are staying safe. The percentage of cases in the Kenai Peninsula Borough is 6.89% (Red), so our residents continue to remain in their lodges to avoid potential exposure. Staff who are not vaccinated will continue testing twice a week, with testing today and Thursday, 11/11/21. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. The majority of our residents and caregivers have received the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance. All Providence caregivers and contractors are now required to be vaccinated, unless they have an approved medical or religious exemption.

Visitation: Residents can have visitors inside their lodge room, with a maximum of two visitors at a time, and wearing a mask or face covering is required and provided. If you would like to schedule a visit to see a resident on a weekday or the weekend, please call Jill Hemstock, [907-224-2993](tel:9072242993) or

Samara Byrnes, [907-362-1731](tel:907-362-1731) Monday - Friday, 8 a.m. - 5 p.m. All visitors will be screened and asked about vaccine status. Unfortunately, no minors are able to visit, unless it is outside a closed window. If a resident is in quarantine, in-person visits inside or on the patio are not allowed, though they can still receive visits outside their bedroom window while on the phone to talk with their visitor.

Spiritual Care: Amy Mullen is out of office this week. Residents may request a visit from pastors and priests in the community for spiritual support.

Life Engagement: The Life Engagement team provides activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together with safe social distancing.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980).

November 1, 2021 Update

COVID Testing: There are no new cases at Seward Mountain Haven, and we're grateful that our residents are staying safe. The percentage of cases in the Kenai Peninsula Borough is 10.82% (Red), so our residents continue to remain in their lodges to avoid potential exposure. Staff who are not fully vaccinated yet will continue testing twice a week, with testing today and Thursday, November 4. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance, all Providence caregivers and contractors are now required to be vaccinated.

Visitation: Residents can have visitors inside their lodge room, with a maximum of two visitors at a time, and wearing a mask or face covering is required and provided. If you would like to schedule a visit to see a resident on a weekday or the weekend, please call Jill Hemstock, [907-224-2993](tel:907-224-2993) or Samara Byrnes, [907-362-1731](tel:907-362-1731) Monday - Friday, 8 a.m. - 5 p.m. All visitors will be screened and asked about vaccine status. Unfortunately, no minors are able to visit, unless it is outside a closed window. If a resident is in quarantine, in-person visits inside or on the patio are not allowed, though they can still receive visits outside their bedroom window while on the phone to talk with their visitor.

Spiritual Care: Amy Mullen is out of office this week. Residents may request a visit from pastors and priests in the community for spiritual support.

Life Engagement: Our residents and staff enjoyed dressing up for Halloween and had a costume contest. The Life Engagement team provides activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling with residents to connect and have fun together with safe social distancing.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980).

October 25, 2021 Update

There are no new cases at Seward Mountain Haven and our residents are staying safe. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance, Providence caregivers were required to be fully vaccinated or sign a declination form for medical or religious reasons by October 18, 2021.

Visitation: Residents are having visitors inside their lodge room again, with a maximum of two visitors at a time; wearing a mask or face covering is required and provided. If you would like to schedule a visit to see a resident on a weekday or the weekend, please call Jill Hemstock, 907-224-2993 or Samara Byrnes, 907-362-1731 Monday through Friday, 9 a.m. - 5 p.m. All visitors will be screened and asked about vaccine status. Unfortunately, no minors are able to visit at this time, unless it is outside a closed window. If a resident is in quarantine, in-person visits inside or on the patio are not allowed, though they can still receive visits outside their bedroom window while on the phone to talk with their visitor.

Spiritual Care: Amy Mullen is providing a weekly streamed service, singing and discussion in each of our lodges in lieu of a Sunday service, until it is safe for pastors or priests to visit inside again. Residents may request an individual visit from Amy for spiritual care support, or a visit from pastors and priests in the community to meet outside on the patio.

Life Engagement: The Life Engagement team provides activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together with safe social distancing.

October 18, 2021 Update

COVID Testing: There continue to be no new exposures at SMH and our residents are staying safe. We have great news that we are able to have inside visitation again as the number of community COVID cases has gone down. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or sign a declination form for medical or religious reasons by today, Oct. 18, 2021.

Visitation: Residents can have visitors inside their lodge again, with a maximum of two visitors at a time, and wearing a mask or face covering is required and provided. If you would like to visit a resident on a weekday or the weekend, please call to schedule your visit during office hours Monday through Friday, 9 a.m. - 5 p.m. ,please call Jill Hemstock , [907-224-2993](tel:907-224-2993) or Samara Byrnes, [907-362-1731](tel:907-362-1731). All visitors will be screened and asked about vaccine status. Unfortunately no minors are able

to visit at this time, unless it is outside a closed window. If a resident is in quarantine, visits are not allowed, though residents can still receive visits outside their bedroom window while on the phone to talk with their visitor.

Spiritual Care: Amy Mullen is providing a weekly streamed service, singing, and discussion in each of our lodges in lieu of a Sunday service, until it is safe for pastors or priests to visit inside again. Residents can request an individual visit from Amy for spiritual care support, and/or they can request a visit from pastors and priests in the community to meet outside on the patio.

Life Engagement: The Life Engagement team provides activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together with safe social distancing.

October 11, 2021 Update

COVID Testing: There continue to be no new cases at Seward Mountain Haven and our residents are staying safe. We have great news that we are able to have inside visitation again as the number of community COVID cases has gone down. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or sign a declination form for medical or religious reasons by October 18, 2021.

Visitation: Residents can now have visitors inside their lodge again, with a maximum of two visitors at a time; wearing a mask or face covering is required and provided. If you would like to schedule a visit to see a resident on a week day or the weekend, please call Melanie Smith, [907-224-2980](tel:907-224-2980) or Samara Byrnes, [907-362-1731](tel:907-362-1731) Monday through Friday, 9 a.m. to 5 p.m. Jill Hemstock is on vacation until October 17. If you come to visit on the weekend and did not schedule a visit yet, please call your resident's lodge and let the lodge staff know you would like to visit. All visitors will be screened and asked about vaccine status. Unfortunately, no minors are able to visit at this time, unless it is outside a closed window. If a resident is in quarantine, visits are not allowed, though residents can still receive visits outside their bedroom window while on the phone to talk with their visitor.

Spiritual Care: Amy Mullen provides a weekly streamed service, singing and discussion in each of our lodges in lieu of a Sunday service, until it is safe for pastors or priests to visit inside again. Residents can request an individual visit from Amy for spiritual care support, and a visit from pastors and priests in the community to meet outside on the patio.

Life Engagement: The Life Engagement team provides activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling with residents to connect and have fun together with safe social distancing.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980).

October 4, 2021 Update

COVID Testing: We are grateful that there are no new cases at Seward Mountain Haven and our residents are staying safe. The Kenai Peninsula Borough remains in the red for number of community COVID cases. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or sign a declination form for medical or religious reasons by October 18, 2021.

Visitation: Residents can have visitors outside their lodge on the patio, with a maximum of two visitors at a time. If you would like to schedule a visit to see a resident on a week day or the weekend, please call Melanie Smith, 907-224-2980 or Samara Byrnes, 907-362-1731 Monday through Friday, 9 a.m. to 5 p.m. Jill Hemstock is on vacation until October 17. If you come to visit on the weekend and did not schedule a visit, please call your resident's lodge and let the lodge staff know you would like to visit. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately, no minors are able to visit at this time, unless it is outside a closed window. If a resident is in quarantine, visits on the patio are not allowed, though residents can still receive visits outside their bedroom window while on the phone to talk with their visitor.

Spiritual Care: Amy Mullen provides a weekly streamed service, singing and discussion in each of our lodges in lieu of a Sunday service, until it is safe for pastors or priests to visit inside again. Residents can request an individual visit from Amy for spiritual care support, and a visit from pastors and priests in the community to meet outside on the patio.

Life Engagement: The Life Engagement team provides activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling with residents to connect and have fun together with safe social distancing.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: 907-224-2980.

September 27, 2021 Update

COVID Testing: There are no new cases at SMH, and we are grateful that our residents are doing well. The Kenai Peninsula Borough remains in the red for number of community COVID cases. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or sign a declination form for medical or religious reasons by Oct. 18, 2021.

Visitation: Residents can have visitors outside their lodge on the patio, with a maximum of two visitors at a time. If you would like to schedule a visit to see a resident, please call during office hours Monday-Friday, 8 a.m.-5 p.m., Jill Hemstock, [907-224-2993](tel:907-224-2993) or Samara Byrnes, [907-224-2928](tel:907-224-2928). If you come to visit on the weekend and did not schedule a visit yet, please call your resident's lodge and let the lodge staff know you would like to visit. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no minors are able to visit at this time, unless it is outside a closed window. If a resident is in quarantine, visits on the patio are not allowed, though residents can still receive visits outside their bedroom window while on the phone to talk with their visitor.

Spiritual Care: Amy Mullen is providing a weekly streamed service, singing, and discussion in each of our lodges in lieu of a Sunday service, until it is safe for pastors or priests to visit inside again. Residents can request an individual visit from Amy for spiritual care support, and/or they can request a visit from pastors and priests in the community to meet outside on the patio.

Life Engagement: The Life Engagement team provides activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together with safe social distancing.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980); or Jill Hemstock, Admissions & Social Services Coordinator: [907-224-2993](tel:907-224-2993).

September 20, 2021 Update

COVID Testing: The residents in Eagle and Fireweed and all caregivers at PSMH were tested on 9/15/21, and test results were negative. Eagle and Fireweed lodge residents came off quarantine when test results were received last week. Lupine and Raven residents did not need to quarantine since they were not at risk of potential exposure. The Kenai Peninsula Borough remains in the red for number of community COVID cases. Please let us know if you need assistance to sign up for MyChart for your loved one. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. In order to keep our residents, patients and caregivers and families safe, and to be in federal compliance, Providence caregivers are now required to be fully vaccinated or sign a declination form for medical or religious reasons by Oct. 18, 2021.

Visitation: Residents can have visitors outside their lodge on the patio, with a maximum of two visitors at a time. If you would like to schedule a visit to see a resident, please call during office hours Monday – Friday, 8 a.m.-5 p.m. Jill Hemstock: Jill Hemstock, [907-224-2993](tel:907-224-2993) or Samara Byrnes, [907-224-2928](tel:907-224-2928). If you come to visit on the weekend and did not schedule a visit yet, please call your resident's lodge and let the lodge staff know you would like to visit. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no minors are able to visit at this time, unless it is outside a closed window. If a resident is in

quarantine, visits on the patio are not allowed, though residents can still receive visits outside their bedroom window while on the phone to talk.

Spiritual Care: Amy Mullen is providing a weekly streamed service, singing, and discussion in each of our lodges in lieu of a Sunday service, until it is safe for pastors or priests to visit inside again. Residents can request an individual visit from Amy for spiritual care support, and/or they can again request a visit from pastors and priests in the community to meet outside on the patio.

Life Engagement: The Life Engagement team has resumed activities in Eagle and Fireweed (activities had continued in Lupine and Raven) such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together with safe social distancing.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980); or Jill Hemstock, Admissions & Social Services Coordinator: [907-224-2993](tel:907-224-2993).

September 14, 2021 Update

COVID Testing: The caregivers who work in the lodges have received negative test results from last week's testing with no new exposures. The residents in Eagle and Fireweed and all caregivers at PSMH are being tested on 9/15/21, with additional tests on a schedule as needed or required. Residents' families/legal representatives will be notified of the results, and test results are accessible through [MyChart](#). Please let us know if you need assistance to sign up for MyChart for your loved one. If residents in Eagle and Fireweed have a negative test result they will be off quarantine. Staff are providing medically-necessary care and support in each resident's room; and residents have been informed by nursing staff of the positive COVID case. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. Providence caregivers are now required to get the vaccine or sign a declination only for medical or religious reasons.

Visitation: For residents of Eagle or Fireweed, there are no visits on the patio until they are out of quarantine, though "window visits" are encouraged with these residents outside their bedroom window. Simply call the lodge and verify that the time you plan to come for your window visit is a good time. Please ring the bell at the lodge and let staff know you are there so staff can ensure that the person you are visiting is awake and assist the resident with using the phone to talk to you during your window visit. For residents in Lupine and Raven lodges, visitation on the patio is still allowed: please continue to call and schedule your visits with Jill, [907-224-2993](tel:907-224-2993) or Samara, [907-224-2928](tel:907-224-2928).

Spiritual Care: During this time of quarantine, residents can request a virtual visit from Amy Mullen for spiritual care support and Scripture readings. They can also request a phone call from pastors and priests in the community. Due to the increase in community COVID cases and recent positive

case in our facility, our Sunday worship services are on hold and will resume when it is safe to do so. Online spiritual services are available to residents as well.

Life Engagement: The Life Engagement team is calling, face-timing and doing window visits with residents in Eagle and Fireweed to provide social interaction, and is providing each lodge with supplies for activities such as arts and crafts, coloring or other safe individual activity ideas, such as audio books for lodge staff to assist residents to do during this time of quarantine depending on each resident's preferences and needs. Once we are in the clear, group activities will resume at a safe social distance in Eagle and Fireweed. Life Engagement activities are continuing as usual in Lupine and Raven lodges.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980); or Jill Hemstock, Admissions & Social Services Coordinator: [907-224-2993](tel:907-224-2993).

September 7, 2021 Update

COVID Testing: The caregivers who work in the lodges have received negative test results from last week's testing with no new exposures. The residents in Eagle and Fireweed and all caregivers at PSMH are being tested today, 9/7/21, with additional tests on a schedule as needed or required. Residents' families/legal representatives will be notified of the results, and test results are accessible through [MyChart](#). Please let us know if you need assistance to sign up for MyChart for your loved one. Unfortunately the residents in Eagle and Fireweed lodges will be in quarantine for two weeks, with staff providing medically-necessary care and support in each resident's room; and residents have been informed by nursing staff of the positive COVID case. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. Providence caregivers are now required to get the vaccine or sign a declination only for medical or religious reasons.

Visitation: For residents of Eagle or Fireweed, there are no visits on the patio until they are out of quarantine, though "window visits" are encouraged with these residents outside their bedroom window. Simply call the lodge and verify that the time you plan to come for your window visit is a good time. Please ring the bell at the lodge and let staff know you are there so staff can ensure that the person you are visiting is awake and assist the resident with using the phone to talk to you during your window visit. For residents in Lupine and Raven lodges, visitation on the patio is still allowed: please continue to call and schedule your visits with Jill, [907-224-2993](tel:907-224-2993) or Samara, [907-224-2928](tel:907-224-2928).

Spiritual Care: During this time of quarantine, residents can request a virtual visit from Amy Mullen for spiritual care support and Scripture readings. They can also request a phone call from pastors and priests in the community. Due to the increase in community COVID cases and recent positive case in our facility, our Sunday worship services are on hold and will resume when it is safe to do so. Online spiritual services are available to residents as well.

Life Engagement: The Life Engagement team is calling, face-timing and doing window visits with residents in Eagle and Fireweed to provide social interaction, and is providing each lodge with supplies for activities such as arts and crafts, coloring or other safe individual activity ideas, such as audio books for lodge staff to assist residents to do during this time of quarantine depending on each resident's preferences and needs. Once we are in the clear, group activities will resume at a safe social distance in Eagle and Fireweed. Life Engagement activities are continuing as usual in Lupine and Raven lodges.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980); or Jill Hemstock, Admissions & Social Services Coordinator: [907-224-2993](tel:907-224-2993).

September 2, 2021 Update

COVID Testing: A caregiver who works in Eagle and Fireweed Lodges tested positive for COVID late on September 1. All residents and caregivers at Providence Seward Mountain Haven are being tested today, with additional tests on a schedule as needed or required. Residents' families/legal representatives will be notified of the results, and test results are accessible through [MyChart](#). Please let us know if you need assistance to sign up for MyChart for your loved one. Unfortunately the residents in Eagle and Fireweed lodges will be in quarantine for two weeks, with staff providing medically-necessary care and support in each resident's room; and residents have been informed by nursing staff of the positive COVID cases. Our caregivers wear appropriate personal protective equipment (PPE), such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. Providence caregivers are now required to get the vaccine or sign a declination form.

Visitation: No visitation will be allowed with residents of Eagle or Fireweed until they are out of quarantine. Outside visitation will still be allowed with residents of Lupine and Raven lodge; please continue to call and schedule your visits with Jill, [907-224-2993](tel:907-224-2993) or Janet, [907-224-2928](tel:907-224-2928). In addition, "window visits" are encouraged with residents in Eagle and Fireweed. You do not need to schedule a window visit, but please ring the bell at the lodge and let staff know you are there. They can ensure that the person you are visiting is awake and ready to visit. I encourage you to also call ahead to the lodge and verify that the time you plan to come for your window visit is a good time.

Spiritual Care: During this time of quarantine, residents can request a virtual visit from Amy Mullen for spiritual care support and Scripture readings. They can also request a phone call from pastors and priests in the community. Due to the increase in community COVID cases and recent positive case in our facility, our Sunday worship services are on hold and will resume when it is safe to do so. Online spiritual services are available to residents as well.

Life Engagement: The Life Engagement team is calling, face-timing and doing window visits with residents in Eagle and Fireweed to provide social interaction, and is providing each lodge with supplies for activities such as arts and crafts, coloring or other safe individual activity ideas, such as audio books for lodge staff to assist residents to do during this time of quarantine depending on each resident's preferences and needs. Once we are in the clear, group activities will resume at a

safe social distance in Eagle and Fireweed. Life Engagement activities will continue as usual in Lupine and Raven lodges.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980); or Jill Hemstock, Admissions & Social Services Coordinator: [907-224-2993](tel:907-224-2993).

August 26, 2021 Update

COVID Testing: Great news!! All residents were tested on 8/24/21 and received negative test results! Residents are out of quarantine today and are enjoying eating in the dining area together and sitting outside on the patio. Caregivers that enter the lodges at PSMH, and/or are not vaccinated were tested again today on 8/26/21. Residents' families/legal representatives are being notified of the negative results by email, and test results are accessible through [MyChart](#). Please let us know if you need assistance to sign up for MyChart for your loved one. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. Providence caregivers are required to be fully vaccinated by 10/18/21 or sign a declination form for religious or medical reasons.

Visitation: You may visit your loved ones again outside on the patio, with a maximum of two visitors at a time. If you would like to schedule a visit to see a resident, please call during office hours Monday – Friday, 8:00am – 5:00pm, Jill Hemstock: [907-224-2993](tel:907-224-2993) or Janet Durnil: [907-362-1731](tel:907-362-1731). Appointments need to be made by 5pm the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no minors are able to visit at this time, unless it is outside a closed window. If you'd like to bring a pet to visit, please call Janet Durnil if you would like to apply/provide veterinarian documentation and arrange for a beloved pet to visit outside on the patio. If a resident is in quarantine, visits are not allowed unless outside their bedroom window.

Spiritual Care: Amy Mullen is providing a weekly streamed service, singing, and discussion in each of our lodges in lieu of a Sunday service, until it is safe for pastors or priests to visit inside again. Residents can request an individual visit from Amy for spiritual care support, and/or they can request a visit from pastors and priests in the community to meet outside on the patio.

Life Engagement: The Life Engagement team is resuming weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together with safe social distancing.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980); or Jill Hemstock, Admissions & Social Services Coordinator: [907-224-2993](tel:907-224-2993).

August 23, 2021 Update

COVID Testing: There are no additional new cases at our facility this week with the last test results being negative. All residents, and caregivers that may enter a lodge at PSMH, are being tested again on 8/23/21, will be tested again on 8/26/21, then additional tests will be done as needed. Residents' families/legal representatives will be notified of the results, and test results are accessible through [MyChart](#). Please let us know if you need assistance to sign up for MyChart for your loved one. Unfortunately all residents in all lodges will be in quarantine for 14 days after the positive result with staff providing medically necessary care and support in each resident's room, and residents were informed by nursing staff of the positive COVID cases. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. Providence caregivers are now required to get the vaccine or sign a declination form.

Visitation: Due to a caregiver and a resident testing positive in our facility and all residents being in quarantine as of 8/11/21, there will be no visitation for all lodges until we are two weeks past the last positive test result. Thank you for your understanding as we work together to ensure everyone's safety.

Spiritual Care: During this time of quarantine, residents can request a virtual visitation from Amy Mullen for spiritual care support and Scripture readings. They can also request a phone call from pastors and priests in the community. Due to the increase in community COVID cases and recent positive cases in our facility, our Sunday worship services are on hold and will resume when it is safe to do so again. Residents can watch services online at their request.

Life Engagement: The Life Engagement team is providing each lodge with supplies for activities such as arts and crafts, coloring, or other safe individual activity ideas such as audio books for lodge staff to assist residents to do depending on each resident's preferences and needs. Once we are in the clear with consistent negative test results, then group activities will resume at a safe social distance.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: [907-224-2980](tel:907-224-2980); or Jill Hemstock, Admissions & Social Services Coordinator: [907-224-2993](tel:907-224-2993).

August 12, 2021 Update

COVID-19 Testing: A caregiver who only works in Eagle Lodge tested positive for COVID on August 9. A resident in Fireweed Lodge received a positive test result for COVID on August 11. All residents and caregivers at Providence Seward Mountain Haven are being tested again on August 12, and everyone will be tested again weekly for the next two weeks with additional tests as needed. Residents' families/legal representatives will be notified of the results, and test results are accessible through MyChart. Please let us know if you need assistance. Unfortunately all residents in all lodges will be in quarantine for two weeks with staff providing medically-necessary care and support in each resident's room, and are being informed by nursing staff of the positive COVID cases. Our

caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. Providence caregivers are now required to get the vaccine or sign a declination form.

Visitation: Due to a caregiver and a resident testing positive in our facility, and all residents being in quarantine as of August 11, there will be no visitation for all lodges until we are two weeks past the last positive test result. Thank you for your understanding as we work together to ensure everyone's safety.

Spiritual Care: During this time of quarantine, residents can request a virtual visitation from Amy Mullen for spiritual care support and Scripture readings. They can also request a phone call from pastors and priests in the community. Due to the increase in community COVID cases, and recent positive cases in our facility, our Sunday worship services are on hold and will resume when it is safe to do so again. Residents can watch services online at their request.

Life Engagement: The Life Engagement team is providing each lodge with supplies for activities such as arts and crafts, coloring or other safe individual activity ideas, such as audio books, for lodge staff to assist residents to do depending on each resident's preferences and needs. Once we are in the clear, group activities will resume at a safe social distance.

Questions: If you have any questions or concerns, please call Melanie Smith, Supervisor of Care Management Services: 907-224-2980; or Jill Hemstock, Admissions & Social Services Coordinator: 907-224-2993.

August 10, 2021 Update

COVID-19 Testing: A caregiver in Eagle Lodge tested positive for COVID-19 on August 9. All residents at PSMH are being tested on August 10 and on a schedule through 14 day mark. Residents' families and legal representatives will be notified of the results. All caregivers will be tested August 9 or 10, then on a schedule. Unfortunately, residents in Eagle Lodge will be in quarantine for two weeks with staff providing care and support in residents' rooms. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, gloves and gowns as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date! Please call Melanie Smith, Supervisor of Care Management Services, if you have any questions: 907-224-2980.

Spiritual Care: Residents may request a visit from Amy Mullen for spiritual care support and Scripture readings. They may also request individual visits from pastors and priests in the community to meet outside on the patio. Due to the increase in community COVID cases, our Sunday worship services are on hold and will resume when it is safe to do so.

Life Engagement: Life Engagement staff provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling with residents to connect and have fun together, with social distancing for safety.

Visitation: Due to a caregiver testing positive yesterday, residents in Eagle lodge will not be receiving visitors for two weeks. Our Director of Nursing has instructed that all visitation to other lodges continue to be on the outside patio until further notice due to an increase in community COVID rates. If you would like to schedule a visit to see a resident, please call Janet Durnil, 907-362-1731 or Jill Hemstock, 907-224-2993 during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside, but please call Janet Durnil if you would like to apply and provide veterinarian documentation to arrange for a pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine.

August 2, 2021 Update

COVID-19 Testing: All recent caregiver tests have been negative. Due to COVID rates rising in the community, we are in the yellow for visitation. We are testing caregivers who did not receive the vaccine every other week. Caregivers that are fully vaccinated do not need to be tested unless they have symptoms or have returned from travel, but they have the option to take the test. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Spiritual Care: Residents can request a visit from Amy Mullen for spiritual care support and Scripture readings. They can also request individual visits from pastors and priests in the community to meet outside on the patio. Due to the increase in community COVID cases, our Sunday worship services are on hold and will resume when it is safe to do so again.

Life Engagement: Life Engagement staff provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling with residents to connect and have fun together. Residents are also enjoying visits from their family and friends.

Visitation: Our Director of Nursing requests that all visitation be on the patio until further notice. If you would like to schedule a visit, please call during office hours (Monday - Friday, 8 a.m. - 5 p.m.), Janet Durnil: [\(907\) 362-1731](tel:9073621731), or Jill Hemstock: [\(907\) 224-2993](tel:9072242993). Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian documentation and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine.

August 9, 2021 Update

COVID-19 Testing: Due to an increase in COVID rates in the community, we are testing caregivers who did not receive the vaccine today and weekly. Caregivers that are fully vaccinated have the option, but are not required to be tested unless they have symptoms or have returned from travel. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Spiritual Care: Residents may request a visit from Amy Mullen for spiritual care support and Scripture readings. They may also request individual visits from pastors and priests in the community to meet outside on the patio. Due to the increase in community COVID cases, our Sunday worship services are on hold and will resume when it is safe to do so.

Life Engagement: Life Engagement staff provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling with residents to connect and have fun together. Residents also enjoy visits from their family and friends.

Visitation: Our Director of Nursing requests that all visits be held on the patio until further notice. If you would like to schedule a visit to see a resident, please call Janet Durnil, 907-362-1731 or Jill Hemstock, 907-224-2993 during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside, but please call Janet Durnil if you would like to apply and provide veterinarian documentation to arrange for a pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine.

August 2, 2021 Update

COVID-19 Testing: All recent caregiver tests have been negative. Due to COVID rates rising in the community, we are in the yellow for visitation. We are testing caregivers who did not receive the vaccine every other week. Caregivers that are fully vaccinated do not need to be tested unless they have symptoms or have returned from travel, but they have the option to take the test. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Spiritual Care: Residents can request a visit from Amy Mullen for spiritual care support and Scripture readings. They can also request individual visits from pastors and priests in the community to meet outside on the patio. Due to the increase in community COVID cases, our Sunday worship services are on hold and will resume when it is safe to do so again.

Life Engagement: Life Engagement staff provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling with residents to connect and have fun together. Residents are also enjoying visits from their family and friends.

Visitation: Our Director of Nursing requests that all visitation be on the patio until further notice. If you would like to schedule a visit, please call during office hours (Monday - Friday, 8 a.m. - 5 p.m.), Janet Durnil: (907) 362-1731, or Jill Hemstock: (907) 224-2993. Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian documentation and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine.

July 26, 2021 Update

COVID-19 Testing: Due to COVID rates rising in the community, we are in the yellow for visitation. We are testing caregivers who did not receive the vaccine every other week. Caregivers that are fully vaccinated do not need to be tested unless they have symptoms or have returned from travel. All recent tests have been negative. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Life Engagement: Life Engagement staff provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together. Residents are also enjoying visits from their family and friends.

Visitation: Our Director of Nursing is requesting that all visitation be on the patio until further notice. If you would like to schedule a visit to see a resident, please call during office hours Monday – Friday, 8:00am – 5:00pm, Janet Durnil: (907) 362-1731, or Jill Hemstock: (907) 224-2993. Appointments need to be made by 5 pm the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian documentation and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine.

July 19, 2021 Update

COVID-19 Testing: Caregivers who did not receive the vaccine are being tested monthly and the next test is July 19. Caregivers that are fully vaccinated do not need to be tested unless they have symptoms. All recent tests have been negative. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Spiritual Care: Residents may request a visit from Amy Mullen for spiritual care support and Scripture readings, and are receiving visits from pastors and priests in the community. Residents who wish to receive Communion are able to do so. This month, Bible studies will take place in the lodges, and pastors from the community will resume their Sunday worship services. Sunday worship services with community pastors began this month, but were temporarily suspended due to the recent increase of Covid 19 cases in the Seward area.

Life Engagement: Life Engagement staff provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling with residents to connect and have fun together. Residents also enjoy visits from their family and friends.

Visitation: If you would like to schedule a visit to see a resident, please call Melanie Smith, 907-224-2980, during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Next week, Janet Durnil (907-362-1731) and Jill Hemstock (907-224-2993) will be back from vacation. Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately, no pets or children are allowed inside, but please call Janet Durnil if you would like to apply and provide veterinarian documentation to arrange for a pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

July 12, 2021 Update

COVID-19 Testing: Caregivers who did not receive the vaccine are being tested monthly and the next test is on 7/19/21. Caregivers that are fully vaccinated do not need to be tested unless they have symptoms. All recent tests have been negative. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Spiritual Care: Residents can request a visit from Amy Mullen for spiritual care support and Scripture readings, and they are receiving visits from pastors/priests in the community again. Residents who wish to receive Communion are now able to do so. This month Bible studies will be taking place in the lodges and pastors from the community are resuming their Sunday worship services.

Life Engagement: Life Engagement staff provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together.

Visitation: If you would like to schedule a visit to see a resident, please call during office hours Monday – Friday, 8 a.m. - 5 p.m. Melanie Smith is covering scheduling this week: [\(907\) 224-2980](tel:9072242980). Next week Janet and Jill will be back from vacation. Janet Durnil: [\(907\) 362-1731](tel:9073621731), or Jill Hemstock: [\(907\) 224-2993](tel:9072242993). Appointments need to be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors.

Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian documentation and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

July 6, 2021 Update

COVID-19 Testing: Caregivers who did not receive the vaccine are being tested monthly, and caregivers that are fully vaccinated do not need to be tested unless they have symptoms. All recent tests have been negative. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Spiritual Care: Residents can request a visit from Amy Mullen for spiritual care support and Scripture readings, and they can receive visits from pastors in the community again. Residents who wish to receive Communion are now able to do so. This month Bible studies will be taking place in the lodges and pastors from the community will resume their Sunday worship services.

Life Engagement: Our residents enjoyed a BBQ in each lodge to celebrate July 4th. Life Engagement staff provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling with residents to connect and have fun together.

Visitation: If you would like to schedule a visit to see a resident, please call Janet Durnil, [907-362-1731](tel:907-362-1731) or Jill Hemstock, [907-224-2993](tel:907-224-2993) during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Appointments need to be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian documentation and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of 6 feet and limited movement in the facility.

June 28, 2021 Update

COVID-19 Testing: Recent caregiver tests have all been negative. Caregivers who did not receive the vaccine are being tested monthly, and caregivers that are fully vaccinated do not need to be tested unless they have symptoms. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all our residents have remained COVID free to date.

Spiritual Care: Our residents are invited to participate in Gospel singing programs and recorded worship services in the hearth area in the lodges. One-on-one visits for spiritual care support and Scripture readings are also available. Residents may once again request visits from pastors in the community and may receive Communion. In July, Bible studies will take place in the lodges and pastors from the community will resume their Sunday visits to provide in-person worship services.

Visitation: If you would like to schedule a visit to see a resident, please call Janet Durnil, 907-362-1731 or Jill Hemstock, 907-224-2993 during office hours (Monday – Friday, 8 a.m. - 5 p.m.). Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside, but please call Janet Durnil if you would like to apply and provide veterinarian documentation to arrange for a pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

June 21, 2021

COVID-19 Testing: Recent caregiver and a resident test have all been negative. Caregivers who did not receive the vaccine are being tested monthly, and caregivers that are fully vaccinated do not need to be tested unless they have symptoms. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our residents to keep them safe. Most of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date.

Spiritual Care: Our residents are invited to participate in Gospel singing programs and recorded worship services in the hearth area in the lodges. One-on-one visits for spiritual care support and Scripture readings are available as well. Residents are able to request visits from pastors in the community again. Residents who wish to receive Communion are now able to do so. In July, Bible studies will take place in the lodges and pastors from the community will resume their Sunday visits to provide in-person worship services for our residents.

Visitation: If you would like to schedule a visit to see a resident, please call Janet Durnil, [907-362-1731](tel:907-362-1731) or Jill Hemstock, [907-224-2993](tel:907-224-2993) during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Appointments need to be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian documentation and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of 6 feet and limited movement in the facility.

June 14, 2021

COVID-19 Testing: Caregiver tests have all been negative. Caregivers who did not receive the vaccine are being tested monthly, and caregivers that are fully vaccinated do not need to be tested unless they have symptoms. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves as needed when providing care to our residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Life Engagement: Our residents are enjoying sitting on the patio with the sunny weather and taking drives around Seward. There was a humpback whale feeding in the bay that could be seen from the road last week! We also provide weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling to connect and have fun with our residents.

Visitation: If you would like to schedule a visit to see a resident, please call Janet Durnil, [907-362-1731](tel:907-362-1731) or Jill Hemstock, [907-224-2993](tel:907-224-2993) during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian documentation and arrange for a pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

June 7, 2021

COVID-19 Testing: Recent caregiver tests have all been negative. Caregivers who did not receive the vaccine are being tested monthly, and caregivers that are fully vaccinated do not need to be tested unless they have symptoms. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Life Engagement: We had a BBQ for Memorial Day in several lodges, and many of the residents enjoyed their meals inside due to the weather being colder than usual this time of year. It was a good day of remembrance, and thank you to all of the family members who were able to come up and visit their loved ones.

Visitation: Residents have joyously been receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil, [907-362-1731](tel:907-362-1731) or Jill Hemstock, [907-224-2993](tel:907-224-2993) during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately, no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply, provide veterinarian document and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on

quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

June 1, 2021

COVID-19 Testing: Recent caregiver tests have been negative. Caregivers who did not receive the vaccine will be going to be tested monthly. Caregivers that are fully vaccinated do not need to be tested unless they have symptoms. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves as needed when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Life Engagement: We are delighted that we can take residents on scenic drives around Seward again. We provide fun weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling to connect and have fun with our residents, and celebrate holidays such as Memorial Day with our residents.

Visitation: Residents have joyously been receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil, [907-362-1731](tel:907-362-1731) or Jill Hemstock, [907-224-2993](tel:907-224-2993) during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian document and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

May 24, 2021

COVID-19 Testing: Caregivers are being tested every two weeks and have received negative test results. Caregivers that are fully vaccinated will not need to be tested unless they have symptoms. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves as needed when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Life Engagement: We are delighted that we can take residents on scenic drives again especially with the beautiful, sunny weather! Residents have been pleased to get haircuts with a hair stylist who visits each lodge and provides services in an area with a special salon chair, sink and mirror. We provide fun weekly activities such as arts and crafts, bingo, karaoke, birthday parties, reminiscing, and story-telling to connect and have fun with our residents.

Visitation: Residents have joyously been receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil, [907-362-1731](tel:907-362-1731) or Jill Hemstock, [907-224-2993](tel:907-224-2993) during office hours (Monday - Friday, 8 a.m. - 5 p.m.). Appointments must be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide veterinarian document and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

May 17, 2021 Update

COVID-19 Testing: Caregivers are being tested every two weeks and received negative results. Caregivers that are fully vaccinated will not need to be tested unless they have symptoms. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves as needed when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free to date!

Life Engagement: We were given the green light to take residents on scenic drives again, and took residents on a scenic drive on Saturday around Seward to see the mountains and Resurrection Bay. Residents are also able to have haircuts again with a hair stylist who visits each lodge and provides services in an area with a special salon chair, sink and mirror.

Visitation: Residents have joyously been receiving inside visits from their families and friends. If you would like to schedule a visit, please call during office hours Monday – Friday, 8 a.m. - 5 p.m. Janet Durnil: [907-362-1731](tel:907-362-1731), or Jill Hemstock: [907-224-2993](tel:907-224-2993). Appointments need to be made by 5 p.m. the evening before for next day scheduling, with 30 minutes cleaning time in-between visitors for all residents. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. Unfortunately no pets or children are allowed inside at this time, but please call Janet Durnil if you would like to apply/provide record of health from a veterinarian and arrange for a beloved pet to visit outside on the patio. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

May 10, 2021

COVID-19 Testing: There have been no positive caregivers or residents. Testing every 2 weeks, doing salon services and visitation.

Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the

option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free!

Life Engagement: We continue to provide fun activities for our residents in each lodge, such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling. We love spending time with each of our residents and facilitating positive interactions with other residents.

Visitation: Residents have joyously been receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil, 907-362-1731 or Jill Hemstock, 907-224-2993 during office hours - Monday through Friday, 8 a.m. to 5 p.m. Appointments need to be made by 5 p.m. the evening before for next day scheduling. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week visits for one hour, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

May 3, 2021

There are no positive caregivers, and we will go out to testing every two weeks. We are allowing visitors by appointment.

Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free!

Life Engagement: We continue to provide fun activities for our residents in each lodge, such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling. We love spending time with each of our residents and facilitating positive interactions with other residents.

Visitation: Residents have joyously been receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil, 907-362-1731 or Jill Hemstock, 907-224-2993 during office hours - Monday through Friday, 8 a.m. to 5 p.m. Appointments need to be made by 5 p.m. the evening before for next day scheduling. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week visits for one hour, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

April 26, 2021

COVID-19 Testing: All caregivers were tested on April 19 and received negative results. Caregivers were tested again today and will continue to be tested on a weekly basis. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves as needed when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free!

Life Engagement: We continue to provide fun activities for our residents in each lodge, such as arts and crafts, bingo, karaoke, birthday parties, reminiscing and story-telling. We love spending time with each of our residents and facilitating positive interactions with other residents.

Visitation: Residents have joyously been receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil, 907-362-1731 or Jill Hemstock, 907-224-2993 during office hours - Monday through Friday, 8 a.m. to 5 p.m. Appointments need to be made by 5 p.m. the evening before for next day scheduling. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week visits for one hour, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

April 19, 2021

All residents and caregivers were tested on March 29 and received negative results. Caregivers are being tested again today and will be tested on a weekly basis again. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free!

Life Engagement: We are celebrating a resident's birthday in Eagle lodge today with favorite games and a cake, and safe social distancing. Many of our residents received haircuts a couple weeks ago from a hair stylist who visited the lodges. Around twelve residents enjoyed going on scenic drives before PSMH had to return to Phase I of reopening with limited excursions only for medical reasons. We are hoping that our residents will be able to go on outings again once the COVID cases in the Kenai Peninsula Borough go down again.

Visitation: Residents continue to receive inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil, 907-362-1731 or Melanie Smith, 907-224-2980 as Jill Hemstock is on vacation this week. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week visits for one hour, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

April 12, 2021

All residents and caregivers were tested on 3/29/21 and received negative results. Caregivers are being tested again today and will be tested on a weekly basis again. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free!

Life Engagement: We'd like to give a shout-out to the Seward Community Library for giving PSMH the craft supplies for 1:1 activities that we are able to do with the residents! We appreciate that the Library staff provided the craft ideas individually packaged and prepared to share immediately. Many of our residents received haircuts last week from a hair stylist who visited the lodges. Around twelve residents enjoyed going on scenic drives before PSMH had to return to Phase I of reopening with limited excursions only for medical reasons.

Visitation: Residents have joyously been receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil: 907- 362-1731, or Jill Hemstock: 907-224-2993. Appointments need to be made by 5 pm the evening before for next day scheduling. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week visits for 1 hour, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of 6 feet and limited movement in the facility.

April 5, 2021

All residents and caregivers were tested March 29 and received negative results. Our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free!

Life Engagement: We recognized our military last week with the help of the American Legion, who coordinated with the local quilting guild and presented residents who are veterans with quilts, hats and coins as gifts of appreciation for their service to our country. We also celebrated Easter by coloring eggs and singing hymns for those residents who need spiritual support.

Visitation: Residents have joyously began receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil, 907-362-1731 or Jill Hemstock, 907-224-2993. Appointments need to be made by 5 p.m. the evening before for next day scheduling. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week visits for one hour, with 30 minutes cleaning time between visitors for all residents. Unfortunately, no pets or children are allowed inside

at this time. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

March 29, 2021

COVID-19 Testing: All residents and caregivers were tested on March 19 and received negative results. We are testing all residents and caregivers again today. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. We are grateful that all of our beloved residents have remained COVID free!

Life Engagement: Our amazing caregivers provide residents with fun chair exercise groups, Bingo, Karaoke, reading stories, arts & crafts, and baking/cooking activities along with other various activities with safe social distancing. It's wonderful seeing our residents smiling, laughing and engaging with each other and caregivers!

Visitation: Residents have joyously began receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil: [907-362-1731](tel:907-362-1731), or Jill Hemstock: [907-224-2993](tel:907-224-2993). Appointments need to be made by 5 p.m. the evening before for next day scheduling. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week visits for 1 hour, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time, though they may visit through the window while talking on the phone. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of 6 feet and limited movement in the facility.

March 22, 2021

All caregivers were tested on March 15 with negative results. All residents and caregivers were tested on 3/19/21 and the results that were received are negative. Residents do not need to be on isolation due to low risk of exposure. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe. The majority of our residents and caregivers chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine.

Life Engagement: For St. Patrick's Day residents celebrated with Bingo, Karaoke, Reading Stories, and/or cookies with green frosting. Life Engagement provided each lodge with their requested activities which created a variety of options for each lodge's celebration with safe social distancing.

Visitation: Residents have joyously began receiving inside visits from their families and friends. If you would like to schedule a visit, please call Janet Durnil: [907-362-1731](tel:907-362-1731)907-362-1731, or Jill Hemstock: [907-224-2993](tel:907-224-2993)907-224-2993. Appointments need to be made by 5 p.m. the evening before for next day scheduling. All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week

visits for 1 hour, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time, though they may visit through the window while talking on the phone. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of 6 feet and limited movement in the facility.

March 17, 2021

All caregivers were tested on March 15, 2021. A non-clinical caregiver has tested positive for COVID-19 with minimal low-risk exposure in the lodges and was wearing a mask at all times. All residents and caregivers will be tested on March 19, 2021. Residents do not need to be on isolation due to low risk of exposure. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves when providing care to our beloved residents to keep them safe. All of our residents chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine. The majority of our caregivers have opted for the COVID-19 vaccine.

DHSS has given the green light to have visitors inside at PSMH again. If you would like to schedule a visit, please call Janet Durnil at 907-362-1731, or Jill Hemstock at 907-224-2993. Appointments need to be made by 5 p.m. the evening before for next day scheduling, or call by Friday for the following Monday. Visiting hours will be between Monday through Friday, 9 a.m. - 12 p.m. and 1 p.m. - 4 p.m. If arrangements are needed to visit at another time such as over the weekend, we will do our best to accommodate.

All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to offer one time a week visits for one hour, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time, though they may visit through the window while talking on the phone. No visitors are allowed for residents if they are on quarantine. Visitation will be in the resident's room with a safe social distance of six feet and limited movement in the facility.

March 12, 2021

We have great news! DHSS has given the green light to have visitors inside at PSMH again. If you would like to schedule a visit, please call Janet Durnil at [907-362-1731](tel:907-362-1731), or call Jill Hemstock at [907-224-2993](tel:907-224-2993). Appointments are being scheduled for visits starting on Monday, March 15, 2021. Appointments need to be made by 5 p.m. the evening before for next day scheduling, or call by Friday for the following Monday. Visiting hours will be between Monday through Friday, 9 a.m. - 12 p.m. and 1 - 4 p.m. If we need to make arrangements for another time, we will do our best to accommodate.

All visitors will be screened and asked about vaccine status. Face covering will be required and provided for visitors. For now, we would like to do one time a week visits and see how it goes. Visits will be 1 hour long, with 30 minutes cleaning time in-between visitors for all residents. Unfortunately no pets or children are allowed inside at this time, though they may visit through the window while talking on the phone. Visits with residents will be in their room and with a safe social distance of 6

feet of with limited movement throughout facility for visitors. No visitors allowed for residents on quarantine.

All caregivers received negative COVID-19 tests the week of March 1, 2021. Caregivers are being tested every other week. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe. We are grateful that all of our residents have remained free of COVID-19 with the safety measures we have in place.

All of our residents chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine if they have not received it yet. The majority of our caregivers have opted to get the COVID-19 vaccine.

March 8, 2021

All caregivers received negative COVID-19 tests the week of March 1, 2021. Caregivers are being tested every other week. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe. We are grateful that all of our residents have remained free of COVID-19 with the safety measures we have in place.

Nearly all of our residents chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine if they have not received it yet. The majority of our caregivers have opted to get the COVID-19 vaccine.

Our Life Engagement team has been connecting our residents with The Alzheimer's Resources of Alaska once a week. They engage residents in fun activities such as arts and crafts, playing our residents' favorite games, chair exercises and reminiscing. There are lots of smiles and laughter during activities!

Providence Seward Mountain Haven remains closed to inside visitors per State of Alaska DHSS requirements to keep our residents safe. We will notify residents' family/legal representatives when they are able to visit again. Video chats, telephone calls and visits through the window continue to provide a way for residents to connect with their families and friends.

March 1, 2021

All caregivers received negative COVID-19 tests the week of Feb. 15, 2021. Caregivers are being tested every other week with new tests completed today, March 1, 2021. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe. We are grateful that all of our residents have remained free of COVID-19 with the safety measures we have in place.

Nearly all of our residents chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine if they have not received it yet. The majority of our caregivers have opted to get the COVID-19 vaccine.

Our Life Engagement team has been connecting our residents with The Alzheimer's Resources of Alaska once a week. They engage residents in fun activities such as arts and crafts, playing our residents' favorite games, chair exercises and reminiscing. There are lots of smiles and laughter during activities!

Providence Seward Mountain Haven remains closed to inside visitors per State of Alaska DHSS requirements to keep our residents safe. We will notify residents' family/legal representatives when they are able to visit again. Video chats, telephone calls and visits through the window continue to provide a way for residents to connect with their families and friends.

February 22, 2021 Update

All caregivers received negative COVID-19 tests the week of February 15, 2021 and caregivers are being tested every other week. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves when providing care to our beloved residents to keep them safe. We are grateful that all of our residents have remained free of COVID-19 with the safety measures we have in place.

Nearly all of our residents chose to get the COVID-19 vaccine, and new residents are given the option to get the vaccine if they have not received it yet. The majority of our caregivers have opted to get the COVID-19 vaccine.

Our Life Engagement team has been connecting our residents with The Alzheimer's Resources of Alaska once a week. They engage residents in fun activities such as arts and crafts, playing our residents favorite games, chair exercises and reminiscing. There are lots of smiles and laughter during activities.

Providence Seward Mountain Haven remains closed to inside visitors per State of Alaska DHSS requirements to keep our residents safe. We will notify residents' family or legal representatives when they are able to visit again. Video chats, telephone calls and visits through the window continue to provide a way for residents to connect with their families and friends.

February 15, 2021

All caregivers received negative COVID-19 tests the week of February 1, 2021, and caregivers are being tested every other week. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe. We are grateful that our residents remain free of COVID-19.

Nearly all of our residents chose to get the COVID-19 vaccine and have received the second dose. The majority of our caregivers have opted to get the COVID-19 vaccine and other caregivers and staff in all departments are continuing to get vaccinated.

Our Life Engagement team has been connecting our residents with The Alzheimer's Resources of Alaska once a week. Last week they assisted residents to participate in the Valentine's Memory Café group. The notable part of the activity is that they lost internet connection and improvised. It turned into a karaoke activity with residents singing songs together. It was a great way to enjoy each other's company while staying socially distanced.

Providence Seward Mountain Haven remains closed to inside visitors per State of Alaska DHSS requirements to keep our residents safe. We will notify residents' family and legal representatives when they are able to visit again. Video chats, telephone calls and visits through the window continue to provide a way for residents to connect with their families and friends.

February 8, 2021

All caregivers received negative COVID-19 tests last week, and caregivers will now be tested every other week. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe.

Our residents had a fun socially distanced Super Bowl party in each lodge and they enjoyed eating their favorite pizza during the game. A big THANK YOU you to our LTC Director of Nursing, Helena Jagielski, and all of our nurses and CNAs for making it a special day!!

Nearly all of our residents chose to get the COVID-19 vaccine and have received the second dose. The majority of our caregivers have opted to get the COVID-19 vaccine, and staff in all departments are continuing to get vaccinated.

PSMH remains closed to inside visitors per State of AK DHSS requirements to keep our residents safe. We will notify residents' family/legal representatives when they are able to visit again. Video chats, telephone calls, and visits through the window continue to provide a way for residents to connect with their families and friends.

February 1, 2021

All caregivers continue being tested weekly and have received negative COVID-19 tests. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe.

Nearly all of our residents chose to get the COVID-19 vaccine and have received the second dose. Scheduling for administration of the COVID-19 vaccine continues for our caregivers who opted to get the vaccine.

PSMH remains closed to inside visitors to keep our residents safe. We will notify residents' family/legal representatives when they are able to visit again. Video chats, telephone calls, and visits through the window continue to provide a way for residents to connect with their families and friends.

Our residents have the option to participate in Life Engagement activities such as art projects and crafts, various group games, chair exercises, baking, and other fun activities. Spiritual care is available and residents can request visits or coordination with their pastor for a phone call, and streaming of church services is available upon request.

Our nursing team and physician ensure that each resident's medical needs are met. Residents receive visits for behavioral health services if ordered by the physician to meet their mental health and well-being needs. The rehabilitation department provides services ordered by the physician such as physical therapy, occupational therapy, and speech therapy.

January 25, 2021

The residents in Eagle and Fireweed received negative COVID-19 tests and are off individual isolation. All caregivers continue being tested weekly and received negative COVID-19 tests. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe.

The majority of our residents chose to get the COVID-19 vaccine, and nearly all of the residents have received the second dose. Additionally, scheduling for administration of the COVID-19 vaccine continues for our caregivers who opted to get the vaccine.

PSMH remains closed to inside visitors to keep our residents safe. We will notify residents' family/legal representatives when they are able to visit again. Video chats, telephone calls, and visits through the window continue to provide a way for residents to connect with their families and friends.

January 18, 2021

The residents in Eagle and Fireweed were tested again last week and received negative COVID-19 tests. All caregivers continue being tested weekly and have received negative COVID-19 tests. Residents in Lupine and Raven were not exposed to the caregiver who received a positive test two weeks ago. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe.

The majority of our residents have chosen to get the vaccine and received the first dose. Residents will receive the second dose of the COVID-19 vaccine in the coming weeks as it is given 21 days after the first dose. Administration of the second round of COVID-19 vaccine has been completed for our caregivers who have opted to get the vaccine, with additional vaccination appointments being scheduled for more caregivers to receive the vaccine.

Providence Seward Mountain Haven remains closed to inside visitors to keep our residents safe. We will notify residents' family or legal representatives when they are able to visit again. Video chats, telephone calls and visits through the window continue to provide a way for residents to connect with their families and friends.

January 11, 2021

A caregiver who worked in Eagle lodge and Fireweed lodge tested positive for COVID-19 last week. Residents in these two lodges will be in isolation for a remaining 1.5 weeks. All of our residents and other caregivers were tested for COVID-19, and thankfully, all have received negative results. Residents in Lupine and Raven were not exposed to the caregiver with a positive test. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves when providing care to our beloved residents to keep them safe.

As of today, 34 out of 35 of our residents have chosen to get the vaccine and received the first dose. Residents will receive the second dose of the COVID-19 vaccine in the coming weeks as it is given 21 days after the first dose. Administration of the second round of COVID-19 vaccine has been completed for our caregivers who have opted to get the vaccine, with additional vaccination appointments being scheduled for more caregivers to receive the vaccine.

Providence Seward Mountain Haven remains closed to inside visitors to keep our residents safe. We will notify residents' family or legal representatives when they are able to visit again. Video chats, telephone calls and visits through the window continue to provide a way for residents to connect with their families and friends.

January 7, 2021

A caregiver who worked in Eagle lodge and Fireweed lodge has tested positive for COVID-19. Residents in these two lodges will be in isolation for two weeks. All of our residents and caregivers were tested again for COVID-19, though residents in Lupine and Raven were not exposed to the positive caregiver. All of our caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields and gloves when providing care to our beloved residents to keep them safe.

All of the residents in Raven lodge received negative test results for their December 29 and January 5 COVID-19 tests. Residents, families and legal reps are being notified of their negative test results.

Administration of the first round of COVID-19 vaccine has been done for our caregivers who have opted to get the vaccine, and our residents who chose to get the vaccine received the first round December 29-31, 2020. Caregivers and residents will receive the second dose of the COVID-19 as scheduled to be given 21 days after the first dose.

Providence remains closed to inside visitors to keep our residents safe. We will notify residents' family or legal representatives when they are able to visit again. Video chats, telephone calls and visits through the window continue to provide a way for residents to connect with their families and friends.

January 4, 2021

Happy New Year! We are so grateful that all of our caregivers and 35 residents test results are negative for COVID-19! Thank you to all of our wonderful caregivers who wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when providing care to our beloved residents to keep them safe.

Providence Seward Mountain Haven will continue testing our caregivers one time a week for COVID-19, and residents in Raven lodge will be tested again this week.

Administration of the first round of COVID-19 vaccine has been done for our caregivers who have opted to get the vaccine, and our residents who chose to get the vaccine received the first round December 29-31, 2020. Caregivers and resident will receive the second round of the COVID-19 vaccine in the coming week.

Providence remains closed to visitors to keep our residents safe. We will notify residents' family or legal representatives when they are able to visit again. Video chats and telephone calls continue to provide a way for residents to connect with their families and friends.

December 28, 2020

One of our caregivers who works in Raven lodge is in quarantine after a positive result last week. Subsequently all of our staff were retested and all of our residents were tested for COVID-19 on Dec. 23 and 24. Thankfully all of our 34 residents' test results came back negative, and all of our other staff had negative tests results.

PSMH will continue to test our caregivers two times a week for COVID-19. Residents in Raven lodge were tested today and will be tested again next week. Caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when caring for residents to keep everyone safe.

Administration of the COVID-19 vaccine has begun for our caregivers who have opted to get the vaccine, and our residents who would like the vaccine will receive it on Dec 29-31, 2020.

PSMH remains closed to visitors to keep our residents safe. We will notify residents' family/legal representatives when they are able to visit again. Video chats and telephone calls continue to provide a way for residents to connect with their families and friends.

The lodge caregivers and chefs will prepare residents their favorite meal of choice on New Year's Eve to make the holiday special. We wish you and your loved ones a safe and Happy New Year!

December 24, 2020

PSMH continues to test our caregivers two times a week for COVID-19. Unfortunately a caregiver tested positive for COVID-19 yesterday. All staff and residents in all of the lodges have been tested again. Caregivers wear appropriate personal protective equipment (PPE) such as masks, face shields, and gloves when caring for residents to keep everyone safe.

Last week the first round of the COVID-19 vaccine arrived! Administration of the vaccine has begun for our caregivers who have opted to get the vaccine, and residents who would like the vaccine will receive it on Dec 29-30, 2020.

PSMH remains closed to visitors to keep our residents safe. We will notify residents' family/legal representatives when they are able to visit again. Video chats and telephone calls continue to provide a way for residents to connect with their families and friends.

Our staff provided a Christmas caroling event on Dec. 23 and sang carols outside the lodges on the patios to provide a safe and enjoyable holiday event for our residents. The lodge chefs will prepare a delicious Christmas holiday meal for our residents to enjoy, and staff and community members have "adopted" residents to shower them with gifts on Christmas morning.

We wish you and your loved ones a safe and Merry Christmas and Happy Holidays!

December 21, 2020

PSMH continues to test our caregivers two times a week for COVID-19. We are grateful that our nursing facility residents and caregivers are staying safe with no new cases of COVID-19. To date none of our residents have had COVID-19.

Good news: last week the first round of the COVID-19 vaccine arrived! Administration of the vaccine has begun for our residents and caregivers who have opted to get the vaccine.

PSMH remains closed to visitors to keep our residents safe. We will notify residents' family/legal representatives when they are able to visit again. Video chats and telephone calls continue to provide a way for residents to connect with their families and friends.

Life Engagement is planning a staff Christmas caroling event on Dec. 22 to bring holiday cheer for our residents. Our staff will sing carols outside the lodges on the patio to provide a safe and enjoyable holiday event for our residents. The lodge chefs will prepare a delicious Christmas meal for our residents to enjoy, and staff and community members have "adopted" residents to shower them with gifts on Christmas morning.

We wish you and your loved ones a safe and Merry Christmas and Happy Holidays!

December 14, 2020

PSMH continues to test our caregivers two times a week for COVID-19. We are grateful that our nursing facility residents and caregivers are staying safe with no new cases of COVID-19. To date none of our residents have had COVID-19.

PSMH remains closed to visitors to keep our residents safe, and we will notify residents' family/legal representatives when they are able to visit again. Video chats and telephone calls are being scheduled with residents, and life engagement staff provide residents with frequent crafts, chair exercises and other activities. A staff Christmas caroling event is being planned to bring some holiday cheer for our residents on Dec. 22, 2020. Our staff will sing carols outside the lodges on the patio to provide a safe and enjoyable holiday event for our residents.

We continue to encourage good hand hygiene for caregivers and residents, social distancing and when possible wearing a mask in public.

November 30, 2020

With the rising COVID-19 cases in Alaska, we continue to test our caregivers two times a week. Our nursing facility staff and residents have tested Negative for COVID-19 with no new cases.

PSMH remains closed to visitors to keep our residents safe, and we will notify residents' family/legal representatives when they are able to visit again. Video chats and telephone calls are being scheduled with residents, and life engagement staff provide residents with enjoyable activities.

We continue to encourage good hand hygiene, social distancing and when possible wearing a mask in public.

November 23, 2020

With the rising COVID cases in Alaska, we continue to test our caregivers two times a week. As of this morning, the nursing facility staff and residents have tested negative for COVID-19.

We continue to encourage good hand hygiene, social distancing and when possible wearing a mask in public.

Video chats and telephone calls are still being scheduled with residents.

November 16, 2020

With the rising COVID cases in Alaska, we continue to test our caregivers two times a week. As of this morning, the nursing facility staff and residents have tested Negative for COVID-19, since the two positive caregivers last week.

We are testing all staff and the residents in Eagle Lodge at this time and will continue to test all caregivers twice a week and residents in Eagle Lodge every 3-7 days as needed up to 14 days.

We continue to encourage good hand hygiene, social distancing and when possible wearing a mask in public.

Video chats and telephone calls are still being scheduled with residents.

November 11, 2020

Unfortunately, we have identified two positive COVID cases with caregivers. Staff, families, and responsible parties have all been notified. We are testing all staff and residents at this time and will continue to test all caregivers twice a week and residents every 3-7 days as needed up to 14 days.

We continue to encourage good hand hygiene, social distancing and when possible wearing a mask in public. We are following all infection prevention protocols and we use all appropriate personal protection equipment in our facility. PSMH remains closed to visitors, but video chats and telephone calls continue to be scheduled with residents.

November 9, 2020

Due to the rising COVID-19 cases on the Kenai Peninsula including in Seward, we are now required to test our caregivers two times per week. At this time our nursing facility staff and residents continue to be free of COVID-19.

Unfortunately, due to the number of positive COVID-19 cases in Seward, we remain closed to visitors to keep our residents safe.

November 2, 2020

With the rising COVID cases in Alaska, we continue to do weekly testing of our caregivers. Our nursing facility staff and residents continue to be free of COVID-19.

We are working toward reopening to visitors soon. Unfortunately, due to the additional positive COVID-19 cases in Seward, in order to keep our residents safe we remain closed to visitors.

October 26, 2020

We are grateful that Providence Seward Mountain Haven continues to remain negative for COVID-19. We are now completing weekly testing of our caregivers.

We are working toward reopening to visitors soon. Unfortunately, due to the recent positive COVID-19 cases in Seward, in order to keep our residents safe we remain closed to visitors.

October 19, 2020

We are grateful that Providence Seward Mountain Haven is currently COVID-19 free. This week we will complete our testing of caregivers.

We are working toward reopening to visitors soon. Unfortunately, due to the recent positive COVID-19 cases in Seward, in order to keep our residents safe we remain closed to visitors.

October 12, 2020

We are grateful that Providence Seward Mountain Haven is currently COVID-19 free. We conducted bi-weekly testing of our caregivers last week and all of the tests came back negative. We will be testing all caregivers again next week.

We are working toward reopening to visitors soon. Unfortunately, due to the recent positive COVID-19 cases in Seward, in order to keep our residents safe, we remain closed to visitors.

October 5, 2020

We are grateful that Providence Seward Mountain Haven is currently COVID-19 free. This week we will continue to do our bi-weekly testing of caregivers.

We are working toward reopening to visitors soon. Unfortunately, due to the recent positive COVID-19 cases in Seward, in order to keep our residents safe we remain closed to visitors but exceptions will be made for people who are coming to visit a loved one at the end-of-life.

- [September 28](#)
- [September 10](#)
- [July 2](#)
- [May 11](#)
- [April 28](#)
- [March 13](#)