



Childbirth & Breastfeeding Classes



Join us for two free and supportive maternity classes designed to give you the knowledge, confidence and peace of mind you need before your baby arrives. You'll learn from experienced staff, have time to ask questions and take a guided tour of our Women's Services unit.

Reserve your spot today by calling the number below. If your plans change, please let us know so we can offer your place to another family. Tours are available only to those registered for a class. We're honored to be part of your journey.

2025 Childbirth Class

- September 20
- October 18
- November 15
- December 13



2025 Breastfeeding Class

- September 6
- October 4
- November 1
- December 6

**All classes held from 9 a.m. to 1 p.m.*

**All classes held from 10 a.m. to 12 p.m.*

For reservations, contact Vanessa at 760-242-2311, ext. 5019