

Cafe Hours:

Monday-Friday 7:00am-7:00pm
Saturday-Sunday 7:30am-6:30pm

Breakfast: Open-9:30am
Lunch: 10:30am-1:30pm
Dinner: 4:30pm-Close



Food Service Director
Lia White | 329-5750
amelia.white@providence.org

Executive Chef
Doug Williams | 329-2911
douglas.williams2@providence.org

Monday, January 21, 2019

Breakfast Special	Veggie Browns/300 cal		\$3.35
The Market 1	Moroccan Meatballs w/ Harissa Sauce/730 cal		\$4.00
The Market 2	Spicy Macaroni & Cheese/890 cal		\$3.70
Sides	Lentil Pilaf/120 cal	-	\$2.40 /ea
	Brown Butter Cauliflower/300 cal	Peas w/ Caramelized Onions/100 cal	
Flavor & Fire	Chicken Pasta Primavera w/ a Breadstick/850 cal		\$6.75
Field of Greens	Crispy Chicken Salad/510 cal		\$6.75
The Hearth	Meatlover's Pizza/650 cal		\$4.80
Sliced Deli	Full Artisan Menu Available Listed at the Station		\$6.50
Soup	Corn & Chorizo Chowder/270 cal	cup	\$2.80
	Vegetarian Split Pea/230 cal	bowl	\$3.60

Tuesday, January 22, 2019

Breakfast Special	Omelets/300 cal		\$4.20
The Market 1	Vegetable Lasagna/300 cal		\$3.70
The Market 2	Chicken w/ Artichoke Sauce/310 cal		\$3.70
Sides	Garlic Sourdough/210 cal	Wild Rice Pilaf/160 cal	\$2.40 /ea
	Broccoli/25 cal	Braised Kale w/ Orange Zest & Candied Pecans/160 cal	
Flavor & Fire	Chicken Fajita Wrap w/ Corn Chips/660 cal		\$6.75
Field of Greens	Smoked Turkey & Swiss Salad/880 cal		\$6.75
The Hearth	Meatlover's Pizza/650 cal	personal	\$4.80
Sliced Deli	Full Artisan Menu Available Listed at the Station		\$6.50
Soup	Broccoli Cheddar/240 cal	cup	\$2.80
	Beef Noodle/190 cal	bowl	\$3.60

Wednesday, January 23, 2019

Breakfast Special	Veggie Browns/300 cal		\$3.35
The Market 1	Hazelnut Chicken w/Mushroom Sauce/890 cal		\$3.70
The Market 2	Penne Pasta Bake/530 cal		\$4.00
Sides	Veggie Couscous/100 cal	French Bread/130 cal	\$2.40 /ea
	Garlic Green Beans/45 cal	Stir Fry Vegetables/60 cal	
Flavor & Fire	Café Phoenix w/ a Breadstick/760 cal		\$6.75
Field of Greens	Taco Salad/430 cal		\$6.75
The Hearth	Meatlover's Pizza/650 cal	personal	\$4.80
Sliced Deli	Full Artisan Menu Available Listed at the Station		\$6.50
Soup	Minnesota Wild Rice/210 cal	cup	\$2.80
	Vegetarian Chili/240 cal	bowl	\$3.60

Thursday, January 24, 2019

Breakfast Special	Red Potato, Bacon & Swiss Casserole/540 cal		\$3.25
The Market 1	Chicken Fried Steak/540 cal		\$4.00
The Market 2	Chicken Burrito w/ Creamy Green Sauce /790 cal		\$3.70
Sides	Roasted Red Potatoes/140 cal	Spanish Rice/190 cal	\$2.40 /ea
	Roasted Butternut Squash/50 cal	Corn O'Brien/70 cal	
Flavor & Fire	Mongolian Beef w/ Yakisoba Noodles/580 cal		\$6.75
Field of Greens	Chop Steak Salad/520 cal		\$6.75
The Hearth	Meatlover's Pizza/650 cal	personal	\$4.80
Sliced Deli	Full Artisan Menu Available Listed at the Station		\$6.50
Soup	Chicken Tortilla/100 cal	cup	\$2.80
	Tuscan Farro Vegetable/180 cal	bowl	\$3.60

Friday, January 25, 2019

Breakfast Special	Veggie Browns/300 cal		\$3.35
The Market 1	Turkey Tetrazzini/320 cal		\$3.70
The Market 2	Roast Beef/360 cal		\$4.00
Sides	-	Mashed Potatoes & Gravy/170 cal	\$2.40/ea
	Brussels Sprouts w/ Maple Balsamic Glaze/90 cal	Roasted Vegetables/150 cal	
Flavor & Fire	Roasted Vegetable Ragu over Spaghetti Squash w/ a Dinner Roll/260 cal		\$6.75
Field of Greens	Mediterranean Chicken Salad/530 cal		\$6.75
The Hearth	Meatlover's Pizza/650 cal	personal	\$4.80
Sliced Deli	Full Artisan Menu Available Listed at the Station		\$6.50
Soup	Clam Chowder/260 cal	cup	\$2.80
	Cabbage Vegetable/90 cal	bowl	\$3.60

Saturday, January 26, 2019

The Market 1	Roasted Pork/280 cal		\$3.70
The Market 2	Swiss Steak/250 cal		\$4.00
Sides	Mashed Potatoes & Gravy/170 cal	-	\$2.40 /ea
	Garden Blend/35 cal		
Soup	U.S. Senate Bean/230 cal	cup	\$2.80
		bowl	\$3.60

Sunday, January 27, 2019

The Market 1	Grilled Kielbasa Sausage w/ Sauerkraut/600 cal		\$4.00
The Market 2	Chinese Pepper Chicken/300 cal		\$3.70
Sides	Roasted Red Potatoes/150 cal	Yakisoba Noodles/280 cal	\$2.40/ea
	Green Beans w/ Caramelized Onions/45 cal		
Soup	Beef & Barley/200 cal	cup	\$2.80
		bowl	\$3.60