Because the right doctor can take you anywhere.

StMaryNetwork.org or call us at 760-241-6666
A healthy partnership.

Providence St. Mary is committed to knowing you and building a healthy partnership between you and your provider. We know that good health is something you cherish every day, and we’re here for you. Our care team provides the highest quality of programs and services in the High Desert to keep you and your family well. Our services include an award winning hospital and two award winning physician networks that are comprised of a full spectrum of primary care including pediatrics, family medicine, internal medicine, cardiology, oncology, pulmonology, orthopedic & sports medicine, rehabilitation, women’s health services, senior services as well as hospital-based medicine.

Our physicians are staff members at Providence St. Mary, ensuring you have access to the advanced comprehensive resources that Providence has to offer. By accepting most major health insurance plans including commercial/PPO, HMO, Medicare, Medi-Cal, and select Covered CA plans, we make it easy to access outstanding care. For more information about services offered through Providence St. Mary, visit StMaryNetwork.org.

Here’s How to Make a Great Choice for Your Health Care

Becoming part of Providence St. Mary is as easy as one-two-three:

1. Choose a health plan

Selecting the right plan for you is essential. You’ll want to consider the extent of plan coverage. Price is important, but it shouldn’t be the only factor. Consider your medical needs and those of your family. Are regular prescriptions or doctor visits required? It’s important to even consider the potential cost of unpredictable events. As much as we don’t like to think about it, medical emergencies occur and payment and access to the hospitals you want vary from plan to plan.

Most important of all, make sure your plan includes Providence St. Mary. Check our website at StMaryNetwork.org, where we’re always updating our list of partnering health plans. But just for good measure, it’s also best to double check with the health insurer to verify you’re in the Providence St. Mary network.

2. Choose a doctor

We’re fortunate in the High Desert because we have many great physicians to choose from. We have two physician networks to partner with; the medical group and affiliated physicians of Providence St. Mary include:

- Providence St. Mary High Desert Medical Group
- Premier Healthcare IPA
- Paragon Healthcare Partners

3. Choose a hospital

Some health plans require you to also choose a hospital. Make sure you select Providence St. Mary.

Find the right doctor for your healthy journey

For more than fifty years, Providence, Health, St. Mary has served to improve the health and quality of life of the people of the High Desert communities.

Find your doctor today at StMaryNetwork.org or call 760-241-6666.
A personalized approach to Women’s Health for every stage of life

The following lists the high quality providers practicing with Providence St. Mary.

**ST. MARY HIGH DESERT MEDICAL GROUP WELCOMES OUR NEWEST OBSTETRICS AND GYNECOLOGY TEAM**

**DR. SARAH NOPPEN, DR. VICTOR MONEKE AND KAITLIN DOLINAR, PA-C**

**Obstetrics and Gynecology**

At St. Mary High Desert Medical Group, we’re dedicated to meeting the unique health needs of women, in every phase of their lives — whether that means prevention and wellness in your 20s, successfully navigating menopause in your 50s, or thriving in your 80s. Our comprehensive care for women spans preservation of wellness, prevention of disease, effective management of conditions and interventional therapies.

- Normal and high risk obstetrics
- Abnormal periods
- Minimally invasive surgery
- Well-Women Care
- Fibroids
- General gynecology

**Internal Medicine**

- Richard Jonas, DO
  St. Mary High Desert Medical Group
  18144 U.S. Hwy. 18, Suite 140
  760-916-4003

**Pediatrics**

- Victor Moneke, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Obstetrics and Gynecology**

- Sarah Noppen, DO
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

- Victor Moneke, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

- Kaitlin Dolinar, PA-C
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

- Nasima Dita, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Cardiology**

- Michaelcamera, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

- David Gutierrez, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

- Artin Gevorkian, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Spine Surgery**

- Vikram Parmar, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Family Medicine**

- Michael DeSouza, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

- Sarah Noppen, DO
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Orthopedic Surgery**

- Moses Nkiale, DO
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Infectious Disease**

- Vincent Covelli, DO
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Urogynecology**

- Sarah Noppen, DO
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Obstetrics and Gynecology**

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- Victor Moneke, MD
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  760-247-8462

- Kaitlin Dolinar, PA-C
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

**Foundation Medicine**

- Sarah Noppen, DO
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

- Victor Moneke, MD
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462

- Kaitlin Dolinar, PA-C
  St. Mary High Desert Medical Group
  1833 Bear Valley Rd., Suite 104
  760-247-8462
Find your doctor today at StMaryNetwork.org or call 760-241-6666.

Schedule your X-Ray, PET Scan, and Mammogram with the Best of Care.

We Have You Covered!

St. Mary High Desert Medical Group is growing and remains dedicated to keeping the members of this community healthy so they may enjoy life, every moment of it.

For more information regarding our new imaging center location, please call 760-261-5000.

Services Offered:
- X-Ray
- Angiography
- CT
- Mammmography
- Fluoroscopy
- PET/CT
- Ultrasound
- MRI
- Dexscan

Mon - Fri: 8 a.m. - 5 p.m.
Urgent care services are now available in-person and through video telehealth.

Your health and safety are important to us here at St. Mary High Desert Medical Group. Our urgent cares are open to support you in-person or through telehealth video appointments.

- Broken bones
- Sprains
- Ear infections
- Sinus infections and sore throats
- Cold and flu symptoms
- Allergic reactions
- Mild asthma
- Fever or rash
- Animal bites
- Minor cuts and burns
- Digital x-rays

If you need to be seen in person visit one of our convenient locations.

APPLE VALLEY
18310 Highway 18
Apple Valley, CA 92307
760-961-6555

VICTORVILLE
12550 Hesperia Rd., Suite 100
Victorville, CA 92395
760-381-7703

FOR LIFE THREATENING EMERGENCIES, IMMEDIATELY CALL 911 OR GO TO THE NEAREST EMERGENCY ROOM.

View these locations online at stmaryhighdesertmedicalgroup.org/UrgentCare

Providence | St. Mary High Desert Medical Group and Affiliates