Health Insurance & Class Discount Information

If you are a member of one of the following health insurance companies, you are eligible to receive a discount on your class registration(s).

**Providence Health Plan (PHP) Commercial** (this does NOT include PHP ASO plans)

*Please note:* PSJH caregivers/employees who are covered under the Providence Health Plan, are PHP ASO members, NOT Commercial members. To obtain a caregiver/employee discount, please enter your caregiver/employee number into the Discount Code field excluding the p.

The following classes are eligible for a discount through the PHP Commercial plan for members:
- Childbirth Preparation (all formats: eLearning and 2 & 3-session live, virtual classes)
- Breastfeeding Preparation (all formats: eLearning and live, virtual classes)
- Breastfeeding & Newborn Care Comprehensive Class: Live, Virtual
- Newborn Care (all formats: eLearning and 1 & 2-session live, virtual classes)
- Twins or more: Newborn Care and Feeding: Live, Virtual Class
- Pain Education - Online
- Urinary Incontinence-Pelvic Floor ONLINE LIVE Class for Women

**Providence Health Plan (PHP) - ASO** (“Administered By” is stated at the top of member card)

The following classes are eligible for a discount through the PHP ASO plan for members:
- Breastfeeding Preparation (all formats: eLearning and live, virtual classes)
- Breastfeeding & Newborn Care Comprehensive Class: Live, Virtual *
- Twins or More: Newborn Care & Feeding: Live, Virtual Class *
- Urinary Incontinence-Pelvic Floor ONLINE LIVE Class for Women

*To receive your discount for the Breastfeeding & Newborn Care Comprehensive Class: Live, Virtual or the Twins or More: Newborn Care & Feeding: Live, Virtual Class, please call 503-216-5641 to register.

**Providence Health Assurance (PHA) - Medicare**

The following classes are eligible for a discount through the PHA Medicare plan for members:
- LOUD Crowd® Class - Virtual
- Pain Education – Online *
- Urinary Incontinence-Pelvic Floor ONLINE LIVE Class for Women (PHP Members Only)

*To receive your discount for the Pain Education - Online class, please call 503-216-5641 to register.

**Providence Health Assurance (PHA) - Medicaid Oregon Health Plan (OHP)**

The following classes are eligible for a discount through the PHA Medicaid plan for members:
- Childbirth Preparation (all formats: eLearning and 2 & 3-session live, virtual classes)
- Breastfeeding Preparation (all formats: eLearning and live, virtual classes)
- Breastfeeding & Newborn Care Comprehensive Class: Live, Virtual
- Newborn Care (all formats: eLearning and 1 & 2-session live, virtual classes)
• Twins or more: Newborn Care and Feeding: Live, Virtual Class
• Pain Education - Online
• Urinary Incontinence-Pelvic Floor ONLINE LIVE Class for Women (PHP Members Only)

AllCare (OHP)

The following classes are eligible for a discount through the AllCare plan for members:
• Childbirth Preparation (all formats: eLearning and 2 & 3-session live, virtual classes)
• Breastfeeding Preparation (all formats: eLearning and live, virtual classes)
• Breastfeeding & Newborn Care Comprehensive Class: Live, Virtual
• Twins or more: Newborn Care and Feeding: Live, Virtual Class

CareOregon (OHP)

The following classes are eligible for a discount through the CareOregon plan for members:
• Childbirth Preparation (all formats: eLearning and 2 & 3-session live, virtual classes)
• Breastfeeding Preparation (all formats: eLearning and live, virtual classes)
• Breastfeeding & Newborn Care Comprehensive Class: Live, Virtual
• Twins or more: Newborn Care and Feeding: Live, Virtual Class
• Baby Sleep: creating healthy habits for a well-rested family
• Baby Sleep: The Big Shift at 4 Months
• Understanding Infant & Child Safety eLearning Class

Jackson Care Connect (OHP)

The following classes are eligible for a discount through the Jackson Care Connect plan for members:
• Childbirth Preparation (all formats: eLearning and 2 & 3-session live, virtual classes)
• Breastfeeding Preparation (all formats: eLearning and live, virtual classes)
• Breastfeeding & Newborn Care Comprehensive Class: Live, Virtual
• Twins or more: Newborn Care and Feeding: Live, Virtual Class
• Baby Sleep: creating healthy habits for a well-rested family
• Baby Sleep: The Big Shift at 4 Months
• Understanding Infant & Child Safety eLearning Class

If you do not see your health insurance plan listed above, please reach out to your health insurance company to find out if health education classes are covered under your benefits. Some health insurance companies will work with you directly to reimburse you for your class(es). Providence Health Education Services is unable to bill health insurance plans directly unless they are listed above.
How to Register for Classes Using Your Health Insurance Information:

For PHA/PHP members, when registering for classes:

1. Please select your health insurance plan from the Health Insurance Plan drop down list.

2. Enter your Member ID and Group Number in the appropriate fields. Do not include any spaces or dashes in your Member ID.

3. The Pass Type field defaults to the Standard (includes support person) pass type.

4. Enter your Member ID into the Discount Code field. Click on the Apply button. Do not include any spaces or dashes in your Member ID.

5. Your discount will be automatically calculated for you once your Member ID and Group Number are validated in the system.
For AllCare, CareOregon and Jackson Care Connect members, when registering for classes:

1. Please select your health insurance plan from the Health Insurance Plan drop down list.

![Health Insurance Plan drop down list](image)

2. Enter your Member ID into the appropriate field. Do not include any spaces or dashes in your Member ID.

![Member ID field](image)

3. The **Pass Type** field defaults to the Standard (includes support person) pass type.

![Pass Type drop down list](image)

4. Enter your Member ID into the Discount Code field. Click on the Apply button. Do not include any spaces or dashes in your Member ID.

![Discount Code field](image)

5. Your discount will be automatically calculated for you once your Member ID is validated in the system.

**Other Discount Codes:**
If a discount code has been provided to you by a Providence department, please enter your discount code into the Discount Code field and your discount on the class fee will be calculated.

**Questions**
If you have any questions or are having trouble, please contact us directly at 503-216-5641 or email us at ORREGHealthEducation@providence.org

**Financial Assistance**
Financial Assistance is available for all classes. Please call 503-216-5641 to see if you are eligible.
Frequently Asked Questions

Q: How do I know if I have Providence Health Plan ASO or Providence Health Plan Commercial?

A: Please refer to your Member ID card for your plan information. If your member card states “Administered By” as shown in the picture below, your health plan falls under the Providence Health Plan ASO group.

![Administered by Providence Health Plan](image)

Providence Health Plan ASO employer list:

- Benchmade
- Clackamas County
- CollegeNet
- Columbia Sportswear
- Intel
- OFC (Orthopedic and Fracture Clinic)
- PEBB
- PSJH
- RiverPoint Medical
- SAIF
- School District Trust
- School District Trust PAT SUBs
- Umpqua Health

If you are covered by Providence Health Plan through one of the employers listed above, your health plan is Providence Health Plan ASO.

Q: My health insurance company asked me to submit a certificate of completion after I take the class. How can I receive that?

A: Please email us at ORREGHealthEducation@providence.org or call 503-216-5641 and we will be happy to provide one for you.

Q: My health insurance company is asking for the NPI number for my instructor. How can I find that?

A: Please email us at ORREGHealthEducation@providence.org or call 503-216-5641 and we will be happy to provide that for you.
Q: My health insurance provider is requesting billing codes for the class(es) I would like to register for. How do I get the billing codes for the class(es)?

A: Please email us at ORREGHealthEducation@providence.org or call 503-216-5641 and we will be happy to provide that for you.