

Health Insurance & Class Discount Information

If you are a member of one of the following health insurance companies, you are eligible to receive a discount on the classes listed under your plan name below. Discounts vary by plan.

- **Providence Health Plan (PHP) ASO** (This plan states “Administered By” on top left corner of member card)
- **Providence Health Plan (PHP) Commercial** (this does NOT include Providence Health Plan (PHP) ASO members)
- **Providence Health Assurance (PHA) Medicare Advantage Plans**
- **Providence Health Assurance (PHA) - Medicaid** (Health Share of Oregon)
- **AllCare** (Health Share of Oregon)
- **CareOregon** (Health Share of Oregon)
- **Jackson Care Connect** (Health Share of Oregon)

(If your health insurance plan is NOT listed below, **please reach out to your health insurance company to determine if health education classes are covered under your benefits.** Some health insurance companies will directly reimburse you for classes. We cannot bill your health insurance plan unless they are listed below.)

Providence Health Plan (PHP) ASO (“Administered By” is stated at the top of the member card)



The following eLearning, in-person and live, virtual classes are eligible for a discount through the Providence Health Plan (PHP) ASO for members:

- Birth & Beyond*
- Breastfeeding Preparation
- Breastfeeding & Newborn Care Comprehensive Class*
- Twins or More: Newborn Care & Feeding*
- Urinary Incontinence-Pelvic Floor ONLINE LIVE Class for Women

***To receive your discount for the Birth & Beyond, Breastfeeding & Newborn Care Comprehensive Class or the Twins or More: Newborn Care & Feeding Class, please call 503-216-5641 to register.**

Providence Health Plan (PHP) ASO employer list:

- Benchmade Knife
- Clackamas County
- CollegeNet
- Columbia Sportswear
- Jet Industries
- Intel
- Marathon Coach
- Nosler

- OES (Oregon Episcopal School)
- OFC (Orthopedic and Fracture Clinic)
- PEBB
- PSJH (Providence St. Joseph Health Caregivers/Employees)
- Rebound Ortho and Neurosurgery
- RiverPoint Medical
- SAIF
- School District Trust (Portland Public School District)
- School District Trust PAT SUBs (Portland Public School District)

Providence Health Plan (PHP) Commercial (this does NOT include Providence Health Plan (PHP) ASO members)

Please note: PSJH (Providence St. Joseph Health) Caregivers/Employees who are covered under the Providence Health Plan, are Providence Health Plan (PHP) ASO members, NOT Commercial members. To obtain a caregiver/employee discount, please enter your caregiver/employee number into the **Discount Code** field excluding the p (if your caregiver/employee number contains a p) at the time of registration.

The following eLearning, in-person and live, virtual classes are eligible for a discount through the Providence Health Plan (PHP) Commercial plan for members:

- Newborn Sleep Class
- Childbirth Preparation
- Breastfeeding Preparation
- Breastfeeding & Newborn Care Comprehensive Class
- Newborn Care
- Twins or more: Newborn Care and Feeding
- Understanding Infant & Child Safety eLearning Class
- Urinary Incontinence-Pelvic Floor ONLINE LIVE Class for Women

Providence Medicare Advantage Plans

The following classes are eligible for a discount through the Providence Health Assurance (PHA) Medicare plan for members:

- LOUD Crowd® Class - Virtual
- Urinary Incontinence-Pelvic Floor ONLINE LIVE Class for Women (PHP Members Only)

Providence Health Assurance - Medicaid (Health Share of Oregon)

The following eLearning, in-person and live, virtual classes are eligible for a discount through the Providence Health Assurance (PHA) Medicaid plan for members:

- Newborn Sleep Class
- Birth & Beyond
- Breastfeeding Preparation
- Breastfeeding & Newborn Care Comprehensive Class
- Childbirth Preparation
- Newborn Care
- Twins or more: Newborn Care and Feeding
- Urinary Incontinence-Pelvic Floor ONLINE LIVE Class for Women (PHP Members Only)

AllCare (Health Share of Oregon)

The following eLearning, in-person and live, virtual classes are eligible for a discount through the AllCare plan for members:

- Birth & Beyond
- Breastfeeding Preparation
- Breastfeeding & Newborn Care Comprehensive Class
- Childbirth Preparation
- Newborn Care
- Twins or more: Newborn Care and Feeding

CareOregon (Health Share of Oregon)

The following eLearning, in-person and live, virtual classes are eligible for a discount through the CareOregon plan for members:

- Newborn Sleep Class
- Childbirth Preparation
- Breastfeeding Preparation
- Breastfeeding & Newborn Care Comprehensive Class
- Newborn Care
- Twins or more: Newborn Care and Feeding
- Understanding Infant & Child Safety eLearning Class

Jackson Care Connect (Health Share of Oregon)

The following eLearning, in-person and live, virtual classes are eligible for a discount through the Jackson Care Connect plan for members:

- Newborn Sleep Class
- Childbirth Preparation
- Breastfeeding Preparation
- Breastfeeding & Newborn Care Comprehensive Class
- Newborn Care
- Twins or more: Newborn Care and Feeding
- Understanding Infant & Child Safety eLearning Class

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