

2018

COMMUNITY BENEFIT PROGRAM



Health for a Better World

OUR MISSION

Improve the health and well-being of each person we serve

OUR VISION

Health for a better world

OUR VALUES

Compassion
Justice
Excellence
Dignity
Integrity
Safety

OUR PROMISE

Extraordinary care.
Extraordinary caring.SM

REINVESTING IN THE COMMUNITY

In the last six years, Swedish spent more than **\$1.1 billion** in community benefit. We are making investments that go beyond just the need for free and discounted care by improving access to care and developing new ways to help people stay healthy.

In 2018, we spent more than **\$237 million** on community benefit programs, including **\$23.8 million** in free and discounted care.

ACCESS TO CARE

In 2018 Swedish provided access to more than **93,029** Medicaid distinct patients due to Medicaid expansion and the health insurance exchange.

PROVIDING FINANCIAL ASSISTANCE

Our charity care program provides a 100 percent financial discount to individuals and families between 0-300 percent of the federal poverty level (formerly 0-200 percent).

- For example, a family of four with a household income of approximately \$77,250 or less would qualify.
- In addition, for individuals and families between 301-400 percent of the federal poverty level, Swedish provides a discount of at least 75 percent.
- For example, a family of four with a household income of approximately \$77,250-\$103,000 would qualify.

more than \$237 million on community benefit programs

access to 93,029 Medicaid distinct patients

100 percent financial discount to individuals and families between 0-300 percent of the poverty level

By the numbers

2018 COMMUNITY BENEFIT ACROSS SWEDISH

\$139.7 million

Unfunded portion of government-sponsored medical care:



This is the difference between the actual cost of care and what is paid by the state and federal governments. It does not include Medicare.

\$23.8 million

Free and discounted medical care for patients in need:



This is financial assistance for those who are uninsured, underinsured or otherwise unable to pay for their health care.

\$50.4 million

Education and research programs:



These are subsidies for medical residency programs, nursing and other education, and medical research.

\$11.1 million

Subsidized services:



This includes clinical and social services provided despite a financial loss because they meet identified needs not met elsewhere in the community.

\$12 million

Community health, grants and donations:



This reflects free services, such as patient education, health screenings, immunizations and support groups, as well as donations to community partners.

COMMUNITY BENEFIT BY CAMPUS:

Ballard	\$ 13,222,349
Cherry Hill	\$ 32,253,014
Edmonds	\$ 19,314,336
First Hill	\$ 130,218,760
Issaquah	\$ 14,039,027
Mill Creek	\$ 4,120,587
Redmond	\$ 1,787,820
Swedish Medical Group	\$ 21,590,090
Pediatric Joint Venture	\$ 58,530



Community health needs assessment

These leading health concerns were identified to guide us in gathering accurate information to determine current health trends and identify issues for action.

- **Mental health** — Mental illness is a common cause of disability. Mental health disorders can have a serious impact on physical health and are associated with the prevalence, progression and outcome of chronic diseases.
- **Homelessness** — Homelessness has reached epidemic levels in Seattle and King County. Our providers and caregivers regularly treat patients who are homeless in our hospitals and witness the human toll of being unhoused and living on the streets.
- **Substance abuse and drug addiction** — The effects of substance abuse contribute to costly social, physical, mental and public health problems, and has a devastating impact on individuals, families and communities.
- **Obesity and diabetes** — In King County 34% of adults are overweight and 22% are obese. On average, 7% of King County adults have been diagnosed with diabetes. We are committed to improving access to resources and screenings for diabetes and to providing education about obesity, appropriate nutrition and physical activity.
- **Joint and back pain** — Community Health Needs Assessment survey participants identified joint and back pain as one of the biggest health concerns in the community. According to national studies, musculoskeletal pain, especially in the joints and back, is the most common type of chronic pain. Nationwide, low back pain affects 80% of patients at some point in their life.

Community partnerships

Swedish supports the vital work of local agencies and organizations whose efforts further impact the work that we do to find innovative and measurable ways to reduce health care costs and improve the health and quality of life in our communities.



How we care

COMMUNITY DINING PROGRAM

With the Swedish Health Services, Swedish Cancer Institute (SCI) and Sound Generations partnership, the Community Dining Program operates 19 congregational dining sites throughout King County, where older adults can enjoy a nutritious meal. While dining, seniors have the opportunity to hear from Swedish experts about various health and cancer related diseases. The program enables diners to socialize and connect with peers in a group setting, reducing social isolation and depression, and improving clients' quality of life beyond the fresh, nutritious and culturally appropriate meals served. Dining sites are accessible to those with wheelchairs using the Hyde Shuttle program. SCI presented at 10 meal sites that engaged a total of 307 participants.



FIRST HILL AND CHERRY HILL FAMILY RESIDENCY PROGRAM

Swedish donated colposcopy equipment and an ultrasound machine to the South King County downtown clinic. Additionally, the First Hill Family Medicine residents rotate annually at the clinic and saw a total of 185 patients last year.



NEIGHBORHOOD HOUSE

Swedish's sponsorship in 2018 helped organize six health fair events in five diverse south Seattle public housing communities including Greenbridge/White Center, High Point, New Holly, Rainier Beach and Rainier Vista.

All events were held in low income areas, and a majority of the participants were from immigrant and refugee families. With Swedish's sponsorship, last year in 2018 Neighborhood House was able to grow

their health fairs and Back-to-School Bash activities from three to six events and more than doubled outreach from 1,300 people in 2017 to 2,880 in 2018.

Each event included at least 22 nonprofit vendors who provided health services or education as well as on-site blood pressure, blood glucose, carbon monoxide, HIV and hepatitis C screenings. In total, 61 different vendors (range 22-44 vendors) participated in one or more of the events this year, up from 55 vendors (range 18-34 vendors) last year.



PARTNERSHIP WITH THE SEATTLE STORM

Our partnership with the Seattle Storm not only promotes our innovative treatments and rehabilitation as the official medical provider of the team, but it also connects the community by creating awareness of important health and social issues. The games have promoted breast health awareness; services important to LGBTQ individuals; mental health, specifically for our veterans; girl empowerment and women's leadership; workforce diversity and access to physical activity.



About Swedish

SERVING THE REGION SINCE 1910

With a commitment to take care of everyone who comes through our doors, regardless of their ability to pay, Swedish has been woven into the fabric of the Pacific Northwest since 1910.

SWEDISH IS GOVERNED BY THE COMMUNITIES IT SERVES

As a not-for-profit health care system, we are governed by a dedicated group of community members who serve on our Board of Trustees. We value the time and effort of our board members who serve as unpaid volunteers.

OUR ECONOMIC CONTRIBUTION TO THE COMMUNITY

Swedish has grown to become the largest not-for-profit health provider in the greater Seattle area.

- 12,961 valued caregivers (all employees)
- 3,867 physicians and allied health professionals
- Over 13,000 community service volunteer hours by our caregivers/employees

WE HAVE:

- Five hospital campuses (First Hill, Cherry Hill, Ballard, Edmonds and Issaquah)
- An emergency room and specialty center in Redmond (East King County) and the Mill Creek area in Everett
- Swedish Medical Group, a network of 117 primary and specialty care locations throughout the greater Puget Sound area
- Affiliations with suburban hospitals and physician groups
- Twelve Swedish Express Care clinics throughout the King County area

SWEDISH COMMUNITY BENEFIT PROGRAM

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www.swedish.org

We do not discriminate on the basis of race, color, national origin, sex, age or disability in our health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (Swedish Edmonds 888-311-9178) (TTY: 711).

注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電 888-311-9127 (Swedish Edmonds 888-311-9178) (TTY: 711)

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FIRST HILL



CHERRY HILL



BALLARD



EDMONDS



ISSAQUAH

