

## MEDICAL STAFF NEWS

*A monthly newsletter for the Medical Staff of Swedish Medical Center*

Swedish Bylaws | Swedish Rules and Regulations | Swedish Organization and Functions Policy

New & Revised Clinical Standards | Access System Library Services & Resources

Edmonds Bylaws | Edmonds Rules and Regulations | Edmonds Organization and Functions Policy

### IMPORTANT EVENTS

#### EDMONDS Medical Staff Bylaws: Comment Period

September 2 - September 29 (ends at 12pm)

Earlier this month, the Edmonds Medical Executive Committee presented a **proposed amendment** to the Edmonds Medical Staff Bylaws. The comment period for this amendment will be ending at 12pm on September 29. Any Active members of the Edmonds Medical Staff that would like to comment on this proposal may do so by emailing [SwedishMedicalStaffVote@Swedish.org](mailto:SwedishMedicalStaffVote@Swedish.org). The Edmonds MEC will review and consider all comments before presenting their final recommendation for vote in October.

#### UNIFIED Medical Staff Bylaws: Comment Period

September 4, 2020 - October 25, 2020

Earlier this month, the Swedish Medical Executive Committee presented **several proposed amendments** to the Swedish Medical Staff Bylaws. The comment period for these proposed revisions is open until 12pm on October 25. All Active and APC members of the Unified Medical Staff may submit comments by emailing [SwedishMedicalStaffVote@Swedish.org](mailto:SwedishMedicalStaffVote@Swedish.org) or attending the Bylaws Town Hall on October 14. The Swedish MEC will review and consider all comments before presenting their final recommendation for vote in November.

#### UNIFIED Quarterly Medical Staff Meeting

September 29, 2020, 5:30pm - 7:00pm

The Unified Quarterly Medical Staff Meeting will take place over Microsoft Teams on September 29. Items on the agenda include Keynote Speaker, Guy Hudson, MD, CEO of Swedish Health Services; a presentation of the **proposed revisions to the Unified Medical Staff Bylaws**; a statement from Janice Lew, MD (nominee for Regional Treasurer); and more. [Click here](#) to join the virtual meeting at 5:30pm, or dial 509-904-0815 (conference ID: 916 522 149#).

#### REGIONAL (Unified+Edmonds) Treasurer Nominations

September 29, 2020 - October 13, 2020

The election for our next Regional Treasurer will be taking place next month. Janice Lew, MD, the current Regional Treasurer, has been nominated to serve another 2-year term. Additional nominations may be submitted by both the Unified and Edmonds Medical Staff for the next 2 weeks. If you are interested in running for this position, or would like to nominate a colleague, please email [SwedishMedicalStaffVote@Swedish.org](mailto:SwedishMedicalStaffVote@Swedish.org) by 12pm on October 13.

#### UNIFIED Bylaws Town Hall

October 14, 2020, 6:00pm - 7:00pm

A virtual town hall will take place over Microsoft Teams to discuss the **proposed revisions to the Unified Medical Staff Bylaws**. Members of the Unified Medical Staff may use this town hall to ask questions or make comments, which will be later reviewed by the Swedish Medical Executive Committee. A link to the virtual town hall will be emailed to members in October.

#### EDMONDS Quarterly Medical Staff Meeting

October 15, 2020, 6:00pm - 7:30pm

The Edmonds Quarterly Medical Staff Meeting will take place over Microsoft Teams on October 15. Items on the agenda include the presentation of nominees for the upcoming Edmonds Medical Staff leadership elections (positions up for election include Medical Staff President-Elect, Emergency Medicine Chief, Pediatrics Chief, Surgery Chief, Chair of Medication Safety, Chair of Medical Records and Utilization Review, and Regional Treasurer); discussion and vote on the **proposed Edmonds Bylaws amendment**; and more. A link to the virtual meeting will be emailed to members in October.

## SWEDISH NEWS

### Swedish COVID-19 Updates & Resources

Click the following links to access information (some sites may require your @providence.org username & password):

[Swedish COVID-19 Sharepoint](#) | [Swedish COVID-19 Analytics](#)

[Most recent Swedish COVID-19 update](#) | [Swedish COVID-19 Newsletter Archive](#)

### Two New SMG Clinics Opening; Green Lake Primary Care Location Closing October 8

Swedish leaders continue to focus on expanding services in key areas for our communities. Even before the pandemic began, the leadership team made the decision to open new primary clinics in Capitol Hill and Ravenna. As we all turned our attention and resources toward addressing the COVID-19 crisis, these changes were delayed.

Now, we are excited to announce that the new Capitol Hill primary care clinic opened on Sept. 14, and our Ravenna primary care clinic is set to open on Sept. 21. All previous Sand Point clinic caregivers and providers are moving to the new Ravenna location. [Read more here.](#)

### Pharmacy and Therapeutics Committee

#### RABIES IMMUNE GLOBULIN FORMULARY CHANGE

*P&T decision: 8/12/20 APPROVED. Implemented 9/17/20*

Rabies immune globulin (HyperRAB®) 300 unit/mL is now the **formulary agent of choice**. The double concentration halves the volume that is injected into the wound site, contributing to increased patient tolerability and comfort. Doses will be rounded to the nearest 1mL vial size (within 10%) to reduce waste. Other P&T decisions are available in the [September newsletter](#).

#### PHENOBARBITAL FOR ALCOHOL WITHDRAWAL PILOT

*P&T decision: 9/9/20 APPROVED. Implemented TBD*

Phenobarbital monotherapy for moderate to severe alcohol withdrawal reduces the need for escalation of care. Phenobarbital loading doses have a predictable, linear relationship to serum levels and ideal body weight should be used for calculating doses. Based on **findings from the pilot**, the team proposed expansion of the protocol and recommended limiting use of the current alcohol withdrawal order sets in Epic. Education for nurses, physicians and pharmacists are being developed as part of the plan for expansion of use. More P&T decisions are available in the [September newsletter](#).

#### DROPERIDOL FOR ACUTE AGITATION, INTRACTABLE NAUSEA AND HEADACHE

*P&T decision: 9/9/20 APPROVED. Implemented TBD*

Droperidol injection, a first generation antipsychotic, was formerly used for both acute agitation and nausea with well-documented efficacy. Recent reviews of safety data suggested that the use of droperidol for agitation (and also nausea and headache) appears to be safe and effective compared to other available therapies. **Droperidol** will be added to formulary with defaulted start dose of 1.25mg and a maximum dose of 10mg. Other P&T decisions are available in the [September newsletter](#).

### Provider Survey Now Live

Our organization has partnered with the American Medical Association (AMA) to conduct the 2020 Provider Survey. The survey is now live and runs through Oct. 21. Our providers are critical partners in building and sustaining the future of our organizations. Amid the COVID-19 global outbreak, we recognize it has been a stressful time for many – especially those on the frontlines of health care. Now more than ever, it is important for health care organizations to support providers. [Learn more.](#)

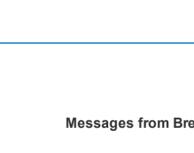
### 2020 Caregiver Campaign is Around the Corner

#### MESSAGE FROM LAURA GRABER, ANNUAL GIVING MANAGER

The **Caregiver Campaign is Swedish's employee giving program** that gives caregivers the opportunity to support our patients and colleagues by making a gift to Swedish. Last year's Caregiver Campaign saw a 14.5% increase in total participation from caregivers, and raised nearly \$250,000 to support Swedish's greatest needs, the Helping Hands Fund and our campuses and institutes. This year we hope to continue to increase participation across Swedish.

The campaign is set to launch in October. **We encourage you to join by making your personal gift to Swedish and promoting the campaign to your teams and departments. Thank you for your partnership and support!**

## EDUCATIONAL RESOURCES & TRAINING TOOLS



### Caring Reliably: Tools of the Month

- 1) **Know Why & Comply: A Tool for Everyone** - [Read more here](#)
- 2) **Apply Fair & Just Accountability Principles: A Tool for Leaders** - [Learn more here](#)

Explore the [Swedish Caring Reliably Sharepoint](#) for more information about how to register for online and virtual Caring Reliably classes, and for links to more detailed information about the Behaviors and Tools.

### Women's Wellness

For too long, women haven't felt heard, supported or cared for as women. We're here to change that and help you live your best, healthiest life as you age. Join Rebecca Dunsmoor-Su, MD, Medical Director of Swedish Women's Wellness and Gyn Specialty Services, for three virtual events focused on women's health and wellness that will empower you on your healthcare journey. [Click here](#) to learn more and register for the virtual events about menopause, heart health and healthy aging.

### Office 365 Training Materials

Office365: [Training Resources](#) | [Impacts on Non-employed Providers](#)

Mobile Access to Swedish Email (employed providers only): [iPhone](#) | [Android](#)

For help with Office 365 or Remote Access, please call the IS Service Desk at **844-92-AskIT (844-922-7548)**.

## MEDICAL STAFF WELLNESS

**Free & Confidential Mental Health Resources for Swedish Medical Staff and Their Families** | [Click here to learn about the resources available](#)

#### Physician Assistance Program

Outside, confidential service available to Medical Staff and their families at no cost. Provides mental health, legal, financial, and other support services. | [Learn more here](#)

#### Other Wellness Resources

Swedish's [Caregiver Wellness Sharepoint](#) and [Credible Mind](#) offer a collection of resources and tools available for Swedish providers to help support body and mind.

## CAMPUS UPDATES

### Ballard

### Cherry Hill

### Edmonds

### First Hill

### Issaquah

Messages from Brenna Born, MD, Issaquah Chief of Staff

#### Thank you, Dr. Rick Kadera!

We would like to offer you our sincere thanks and appreciation to Dr. Rick Kadera for his leadership in Issaquah. From being one of our first hospitalists to taking on the Issaquah lead hospitalist role to leading us through both the strike and Covid as our interim CMO, he has been an amazing asset to our campus and to Issaquah. Although we are not letting him go (he will still work on our campus), we wish him the best of luck in his new role as the system lead for Utilization Management. They are lucky to have him.

#### Congratulations, Dr. Michele Arnold!

We would also like to congratulate and welcome Dr. Michele Arnold who is our new CMO on campus! She comes to us from her role as the Executive Medical Director and the Chief of Rehabilitation and Performance Medicine and with a strong background in informatics. Her first day as CMO was September 1st and she is already doing great. Thanks Michele!!

#### Awards and Accolades!

Swedish Issaquah received a Get With the Guidelines Stroke Gold Plus Quality Achievement Award with Target: Type 2 Diabetes Honor Roll. In addition our Swedish Issaquah Pediatric Clinic received a Gold Level Award from Immunize Washington for having an 87% child immunization rate. Congratulations to our teams for these accomplishments!

Thank you Issaquah Team!!

## DEPARTMENT UPDATES (no link means no update for this month)

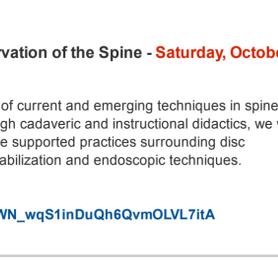
Acute Care Medicine | Anesthesiology | Cardiovascular Services

Emergency Medicine | Family Medicine | Medicine | [Neurosciences](#) | Obstetrics & Gynecology

Orthopedics | [Pathology](#) | Pediatrics | Radiology | Surgery | Urology

### Welcome New Medical Staff Members!

[Click Here](#) to see who joined the Swedish Medical Staff in August!



## CME

### 2nd Annual Advances in Motion Preservation of the Spine - Saturday, October 3, 2020, 7:25am - 12:50pm

This course will provide an in-depth evaluation of current and emerging techniques in spine surgery used to preserve spinal mobility. Through cadaveric and instructional didactics, we will teach interested practitioners the best, evidence supported practices surrounding disc arthroplasty, laminoplasty, motion preserving stabilization and endoscopic techniques.

Registration link:

[https://us02web.zoom.us/webinar/register/WN\\_wqS1nDuQh6QvmOLVL7itA](https://us02web.zoom.us/webinar/register/WN_wqS1nDuQh6QvmOLVL7itA)

### 24th Annual Pain Management Symposium – Goes Virtual - October 23, 2020

Registration is now available for this year's **Pain Management Symposium**. The pandemic has enabled a whole new virtual world for patient care. This year's virtual pain symposium will review the tools and resources needed to better and more easily manage a patient's pain virtually and safely. International and national speakers, as well as our own expert faculty, will discuss best practices for managing patient care through virtual visits in our expanding online healthcare world, as well as review safe opioid prescribing and the new BREE collaborative chronic opioid management recommendations. Take a day for yourself to join us virtually on October 23rd and enhance your ability to virtually improve the lives and outcomes of your patients in pain. This activity has been approved for AMA PRA Category 1 Credit™. View more information and register at: <https://www.swedish.org/for-health-professionals/cme/conferences/pain-management>.

### 11th Annual Brain Anatomy Review for Residents & Fellows - Saturday, October 31, 2020, 7:25am - 3:00pm

This course will focus on how in-depth knowledge of brain anatomy and physiology can be used effectively to treat disorders of the brain. Lectures will be in both 2D and 3D. Red & blue 3D glasses are required for several lectures

Registration link:

[https://us02web.zoom.us/webinar/register/WN\\_uBR2oBFQCS24eU-nW9M7A](https://us02web.zoom.us/webinar/register/WN_uBR2oBFQCS24eU-nW9M7A)

## CME ACCREDITED PROVIDERS:

**Swedish Medical Center** is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Visit <https://www.swedish.org/for-health-professionals/cme> for more information.

**The Seattle Science Foundation** is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Visit <http://www.seattlesciencefoundation.org/swedish> for more information.

Give Us Your Feedback

Medical Staff News is a monthly newsletter published for Swedish Medical Staff. Want to contribute? Submit an announcement, journal publication, or other newsworthy item by emailing [medicalstaffnews@swedish.org](mailto:medicalstaffnews@swedish.org). The newsletter is published on the 4th Monday of each month. All contributions must be submitted by the 15th of the month for inclusion in the newsletter.

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