### Patient and Caregiver Support Group

#### 2020 Meeting Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 19</td>
<td>1pm – 2:30pm</td>
<td><strong>Review of Advance Care Directives with Ivy Center Social Worker.</strong></td>
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<tr>
<td>March 3</td>
<td>11am–12:30pm</td>
<td><strong>Speaker:</strong> Swedish Cancer Education Center will be providing an overview of their services to include access to resources and databases.</td>
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<tr>
<td>March 18</td>
<td>1pm – 2:30pm</td>
<td><strong>Speaker:</strong> Betsy Hartman, MT-BC, Music Therapist, will share how music can support your therapeutic goals.</td>
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<tr>
<td>April 7</td>
<td>11am–12:30pm</td>
<td><strong>Speakers:</strong> Anne Thomas, RN, BSN, OCN &amp; Stephanie Shannon from Novacure will provide information about Optune.</td>
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<tr>
<td>April 22</td>
<td>1pm – 2:30pm</td>
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**Patient Support Group:** After being diagnosed with a brain tumor, you may feel overwhelmed, frightened, and alone. You may want to connect with others going through a similar situation. A support group can help by providing a place to discuss your feelings, share information, and talk about coping with a brain tumor.

**Caregiver Support Group:** As a caregiver of a loved one diagnosed with a brain tumor, you may find yourself facing a host of new responsibilities, many of which are unfamiliar. At times, you may feel overwhelmed and alone. It’s comforting to give and receive support from others who understand what you’re going through.

**Patient and Caregiver Support Group**

1st Tuesday of every month
11 am – 12:30 pm

Facilitated by Ivy Center staff. We will meet for the first portion of the time as a whole and sometimes may have a speaker. The latter part, patients and caregivers will split into adjacent rooms and have opportunity to share and learn.

**Patient and Caregiver Casual Gathering**
3rd or 4th Wednesday of every month
1:00 – 2:30 pm

A casual gathering of patients and caregivers. Patients and their loved ones have the opportunity to meet and gather, providing each other with support, community, and exchange useful information learned living or loving someone with a brain tumor.

**LOCATION:** Swedish Medical Center – Cherry Hill Campus, Casey Conference Room adjacent to the cafeteria. [See map attached.](#)

Coffee (regular and decaf), and tea will be provided.

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**For more information, please contact:** 206.320.2300

If you would like to be added to the Brain Tumor Support Group distribution list and get reminders of upcoming gatherings, please email grace.chen@swedish.org.