



SWEDISH

The Ben and Catherine Ivy Center for Advanced Brain Tumor Treatment

PATIENT AND CAREGIVER SUPPORT GROUP

2019 Meeting Dates

9/18/2019 Wednesday	1pm – 2:30pm Patti Kwok and Patti Carey— Tools for Healing, PART II: Healing our body, mind, and spirit, and reducing fear and anxiety for better well being.
10/1/2019 Tuesday	11am – 12:30pm Creative Spirituality Join Swedish Spiritual Care Provider Leah Klug, MDiv, BCC for a playful and interactive session designed to help you identify your own spiritual resources and how they can bring joy, peace, and healing into your care at home and in the hospital environment.
10/16/2019	1pm – 2:30pm
11/5/2019	11am – 12:30pm
11/20/2019	1pm – 2:30pm
12/3/2019 ?	11am—12:30pm
12/18/2019	1pm – 2:30pm

Patient Support Group: After being diagnosed with a brain tumor, you may feel overwhelmed, frightened, and alone. You may want to connect with others going through a similar situation. A support group can help by providing a place to discuss your feelings, share information, and talk about coping with a brain tumor.

Caregiver Support Group: As a caregiver of a loved one diagnosed with a brain tumor, you may find yourself facing a host of new responsibilities, many of which are unfamiliar. At times, you may feel overwhelmed and alone. It’s comforting to give and receive support from others who understand what you’re going through.

Patient and Caregiver Support Group
1st Tuesday of every month
11 am – 12:30 pm

Facilitated by Ivy Center staff. We will meet for the first portion of the time as a whole and sometimes may have a speaker. The latter part, patients and caregivers will split into adjacent rooms and have opportunity to share and learn.

Patient and Caregiver Casual Gathering
3rd Wednesday of every month
1:00 – 2:30 pm

A casual gathering of patients and caregivers. Patients and their loved ones have the opportunity to meet and gather, providing each other with support, community, and exchange useful information learned living or loving someone with a brain tumor.

LOCATION: Swedish Medical Center – Cherry Hill Campus, Casey Conference Room adjacent to the cafeteria. **See map attached.**

Coffee (regular and decaf), and tea will be provided.

For more information, please contact: 206.320.2300

If you would like to be added to the Brain Tumor Support Group distribution list and get reminders of upcoming gatherings, please email grace.chen@swedish.org.