### Mission Statement

The Swedish Stroke Support Group provides a place of education, motivation, and support to those diagnosed and/or treated with a cerebrovascular condition. We serve as a resource for family members and caregivers. It is our common goal and purpose to give support to each other, continue to learn from one another and raise awareness of cerebrovascular conditions in our community.

The care team at the Swedish Cerebrovascular Center has established a support group for patients that have been diagnosed and treated for Cerebral Aneurysm, Arteriovenous Malformation (AVM), Carotid Stenosis, Stroke (Hemorrhagic/Ischemic), and Cranial Nerve Disorders (Trigeminal Neuralgia/Hemifacial Spasms). The group is open to patients, families and caregivers. This is a welcoming place for you to meet and share with others who have been through similar experiences. Each meeting features a speaker and the goal is to help relieve fears and concerns through education and group discussions. This group is organized through the Brain Aneurysm Foundation, the nation’s only nonprofit organization solely dedicated to providing critical awareness, education, support, and research funding to reduce the number of brain aneurysms.

### 2020 Meeting Dates

- **January 20th**
- **February 17th**
- **March 16th**
  - Canceled
- **April 20th**
  - Canceled
- **May 18th**
  Dr Tymachak – Neurosurgery
- **June 15th**
  Dean Hamilton ARNP
- **July 20th**
- **August 17th**
- **September 21st**
- **October 19th**
- **November 16th**
  Dean Hamilton ARNP
- **December 14th**
  - Holiday Party

### When
The Support Group meets on the 3rd Monday of each month from 5:30 PM to 6:30 PM.

### Location
Microsoft Teams virtual event

### Contact
Swedish Support Group Line (206) 320-4985

Email: SwedishAneurysmSupport@swedish.org

### Recognize Stroke Symptoms Fast

<table>
<thead>
<tr>
<th>Balance trouble</th>
<th>Eye vision loss</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facial droop</td>
<td>Arm weakness</td>
</tr>
<tr>
<td>Slurred speech</td>
<td>Time to call 911</td>
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</tbody>
</table>