Into The Blue Scuba Adult Continuing Education Forms



This fillable PDF includes multiple forms that must be filled out before each diving course. Please take your time to review each page carefully and let us know if you have any questions. It tends to be easier to do on a computer. Click "save-as" when you are finished and save the file with your name in the title. An example would be "Sally Smith – Dive Forms." Email the finished document to forms@intothebluescuba.com.

- PADI Medical Form- If your form needs to be signed by a physician, print these 3 pages out, take them to your physician, and have them sign and stamp their approval. You can scan and email the signed and stamped copy, or bring it to the dive shop so we can make a copy. PADI only requires the physician's signature once a year as long as there are no major changes to your health.
- PADI Continuing Education Document
- Travel and Excursions
- Blue Water Release Form
- Equipment Rental, Photo Release, and Electronic Signature Consent











Diver Medical | Participant Questionnaire

Recreational scuba diving and freediving requires good physical and mental health. There are a few medical conditions which can be hazardous while diving, listed below. Those who have, or are predisposed to, any of these conditions, should be evaluated by a physician. This Diver Medical Participant Questionnaire provides a basis to determine if you should seek out that evaluation. If you have any concerns about your diving fitness not represented on this form, consult with your physician before diving. If you are feeling ill, avoid diving. If you think you may have a contagious disease, protect yourself and others by not participating in dive training and/or dive activities. References to "diving" on this form encompass both recreational scuba diving and freediving. This form is principally designed as an initial medical screen for new divers, but is also appropriate for divers taking continuing education. For your safety, and that of others who may dive with you, answer all questions honestly.

Directions

Complete this questionnaire as a prerequisite to a recreational scuba diving or freediving course.

Note to women: If you are pregnant, or attempting to become pregnant, do not dive.

1	I have had problems with my lungs, breathing, heart and/or blood affecting my normal physical or mental performance.	Yes □ Go to box A	No □
2	I am over 45 years of age.	Yes □ Go to box B	No □
3	I struggle to perform moderate exercise (for example, walk 1.6 kilometer/one mile in 14 minutes or swim 200 meters/yards without resting), OR I have been unable to participate in a normal physical activity due to fitness or health reasons within the past 12 months.	Yes □*	No 🗆
4	I have had problems with my eyes, ears, or nasal passages/sinuses.	Yes □ Go to box C	No 🗆
5	I have had surgery within the last 12 months, OR I have ongoing problems related to past surgery.	Yes □*	No □
6	I have lost consciousness, had migraine headaches, seizures, stroke, significant head injury, or suffer from persistent neurologic injury or disease.	Yes □ Go to box D	No □
7	I am currently undergoing treatment (or have required treatment within the last five years) for psychological problems, personality disorder, panic attacks, or an addiction to drugs or alcohol; or, I have been diagnosed with a learning or developmental disability.	Yes □ Go to box E	No 🗆
8	I have had back problems, hernia, ulcers, or diabetes.	Yes □ Go to box F	No □
9	I have had stomach or intestine problems, including recent diarrhea.	Yes □ Go to box G	No □
10	I am taking prescription medications (with the exception of birth control or anti-malarial drugs other than mefloquine (Lariam).	Yes □*	No 🗆

Participant Signature If you answered NO to all 10 questions above, a medical evaluation is not required. Please read and agree to the participant statement below by signing and dating it. Participant Statement: I have answered all questions honestly, and understand that I accept responsibility for any consequences resulting from any questions I may have answered inaccurately or for my failure to disclose any existing or past health conditions. Participant Signature (or, if a minor, participant's parent/guardian signature required. Date (dd/mm/yyyy) Participant Name (Print) Instructor Name (Print) Facility Name (Print)

* If you answered YES to questions 3, 5 or 10 above OR to any of the questions on page 2, please read and agree to the statement above by signing and dating it AND take all three pages of this form (Participant Questionnaire and the Physician's Evaluation Form) to your physician for a medical evaluation. Participation in a diving course requires your physician's approval.

Participant Name Birthdate

(Print) Date (dd/mm/yyyy)

Diver Medical | Participant Questionnaire Continued

BOX A – I HAVE/HAVE HAD:		
Chest surgery, heart surgery, heart valve surgery, an implantable medical device (eg, stent, pacemaker, neurostimulator), pneumothorax, and/or chronic lung disease.	Yes □*	No □
Asthma, wheezing, severe allergies, hay fever or congested airways within the last 12 months that limits my physical activity/exercise.	Yes □*	No □
A problem or illness involving my heart such as: angina, chest pain on exertion, heart failure, immersion pulmonary edema, heart attack or stroke, OR am taking medication for any heart condition.	Yes □*	No □
Recurrent bronchitis and currently coughing within the past 12 months, OR have been diagnosed with emphysema.	Yes □*	No □
Symptoms affecting my lungs, breathing, heart and/or blood in the last 30 days that impair my physical or mental performance.	Yes □*	No □
BOX B - I AM OVER 45 YEARS OF AGE AND:		
I currently smoke or inhale nicotine by other means.	Yes □*	No E
I have a high cholesterol level.	Yes □*	No E
I have high blood pressure.	Yes □*	No E
I have had a close blood relative die suddenly or of cardiac disease or stroke before the age of 50, OR have a family history of heart disease before age 50 (including abnormal heart rhythms, coronary artery disease or cardiomyopathy).	Yes □*	No 🗆
BOX C – I HAVE/HAVE HAD:		
Sinus surgery within the last 6 months.	Yes □*	No E
Ear disease or ear surgery, hearing loss, or problems with balance.	Yes □*	No E
Recurrent sinusitis within the past 12 months.	Yes □*	No [
Eye surgery within the past 3 months.	Yes □*	No [
BOX D – I HAVE/HAVE HAD:		
Head injury with loss of consciousness within the past 5 years.	Yes □*	No [
Persistent neurologic injury or disease.	Yes □*	No [
Recurring migraine headaches within the past 12 months, or take medications to prevent them.	Yes □*	No E
Blackouts or fainting (full/partial loss of consciousness) within the last 5 years.	Yes □*	No [
Epilepsy, seizures, or convulsions, OR take medications to prevent them.	Yes □*	No E
BOX E – I HAVE/HAVE HAD:		
Behavioral health, mental or psychological problems requiring medical/psychiatric treatment.	Yes □*	No E
Major depression, suicidal ideation, panic attacks, uncontrolled bipolar disorder requiring medication/psychiatric treatment.	Yes □*	No E
Been diagnosed with a mental health condition or a learning/developmental disorder that requires ongoing care or special accommodation.	Yes □*	No E
An addiction to drugs or alcohol requiring treatment within the last 5 years.	Yes □*	No E
BOX F – I HAVE/HAVE HAD:		
Recurrent back problems in the last 6 months that limit my everyday activity.	Yes □*	No E
Back or spinal surgery within the last 12 months.	Yes □*	No E
Diabetes, either drug or diet controlled, OR gestational diabetes within the last 12 months.	Yes □*	No [
An uncorrected hernia that limits my physical abilities.	Yes □*	No E
Active or untreated ulcers, problem wounds, or ulcer surgery within the last 6 months.	Yes □*	No E
BOX G – I HAVE HAD:		
Ostomy surgery and do not have medical clearance to swim or engage in physical activity.	Yes □*	No E
Dehydration requiring medical intervention within the last 7 days.	Yes □*	No [
Active or untreated stomach or intestinal ulcers or ulcer surgery within the last 6 months.	Yes □*	No [
Frequent heartburn, regurgitation, or gastroesophageal reflux disease (GERD).	Yes □*	No [
Active or uncontrolled ulcerative colitis or Crohn's disease.	Yes □*	No [
Bariatric surgery within the last 12 months.	Yes □*	No [

*Physician's medical evaluation required (see page 1).

Diver Medical | Medical Examiner's Evaluation Form

Participant Name

	(Print)		Date (dd/mm/yyyy)
	uests your opinion of his/her medical sui uhms.org for medical guidance on medyour evaluation.		
Evaluation Result	t		
Approved – I find no condi	itions that I consider incompatible with re	creational scuba diving or freed	iving.
Not approved – I find cond	ditions that I consider incompatible with	recreational scuba diving or fre	eediving.
Signature of certified medic	cal doctor or other legally certified medical provider		Date (dd/mm/yyyy)
Medical Examiner's Name			
		(Print)	
Clinical Degrees/Credentials			
Clinic/Hospital			
Address			
Phone	E	mail	
	Physician/Clinic Star	np (optional)	
	Created by the <u>Diver Medical Screen Co</u>	ommittee in association with the)
	following bodies: The Undersea & Hyperbaric Medical S		
	DAN (US)		

Birthdate

© DMSC 2020 3 of 3 10346 EN

Hyperbaric Medicine Division, University of California, San Diego

DAN Europe



Release of Liability/Assumption of Risk/Non-agency Acknowledgment Form Continuing Education Administrative Document

NOTE: Also complete and attach the Diver Medical Form (Product No. 10346)

This is a statement in which you are informed of the established safe diving practices for skin and scuba diving. These practices have been compiled for your review and acknowledgment and are intended to increase your comfort and safety in diving. Your signature on this statement is required as proof that you are aware of these safe diving practices. Read and discuss the statement prior to signing it. If you are a minor, this form must also be signed by a parent or quardian.

I,______understand that as a diver I should:

- 1. Maintain good mental and physical fitness for diving. Avoid being under the influence of alcohol or dangerous drugs when diving. Keep proficient in diving skills, striving to increase them through continuing education and reviewing them in controlled conditions after a period of diving inactivity, and refer to my course materials to stay current and refresh myself on important information.
- 2. Be familiar with my dive sites. If not, obtain a formal diving orientation from a knowledgeable, local source. If diving conditions are worse than those in which I am experienced, postpone diving or select an alternate site with better conditions. Engage only in diving activities consistent with my training and experience. Do not engage in cave or technical diving unless specifically trained to do so.
- 3. Use complete, well-maintained, reliable equipment with which I am familiar; and inspect it for correct fit and function prior to each dive. Have a buoyancy control device, low-pressure buoyancy control inflation system, submersible pressure gauge and alternate air source and dive planning/monitoring device (dive computer, RDP/dive tables—whichever you are trained to use) when scuba diving. Deny use of my equipment to uncertified divers.
- 4. Listen carefully to dive briefings and directions and respect the advice of those supervising my diving activities. Recognize that additional training is recommended for participation in specialty diving activities, in other geographic areas and after periods of inactivity that exceed six months.

- 5. Adhere to the buddy system throughout every dive. Plan dives including communications, procedures for reuniting in case of separation and emergency procedures with my buddy.
- 6. Be proficient in dive planning (dive computer or dive table use). Make all dives no decompression dives and allow a margin of safety. Have a means to monitor depth and time underwater. Limit maximum depth to my level of training and experience. Ascend at a rate of not more than 18 metres/60 feet per minute. Be a SAFE diver Slowly Ascend From Every dive. Make a safety stop as an added precaution, usually at 5 metres/15 feet for three minutes or longer.
- 7. Maintain proper buoyancy. Adjust weighting at the surface for neutral buoyancy with no air in my buoyancy control device. Maintain neutral buoyancy while underwater. Be buoyant for surface swimming and resting. Have weights clear for easy removal, and establish buoyancy when in distress while diving. Carry at least one surface signaling device (such as signal tube, whistle, mirror).
- 8. Breathe properly for diving. Never breath-hold or skipbreathe when breathing compressed air, and avoid excessive hyperventilation when breath-hold diving. Avoid overexertion while in and underwater and dive within my limitations.
- 9. Use a boat, float or other surface support station, whenever feasible.
- 10. Know and obey local dive laws and regulations, including fish and game and dive flag laws. I have read the above statements and have had any questions answered to my satisfaction.

I understand the importance and purposes of these established practices. I recognize they are for my own safety and well-being, and that failure to adhere to them can place me in jeopardy when diving.

NON-AGENCY DISCLOSURE AND ACKNOWLEDGMENT AGREEMENT

I understand and agree that PADI Members ("Members"), including and/or any individual PADI Instructors and Divernasters associated with the program in which I am participating, are licensed to use various PADI Trademarks and to conduct PADI training, but are not agents, employees or franchisees of PADI Americas, Inc, or its parent, subsidiary and affiliated corporations ("PADI"). I further understand that Member business activities are independent, and are neither owned nor operated by PADI, and that while PADI establishes the standards for PADI diver training programs, it is not responsible for, nor does it have the right to control, the operation of the Members' business activities and the day-to-day conduct of PADI programs and supervision of divers by the Members or their associated staff. I further understand and agree on behalf of myself, my heirs and my estate that in the event of an injury or death during this activity, neither I nor my estate shall seek to hold PADI liable for the actions, inactions or negligence of

Into The Blue Scuba, LLC _____ and/or the instructors and diversaters associated with the activity.

Into The Blue Scuba, LLC

Release of Liability/Assumption of Risk/Non-agency Acknowledgment Form Continuing Education Administrative Document continued

LIABILITY RELEASE AND ASSUMPTION OF RISK AGREEMENT

l,	participant name	, hereby
affirm that I am awa	are that skin and scub	, hereby oa diving have inherent
		or deatĥ. I understand
		certain inherent risks;
		on sickness, embolism
		that require treatment
		understand that the
		ssary for training and
		a site that is remote,
		such a recompression
		such dives in spite of
	e of a recompression	chamber in proximity
to the dive site.		

I understand this Liability Release and Assumption of Risk Agreement (Agreement) hereby encompasses and applies to all diver training activities and courses in which I choose to participate. These activities and courses may include, but are not limited to, altitude, boat, cavern, AWARE, deep, enriched air, photography/videography, diver propulsion vehicle, drift, dry suit, ice, multilevel, night, peak performance buoyancy, search & recovery, rebreather, underwater naturalist, navigator, wreck, adventure diver, rescue diver and other distinctive specialties (hereinafter "Programs").

I understand and agree that neither my instructor(s), divemasters(s), the facility which provides the Programs

Into The Blue Scuba, LLC , nor PADI Americas, Inc., nor its affiliate and subsidiary corporations, nor any of their respective employees, officers, agents, contractors or assigns (hereinafter referred to as "Released Parties") may be held liable or responsible in any way for any injury, death or other damages to me, my family, estate, heirs or assigns that may occur as a result of my participation in the Programs or as a result of the negligence of any party, including the Released Parties, whether passive or active.

In consideration of being allowed to participate in the Programs, I hereby personally assume all risks of the Programs, whether foreseen or unforeseen, that may befall me while I am a participant in the Programs including, but not limited to, the academics, confined water and/or open water activities. I further release, exempt and hold harmless said Programs and Released Parties from any claim or lawsuit by me, my family,

estate, heirs or assigns, arising out of my enrollment and participation in this program including both claims arising during the program or after I receive my certification(s).

I understand that past or present medical conditions may be contraindicative to my participation in the Programs. I declare that I am in good mental and physical fitness for diving, and that I am not under the influence of alcohol, nor am I under the influence of any drugs that are contraindicated to diving. If I am taking medication, I declare that I have seen a physician and have approval to dive while under the influence of the medication/drugs. I affirm it is my responsibility to inform my instructor of any and all changes to my health condition at any time during my participation in the Programs and agree to accept responsibility for my failure to do so.

I also understand that skin diving and scuba diving are physically strenuous activities and that I will be exerting myself during this program, and that if I am injured as a result of heart attack, panic, hyperventilation, drowning or any other cause, that I expressly assume the risk of said injuries and that I will not hold the Released Parties responsible for the same.

I further state that I am of lawful age and legally competent to sign this Liability Release and Assumption of Risk Agreement, or that I have acquired the written consent of my parent or guardian. I understand the terms herein are contractual and not a mere recital, and that I have signed this Agreement of my own free act and with the knowledge that I hereby agree to waive my legal rights. I further agree that if any provision of this Agreement is found to be unenforceable or invalid, that provision shall be severed from this Agreement. The remainder of this Agreement will then be construed as though the unenforceable provision had never been contained herein.

I hereby state and agree this Agreement will be effective for all activities associated with the Programs in which I participate within one year from the date on which I sign this Agreement.

I understand and agree that I am not only giving up my right to sue the Released Parties but also any rights my heirs, assigns, or beneficiaries may have to sue the Released Parties resulting from my death. I further represent I have the authority to do so and that my heirs, assigns, or beneficiaries will be estopped from claiming otherwise because of my representations to the Released Parties.

Date (Day/Month/Year)

Participant's Sig	nature	Date (Day/Month/Year)
I have fully informed myself of the contents Liability release and assumption of risk agreen Understanding by reading them before signing	MENT, DIVER MEDICAL AND STANDARD SAFE DIVI	
DIVEMASTERS, THE FACILITY WHICH OFFERS THE PROGR. AS DEFINED ABOVE, FROM ALL LIABILITY OR RESPONSII DEATH HOWEVER CAUSED, INCLUDING, BUT NOT LIMITI	BILITY WHATSOEVER FOR PERSONAL INJURY, PROP ED TO, THE NEGLIGENCE OF THE RELEASED PARTIES	ERTY DAMAGE OR WRONGFUL , WHETHER PASSIVE OR ACTIVE.
participant name	BY THIS INSTRUMENT AGREE TO EXEMPT A	ND RELEASE MY INSTRUCTORS,
I	ACCEPT RESPONSIBILITY FOR OMISSIONS REGARD	HISTORY AT ANY TIME DURING

Signature of Parent or Guardian (where applicable)

Release of Liability/Assumption of Risk/Non-agency Acknowledgement Form

TRAVEL AND EXCURSIONS

Please read carefully and fill in all blanks before signing.

Non-Agency Disclosure and Acknowledgment Agreement

I understand and agree that PADI Members ("Members"), in Instructors and Divemasters associated with the program in what to conduct PADI training, but are not agents, employees or fractions ("PADI"). I further understand that Member busing PADI, and that while PADI establishes the standards for PADI did to control, the operation of the Members' business activities a by the Members or their associated staff. I further understand of an injury or death during this activity, neither I nor my estated and/or the instructors and store/resort.	nich I am participating, are licensed to anchisees of PADI Americas, Inc, or ness activities are independent, and ver training programs, it is not respond the day-to-day conduct of PADI pand agree on behalf of myself, my has e shall seek to hold PADI liable for the	o use various PADI Trademarks and its parent, subsidiary and affiliated are neither owned nor operated by nsible for, nor does it have the right programs and supervision of diverseirs and my estate that in the event exactions, inactions or negligence of
Liability Release and A	ssumption of Risk Agreen	nent
I,	activities may include, but are not limite iving, I affirm that I am a certified diver o and scuba diving have inherent risks whi	ed to, scuba diving, snorkeling, boating or a student diver under the control and ch may result in serious injury or death.
I understand and agree that neither	or assigns (hereinafter referred to as "Re It in personal injury, property damage or v articipation in this trip or as a result of th	eleased Parties,") may be held liable or vrongful death or other damages to me, e negligence of any party, including the
parent or guardian. I understand the terms herein are contractual and not a mere recital, a that I hereby agree to waive my legal rights. I further agree that if any personal be severed from this agreement. The remainder of this agreement contained herein.	provision of this agreement is found to be	unenforceable or invalid, that provision
I understand and agree that I am not only giving up my right to sue the to sue the Released Parties resulting from my death. I further represent estopped from claiming otherwise because of my representations to the	t I have the authority to do so and that my	
I,	,	PONSIBILITY FOR PERSONAL INJURY,
I HAVE FULLY INFORMED MYSELF AND MY HEIRS OF THE CONTENTS AND LIABILITY RELEASE AND ASSUMPTION OF RISK AGREEMENT E HEIRS.		
Participant Signature	Date (Day/Month/Year)	
Signature of Parent of Guardian (where applicable)	Date (Day/Month/Year)	



RELEASE AND WAIVER OF LIABILITY AGREEMENT

IN CONSIDERATION of the opportunity afforded to me to enter and utilize the premises known as BLUE WATER PARK, LLC, located in PELHAM, ALABAMA and to participate in SKIN and/or SCUBA DIVING, its associated activities and/or other water activities, I hereby assume all risk of loss or injury to my person and property that may be sustained in connection with such activities or related activities, including specifically rental and/or use of equipment if applicable in and about these premises. I acknowledge that there is no lifeguard on duty and that I have been given an opportunity to inspect the property and my use of the premises indicates my satisfaction with the condition of same.

IN CONSIDERATION for the permission granted to me to enter the premises and utilize same in such activities, I, for myself, my child(ren), my heirs, administrators, executors, successors and assigns, release, remise, and forever discharge the owners, operators, sponsors of any event, as well as their respective agents, servants, employees, officers, officials, and other participants in those activities of and from all claims, demands, actions and causes of action of any sort, for injury sustained to my person and/or property arising during or from my presence on the premises.

I INTEND by this Release to waive all claims for negligence, products liability, or breach of warranty against BLUE WATER PARK, LLC, including claims for personal injury and property damage to the undersigned or the undersigned's property whether or not it is based on the sole negligence of BLUE WATER PARK, LLC, its agents or its employees. This Release shall cover and include all areas, activities and acts, within the premises, including but not limited to, all recreational endeavors, parking facilities, picnicking areas, land, showers, rest rooms, office and every other area, activity, or act in or about BLUE WATER PARK, LLC, or connected with the same.

I ACKNOWLEDGE that the utilization of the premises by the undersigned for whatever permitted purposes is purely at my risk. I agree that there have been no warranties made to me expressed or implied. I represent and certify that I am eighteen (18) years of age or older and certify that my attendance and participation in those activities is voluntary. I represent and certify that my participation in SKIN and/or SCUBA DIVING is as a certified scuba diver, or as a student in SCUBA DIVING course/program under the supervision of a qualified SCUBA instructor.

I AGREE that this Release shall be continuing in nature for subsequent visits during the calendar year set forth below.

I HAVE READ AND UNDERSTOOD THE FOREGOING RELEASE AND, BY AFFIXING MY SIGNATURE TO

IT, SIGNIFY MY CLEAR INTENTION TO BE LEGALLY BOUND BY IT.

THIS AGREEMENT SHALL NOT BE AMENDED OR MODIFIED OR ANY OF ITS PROVISIONS WAIVED, UNLESS IN WRITING AND SIGNED BY THE DULY AUTHORIZED REPRESENTATIVES OF BOTH PARTIES.

Date Dive Date	Emergency Contact
Signature	Emergency Phone
Print Name	FOR CERTIFIED DIVERS:
Address	Certifying Agency
City, State, Zip	Type of Certification
Email Address	Card ID Number
Phone Number	Certification Date

Photography Release

I give Into The Blue Scuba, LLC, 11874 HWY 36, Covington, GA 30014 and Into The Blue Scuba Dive Club (photographers) the irrevocable right to use my picture and/ or photograph in all forms and media, without restriction as to changes or alterations, for advertising, trade, promotion, exhibition, or any other lawful purposes. I waive any right to inspect or approve the pictures and/ or photographs that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the pictures and/ or photographs.

I am 18 years of age or the parent/guardian of the participant and am competent to sign this release
I have read this release and waiver and am fully familiar with its contents.

Equipment Rental Agreement

THIS AGREEMENT is entered into between **Into The Blue Scuba, LLC** and myself, for the rental of scuba, cylinder, skin diving equipment, and/or any other equipment provided by Into The Blue Scuba, LLC. This AGREEMENT is a release of my rights and the rights of my heirs, assigns or beneficiaries to sue for injuries or death resulting from the rental and/or use of this equipment. I personally assume all risks of skin and/or scuba diving, whether foreseen or unforeseen, related in any way to the rental and/or use of this equipment.

Signature _____

Electronic Signature Consent

By checking here, you are consenting to the use of your electronic signature in lieu of an original signature on paper for **any forms in this document**. You have the right to request that you sign a paper copy instead. By checking here, you are waiving that right. After consent, you may, upon written request to us, obtain a paper copy of an electronic record. No fee will be charged for such copy and no special hardware or software is required to view it. Your agreement to use an electronic signature with us for any documents will continue until such time as you notify us in writing that you no longer wish to use an electronic signature. There is no penalty for withdrawing your consent. You should always make sure that we have a current email address in order to contact you regarding any changes, if necessary.