









Diver Medical | Participant Questionnaire

Recreational scuba diving and freediving requires good physical and mental health. There are a few medical conditions which can be hazardous while diving, listed below. Those who have, or are predisposed to, any of these conditions, should be evaluated by a physician. This Diver Medical Participant Questionnaire provides a basis to determine if you should seek out that evaluation. If you have any concerns about your diving fitness not represented on this form, consult with your physician before diving. If you are feeling ill, avoid diving. If you think you may have a contagious disease, protect yourself and others by not participating in dive training and/or dive activities. References to "diving" on this form encompass both recreational scuba diving and freediving. This form is principally designed as an initial medical screen for new divers, but is also appropriate for divers taking continuing education. For your safety, and that of others who may dive with you, answer all questions honestly.

Directions

Complete this questionnaire as a prerequisite to a recreational scuba diving or freediving course.

Note to women: If you are pregnant, or attempting to become pregnant, do not dive.

1	I have had problems with my lungs, breathing, heart and/or blood affecting my normal physical or mental performance.	Yes □ Go to box A	No □
2	I am over 45 years of age.	Yes □ Go to box B	No □
3	I struggle to perform moderate exercise (for example, walk 1.6 kilometer/one mile in 14 minutes or swim 200 meters/yards without resting), OR I have been unable to participate in a normal physical activity due to fitness or health reasons within the past 12 months.	Yes □*	No 🗆
4	I have had problems with my eyes, ears, or nasal passages/sinuses.	Yes □ Go to box C	No 🗆
5	I have had surgery within the last 12 months, OR I have ongoing problems related to past surgery.	Yes □*	No □
6	I have lost consciousness, had migraine headaches, seizures, stroke, significant head injury, or suffer from persistent neurologic injury or disease.	Yes □ Go to box D	No □
7	I am currently undergoing treatment (or have required treatment within the last five years) for psychological problems, personality disorder, panic attacks, or an addiction to drugs or alcohol; or, I have been diagnosed with a learning or developmental disability.	Yes □ Go to box E	No 🗆
8	I have had back problems, hernia, ulcers, or diabetes.	Yes □ Go to box F	No □
9	I have had stomach or intestine problems, including recent diarrhea.	Yes □ Go to box G	No □
10	I am taking prescription medications (with the exception of birth control or anti-malarial drugs other than mefloquine (Lariam).	Yes □*	No 🗆

Participant Signature If you answered NO to all 10 questions above, a medical evaluation is not required. Please read and agree to the participant statement below by signing and dating it. Participant Statement: I have answered all questions honestly, and understand that I accept responsibility for any consequences resulting from any questions I may have answered inaccurately or for my failure to disclose any existing or past health conditions. Participant Signature (or, if a minor, participant's parent/guardian signature required. Date (dd/mm/yyyy) Participant Name (Print) Instructor Name (Print) Facility Name (Print)

* If you answered YES to questions 3, 5 or 10 above OR to any of the questions on page 2, please read and agree to the statement above by signing and dating it AND take all three pages of this form (Participant Questionnaire and the Physician's Evaluation Form) to your physician for a medical evaluation. Participation in a diving course requires your physician's approval.

Participant Name Birthdate

(Print) Date (dd/mm/yyyy)

Diver Medical | Participant Questionnaire Continued

BOX A – I HAVE/HAVE HAD:		
Chest surgery, heart surgery, heart valve surgery, an implantable medical device (eg, stent, pacemaker, neurostimulator), pneumothorax, and/or chronic lung disease.	Yes □*	No □
Asthma, wheezing, severe allergies, hay fever or congested airways within the last 12 months that limits my physical activity/exercise.	Yes □*	No □
A problem or illness involving my heart such as: angina, chest pain on exertion, heart failure, immersion pulmonary edema, heart attack or stroke, OR am taking medication for any heart condition.	Yes □*	No □
Recurrent bronchitis and currently coughing within the past 12 months, OR have been diagnosed with emphysema.	Yes □*	No □
Symptoms affecting my lungs, breathing, heart and/or blood in the last 30 days that impair my physical or mental performance.	Yes □*	No □
BOX B - I AM OVER 45 YEARS OF AGE AND:		
I currently smoke or inhale nicotine by other means.	Yes □*	No 🗆
I have a high cholesterol level.	Yes □*	No E
I have high blood pressure.	Yes □*	No E
I have had a close blood relative die suddenly or of cardiac disease or stroke before the age of 50, OR have a family history of heart disease before age 50 (including abnormal heart rhythms, coronary artery disease or cardiomyopathy).	Yes □*	No □
BOX C – I HAVE/HAVE HAD:		
Sinus surgery within the last 6 months.	Yes □*	No E
Ear disease or ear surgery, hearing loss, or problems with balance.	Yes □*	No E
Recurrent sinusitis within the past 12 months.	Yes □*	No [
Eye surgery within the past 3 months.	Yes □*	No E
BOX D – I HAVE/HAVE HAD:		
Head injury with loss of consciousness within the past 5 years.	Yes □*	No [
Persistent neurologic injury or disease.	Yes □*	No [
Recurring migraine headaches within the past 12 months, or take medications to prevent them.	Yes □*	No E
Blackouts or fainting (full/partial loss of consciousness) within the last 5 years.	Yes □*	No E
Epilepsy, seizures, or convulsions, OR take medications to prevent them.	Yes □*	No E
BOX E – I HAVE/HAVE HAD:		
Behavioral health, mental or psychological problems requiring medical/psychiatric treatment.	Yes □*	No E
Major depression, suicidal ideation, panic attacks, uncontrolled bipolar disorder requiring medication/psychiatric treatment.	Yes □*	No E
Been diagnosed with a mental health condition or a learning/developmental disorder that requires ongoing care or special accommodation.	Yes □*	No E
An addiction to drugs or alcohol requiring treatment within the last 5 years.	Yes □*	No E
BOX F – I HAVE/HAVE HAD:		
Recurrent back problems in the last 6 months that limit my everyday activity.	Yes □*	No E
Back or spinal surgery within the last 12 months.	Yes □*	No E
Diabetes, either drug or diet controlled, OR gestational diabetes within the last 12 months.	Yes □*	No E
An uncorrected hernia that limits my physical abilities.	Yes □*	No E
Active or untreated ulcers, problem wounds, or ulcer surgery within the last 6 months.	Yes □*	No E
BOX G – I HAVE HAD:		
Ostomy surgery and do not have medical clearance to swim or engage in physical activity.	Yes □*	No E
Dehydration requiring medical intervention within the last 7 days.	Yes □*	No E
Active or untreated stomach or intestinal ulcers or ulcer surgery within the last 6 months.	Yes □*	No E
Frequent heartburn, regurgitation, or gastroesophageal reflux disease (GERD).	Yes □*	No E
Active or uncontrolled ulcerative colitis or Crohn's disease.	Yes □*	No E
Bariatric surgery within the last 12 months.	Yes □*	No [

*Physician's medical evaluation required (see page 1).

Diver Medical | Medical Examiner's Evaluation Form

Participant Name

	(Print)		Date (dd/mm/yyyy)
	uests your opinion of his/her medical suing the work of the word of o		
Evaluation Resul	t		
Approved – I find no cond	itions that I consider incompatible with re	creational scuba diving or freed	iving.
Not approved – I find cond	ditions that I consider incompatible with	recreational scuba diving or fre	eediving.
Signature of certified media	cal doctor or other legally certified medical provider	<u> </u>	Date (dd/mm/yyyy)
Medical Examiner's Name		(Print)	
		,	
Clinical Degrees/Credentials			
Olimia/Haamital			
Clinic/Hospital			
Address			
Phone		Email	
Phone		-inan	
	Physician/Clinic Star	mp (optional)	
		,	
	Created by the <u>Diver Medical Screen C</u> following bodies:	ommittee in association with the)
	The Undersea & Hyperbaric Medical S	Society	
	DAN (US)		

Birthdate

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Hyperbaric Medicine Division, University of California, San Diego

DAN Europe



Non-Agency Disclosure and Acknowledgment Agreement

In European Union and European Free Trade Association countries use alternative form.

Please read carefully and fill in all blanks before signing.

padi.com	I understand and agre	e that PADI Members	("Members"), inclu	ding	store/resort	
•	and/or any individual P	ADI Instructors and Di	vemasters associated	d with the prograr	n in which I am parti	cipat-
ing, are licensed t	o use various PADI Trade	marks and to conduct	PADI training, but are	not agents, emplo	oyees or franchisees of	PADI
Americas, Inc, or	its parent, subsidiary ar	nd affiliated corporatio	ns ("PADI"). I furthe	r understand that	Member business acti	ivities
are independent,	and are neither owned	nor operated by PADI,	and that while PADI	establishes the sta	ndards for PADI diver	train-
ing programs, it is	s not responsible for, no	r does it have the righ	t to control, the oper	ration of the Mem	bers' business activities	s and
, ,	induct of PADI programs		,			
	alf of myself, my heirs ar				activity, neither I nor m	ny es-
tate shall seek to	hold PADI liable for the	actions, inactions or r	negligence of	stor	e/resort	
and/or the instruct	tors and divemasters associ	ciated with the activity.				

Liability Release and Assumption of Risk Agreement

In European Union and European Free Trade Association countries use alternative form.

Please read carefully and fill in all blanks before sig	ning.
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I, ________, hereby affirm that I am aware that skin and scuba diving have inherent risks which may result in serious injury or death.

I understand that diving with compressed air involves certain inherent risks; including but not limited to decompression sickness, embolism or other hyperbaric/air expansion injury that require treatment in a recompression chamber. I further understand that the open water diving trips which are necessary for training and for certification may be conducted at a site that is remote, either by time or distance or both, from such a recompression chamber. I still choose to proceed with such instructional dives in spite of the possible absence of a recompression chamber in proximity to the dive site.

I understand and agree that neither my instructor(s),

the facility through which I receive my instruction,

nor PADI Americas, Inc., nor its affiliate and subsidiary corporations, nor any of their respective employees, officers, agents, contractors or assigns (hereinafter referred to as "Released Parties") may be held liable or responsible in any way for any injury, death or other damages to me, my family, estate, heirs or assigns that may occur as a result of my participation in this diving program or as a result of the negligence of any party, including the Released Parties, whether passive or active.

In consideration of being allowed to participate in this course (and optional Adventure Dive), hereinafter referred to as "program," I hereby personally assume all risks of this program, whether foreseen or unforeseen, that may befall me while I am a participant in this program including, but not limited to, the academics, confined water and/or open water activities.

I further release, exempt and hold harmless said program and Released Parties from any claim or lawsuit by me, my family, estate, heirs or assigns, arising out of my enrollment and participation in this program including both claims arising during the program or after I receive my certification.

I also understand that skin diving and scuba diving are physically strenuous activities and that I will be exerting myself during this program, and that if I am injured as a result of heart attack, panic, hyperventilation, drowning or any other cause, that I expressly assume the risk of said injuries and that I will not hold the Released Parties responsible for the same.

I further state that I am of lawful age and legally competent to sign this liability release, or that I have acquired the written consent of my parent or guardian. I understand the terms herein are contractual and not a mere recital, and that I have signed this Agreement of my own free act and with the knowledge that I hereby agree to waive my legal rights. I further agree that if any provision of this Agreement is found to be unenforceable or invalid, that provision shall be severed from this Agreement. The remainder of this Agreement will then be construed as though the unenforceable provision had never been contained herein.

I understand and agree that I am not only giving up my right to sue the Released Parties but also any rights my heirs, assigns, or beneficiaries may have to sue the Released Parties resulting from my death. I further represent I have the authority to do so and that my heirs, assigns, or beneficiaries will be estopped from claiming otherwise because of my representations to the Released Parties.

١, _			Particip	pant	Name			,
BY	THIS	INSTRUMENT	AGREE	TO	EXEMPT	AND	RELEASE	MY
INS	TRUC	TORS,						,
		U ITV TUBBLU						

THE FACILITY THROUGH WHICH I RECEIVE MY INSTRUCTION,

PADI AMERICAS, INC., AND ALL RELATED ENTITIES AS DEFINED ABOVE, FROM ALL LIABILITY OR RESPONSIBILITY WHATSOEVER FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH HOWEVER CAUSED, INCLUDING, BUT NOT LIMITED TO, THE NEGLIGENCE OF THE RELEASED PARTIES, WHETHER PASSIVE OR ACTIVE.

I HAVE FULLY INFORMED MYSELF AND MY HEIRS OF THE CONTENTS OF THIS NON-AGENCY DISCLOSURE AND ACKNOWLDGE-MENT AGREEMENT AND LIABILITY RELEASE AND ASSUMPTION OF RISK AGREEMENT BY READING BOTH BEFORE SIGNING BELOW ON BEHALF OF MYSELF AND MY HEIRS.

Participant's Signature	Date (Day / Month / Year)
Signature of Parent or Guardian (where applicable)	Date (Day / Month / Year)



Standard Safe Diving Practices Statement of Understanding

Please read carefully before signing.

This is a statement in which you are informed of the established safe diving practices for skin and scuba diving. These practices have been compiled for your review and acknowledgement and are intended to increase your comfort and safety in diving. Your signature on this statement is required as proof that you are aware of these safe diving practices. Read and discuss the statement prior to signing it. If you are a minor, this form must also be signed by a parent or quardian.

(Print Name), understand that as a diver I should:
Maintain good mental and physical fitness for diving. Avoid being under the influence of alcohol or dangerous drugs when diving. Keep proficient in diving skills, striving to increase them through continuing education and reviewing them in controlled conditions after a period of diving inactivity, and refer to my course materials to stay current and refresh myself on important information.
Be familiar with my dive sites. If not, obtain a formal diving orientation from a knowledgeable, local source. If diving conditions are worse than those in which I am experienced, postpone diving or select an alternate site with better conditions. Engage only in diving activities consistent with my training and experience. Do not engage in cave or technical diving unless specifically trained to do so.
Use complete, well-maintained, reliable equipment with which I am familiar; and inspect it for correct fit and function prior to each dive. Have a buoyancy control device, low-pressure buoyancy control inflation system, submersible pressure gauge and alternate air source and dive planning/monitoring device (dive computer, RDP/dive tables—whichever you are trained to use) when scuba diving. Deny use of my equipment to uncertified divers.
Listen carefully to dive briefings and directions and respect the advice of those supervising my diving activities. Recognize that additional training is recommended for participation in specialty diving activities, in other geographic areas and after periods of inactivity that exceed six months.
Adhere to the buddy system throughout every dive. Plan dives – including communications, procedures for reuniting in case of separation and emergency procedures – with my buddy.
Be proficient in dive planning (dive computer or dive table use). Make all dives no decompression dives and allow a margin of safety. Have a means to monitor depth and time underwater. Limit maximum depth to my level of training and experience. Ascend at a rate of not more than 18 metres/60 feet per minute. Be a SAFE diver – S lowly A scend F rom E very dive. Make a safety stop as an added precaution, usually at 5 metres/15 feet for three minutes or longer.
Maintain proper buoyancy. Adjust weighting at the surface for neutral buoyancy with no air in my buoyancy contro device. Maintain neutral buoyancy while underwater. Be buoyant for surface swimming and resting. Have weights clear for easy removal, and establish buoyancy when in distress while diving. Carry at least one surface signaling device (such as signal tube, whistle, mirror).
Breathe properly for diving. Never breath-hold or skip-breathe when breathing compressed air, and avoid excessive hyperventilation when breath-hold diving. Avoid overexertion while in and underwater and dive within my limitations.
Use a boat, float or other surface support station, whenever feasible.
Know and obey local dive laws and regulations, including fish and game and dive flag laws.
nderstand the importance and purposes of these established practices. I recognize they are for my own ety and well-being, and that failure to adhere to them can place me in jeopardy when diving.
Participant's Signature Date (Day/Month/Year)

Signature of Parent or Guardian (where applicable)

Date (Day/Month/Year)

Release of Liability/Assumption of Risk/Non-agency Acknowledgement Form

TRAVEL AND EXCURSIONS

Please read carefully and fill in all blanks before signing.

Non-Agency Disclosure and Acknowledgment Agreement

I understand and agree that PADI Members ("Members"), in Instructors and Divemasters associated with the program in whit to conduct PADI training, but are not agents, employees or fra corporations ("PADI"). I further understand that Member busin PADI, and that while PADI establishes the standards for PADI div to control, the operation of the Members' business activities and by the Members or their associated staff. I further understand a of an injury or death during this activity, neither I nor my estate store/resort and/or the instructors and	ich I am participating, are licensed to nchisees of PADI Americas, Inc, or ess activities are independent, and a ver training programs, it is not respon to the day-to-day conduct of PADI p and agree on behalf of myself, my he shall seek to hold PADI liable for the	use various PADI Trademarks and its parent, subsidiary and affiliated are neither owned nor operated by a sible for, nor does it have the right rograms and supervision of divers and my estate that in the event actions, inactions or negligence of
Liability Release and As	sumption of Risk Agreem	ent
I,, hereby affit to, which and If I engage in scuba divisupervision of a certified scuba instructor, and that I am aware that skin I certify that I am fully aware of and expressly assume all risks involve participate.	activities may include, but are not limite ving, I affirm that I am a certified diver o and scuba diving have inherent risks whic	d to, scuba diving, snorkeling, boating r a student diver under the control and ch may result in serious injury or death.
I understand and agree that neither	r assigns (hereinafter referred to as "Rel in personal injury, property damage or w rticipation in this trip or as a result of the	eased Parties,") may be held liable or rongful death or other damages to me, e negligence of any party, including the
parent or guardian. I understand the terms herein are contractual and not a mere recital, an that I hereby agree to waive my legal rights. I further agree that if any probable be severed from this agreement. The remainder of this agreement contained herein.	rovision of this agreement is found to be	unenforceable or invalid, that provision
I understand and agree that I am not only giving up my right to sue the I to sue the Released Parties resulting from my death. I further represent estopped from claiming otherwise because of my representations to the	I have the authority to do so and that my	
I,	,	PONSIBILITY FOR PERSONAL INJURY,
I HAVE FULLY INFORMED MYSELF AND MY HEIRS OF THE CONTENTS AND LIABILITY RELEASE AND ASSUMPTION OF RISK AGREEMENT BY HEIRS.		
Participant Signature	Date (Day/Month/Year)	
Signature of Parent of Guardian (where applicable)		



Youth Diving: Responsibility and Risks Acknowledgment

(Please read carefully, fill in all blanks, an	d sign and date below.)	
I/we,	, and my/our child,	,
have viewed and understand the Youth D have been advised and thoroughly inform participant. These risks may include, but sinuses and ears, drowning, panic and oth bilities, as parent and participant (child), responsibilities.	ned that diving is an adventure sport with are not limited to, pressure related injuri her serious injury or death. We also unde	in inherent risks to the des affecting the lungs, erstand our responsi-
As the parent/guardian of the minor child to evaluate whether my/our child should knowledge of the mental, physical and en I/we understand and agree it is my/our regarding my/our child's medical history	participate in scuba activities. Our decis notional abilities of our child, as well as h esponsibility to discuss with a physician a	sion is based upon our is/her medical history.
I/we understand and agree that it is my/o of my/our child to determine whether he, the program.	- ×	
I/we agree to abide by all supervisory and certification.	d depth limitations that may accompany	my/our child's PADI
I/we understand that PADI certifies instru oped by PADI.	ctors/dive centers and provides material	s for programs devel-
I/we understand that the dive center/resovision of this activity	ort and the instructor are responsible for	the conduct and super
I/we understand my responsibilities and titles and titles and Risk video or flip chart.	those of my child as set forth in the Youtl	n Diving Responsibili-
I/we have read this Acknowledgment, und agree that this Acknowledgment is a facility and PADI.	<u> </u>	
Parent/Guardian Name	Parent/Guardian Signature	(Day/Month/Year)
Participant/Minor Name	Participant/Minor Signature	(Day/Month/Year)

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I affirm I am the parent and/or legal guardian of	
	NAME OF MINOR
As the parent/guardian, I hereby authorize	, and/or its
	(DIVE CENTER/RESORT/INSTRUCTOR)
agents, employees or assigns, to seek medical treatment for	
as a result of an accident or illness while under the supervision of	
	(DIVE CENTER/RESORT/INSTRUCTOR)
I authorize the treatment of	, by a qualified and
licensed physician in the event of a medical emergency which, in the disfigurement, physical impairment or undue discomfort if delayed.	
I affirm I have read the Liability Release and Assumption of Risk for quences of signing the document.	orm, signed it of my own free will, and understand the legal conse-
I have fully informed myself of the contents of this Emergency Treation PARENT/GUARDIAN (PLEASE PRINT)	DD/MM/YY
SIGNATURE OF PARENT/GUARDIAN	HOME PHONE
ADDRESS	WORK PHONE
ADDRESS	
Specific medical allergies, medicine being taken or other conditions p	physician should be aware of (if none, please write NONE):
Medical Insurance Company:	
Policy Number:	

Photography Release

I give Into The Blue Scuba, LLC, 11874 HWY 36, Covington, GA 30014 and Into The Blue Scuba Dive Club (photographers) the irrevocable right to use my picture and/ or photograph in all forms and media, without restriction as to changes or alterations, for advertising, trade, promotion, exhibition, or any other lawful purposes. I waive any right to inspect or approve the pictures and/ or photographs that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the pictures and/ or photographs.

I am 18 years of age or the parent/guardian of the participant and am competent to sign this release
I have read this release and waiver and am fully familiar with its contents.

Equipment Rental Agreement

THIS AGREEMENT is entered into between **Into The Blue Scuba, LLC** and myself, for the rental of scuba, cylinder, skin diving equipment, and/or any other equipment provided by Into The Blue Scuba, LLC. This AGREEMENT is a release of my rights and the rights of my heirs, assigns or beneficiaries to sue for injuries or death resulting from the rental and/or use of this equipment. I personally assume all risks of skin and/or scuba diving, whether foreseen or unforeseen, related in any way to the rental and/or use of this equipment.

Signature _____

Electronic Signature Consent

By checking here, you are consenting to the use of your electronic signature in lieu of an original signature on paper for **any forms in this document**. You have the right to request that you sign a paper copy instead. By checking here, you are waiving that right. After consent, you may, upon written request to us, obtain a paper copy of an electronic record. No fee will be charged for such copy and no special hardware or software is required to view it. Your agreement to use an electronic signature with us for any documents will continue until such time as you notify us in writing that you no longer wish to use an electronic signature. There is no penalty for withdrawing your consent. You should always make sure that we have a current email address in order to contact you regarding any changes, if necessary.