

Dream Ingredient #4: Vibrant, Full-Color Visualization

I can't say this enough: The subconscious mind cannot distinguish between reality and that which is vividly imagined. In a very real way, your future is foreshadowed by your ability to visualize. The more vivid and detailed you can imagine your future to be, the more likely it will be in your actual outcome. If success already exists in your mind, then you have already mentally achieved your goals. Your subconscious mind will then work to make your mental blueprint a reality. Always remember this adage: **Winners win in advance.**

Another way in which vibrant, full-color visualization is a major factor is that our mind is not a finite resource that will run out. It is not like a computer hard drive or compact storage device. We may have limited time, energy, or money, but we are not limited by our imaginative capabilities. And great persuaders know that you can program your thinking. We'll budget our time better because we are passionate about what we're doing. We'll find greater reserves of energy because the right programming will put a bounce in our step and fire in our heart. Our financial resources will expand because we'll be more productive. As Muhammad Ali said, "The man who has no imagination has no wings." Your vibrant, vivid visualization will give you the wings you need to soar over any obstacle. And since it has no limits, your unfettered imagination is wasted only if you don't use it.

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