

Additional Information and Resources on Destigmatizing Mental Illness and the Young Adult Population

World Psychiatry	<u>Understanding the impact of stigma on people with mental illness</u>
BMC Health Services Research	<u>250 labels used to stigmatize people with mental illness</u>
National Alliance on Mental Illness	<u>9 Ways To Fight Mental Health Stigma Stigma Free</u>
The Lancet	<u>Stigma and Mental Health</u>
Department of Health and Mental Hygiene	<u>Mental Health First Aid Training</u>
I Am Acceptance	<u>Spreading Mental Health Awareness</u>
US Department of Health and Human Services	<u>Anti-Bullying Campaign</u>