

The Monk Who Sold His Ferrari Robin Sharma

Quotes

"I too have walked this path, my friend. I too have felt the pain you have felt. Yet I have learned that everything happens for a reason," offered Yogi Krishnan sympathetically. "Every event has a purpose and every setback its lesson. I have realized that failure, whether of the personal, professional or even spiritual kind, is essential to personal expansion. It brings inner growth and a whole host of psychic rewards. Never regret your past. Rather, embrace it as the teacher that it is."

It is only when you have mastered the art of loving yourself that you can truly love others. It's only when you have opened your own heart that you can touch the hearts of others. When you feel centered and alive, you are in a much better position to be a better person."

"All of what you will hear tonight is designed to improve your life, not just personally and professionally but spiritually as well. The advice of the sages is just as current today as it was five thousand years ago. It will not only enrich your inner world, it will enhance your outer world and make you far more effective in all that you do. This wisdom is truly the most potent force I have ever encountered. It is straightforward, practical and has been tested in the laboratory of life for centuries. Most importantly, it will work for anyone.

"Once you see the power of the strategies and skills shown to me by the Sages of Sivana and observe the dramatic results they will bring to your life, you must make it your mission to pass this wisdom on to others who will benefit from this knowledge.

Julian's Wisdom in a Nutshell

- Master Your Mind
 - Cultivate your mind - it will blossom beyond your expectations
 - The quality of your life is determined by the quality of your thoughts
 - There are no mistakes - only lessons. See setbacks as opportunities for personal expansion and spiritual growth
- Follow Your Purpose
 - The purpose of life is a life of purpose
 - Discovering and then realizing your lifework brings lasting fulfillment
 - Set clearly defined personal, professional and spiritual goals, and then have the courage to act on them
- Practice Kaizen
 - Self-Mastery is the DNA of life mastery
 - Success on the outside begins within
 - Enlightenment comes through the consistent cultivation of your mind, body and soul
- Live with Discipline
 - Discipline is built by consistently performing small acts of courage
 - The more you nurture the embryo of self-discipline, the more it will mature
 - Willpower is the essential virtue of a fully actualized life
 - Time is your most precious commodity and it is nonrenewable
- Respect Your Time
 - Focus on your priorities and maintain balance
 - Simplify your life
- selflessly Serve Others.
 - The quality of your life ultimately comes down to the quality of your contribution
 - To cultivate the sacredness of each day, live to give
 - By elevating the lives of others, your life reaches its highest dimensions
- Embrace the Present.
 - Live in the "now". Savor the gift of the present
 - Never sacrifice happiness for achievement
 - Savor the journey and live each day as your last