3 VISUALIZATIONS THAT WILL MATERIALIZE REAL WEALTH

DARREN REGAN
3 Visualizations
That Will materialize
Real Wealth

By Darren Regan
Contents

Visualizing to Materialize Real Wealth...3

Why Visualize?... 5

Get Comfy, Breathe Deeply ...7
Enter a Meditative State ...8
Fast Forward Visualization ... 8

Grow Real Wealth Through Visualization...14
In order to build wealth, you need to see what wealth can look like in your life.

It’s not enough to see rich people on TV, and to read rich people’s books. It’s not enough to think that you could be like this wealthy person, or that wealthy person.

You can’t visualize other people to materialize real wealth in YOUR life!

Sure, you can look up to people. If you want to look up to Bill Gates, Donald Trump or Richard Branson, by all means, look up to them.

What you don’t want to do is try to visualize yourself in their lives. Mainly because you aren’t them. You are you...and what a wealthy life looks like to you may look fundamentally different to what a wealthy life looks like to Donald Trump.

In order to materialize real wealth, you are going to need to paint the most elaborate picture possible of what wealth should look like in your life. Then you can start leveraging the Law of Attraction to attain all of this wealth and more!

One of the most effective ways to train your brain for wealth and abundance is by visualizing what your life would look like in a state of wealth. When you can really picture what your ideal life would look like, you can then start making the right moves to manifest that wealth.

In this report I am going to explain to you not only the how and why of visualization, but I am also going to give you a powerful visualization exercise that will help you to train your brain to focus on wealth, and see what that would look like in your life.

The more you practice visualizations, the more you will tune yourself into the wealth frequency. This is the vibrational frequency that all wealth is tuned in to, and the frequency that the wealthiest people in the world are tuned in to.
If you are able to train your brain to pick up on this wealth frequency, the universe will map out your path to success for you.

In order to do this, though, you need to convince your mind that you are a wealthy person, and that you have a life of wealth in your future.

Once the universe knows what you want, it will put opportunities in your path...

The more you have visualized what wealth looks like, the easier it will be for you to not only see these opportunities, but take full advantage of them.

Keep in mind that in The Manifestation Millionaire, I teach you all of the techniques that you’ll need to know to master wealth and open yourself up to a life of abundance. This visualization exercise is an amazing place to start, though, and it will become even more powerful when you use it in tandem with what I teach you in The Manifestation Millionaire.

Before we get into the visualization exercise itself, though, let’s take a moment to discuss the why and the how behind visualizations.
Why Visualize?

So, why visualize in the first place? How is thinking about the future going to provide real world results for you?

The main reason to practice visualization is that it allows you to harness the Law of Attraction to material the things that you want in life.

So, if you want to be a millionaire, you need to be able to see yourself as a millionaire. If you want to be wealthy, you need to see yourself as wealthy. If you want to be rich, you need to allow yourself to feel like a rich person.

Visualization gives you a future to focus on, and it gives you a target to shoot at. Simply knowing what your future should look like will help you to make the right decisions to materialize this future for you.

Think about how you visualize your future right now...you probably see a world of hurt. You think about your bills, student loans and trying to work your way up the ladder in a company that you hate.

That’s a pretty bleak future.

If you can change the way you view your future, though, you are able to materialize that future instead of the one that you are currently focusing on and manifesting.

Remember, whatever you are focusing on, the Law of Attraction will manifest for you.

The Law of Attraction doesn’t just work from a place of positive energy—it allows you to attract any kind of energy...including negative energy.

Visualizing the right kind of future will allow you to change your relationship with the universe, and get on the right vibrational frequency to materialize real wealth.
Visualization also gives you something to look forward to, and it gives you hope.

Trust me, I can understand how exhausting and scary change can be. Even getting started may feel like a chore. You’ve been beat up and kicked around so much in your life, that you probably don’t even want to think about a better future, because you are worried about having it ripped away.

This kind of thinking paralyzes you, and it stops you from manifesting the millions of dollars that the universe wants to give to you.

If you are able to properly visualize a future of wealth, though, you are able to push past these fears and obstacles, and you are able to find HOPE.

Hope is one of the most powerful emotions, and it will work like a flashlight in the middle of your darkest times. Hope is what allows you to dig your way out of the dirt, and what shows you the path to greatness.

When you come back from an effective visualization, you take a piece of that visualization with you. When it comes to visualizing your future, you can bring back hope for a better life, and for the ability to materialize your goals and dreams.

When you see the future, it gives you something to look forward to. It also helps to renew your passion, and it shows you that you can have the life you’ve always dreamed of.
You first need to see it, though.

You need to get comfortable in it, and you need to allow yourself to understand what your future will look like, if you believe and then manifest those beliefs.

While being present is extremely important, when you do think about the future, I want you to think about the future that you are building...not the future that you are allowing others to build for you.

No one is going to build you a future where you are rich and successful. They all want that future for themselves! You need to look out for your own future, and you need to give yourself a future to look forward to.

You then need to fill yourself to the brim with hope, and allow it to wash away any doubt.

The visualization I am going to walk you through in a moment is going to help to wash those negative beliefs and thoughts about your future away. I am going to give you the ability to see a future in which you are happy, and a future in which you are rich.

Just keep in mind that to fully get there, you’ll want to access to all of the tools that I provide in The Manifestation Millionaire.

Now, I know that you’re excited, and you want to jump right in, but first you need to understand how to properly walk yourself through a visualization. If you aren’t doing it right, your chances of actually materializing wealth become lower.

Here are a few tips for visualization that will allow you to become even more effective at materializing wealth.

Get Comfy, Breathe Deeply

In order to effectively visualize, you need to enter a state of comfort. This will allow your mind to truly open, and it will lower the walls that you have put up.

Think about when you were a kid. You had no preconceived notions about the world, and you were able to explore ideas without being weighed down by what is “real” and what isn’t.

You were also able to enter this state without even thinking about it. You were almost always relaxed, because you didn’t have a whole lot weighing on your shoulders.
In order to visualize, you are going to want to get to as close to that state as possible.

Before you start your visualization, find a comfortable place to sit. DON’T lay down, because you may end up falling asleep. Also, DON’T do this while you’re driving. The reason for that will become obvious in a moment.

Once you’re comfortable, begin to breathe deeply. If you need to, breathe in while counting to ten, hold your breath, then exhale counting to ten. Do this a few times until your breathing adjusts.

**Enter a Meditative State**

Allow yourself to slip away and enter a meditative state. It's important not to fight it. You want to be open to letting yourself go, so go with the flow and ignore the negative thoughts in your head.

You may feel awkward or like you are wasting your time at first, but that’s okay. That feeling will pass.

Let yourself slip away, and allow your body to follow suit.

If your eyes get tired, allow them to close. If your shoulders begin to slump, let them. If your head begins to fall forward, allow it to. Don’t fight your body, and don’t fight your mind. Go with the flow.

Keep in mind that for this visualization, you don’t need to be in a perfect state of Zen. You just need to be relaxed, and have your mind open to the process. From there, you can start with the visualization.

**Fast Forward Visualization**

The visualization I would like to walk you through in this eBook is what I call “Fast Forward.”
This visualization is going to allow you to see what your life will look like during each stage of your wealth building journey, so you have a better idea of what your benchmarks will look like, and how they will feel.

Obviously this is a visualization, so the timeline may not be perfect, but if you put in the work and you adopt an abundance mentality, you’ll see each benchmark materialize in real life.

Before you start this visualization, you are going to need to do a little planning. This will help not only for the visualization, but for your goal setting in general.

Keep in mind that I go over goal setting and planning in detail in The Manifestation Millionaire, so I’m not going to go too deep into planning with you in this eBook.

Let’s do some basic planning, though, so you can properly harness the power of this visualization.

Look at your goals in this timeline:

- 1 Month
- 3 Months
- 6 Months
- 1 Year
- 5 Years
This will give you benchmarks to jump forward to in your visualization, and it will give you checkpoints to check in at during your wealth building journey in the real world.

Take each of these time periods into consideration, and consider where you will be at each benchmark. During the full visualization, I am going to walk you through each of them in a general way, but you can always tailor the visualization for your own vision of the future.

Let’s get into the Fast Forward visualization now.

You can do this one of two ways…you can read this and recreate it in your head, or you can record yourself reading this and play that recording back as you go through the visualization process.

Keep in mind that if you record it, you’ll want to give yourself time throughout the visualization to let your imagination go, and soak up everything around you.

The visualization exercise starts HERE:

Relax, and breathe deeply. Allow yourself to fall into a state of openness, and deep calm. Become present, and acknowledge any distractions, then let them go. Enter a state of openness, and allow yourself to be free of judgement.

Entering the visualization, you begin where you are currently. Think about your life. Think about what it looks like. Consider how you feel when you wake up. Consider how you feel at work. Think about the commute home, and what feeling arise during this commute.

Now, feel yourself arriving at home. Who is waiting there for you? How do you feel about whoever is there, or whoever is NOT there?

What does your house look like? Walk around your house in your head, and consider the emotions that arise when you look around your house.

Go to your computer and check your bank statement. Look at the numbers on the screen. How do these numbers make you feel? Step away from your computer, and walk over to the wall, where there is a fast forward button. Press that button now.

The fast forwarding rears up, then slows to a stop. You are now one month in the future. In that month, you have decided to make a change. You have decided to accept wealth into your life, and to start living your dreams.

You have made the first steps towards creating this wealth. What do these steps look like?
How do you feel about the changes that you’ve made?

You look around your house, and everything looks the same, but feels different. What has changed?

You walk back over to the wall, and you press the fast forward button again.

You are now three months in the future. You look around and your house looks pretty much the same, but you know that things are shifting.

You walk over to your computer, which is displaying your bank account information. You notice that there is more money than you usually have in savings. When you click, you see that there have been deposits from somewhere new. A company. A company that YOU build.

You sit back and smile. You see that success is possible. You have made your first few dollars. You breathe in the excitement, and you enjoy the moment.

You then walk back over to the wall, and you press fast forward again.

You are now six months in the future.

You look around your house, and there are some changes. You see a new TV—way bigger than your old one. You notice that you are wearing new clothing—the outfit that you’ve always wanted, but could never afford.
Take a moment and look around. What else has changed?

Again, your computer is open to your bank account, so you take a look at it. There is actually more money in both your checking and your savings accounts!

You see that there are some pretty big deposits, but you also understand that this isn’t enough. You know in the back of your head that you still have to make that commute to work the next day. What a drag.

You go back to the wall, and you hit the fast forward button.

Now, you’ve gone forward to a year.

You look around and things have really changed. You barely recognize your house!

There is new furniture, and new electronics. You also see pictures on the wall. Who is in those pictures? Where are you in those photos? What feelings do those pictures bring up?

You run over to the computer, which is opened to your bank account. Your jaw drops. No way! You can’t believe how much money is in your bank account, but for whatever reason, it feels right. You know that you earned that money, and it feels real.

You think about what you are going to do tomorrow, and something hits you...you don’t have to go to work! You’ve quit your job, and you are now fully immersed in your business. You let this relief wash over you. You soak up the feeling. Then you walk back over to the wall, take a deep breath, and push fast forward.

You are now five years in the future.

When you look around, you realize that you aren’t at your house anymore...or at least at your old house. You are somewhere new, but it feels like home.

You look around and start to explore. What does this new home look like? How is it furnished? What clothes are in the closet? What brands?

You look at the photos on the wall again, and you see some familiar photos from the one year point. Then, you see photos that are new, and they blow you away!

What are in these photos? Who is with you?

You walk around a little more until you get to the garage. When you turn on the lights, you see your dream cars. What kind of cars are they?

You finally find your home office—after all, this house is huge—and your brand new computer is open to your bank account. When you look at it, you are surprised by the number of zeros.
You have **millions of dollars** in your account.

How do you feel when you look at this number? What does it mean to you?

While you want to stay here forever, you know that this isn’t where you are yet. You need to go back. You walk back over to the wall, and instead of a fast forward button, there is a rewind button. You sigh because you have to go back, but then you realize that you can always return.

In five years from now, you won’t even need to fast forward to this point. You’ll be there!

You hit the rewind button, and you come back to where you are now. You are in the present again, but something has changed. You have a new sense of purpose, and you now know what needs to be done.

You’ve seen the future, and now you want to materialize this. You take what you felt with you when you come out of this visualization.

You can now take what you felt in this visualization, and use that energy to get on the right frequency. As long as you believe this is your future, you can make it so.

With this visualization, you’ve let the universe know what you want your future to be. Now the Law of Attraction is really going to kick into high gear.
Grow Real Wealth Through Visualization

In order to train your brain for abundance, and in order to vibrate at the wealth frequency, you need to show yourself that you DO have a future of wealth. You don’t just want this as an idea in the back of your head...

Visualization will help you to see the wealth, so you can manifest it in your life. Once you can picture what wealth looks like, you can start to attract it!

Now remember, while visualizing wealth is an important aspect of building wealth, it isn’t the ONLY aspect.

You’ll need to learn:

- The Universal Laws of Wealth
- How to form wealth building habits
- How to build momentum
- How to program your mind for abundance
- And so much more...

To learn the secrets to becoming a millionaire, and to attract real and lasting wealth into your life, you’ll need my top-selling product, The Manifestation Millionaire.

With The Manifestation Millionaire, I teach you how to harness the power of the Law of Attraction to boost your bank account, and create the kind of wealth that is reserved for the top 1%!

I have the secret to manifesting millions of dollars, and I want to share it with you.

Follow THIS LINK...

...to change your life.
Again, for *The Manifestation Millionaire*, make sure you click [HERE](#)...  

Manifest the life you deserve, starting today!