



## Parent Page



### Trustworthiness

We are learning about trustworthiness! The Trustworthiness Pillar is blue. It reminds us to always tell the truth and to be honest.

#### Here are some things you can do at home:

- **Make a Trustworthiness Pillar.** You can use the one on the back of this page. You and your child can color or paint the Pillar blue. Put the Pillar in a place you will see it often. Talk about the Pillar and how it reminds us to tell the truth.
- **Is it true?** Play a game with your child. Tell your child you are going to say something. Your child needs to say if it is true or not true. Here are some examples:
  - Parent says: “The sky is blue. Is that true? Yes or no?”
  - Child says: “Yes! That’s true!”
  - Parent says: “We have a pet giraffe. Is that true? Yes or no?”
  - Child says: “No! We don’t have a pet giraffe!”

The goal of this game is to help children get used to the concept of truth. It may take a while for your child to understand the concept. Repeating this game will help your child start to understand what is true. Don’t be surprised if your child gets silly and starts to say something is true, when it’s not. For example:

- Parent says: “Grass is purple. Is that true? Yes or no?”
- Child says: “Yes! That’s true!”
- Parent says: “You are so silly! Grass is green!”

Be patient and have fun with your child. This is likely a sign your child is learning the concept!

- **Learn a poem.** Here is a poem about trustworthiness. You might say each line and then help your child say the last word of the line.

Trustworthiness uses the color blue.  
To help me remember what to do.  
I will tell the truth about all I see.  
So all of my friends will believe in me!

