



Parent Page



Stop and Ask...

We are learning how to “Stop and Ask.” We do this when we want to go into a friend’s personal space.

Here are some things you can do at home:

- Remind your child about personal space. Remember when we talked about Space Bubbles and everyone having personal space around their body? Your child can hold their arms out and turn around. This makes an imaginary “bubble” around them.
- Talk with your child about when it is OK to be in someone else’s personal space. For example:
 - to give someone a hug,
 - to hold hands,
 - to play a game or sing a song that involves physical touching (shaking hands, clapping, etc.), or
 - to help someone.

Explain “Sometimes it is OK to be in a friend’s personal space. Be sure to ask your friend to make sure they are happy to share their space.”

- We have learned about “STOP and ASK!” When your child wants to be in someone’s personal space, encourage them to:
 - **“Stop!”** This means be still and think about how to ask.

And then.....

- **“Ask!”** This means asking to be in a friend’s personal space:
 - “May I give you a hug?”
 - “Can we hold hands?”
 - “Can I build blocks with you?”
- There is a picture on the back of this page. It can be a reminder to “Stop and Ask!” You and your child can put it in a place that will help you remember!

To show respect:

STOP

and

ASK