

Parent Page



Kindness Tree

We are learning about caring. We made a Kindness Tree in our program.

Here are some things you can do at home:

- **Make a Kindness Tree.**
 - With your child, use the picture on the back of this page or make your own Kindness Tree to put on a wall.
 - Together, cut out pieces of paper in the shape of leaves or fruit. Talk with your child about being kind. Tell your child that each time someone is caring and kind in your home, a leaf or shape will be put on the tree.
 - When there is an act of kindness in your home, write down what happened on the leaf or shape and tape it to the tree.
- **Be kind to neighbors.** With your child, think of ways you can show caring to neighbors. Make a list of your ideas. Make a plan to carry out your list. Your neighbors will be glad you did! You can:
 - Make a card for a neighbor and deliver it,
 - When you see a neighbor working in their yard, ask if there is something you can do to help,
 - Bake cookies and share them with neighbors.
- **Visit the library.** Ask the librarian for help finding books about caring. Two books to look for:
 - *Have You Filled a Bucket Today?: A Guide to Daily Happiness for Kids* by Carol McCloud.
 - *Fill a Bucket: A Guide to Daily Happiness for Young Children* by Carol McCloud; Katherine Martin.

