



## Parent Page



### Classroom Code

We are learning about citizenship. A good citizen follows rules. We have a list of rules for our program.

#### Here are some things you can do at home:

- **Make family rules.** Rules help children and grown-ups know what is expected. You and your child can make rules for your family. If there are others in your family, they can help, too.
- **Talk about rules.** Do you already have some family rules? What are they? Are there other rules that can help your family?
  - What is a rule that would keep us from getting hurt?
  - What is a rule that would help us respect each other's feelings?
  - What is a rule that would help us respect the space of others?
- **Decide the rules.**
  - With your child, look at the rules you have written.
  - Is your list longer than three or four rules? See if you can shorten the list to four.
  - Try to have rules that you can use through the day and in different places.  
Instead of these two rules:
    - Everyone will clean up after breakfast, and
    - Everyone will clean up his or her toys.Try one of these:
    - Everyone will clean up after himself or herself, or
    - Everyone will be responsible.
- **Keep rules positive.**

– Instead of this: No yelling.	Try this: Use quiet voices.
– Instead of this: Don't leave toys out.	Try this: Put toys on the shelf.
- **Make a poster.**
  - Write your family rules on a piece of paper or poster board. You can use the back of this paper.
  - Draw a picture by each one to help your child remember the rule.  
Put the poster in a prominent place. Talk about your family rules regularly.

# Our Family Rules