



Lisa Kelly

President, Kelly Wellness Consulting Inc.
Founder/Director, Workplace Wellness
Ambassador Certification Programs

Global Workplace Wellness Consultant – Trainer – Coach

Creating healthy, thriving workplaces **together** through...

- *Workplace Wellness Ambassador Certification Programs*
- Workplace wellness strategic planning, program design, and delivery
- *FOCUS on Healthy Eating Programs*
- Stressmaster International Programs
- Corporate training of Wellness Ambassadors and committees
- Executive wellness and leadership training/coaching programs
- Culture building and team development
- Virtual and onsite programs/coaching

Qualifications...

- Over 25 years combined experience in training and development, consulting and coaching services to corporate and government sectors
- Global Workplace Wellness Consultant, Trainer, and Coach
- WELCOA Top 100 Health Promotion Professional
- Corporate Health and Wellness Specialist
- Master of Adult Education
- Bachelor of Commerce
- Certified Holistic Nutritional Consultant™
- Certified Professional Coach
- Certified Intrinsic Coach

- Mobilizing employees and organizations towards higher performance, growth and success -



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