

to the market. They're passionate and emotional and experience life as a constant state of evolution and growth. Violets are spiritual, but often in a more universal and less faith-driven way. They need a lot of space for solitude and can often appear aloof or antisocial, though in reality they love people on a more selective level and revel in fewer, deeper conversations. "Out of power" violets can also be arrogant, thinking they can do everything better than anyone else, and so they try, leading them to feel overwhelmed, frustrated, and fatigued. They crash hard when they ignore their inner sense of mission or try to pursue many things at once, rather than going deep into a few.

The full description was far more extensive. I've taken nearly every personality assessment ever made, and the accuracy of the description made my jaw drop. So color me open to auras and other, not-so-easy-to-validate phenomena.

At the same time, if there is science out there, I want to know what it is. And if the science is strong and conflicts with the metaphysical or nonscientific explanation, you can be pretty sure I'm going to take the side of science. That's where I find myself with the whole notion of manifesting. Especially in the context of the laws and rules most often offered.

The idea has been around probably as long as we have. Want something to have or hold or happen? Think it into being. Want someone to drop into your life? Dream it into being. Specifics tend to vary a bit among leading books, movies, and teachers in the space, but the general process is:

1. Get crystal clear on what you want.
2. Create a detailed, tangible representation of it.
3. Ask the universe to deliver your vision into reality, to manifest it.
4. Do not try to figure out how to make it happen; simply hold yourself open for the answers and the outcomes to manifest themselves in your life.