

## Tying it all together

The gut makes up about 80% of the immune system.

The gut makes neurotransmitters (brain messengers) which effect sleep, mood, appetite, and ability to focus.

Heavy metals damage the brain and keep it from being able to function properly.

Detoxification must be done safely, and effectively.

Support the brain's needs for balanced behaviors and well-being.

Repair the brain's ability to function properly with natural therapies to allow optimum function and balance.

Maintain the established results for ongoing success.