

# Contemplation and Action

An Immersion is an opportunity to leave home in order to see a bigger view of God,

to deepen faith and to return with a new vision for daily life.

## Why a Contemplation and Action Immersion?

The LORD calls us to do justice, love kindness and walk humbly with our God. The strain and heartbreak of the human condition at times can be crushing. Coming from a place of pain or frustration, even our best intentions toward good can be laced with the violence of imposing ourselves on the world. In prayer, though, we can hold this hard stuff before God. In doing so, how we treat the other can be transformed from the inside out.. As we persevere in solidarity with the other, we receive the promise of fullness of life.

#### Who?

This immersion is for leaders (including students from 8th grade and up) who want to understand and reduce homelessness, in an experience of prayer and action.

#### Where?

This immersion will take place in three locations: the Rothko Chapel, The Beacon and Angela House, all in Houston.

#### What?

The Contemplation and Action Immersion is a guided experience that will introduce participants to the following:

- Centering prayer at the Rothko Chapel
- \* Hands-on service at The Beacon, a center that provides services that restore dignity, self-respect and hope to Houston's poor and homeless, http://www.chomhouston.org/
- Learning from staff about the work at The Beacon and listening to the stories of those who are part of The Beacon community
- \* Dinner and conversation with the residents of Angela House, a residential facility that successfully transitions women into society after incarceration, http://angelahouse.org/

The goal of this immersion is to connect our "being" and our "doing." A commitment to contemplation and action may lead to loving and serving more freely, purely and unconditionally... like Jesus.



# **Agenda**

Pre-Event: Assigned reading related to the host communities and their missions, and the practice of centering prayer

## Saturday, November 8, 2014:

- 9:45am: Meet at Rothko Chapel for brief overview
- 10:00am: Centering Prayer inside Rothko Chapel
- 10:30am: Depart for The Beacon
- 11:00am-2:00pm Hands-On Volunteering
- 2:00-4:30: Speakers at The Beacon, including Beacon staff and community
- 5:00: Drive to Angela House for dinner and conversation with residents
- 7:00-7:30: Contemplative Prayer in the chapel at Angela House
- 7:30-8:30: Debrief, discussion, and evaluation

Cost: \$25 Register by October 18, 2014, at waytolead.org