

## Lent Meditation—Week 2

### *Committing to Live in Relationship with God*

#### **Invocation**

God of relationship, God of Trinity, you flow throughout the generations and through our lives. We are so happy that you wish to be in relationship with us. This week help us to see how being in relationship with you will strengthen our relationships with each other. We invite you to open our hearts and souls to new ways of relating to you and to each other.

#### **Confession**

**Lord, some of us are good at seeing you in all people. Most of us have a hard time seeing you in difficult people. Help us to remember that you have made a commitment to be the God of all people in all generations. This includes everyone – even the kids who have way too much attitude, even the teenagers who live with drama, even the parents who tend to be bossy, even the old folks who can be crotchety and opinionated. Be patient with us Lord and help us as we step into the flow of the generations.**

#### **Genesis 17:7**

God said to Abraham, "I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you."

#### **Mark 9:7**

Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!"

#### **Prayer**

**Leader:** God of Abraham, we give you thanks and praise that you can see the big picture of humanity. Help us to see ourselves as one of many families of living things, all needing nurture and respect. Help us to commit to helping where we can.

**All: Help us to walk in relationship with God.**

**Leader:** Jesus, we want to listen to you. You teach us to listen to all people, even the dirty, even the unlikable. Help us to love God with all our hearts and minds and souls and strength, and to love each other as family.

**All: Help us to walk in relationship with God.**

**Leader:** Spirit of God, lead us to action. Like drops of water in a river, let us join together to make the changes that will allow all people of all generations to wade into relationship with you.

**All: Help us to walk in relationship with God. Amen**

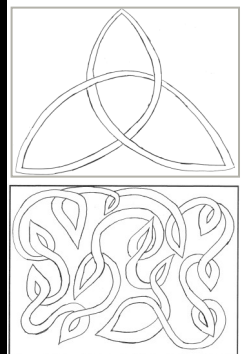
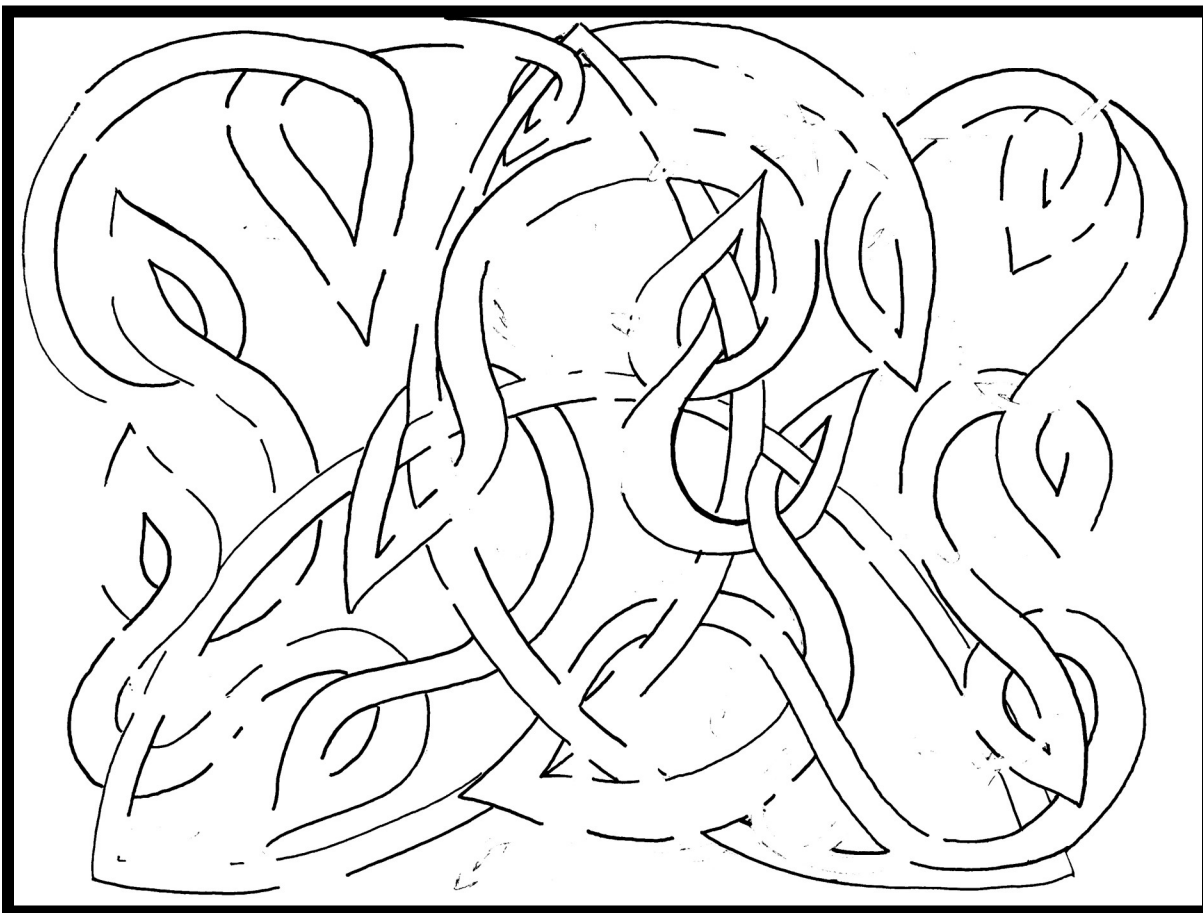


## A time of silence

You are invited into a time of silence. This year we are looking at how the Celtic knot can lead us into a Spiritual practice. This type of drawing follows the flow of a design by going **over** and then **under** the lines that intersect it. We understand that this rhythm reflects our awareness of God. Sometimes we see God's presence plainly and sometimes we cannot see God anywhere. Even so, we continue in our relationship, trusting that we will be "over" again soon.

*Notice how a new design has overlaid the one before it.* Choose a color for each design, one that makes you think about that Covenant. Follow each design as a prayer. Say "over" and "under" as you come to intersections. Contemplate how you see that kind of relationship in your life.

Perhaps you would like to make your own design. With a pencil, lightly draw a simple squiggle on the back, making sure that it overlaps itself at points. Now closely outline the periphery of the image as well as the inner loops. Now you can start at any point erasing and emphasizing the intersections – always going **over** and then **under**. Remember that this is also a prayer for us to be in relationship with God.



Covenant knots—Weeks 1, 2

## A blessing

May God bless those who came before us.  
May God bless those who will come after us.  
May God bless everyone that we meet.  
May we always journey in relationship with God.

## Lent 2018 Week 2

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