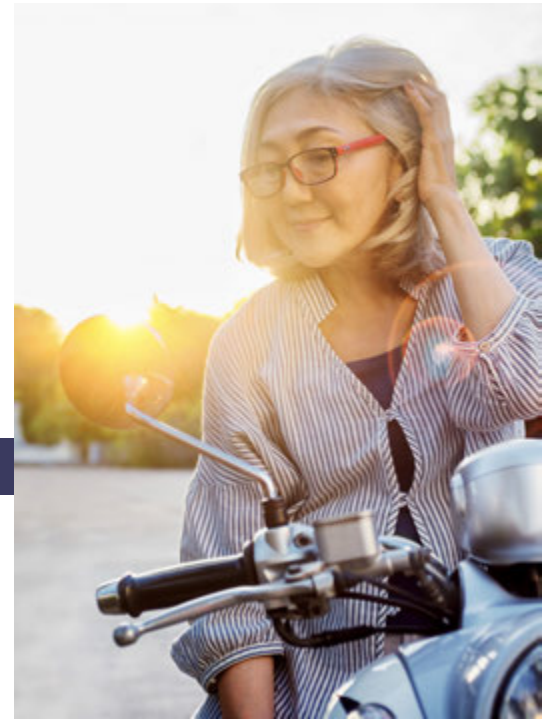


livfun

Canfield Place

APRIL 2018 • SPRING HAS SPRUNG!



Diane Receives Volunteer Award!

When looking for a way to spend her free time in her retirement, Diane Cadonau discovered the Hillsboro Police Department was starting a new volunteer program. Diane became one of the very first volunteer mediators in the Hillsboro Mediation Program in 1994. Her calming presence assisted many people in coming together to air out their differences and work out a solution. In addition to her mediation services, Diane also handled phone calls, did case management and filled in the gaps between program directors.

Diane Cadonau moved into Canfield Place in June 2016. Diane continued to volunteer her services to the Mediation program through phone calls and computer work after making the move into Assisted Living. Just this past fall, in September 2017, she retired from her volunteer position with the Hillsboro Police Department. She had provided her valuable services for 23 years. Diane was honored at a reception in which she was recognized as having been the most active volunteer in the history of the Hillsboro Mediation Program. According to Julie Keys, Police Program Specialist, Hillsboro Mediation, "Over the years, Diane volunteered so much at Hillsboro Police that some full-time employees thought SHE was a full-time employee."



Just recently, Diane was notified that she had been selected 2017 Volunteer of the Fall Quarter by the National Association for Community Mediation (NAFCM). Only four volunteers across the country are chosen for this distinction each year. In February 2018, Diane was presented her award plaque at Canfield Place with her son, Kevin Cadonau, by her side. Julie Keys made the presentation on behalf of the Hillsboro Police Department along with several police officers who had worked with Diane over the years. It was truly a heartwarming moment for all to see. Both Diane's son and her many friends at Canfield Place were able to share in the joy of this special presentation. At this award ceremony, Diane was informed that the Hillsboro Police Department had decided to create an award in her honor for her years of dedication. It will be the Cadonau Award which will be an annual award given to a volunteer during National Volunteer Month whom shows exemplary service to the Hillsboro community. Diane's kindness continues, as when she was speaking she shared, "I encourage everyone to volunteer in whatever capacity you are able. It is so meaningful."

Books on Wheels

For many, the ability to visit a local library is routine; but for some, it is a luxury. Fortunately, the creation of bookmobiles made library books more accessible and helped spread the joy of reading.

At the turn of the 20th century, a Maryland librarian named Mary Titcomb wanted to provide reading materials to communities without a nearby library. Inspired by England's small mobile libraries, which had been around since the 1850s, Titcomb created America's first bookmobile, a horse-drawn wagon that delivered boxes of books to general stores and post offices in rural areas.

Motorized bookmobiles broadened the reach to schools, senior centers and American Indian reservations. The idea caught on, and by the late 1930s, there were 60 traveling libraries across the country. The Library Services Act of 1956 provided federal funds for 288 new bookmobiles, which served more than 30 million people and paved the way for a bookmobile boom that lasted into the '60s.

Today, an estimated 900 mobile libraries are operating in the U.S., and many of them offer computer and internet workstations along with books, CDs, DVDs and other services.

National Bookmobile Day is celebrated every April during National Library Week.

Here at Canfield Place each Sunday, we have our Large Print Library Checkout available at the Front Desk from 1 to 3 p.m. with Melody. Do you have a favorite author you like to read? Is there a bestseller you have been wanting to get your hands on? Just let her know, and we can submit your request with the Beaverton Outreach Library.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|---|--|--|---|---|---|--|---|
| <p>EASTER SUNDAY 1</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie & Popcorn, GR</p> | <p>2</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Rummikub Tile Game, GR</p> <p>3:00 Social Mixer, GR</p> <p>3:30 BRAIN FITNESS WITH KRISTIN, LIB</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>3</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:30 Catholic Communion, PDR</p> <p>12:00 A WRINKLE IN TIME MOVIE, GR</p> <p>1:00 Bridge Game, LIB</p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>3:30 Resident Council Meeting, PFG</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>4</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Mexican Train Dominoes, GR</p> <p>1:30 Bingo, PFG</p> <p>3:00 Sports Fun, GR</p> <p>6:15 Movie & Popcorn, GR</p> | <p>5</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:15 <i>Crafting Group, GR</i></p> <p>10:45 Scrabble Game, LIB</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>6</p> <p>9:30 Flexibility Fridays, PFG</p> <p>9:30 Fred Meyer Trip #1, L</p> <p>11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L</p> <p>2:00 Music with Monte</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>7</p> <p>10:00 Coffee Time, B</p> <p>1:30 Bingo, PFG</p> <p>3:30 Wii Bowling, GR</p> | |
| <p>8</p> <p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p>2:00 Music with Lee Nichols</p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie & Popcorn, GR</p> | <p>9</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Rummikub Tile Game, GR</p> <p>3:00 Social Mixer, GR</p> <p>3:30 BRAIN FITNESS WITH KRISTIN, LIB</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>10</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:30 Catholic Communion, PDR</p> <p>11:00 SPAGHETTI FACTORY LUNCHEON, GR</p> <p>1:00 Bridge Game, LIB</p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>11</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Mexican Train Dominoes, GR</p> <p>10:00 20 Questions with Alexa, GR</p> <p>1:30 Bingo, PFG</p> <p>3:30 Vegas Games with Jason, GR</p> <p>6:15 Movie & Popcorn, GR</p> | <p>12</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:15 <i>Crafting Group, GR</i></p> <p>10:45 Scrabble Game, LIB</p> <p>2:00 Book Club with Kristin</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>13</p> <p>9:30 Flexibility Fridays, PFG</p> <p>9:30 Fred Meyer Trip #1, L</p> <p>10:30 <i>Church Service with Nehemiah, GR</i></p> <p>11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L</p> <p>3:30 CONCERT WITH NEHEMIAH BROWN, GR</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>14</p> <p>10:00 Coffee Time, B</p> <p>1:30 Bingo, PFG</p> <p>3:30 Resident Birthday Party, GR</p> | |
| <p>15</p> <p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie & Popcorn, GR</p> | <p>16</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Rummikub Tile Game, GR</p> <p>3:00 Social Mixer, GR</p> <p>3:30 BRAIN FITNESS WITH KRISTIN, LIB</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>TAX DAY 17</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:30 Catholic Communion, PDR</p> <p>1:00 Bridge Game, LIB</p> <p>1:00 WOODEN SHOE TULIP FARM EXCURSION, GR</p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>18</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Mexican Train Dominoes, GR</p> <p>1:30 Bingo, PFG</p> <p>3:00 Sports Fun, GR</p> <p>3:00 Music with Monte, GR</p> <p>6:15 Movie & Popcorn, GR</p> | <p>19</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:15 <i>Crafting Group, GR</i></p> <p>10:45 Scrabble Game, LIB</p> <p>1:30 Root Beer Floats with Alexa, GR</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>20</p> <p>9:30 Flexibility Fridays, PFG</p> <p>9:30 Fred Meyer Trip #1, L</p> <p>11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L</p> <p>1:30 Resident Meeting, GR</p> <p>4:30 Accordion with Phil Hall</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>21</p> <p>10:00 Coffee Time, B</p> <p>1:30 Bingo, PFG</p> <p>3:30 Wii Bowling, GR</p> | |
| <p>EARTH DAY 22</p> <p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p>1:30 Music with Bill Beach, GR</p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie & Popcorn, GR</p> | <p>23</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Rummikub Tile Game, GR</p> <p>3:00 Social Mixer, GR</p> <p>3:30 BRAIN FITNESS WITH KRISTIN, LIB</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>24</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:30 Catholic Communion, PDR</p> <p>11:30 OTTO & ANITA'S LUNCHEON, GR</p> <p>1:00 Bridge Game, LIB</p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>25</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Mexican Train Dominoes, GR</p> <p>1:30 Bingo, PFG</p> <p>3:00 MUSIC WITH LEE NICHOLAS, GR</p> <p>3:00 Sports Fun, GR</p> <p>3:30 Vegas Games with Jason, GR</p> <p>6:15 Movie & Popcorn, GR</p> <p>7:00 BIG BUCKS BINGO, DR</p> | <p>26</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:15 <i>Crafting Group, GR</i></p> <p>10:45 Scrabble Game, LIB</p> <p>2:00 Book Club with Kristin</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>27</p> <p>9:30 Flexibility Fridays, PFG</p> <p>9:30 Fred Meyer Trip #1, L</p> <p>10:30 <i>Church Service with Nehemiah, GR</i></p> <p>11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>28</p> <p>10:00 Coffee Time, B</p> <p>1:30 Bingo, PFG</p> <p>3:30 Claire Phillips Presentation, GR</p> | |
| <p>29</p> <p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie & Popcorn, GR</p> | <p>30</p> <p>9:30 EVERYDAY EXERCISE, PFG</p> <p>10:00 Rummikub Tile Game, GR</p> <p>3:00 Social Mixer, GR</p> <p>3:30 BRAIN FITNESS WITH KRISTIN, LIB</p> <p>7:00 "Jeopardy!" & "Wheel of Fortune," GR</p> | <p>Transportation</p> <p>Monday, Wednesday & Thursday, 8:30 a.m.-2 p.m.: Doctor Appointments</p> <p>Tuesday, 10:30 a.m.-3:30 p.m.: Tuesday Excursion Trips</p> <p>Friday, 9:30 a.m.: Fred Meyer Trip #1</p> <p>Friday, 11:45 a.m.: Fred Meyer Trip #2</p> <p>Friday, 11:45 a.m.: Banks, Post Office, and Dollar Tree</p> | | | | <p>Locations</p> <p>Bistro, B</p> <p>Dining Room, DR</p> <p>Great Room, GR</p> <p>Library, LIB</p> <p>Lobby, L</p> <p>PrimeFit Gym, PFG</p> <p>Private Dining Room, PDR</p> | <p>Birthdays</p> <p>Paul Gold, 19th</p> <p>Alan Dale, 25th</p> |

CANFIELD PLACE

LIVING BETTER THAN EVER

14570 SW Hart Road
Beaverton, OR 97007
503.626.5100

Staff

General Manager

Jennifer Carty

Sales Advisor

Pam Rinehart

Chef

Robert McKenzie

Restaurant Supervisor

Nancy Campos

Health and Wellness Manager

Shawna Frazier

Bookkeeper

Amanda Shriver

PrimeFit Instructor

Kristin Nackers

Housekeeping Supervisor

Colleen Rake

Plant Operations Supervisor

Mike Campos

Bursting With Spring Blossoms

This month, cities around the country are celebrating the bursting colors of spring blossoms with festivals dedicated to regional flora.

Skagit Valley Tulip Festival –

Tulip farms scattered throughout Washington state's Skagit Valley begin blooming in April, and that's when thousands of visitors crowd area roads for a scenic driving tour of the spectacular fields of flowers.

North Carolina Azalea Festival –

The port city of Wilmington, N.C., draws more than 200,000 people to a weeklong celebration of the millions of lush, showy shrubs that come alive with blooms of pink, purple and red.

Atlanta Dogwood Festival –

Flowering dogwood trees provide a beautiful backdrop for this Georgia tradition that dates back to 1936.

Meriden Daffodil Festival – During the last two weekends in April, thousands of people gather in this Connecticut city to view a sea of 650,000 sunny yellow and white daffodils in bloom.

During the month of May we will be taking several excursions to see the gardens near Canfield Place. We will be visiting The Schriener's Iris Garden, the Crystal Springs Rhododendron Garden and the International Rose Garden. April showers truly lead to beautiful May flowers here in Oregon!



Sharon loves a great party!



Pat enjoys St. Patrick's Day dinner.



Bob and Pat's first holiday here at Canfield.



Don and Dorothy celebrate St. Paddy's Day.

HAVE THE

time of your life

Get on board with

TRAVEL BY LEISURE CARE



2018 Destinations

Best of British Columbia Cruise | May 14-18, 2018

Mexican Riviera Cruise | Oct 21-28, 2018

Presidential Caribbean Cruise | Nov 25-Dec 2, 2018

For more information,
or to book your getaway, contact:

Carol Dennis at 1-888-468-2010



TRAVEL BY LEISURE CARE
POWERED BY TWIST TRAVEL