

Materials List & Instructions

Shrink Film Flower Blossom Ring

Tools

Oven or Toaster Oven
Scissors
Cutting Machine (*recommended*)
Paintbrush (or something with a small, rounded end)
Emery Board or Fine Sand Paper

Materials

Shrink Film - "Inkjet Clear"
Copic Marker - Pink
Small Gold Bead
Gold Ring Blank
E6000 Adhesive
Toothpick
Parchment Paper or Vellum
Foam Sheet

Instructions

Before starting, it is recommended that you test out your chosen marker colors and also practice shaping the shrink film after baking with a scrap piece.

1. Gather tools and materials.
2. Cut design out of shrink film by:

Cutting Machine (recommended) - size design 50% larger than desired finished piece. The machine will need to cut the film multiple times to go all the way through, depending on the thickness of film being used (*see "Shrink Film Cutting" instructions if using Cricut*). You may need to use scissors to clean up the edges after popping the design out.

Cutting by hand - if using inkjet printable shrink film, print out the design onto film then cut with a small pair of sharp scissors. If not, print out design onto paper and use as a template to trace onto film of choice.

3. Color the stamen piece and the center of petals with a pink marker. Keep in mind that colors will darken and intensify after baking, so pick a lighter color.
4. Bake the larger of the two petal pieces in the oven, following shrink film instructions. We used a toaster oven set at 350° and baked the parts for about 1 minute on a piece of vellum paper.
5. Carefully pull the film out of the oven and place onto a piece of foam. Use the handle of a large paintbrush (or something similarly rounded) to gently push down the middle of the flower and shape the petals upward with your fingers. This has to be done **very quickly** before the film cools. Repeat this step for the smaller petal piece.

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Instructions (continued)

6. Bake the stamen piece like in step #5, but use a smaller paintbrush handle to gently curl the bits inward.
7. Carefully file the edges of the film pieces, if needed.
8. Apply glue with a toothpick to the center of the bigger flower petal piece, the bottom of the smaller petal piece, and the top center of the stamen. Wait 2 minutes for the glue to get tacky.
9. Stack the two petal pieces, and place the gold bead in the center of the stamen. Wait at least 30 minutes to dry.
10. Apply glue to the center of the flower and the bottom of the stamen. Wait 2 minutes for the glue to get tacky then attach.
11. Apply glue to the bottom of the finished flower and the top of the ring blank. Wait 2 minutes for the glue to get tacky then attach.
12. Allow ring to dry at least 24 hours in a safe place.

Cricut Shrink Film Cutting



Cardstock, Glitter - 0.6mm	327	2x	Regular	<input checked="" type="checkbox"/>
Paper, Glitter Epoxy Printed 0.5mm	327	2x	Regular	<input checked="" type="checkbox"/>
Paper, Heavy Watercolor - 140lb	327	Off	Regular	<input checked="" type="checkbox"/>
Felt, Wool	328	5x	Regular	<input checked="" type="checkbox"/>
Felt w/ backing	331	2x	Regular	<input checked="" type="checkbox"/>
Chipboard, Heavy - 0.7mm	331	3x	Regular	<input checked="" type="checkbox"/>
Paper, Glitter Light	338	Off	Regular	<input checked="" type="checkbox"/>
Shrink Film	340	4x	Regular	<input checked="" type="checkbox"/>
Stencil - 0.4mm	341	Off	Regular	<input checked="" type="checkbox"/>
Fabric, Tight Woven Burlap w/ backing - 0.9mm	344	Off	Regular	<input checked="" type="checkbox"/>

2 ADD NEW MATERIAL DONE

Stencil - 0.4mm	341	Off	Regular	<input checked="" type="checkbox"/>
Fabric, Tight Woven Burlap w/ backing - 0.9mm	344	Off	Regular	<input checked="" type="checkbox"/>
New Material Defaults	5	Off	Regular	<input checked="" type="checkbox"/>
3 Shrink Film	340	4 6x	Regular	<input checked="" type="checkbox"/>

0 **5** 340 - + Cancel Save **6** ADD NEW MATERIAL DONE

Instructions

1. After setting up your mat and going to cut in Design Space, click "Edit Custom Materials" at the bottom left side of the window.
2. Click "Add New Material" at the bottom right of window.
3. Name your new material setting.
4. Set the amount of times you want the Cricut to cut your shrink film. We set ours to 6x.
5. Max out the cutting pressure to 340.
6. Click "Done" in the bottom right to save your new material setting. You are now ready to cut! Because the film we used was so thick, we cut the design on this setting twice.