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JULY 2018

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#DISCOVER CHANDLER SCAVENGER HUNT_x

SATURDAY, **JULY 21**

In celebration of Park and Recreation Month we're challenging you to **#DiscoverChandler**. Find all the best sights and hidden recreation gems in Chandler with your kids, friends or family! Armed with your smartphone as your tour guide, you'll locate hotspots, unlock challenges and climb the scoreboard. Finders, keepers. One super team will win the ultimate parks & recreation treasure - valued at \$2,500!



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How to Enjoy the Summer and Ignore the Heat

SUMMER'S HERE AGAIN AND I DON'T KNOW ABOUT YOU, BUT IT'S KIND OF A DRAG. You'd think I would be use to it by now, having lived in the Valley since I was 4 years old, but—newsflash!—I'm not. The instant sauna that hits your entire body the minute you step outside, the makeup that melts off while the car air conditioner is ramping up, the pool that feels like bath water at 4 p.m. It's hot. All the time. Everywhere. And it doesn't end.

While I understand these are #firstworldproblems, it's not easy to get used to these inconveniences. These are the days where I'm counting down to that first chill in the air, which arrives some time in late October. It's like the entire city takes a deep sigh of relief and gives a group high-five, as if to say, "Yay, we did it! We made it through another summer!"

But there's also things that I enjoy about our scorching-hot days, like the seasonal fruits that are overflowing at the grocery store. Yes, please, to sweet blueberries, strawberries, peaches, corn and watermelon. Yes, please, to eating popsicles in the pool and having chips and guac and margaritas for dinner.

Summers are also meant for vacations and staycations. We recently spent a week in the North Shore of Hawaii where we ate shaved ice and played on the warm beaches all day long. Talk about heaven on earth! I have two plans in place for the days when we're so over the heat: 1) Drive up north to our family's cabin to find some respite and 2) staycation, staycation, staycation! If you're like me, then you delight in the summer staycation deals offered at most Valley resorts. When else am I going to stay at the Phoenician for under \$200/night (while basking in glorious 70-degree in-room air conditioning)?

To help you explore local resorts offering great summer promotions, check out our article on Local Escapes on page 28. If staycations aren't your thing but you're looking for something to do to beat the heat, our article on page 22 shows you four activities that are great for kids, adults and the entire family. And if you're in the market for a new summer cocktail to enjoy by the pool, go to page 34 for the recipe for Las Palmas Cantina's Piña Mezcalito, a smoky beverage that's unlike anything you've tasted before.

Happy reading!

Mindy Haskins, Editor

ChandlerLifestyle.com



Chandler

L I F E S T Y L E™

JULY 2018

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Proverbs 3:5-6

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ON THE COVER The Scott Resort & Spa
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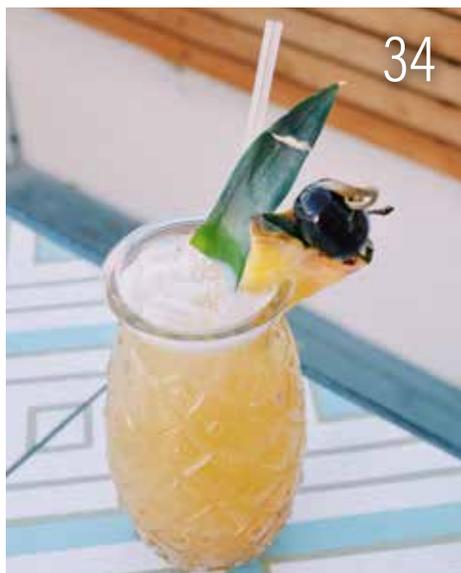
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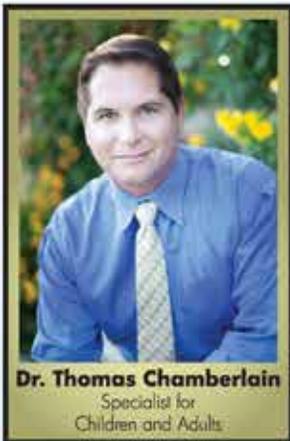
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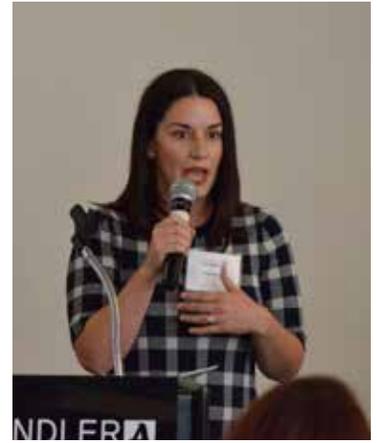


Chandler Chamber Annual Community Awards

This prestigious event honors local businesses and individuals for their outstanding contributions to the community. The theme was "The Chamber is Right!" and attendees enjoyed games, prizes and plenty of surprises along with dinner and the awards presentation.

PHOTOS COURTESY OF EVERARDO KEEME PHOTOGRAPHY.





Women in Leadership Luncheon

Chandler Lifestyle's 2018 "Women of Chandler" were honored at a luncheon held by the Chandler Chamber of Commerce on May 15 at SoHo63. Attendees gathered for a chance to meet and hear from this powerful group of business and community leaders.



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GOOD TIMES



Von Hanson's Ribbon Cutting Celebration

The Chandler Chamber of Commerce held a ribbon cutting ceremony for Von Hanson's Meats & Spirits on June 5 to celebrate its 14th anniversary providing quality meat products and specialty market items to the Chandler community.



Crown Castle Hosts Day of Service

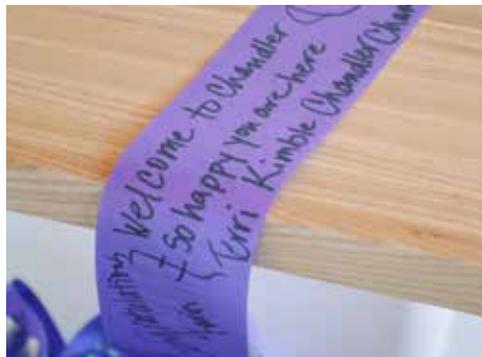
Crown Castle, the nation's largest provider of shared communications infrastructure, hosted a day of service as part of its Connected by Good community parks initiative. In Chandler, 120 employees spread landscape rock, raked wood chips and cleaned the playgrounds at Pecos Ranch Park. **PHOTOS COURTESY OF CROWN CASTLE.**





Las Palmas Cantina Ribbon Cutting

Owner Julian Wright cut the ribbon on his new restaurant, Las Palmas Cantina, in Downtown Chandler last month. On hand to help were members of the Chamber of Commerce and representatives from ICAN. The restaurant brings the food, drinks and coastal vibes of the Mexican Rivera to downtown. **PHOTOS COURTESY OF LAS PALMAS CANTINA.**



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GOOD TIMES



Chandler Fire Station Open House

On June 2, an open house was held for Chandler's new Fire Station No. 11. The station is located at 4200 S. Gilbert Road, near Ocotillo and Gilbert roads. In addition to station tours, there were fire truck, ambulance and apparatus displays, demonstrations of emergency medical services and free blood-pressure checks.



Fit Society's "Murph The Fit"

On Memorial Day, members of Fit Society gathered for a Charity Workout of the Day to honor Lt. Michael Patrick "Murph" Murphy, a U.S. Navy SEAL who was killed in action in 2005 and awarded the Medal of Honor. As a community, they raised \$2,000 for a memorial scholarship fund in Murph's honor.





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CHANDLER NATIVE SUPPORTS THE "SILENT SERVICE"

A 2014 Chandler High School graduate and Chandler native is serving in the U.S. Navy supporting nuclear-powered, fast-attack, submarines homeported in and visiting the Groton, Conn. area. The Naval Submarine Support Center, New London (NSSCNLON) provides administrative and support functions to approximately 20 submarines. Petty Officer 3rd Class Kylin Johnson is currently an electrician's mate, but he's retraining to serve as an information systems technician. A Navy information systems technician is responsible for working on computer systems as well as operating and restoring a submarine's local area network (LAN). The submarine community is an all-volunteer force, which has some of the most highly trained and skilled people in the Navy. Johnson graduated from submarine school in December 2017. He looks forward to graduating this month from his current technical training for information systems technology.



REPORT GRAFFITI BY TEXTING NEIGHBORHOOD SERVICES TEAM

Chandler residents can now report graffiti and other code violations to the city's Neighborhood Services team by sending a text message. It's a convenient, modern and simple way to let city staff know about issues in your community. To report graffiti, send a text to the Graffiti Hotline at 480.782.4322. Code violations should be reported via text to 480.782.4320. When sending a text, residents will need to provide their name, address, phone number and the address (or crossroads) of the violation they are reporting. For more information, visit ChandlerAZ.gov/GET.



CITY SEEKS VENDORS FOR ANNUAL CHUCK WAGON COOK-OFF

The Chandler Chuck Wagon Cook-Off is inviting vendors to participate in the 2018 event at Tumbleweed Ranch on Saturday, Nov. 10. Vendors who specialize in food and beverages, merchandise, artist sales and farmers markets, along with nonprofit organizations, businesses and companies with informational booths are invited to participate. This event is produced by the Chandler Museum and its support organization, Partners of Tumbleweed Ranch. Preference will be given to vendors who specialize in cooking, local foods, Western art, and other old West or history-related items. The deadline to submit a vendor application is 5 p.m., Friday, August 31. Applications are available at PartnersofTumbleweedRanch.org or by calling Mary Ellen Crane at 602.291.9233.



ALAMO DRAFTHOUSE DEBUTS SUMMER FAMILY PROGRAM

The Summer Family Fun Card is a free program that encourages kids to track the new and classic movies they see at Alamo Drafthouse to earn prizes. Every film a child 12 or under sees through August 31 is eligible for a sticker and a temporary tattoo. The more stickers kids collect, the more prizes they win, like milkshakes, pizza, free movies and more. Summer Family Fun Cards are free and available at locations in Chandler and Tempe or at Drafthouse.com/Family and includes new releases and Kids Camp screenings. With the return of Kids Camp movies, kids and parents can escape the heat and enjoy classic and family-favorite films for just \$1, \$3 or \$5. All proceeds will benefit either the Chandler Education Foundation or Tempe Diablos. Kids Camp shows take place every day, mostly at 12:30 p.m. Visit Drafthouse.com/Phoenix for show times.



PEIXOTO COFFEE ROASTERS SIGNS LEASE IN UPTOWN CHANDLER

Peixoto Coffee Roasters has developed a strong following since it opened in Downtown Chandler in 2015 causing a need for additional space. Peixoto is well known for importing their coffee beans from their family-owned farm in Brazil and ranks in the top five for the total number of Yelp reviews for a coffee shop in metro Phoenix. Peixoto previously produced all of their coffee within the store. This new industrial space in Uptown Chandler will allow the company to meet its growing demand and also allow the coffee

shop to open up more customer seating. Other notable tenants in Uptown Chandler include NXP, State Forty Eight, SanTan Brewery (production facility), Turbo Resources, Maxim Integrated, StrongMind and BASELAYER. Visit PeixotoCoffee.com and ChandlerAZ.gov/Uptown for more information.

+ PITA JUNGLE LAUNCHES NEW SEASONAL MENU

Pita Jungle has launched a new Seasonal Kitchen Crafts Menu featuring a handful of brand new dishes full of color and flavor. For this menu, the local restaurant group is focusing on all things superfoods! The 10-item menu will run through mid-September. Some of the new items include Barley & Beluga Fetoosh, Black Kale & Blueberry Toasted Almond Bowl and Veggie-Quinoa Stir Fry with Kimchi. In addition, Pita Jungle recently updated its cocktail menu to feature four new summer-time drinks. Learn more at PitaJungle.com.

+ OBJECT INSPIRATION: A COLLABORATIVE EXHIBITION WITH THE CHANDLER MUSEUM

The Gallery at Chandler Center for the Arts and Vision Gallery in Downtown Chandler present *Object Inspiration: A Collaborative Exhibition With the*



Lauren Kelly, Summer Breeze, 2018

Chandler Museum, showing through Aug. 25, 2018. Our everyday objects may not be so ordinary when seen through the eyes of an artist. Using abstraction, manipulation and interpretation, 30 local emerging and mid-career artists have created works in response to objects from the Chandler Museum collection. This three-month collaborative exhibition will be on display at two Downtown Chandler galleries. Visit VisionGallery.org and ChandlerCenter.org for more information.

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+ SUMMER TRAVEL SURVEY RESULTS RELEASED

WalletHub has released the results of its nationally representative 2018 Summer Travel Credit Card Survey, along with its annual list of the Best Credit Cards for Summer Travel and its 2018 Currency Exchange Study. Survey highlights include these interesting tidbits:

- 49 percent of Americans say they need a vacation more this year than last year.
- The average adult is expected to spend \$6,237 on summer travel this year.
- 47 percent of travelers worry about money.
- 35 percent of people think travel is worth getting into debt for.
- 40 percent of people have used credit card rewards to pay for at least part of a vacation.

Read the full article and survey results at WalletHub.com.

+ MY SISTER'S CLOSET LAUNCHES H8PLSTC CAMPAIGN

My Sister's Closet is working to eliminate all use of plastic with its #H8PLSTC campaign. Ways that My Sister's Closet has joined the fight against the plastic pollution epidemic include: replacing all plastic bags with paper bags, installing water filtration systems in every one of its shopping centers for employees to fill up their reusable/recyclable cups, and using bulk bins to store donations instead of plastic bags. My Sister's Closet is challenging all of its employees to not use plastic straws for the duration of this campaign. Bringing single-use plastic water bottles to work is already banned, and employees make that pledge when they are first hired. For the duration of the campaign, all money donated to My Sisters' Charities, the companies' nonprofit organization, will benefit The Center for Biological Diversity, a nonprofit conservation organization dedicated to the protection of endangered species and wild places. To make a donation, visit MySistersCharities.org.

+ CHANDLER SEEKS DONATIONS AND SPONSORS FOR OPERATION BACK TO SCHOOL

The city of Chandler Diversity Office, along with For Our City-Chandler and a volunteer committee, is gearing up for another Operation Back to School (OBTS) event on July 21 at Chandler High School. OBTS is a one-day event where kids receive a free, brand-new backpack filled with school supplies to ensure Chandler students are ready for the first

day of school. Haircuts, uniforms, socks, shoes and underwear also are a few of the freebies students may receive during the event. There are several ways to get involved for this year's event, including:

- Corporate sponsorships that range from \$500 to \$20,000.
- Make an online financial contribution.
- Donate a new backpack filled with supplies from the recommended wish list.
- Volunteer to assist with inventory and backpack stuffing or provide day-of event assistance.
- Conduct a backpack/supply drive at your workplace or organization.

Learn more at BacktoSchoolChandler.org or contact Niki Tapia with the Diversity Office at niki.tapia@chandleraz.gov or 480.782.2214.



+ D'VINE GOURMET NAMED TOP FINALIST IN SMALL BUSINESS CONTEST

d'Vine Gourmet is honored to be one of the top three finalists in the Arizona Small Business Boost Contest, sponsored by ASBA, Cox Communications and KTVK. More than 100 small businesses threw their hats in the ring at a chance to win over \$13,000 in prizes and advertising. Contestants were asked to collect votes via social media to get through the first round. d'Vine secured its spot as one of 12 in the semi-finals based on most votes; from there they had to submit a one-minute video describing their business. They passed that round and made it into the top three, which was a juried selection of "the top three small businesses deserving a boost" in Arizona. d'Vine was honored at the annual Enterprise Business Award Luncheon and seated at the head table with Gov. Ducey. Unfortunately, they did not win the grand prize but they were thrilled to be amongst such a high caliber of small businesses. Shop local at dVineGourmet.com.



SWINGIN' SAFARI MINI GOLF GRAND OPENING

Swingin' Safari Mini Golf, an indoor custom-designed 18-hole glow-in-the-dark mini golf course, recently opened its doors to the public. Starting out in base camp, customers will travel deep into the jungle on their journey to catch poachers. Along the way, they'll encounter life-sized animal props, colorful sets and fairway obstacles that appear to glow under the black lighting. Visit SafariGolfAZ.com for pricing and more information.

#DISCOVERCHANDLER SCAVENGER HUNT

In celebration of Park and Recreation Month, Chandler Parks & Recreation is challenging you to #DiscoverChandler. Find all the best sights and hidden recreation gems in Chandler with your kids, friends and family! Join them on Saturday, July 21 from 8 a.m. to noon for an epic adventure as you participate in their free, family-friendly Instagram Scavenger Hunt. Armed with your smartphone as your tour guide, you'll locate hotspots, unlock challenges and climb the scoreboard. Finders, keepers. One super team will win the ultimate parks & recreation treasure valued at \$2,500! The hunt is on; learn more at ChandlerAZ.gov/ParksandRecMonth.

CALL FOR ENTRIES FOR 2018 PARADE OF LIGHTS

Get ready to light the night and ring in the holiday season with the city of Chandler. Preparation is underway for the 2018 Parade of Lights on Friday, Dec. 1, which will feature a new route. The city's special events team is now accepting float entries for parade festivities. Local businesses, community organizations and families are encouraged to

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AROUND TOWN (CONTINUED)



participate by designing a float that brings joy and holiday cheer to parade viewers. Parade entry applications are available at ChandlerAZ.gov/Parade and should be submitted to the events office by Oct.10. The entry fee is \$25 upon acceptance. For more information, please call 480.782.2669.



NEW PRINCIPAL JOINS BRIGHT BEGINNINGS

Bright Beginnings Elementary School is excited to announce Jennifer Jackman as principal beginning in the 2018-2019 school year. This small, family-oriented charter school located in the heart of Chandler lends itself to Jackman's desire to build a valuable, supportive and engaging school community. She is thrilled to continue her vision of strong parent-school relationships combined with low student-teacher ratios, and the teaching of the whole child. Jackman believes that "offering an accelerated, hands-on curriculum as well as Spanish, Music, Art, Wellness and Technology creates a love of learning in every student." As a former member

of the Jesuit Volunteer Corps, a current member of the Friends of the Chandler Public Library Book Buddies program and a past sustaining member of the Junior League of Phoenix and National Charity League, she brings her commitment to social-emotional education as she embarks on her leadership role. For more information visit BBSchl.com.

+ **BARRO'S PIZZA MATCHES AZ CANCER FOUNDATION DONATIONS**

In June, Barro's Pizza partnered up with Pepsi to donate money to help Arizona families and children affected by pediatric cancer by donating proceeds from all lunch specials (up to \$20,000) to the Arizona Cancer Foundation for Children, a local nonprofit that helps families caring for their children during cancer treatment. This month, Barro's will extend its summer of giving by matching donations made directly to the Arizona Cancer Foundation. "It is important for us to help these local families as they go through very difficult times," said Bruce Barro, owner of Barro's Pizza. Learn more at BarrosPizza.com and AZCancerFoundation.org.

+ **CHANDLER FIRE RATED AMONG NATION'S BEST**

The Chandler Fire Department is among the nation's elite, ranking in the top one percent in fire suppression capabilities with a Class 1 rating, according to the leading supplier of statistical information to the fire insurance industry. The Insurance Services Organization (ISO) evaluated Chandler's Fire Department and municipal water supply system to establish a Public Protection Classification (PPC)—a number from 1 to 10. Class 1 represents superior property fire protection and Class 10 indicates it does not meet ISO's criteria. Chandler Fire is one of only 60 departments in the nation that have both a Class 1 ISO rating and International Accreditation from the Center for Public Safety Excellence.



SIZZLING SUMMER SPECIALS

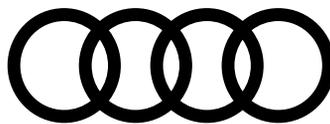
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Photo credit Jessica Savidge

JASON KOSTAL HUMBLY ENJOYS INTERNATIONAL FAME AS AMONG THE WORLD'S BEST LUTHIERS

ARTICLE GEORGANN YARA

HIS WORK IS WORLD FAMOUS. Yet in his home state, renowned luthier Jason Kostal is a well-kept secret in the acoustic guitar and musical instrument worlds.

One of his guitars holds a permanent spot at the Musical Instrument Museum in the North American room that showcases all handmade instruments made on the continent. Kostal recalls museum personnel assuming he lived in California.

"They just couldn't fathom that I was a local builder. It was kind of funny," the East Valley resident and business owner says.

His company, Kostal Guitars, creates custom pieces that carry price tags of \$25,000-\$30,000 a piece. Worldwide clients know him as one of about two-dozen people in the world who does what he does. Most are touring musicians with songs on the radio.

His wait list is seven years long. It's a commitment clients are willing to make. So is Kostal.

"That's a long period of time that we can really talk through and correlate what they're hoping to get out of it, and into building that system for them," Kostal says.

A native of Milwaukee, Kostal started playing guitar at age 4 and formally studied through high school. He graduated from West Point and served in the Army from 1994 to 2006, where he was stationed in Afghanistan and Iraq. Here, music served as a stabilizer on an uncontrollable plain.

"In times of emotional highs and lows, music brought me back," says Kostal, citing tunes such as "Amazing Grace" and the National Anthem.

"I FOLLOWED MY HEART
EVEN THOUGH PEOPLE
THOUGHT I WAS CRAZY.
IF I CAN HELP OTHERS
EXPERIENCE THAT, THAT'S
A WONDERFUL THING."

After the army, Kostal earned a master's degree in business and ran a Fortune 100 company. But he wasn't happy. By now, Kostal had been playing and building guitars for years. He decided to make it professional.

After an apprenticeship with a San Francisco luthier, Kostal moved to Arizona and his business was born in 2006. After a first few tricky years, Kostal found his groove—and success.

Kostal is on the board of directors of the 98 Fund, the Virginia-based nonprofit he co-founded that provides college scholarships and assistance to families of fallen soldiers. He also gives back to the business community by mentoring entrepreneurs and encouraging them follow their dreams.

"I've had some incredible people who've helped and mentored me. I followed my heart even though people thought I was crazy," Kostal says. "If I can help others experience that, that's a wonderful thing."

Jason Kostal

KostalGuitars.com

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By: Michelle Arlines

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WHEN THE TEMPERATURES CLIMB INTO THE TRIPLE DIGITS AND SEEMINGLY STAY THERE FOR WEEKS ON END, PEOPLE OF ALL AGES IN CHANDLER SEEK OUT COOL ACTIVITIES—BOTH LITERALLY AND FIGURATIVELY. Fortunately, there are plenty of great ways to beat the heat this summer. Check out the following ideas that are ideal for kids, adults and families.

FOUR WAYS TO BEAT THE HEAT
AND SAVE YOUR SUMMER

KEEPING COOL, HAVING FUN

one.

FOR KIDS: GIGGLES

Kids ages 9 months to 6 years can jump, play, pretend and more at Giggles in Chandler. Owner Sang Lee says he and his wife opened their first indoor play space in Corona, Cali, in 2013, after seeing how much fun their young daughter had at an indoor playground.

"We thought it would be really nice to own a play place for our little ones to jump, run around freely, use their imaginations playing pretend, and build their social skills by playing with other little ones," he says.

Lee and his family relocated to Chandler, where they opened Giggles, an indoor playground featuring play structures, trampolines, a pretend camping area, a stage, a house and treehouse, as well as a private party room and dining room.

Giggles is located at 2988 N. Alma School Road. For more information, call 480.476.9565 or visit GigglesKidz.com.

ARTICLE ALISON STANTON



FOR ADULTS: PADDLEBOARD YOGA

For people who want to try yoga with a splash, Paddleboard Yoga is just the thing. Sarah Williams, owner of Desert Paddleboards, says people may register for her classes, which are held on Saturdays at the Hamilton Aquatic Center, through the city of Chandler Aquatic website.

"I started the paddleboard yoga classes because I wanted to build people's confidence and get them out paddleboarding on a lake or river. If they can make it through a paddleboard yoga class, they can paddleboard on a lake," Williams says. "It's so hot in the summer, being in a pool makes working out refreshing and fun, and the classes are suitable for everyone. The worst thing that can happen is you fall in the pool. When it's hot out, that's pretty enjoyable!"

To register, visit ChandlerAZ.gov or text Williams at 480.201.9520. For more information, visit DesertPaddleboards.com.

CONTINUED >



Photo by Asea Tresp

three.

FOR FAMILIES: ESCAPE: CHANDLER

Chandler residents Kate and Lewis Obermiller opened ESCAPE:chandler in April. Kate says her family has always loved puzzles and solving mysteries, so visiting escape rooms quickly became a family-favorite activity. After finding it challenging to find escape rooms that were family-friendly, they decided to open their own.

"ESCAPE:chandler is a unique place because we offer games suitable and fun for all ages," Kate says. "We currently have two games open: Pawn Shop, where you try and find a laptop with \$2 million worth of diamonds hidden inside, and Tony's Bistro, an Italian restaurant-themed game where you're trying to find a mobster's cash hidden in the restaurant before the feds come for you."

ESCAPE:chandler is located at 312 N. Alma School Road, Suite 9. For more information, call 480.466.0005 or visit EscapeChandler.com.

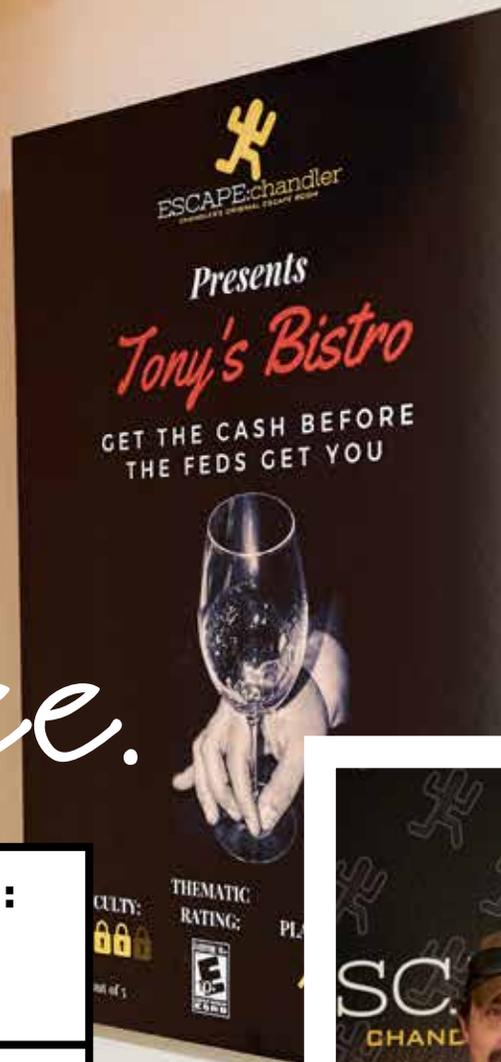
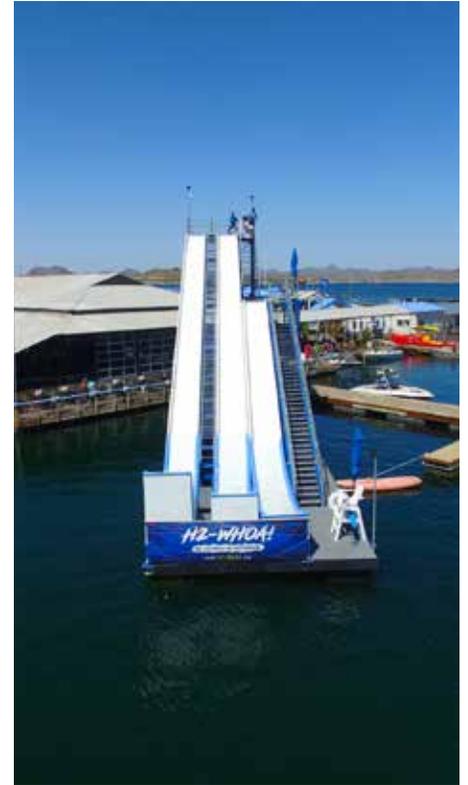
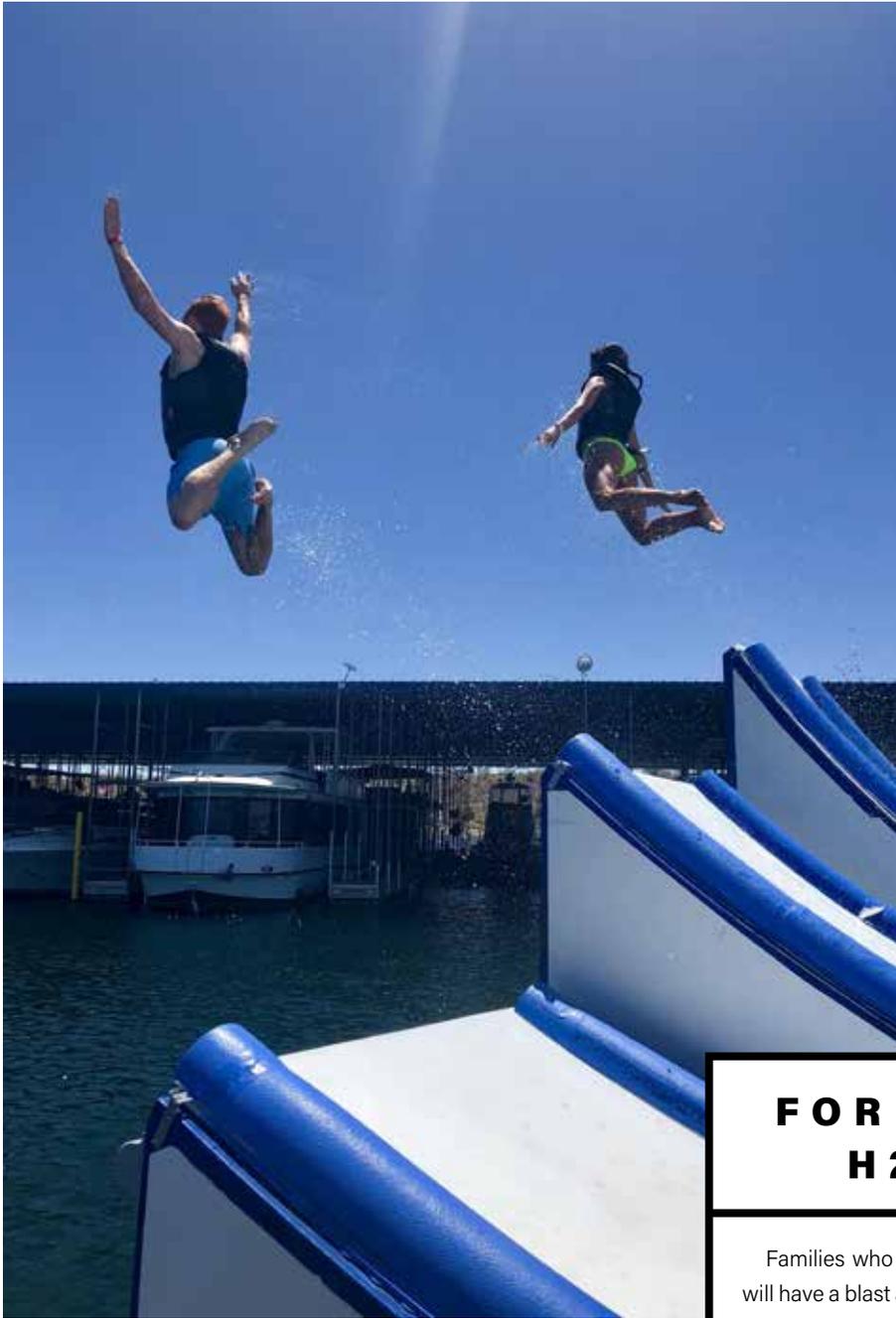


Photo by Asea Tresp



four.

FOR FAMILIES: H2-WHOA!

Families who want to enjoy a cool day at the lake will have a blast at H2-Whoa! General manager Taylor Nelson says the business, which opened in April, features three slides. The recreational swim platforms are 32 feet high and 80 feet long and feature 2-foot, 4-foot and 6-foot ramps.

"The slide is great because families do not need to have a boat in order to enjoy time out here in the water," Nelson says, adding that H2-Whoa! is located next to Dillon's BBQ, so it's a good place to spend a fun afternoon with family at the lake. "This is a great experience for anyone looking for an entertaining adrenaline rush!"

Kids must be 9 years and up to participate. H2-Whoa! is located at Pleasant Harbor Marina, 40202 87th Ave., Peoria. For more information, call 480.466.2904 or visit H2-Whoa.com.

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The Phoenician Resort



local escapes

WHEN THE TEMPERATURE HEATS UP, THESE VALLEY RESORTS OFFER A COOL GETAWAY

ARTICLE LYNETTE CARRINGTON
PHOTOGRAPHY PROVIDED



The Phoenician Resort



The Hermosa Inn



THE PHOENICIAN RESORT

The Phoenician has wrapped up an extensive and gorgeous multi-year renovation—the largest undertaken since the property opened in 1988. Everything but the golf course has been completely updated and ready for guests to enjoy fun in the sun and some much deserved indoor pampering, too.

Rates at The Phoenician start at \$169 per night and include complimentary parking. The sparkling and centrally located pool now includes reserved seating areas for families and adults-only, a new water slide, children’s tree house and poolside restaurant, Kalio Kabobery. New restaurants on property include The Marketplace and Mowry & Cotton, which boasts soaring ceilings, impeccable interior design and a creative farm-to-table menu.

Relax at the Phoenician Spa with a special offer! Purchase one spa treatment from the new menu and receive another at equal or lesser value for 50 percent off. Or, try the ultimate in relaxation in the tranquility suite inside the spa.

THE HERMOSA INN

This AAA Four Diamond boutique getaway is steeped in local lore and used to be the personal ranch retreat of famed cowboy artist Lon Megargee. The rooms are orchestrated as haciendas and reflect luxurious style, furnishings and artwork, including many of Megargee’s originals. The Paradise Valley getaway is only minutes from Sky Harbor Airport, upscale shopping and dining.

The Summer in Paradise Getaway runs through September 30 for \$149 per night, plus tax and a resort fee of \$30 which includes valet parking. The special also includes two drink tickets upon arrival per room, \$25 daily food and beverage credit, daily poolside treats and upgrade upon arrival, based on availability.

The property’s award-winning restaurant, LON’s at the Hermosa, includes world-class farm-to-table dining. For something different, book a weekend dining reservation in LON’s private wine cellar where the 57-degree Fahrenheit temperature is the perfect way to beat the heat!

THE PHOENICIAN RESORT

6000 E. Camelback Rd.,
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ThePhoenician.com

THE HERMOSA INN

5532 N. Palo Cristi Rd.,
Paradise Valley
602.955.8614
HermosaInn.com



THE SCOTT RESORT

A mission-inspired boutique resort in the heart of Scottsdale, The Scott Resort will have you basking the days away in a dreamy paradise reminiscent of a bygone era. From the moment guests enter the resort, they are instantly greeted with an easy breezy ambiance and a tropical style getaway that exists nowhere else in

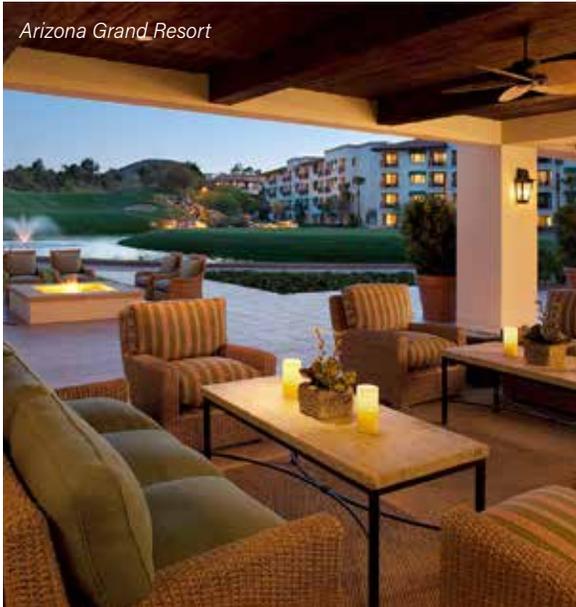
the Valley of the Sun. The resort wraps around a lush courtyard that includes several pools, intimate seating areas and enough beautiful foliage to whisk you away from your cares.

A jewel in the crown of The Scott is its signature restaurant, The Canal Club. The restaurant recently unveiled a new brunch menu, reflecting a diversity of culinary delights. Signature dishes include the Peruvian hash, Castro's Cubano and the tantalizing Caribbean Benedict.

Arizona residents get 5-20 percent off regular retail rates at the Scott all summer long. Guests must show Arizona ID at check-in to take advantage of the deal.



THE SCOTT RESORT
4925 N. Scottsdale Rd.,
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TheScottResort.com



Arizona Grand Resort

ARIZONA GRAND RESORT & SPA

Arizona Grand is a gorgeous desert oasis nestled at the base of the South Mountain Preserve. It is also Arizona's only AAA Four Diamond all-suite resort with spacious one- and two-bedroom suites. In late 2017, the resort completed a \$13 million renovation of all 744 guest suites and villas.

The resort includes a seven-acre Oasis Water Park that is a perfect play place during a family summer getaway. It was voted by Travel Channel as one of the country's Top 10 Water Parks. Perfect for kids or kids-at-heart, guests can escape the heat in the wave pool, lazy river, eight-story slides and private cabanas.

Six on-site dining options include American cuisine at Lobby Grill, authentic Mexican flavors at Aunt Chilada's and a Western dining experience at Rustler's Rooste. The resort, spanning nearly 164 acres, includes a 20,000-square-foot full-service athletic club and spa, 18-hole champion golf course and six resort-style swimming pools.



Arizona Grand Resort

ARIZONA GRAND RESORT & SPA
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ArizonaGrandResort.com

An advertisement for Sun Lakes Chandler Animal Clinic. On the left, a smiling blonde woman, Ashley Greenway, DVM, is sitting on the ground with a brown and white dog. The text "Thanks For Voting Us #1" is written in a cursive font above her. A badge next to her says "Chandler READERS' CHOICE -2017-". On the right, the Sun Lakes Chandler Animal Clinic logo features a stylized dog face. Below the logo, a list of services includes "Specialized Dentistry", "Medicated Bathing", and "Acupuncture". At the bottom right, a blue diamond-shaped box contains the text "INTRODUCING Jeannette Molina, DVM Trained in acupuncture by IVAS" and the website "SLCAC.COM". The address "9670 E Riggs Rd. #109 Chandler 480.895.7633" is also provided.

SAFETY FIRST

TIPS TO KEEP PETS COOL
AND HYDRATED THIS SUMMER

ARTICLE ANNEMARIE O'DONNELL
PHOTOGRAPHY COURTESY OF AAWL



Prince Charming

RECENT ARIZONA RESIDENTS AND NEW PET OWNERS MAY BE UNFAMILIAR WITH THE DANGERS THE SUMMER TEMPS CAN CAUSE OUR FOUR-LEGGED FAMILY MEMBERS. "Overheating could lead to blood transfusions, uncomfortable toe pad lacerations that could become infected and orthopedic issues like cruciate ligament ruptures," says Dr. Andrea Strickland of Animal Medical Center of Chandler. She suggests some simple lifestyle adjustments that will help keep your pets safe during these hot summer months.

TIP 1: NEVER LEAVE YOUR PETS IN A PARKED CAR

When it's 93 degrees outside, the inside of a car reaches 140 degrees in 15 minutes. Arizona is one of only a dozen states so far to enact a law that grants citizens the right to use any means necessary to save a distressed dog. So, yes, it's legal to smash a car window if

you see a dog in clear danger, but first make a good-faith effort to find the owner and, if you can, call the police for help.

TIP 2: DON'T WALK DOGS ON EXCESSIVELY HOT SURFACES

On hot days, limit walks to the early morning or evening hours and walk your dog on the grass whenever possible. The Arizona Animal Welfare League's Dr. Matt Goetz suggests holding your hand on a surface for 10 seconds. If you can't stand it then it's not safe for your pet. While some paw pads are more callous than others, they're still prone to injuries such as cuts, tears, fractured nails and burns.

TIP 3: DON'T FORGET ABOUT BOOTS

Young pups and large dogs need to be walked often, so put them in dog booties before hitting the pavement. Some pets may not like

them, so check for online resources that offer tips for how to keep them on.

TIP 4: PREVENT HEAT EXHAUSTION

Do you know the signs of heat exhaustion on your pet? Catching a heat stroke in its early stages can help prevent permanent damage to your dog's internal organs. Be on alert for excessive panting, pale gums, thick saliva, vomiting, glazed eyes and a rapid pulse, as these symptoms could be signs that your pet is overheated.

TIP 5: HYDRATION IS VITAL

Dogs need approximately one ounce of water per pound on a typical day, and double on a hot day. Try using a gravity water dispenser with filtrated water to keep dogs healthy and hydrated. In severe situations, use cool water to dampen the back of your dog's neck and paws.

TIP 6: TEACH PETS TO USE POOL STAIRS

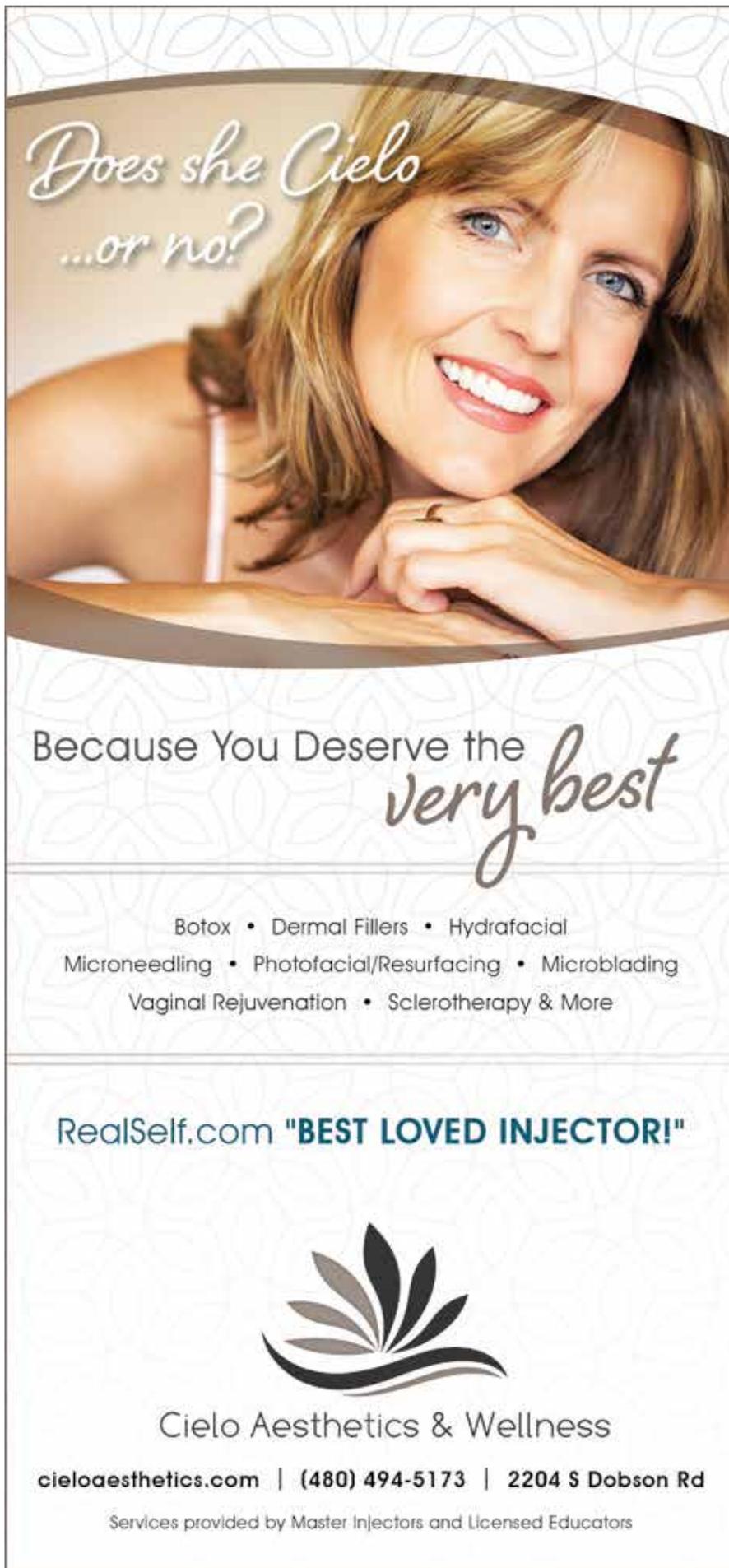
Pets are more likely to encounter the pool in the summer when it's hot outside. Whether they jump in intentionally or accidentally, it's highly recommended to teach your pets how to use the stairs so they can go for a dip and climb out themselves.

TIP 7: DON'T TAKE YOUR DOG HIKING

Dogs are banned from mountain hiking trails when the temperature is over 100 degrees in Phoenix, so head up north to explore the trails in the High Country. Try the West Fork Trail in Sedona or Rim Vista near the Mogollon Rim. Dr. Stickland reminds owners to protect pets with flea and tick preventative medication.

TIP 8: USE SUNSCREEN

Did you know dogs can get sunburned? Dogs with light skin and thin coats are more likely to burn so rub some sunscreen on their bellies, inner thighs, nose and tips of their ears. Look for "PABA-free" when choosing a sunscreen and avoid zinc oxide. There are several sunscreens that can be used on dogs, but Dr. Stickland recommends Neutrogena Helioplex.



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In Las Palmas' Piña Mezcalito, the smoked pineapple complements the smoky notes of the Rayu Mezcal. This drink recently won Best Cocktail at the Chandler Spirits Festival. Try one yourself!

LAS PALMAS CANTINA'S

Piña Mezcalito

INGREDIENTS

- + 2 oz Rayu Mezcal
- + 3 oz Roasted Pineapple
- + 2 oz Coconut Water
- + .5 oz Agave Nectar

DIRECTIONS

Prepare pineapple by skinning and cutting a pineapple into large chunks. Roast on high heat under a broiler until pineapple starts to blacken.

Put roasted pineapple in blender with pineapple juice, there should be a 50/50 mix of pineapple to juice. Puree.

Add roasted pineapple puree to a shaker with mezcal, coconut water and agave nectar. Shake and strain into glass. Add ice to fill.

Garnish with a fresh pineapple wedge, cherry and a pineapple leaf.



Owner
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LIFESTYLE CALENDAR

3

DATE NIGHT & KIDS MOVIE

Ginger Monkey Tavern

Every Tuesday night through July 17, families can gather at Ginger Monkey Tavern, with parents having a date night on the bar side and kids getting a "build your own dinner" and movie on the restaurant and patio sides. Call for reservations.

4

JULY 4TH FIREWORKS SPECTACULAR

Tumbleweed Park

The city's annual Independence Day celebration includes Chandler's largest show of fireworks, live music, a free kids' carnival, a bike parade, and food and beverage vendors. The party kicks off at 6:30 p.m. filling the park with festivities that lead up to the big show at 9 p.m. **ChandlerAZ.gov**

6

THE SPIRITED LADS

Fibber Magee's Irish Pub

Listen to traditional Irish music powerful enough to take you right to the Emerald Isle and so endearing that the whole place will be singing and clapping along. Try all-you-can-eat fish and chips for \$15 while The Lads play classics and favorites from their new album *Tall Tales and Fond Farewells*. **SpiritedLads.com**

7

FREE PANCAKE BREAKFAST

Parkland Memory Care

Parkland Memory Care is sponsoring a free pancake breakfast for the community which begins at 8 a.m. They will be accepting donations, all of which will be donated to the Alzheimer's Association in support of the Walk to End Alzheimer's. **ParklandMemoryCare.com**

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LIFESTYLE CALENDAR

9

ADULT SPORTS FALL REGISTRATION

Snedigar Recreation Center

Now is your chance to be a part of Chandler's adult teams for softball, flag football, kickball and volleyball. Expect the season to kick off in September when members will connect with new friends in the community through weekly practices, games and socials. Eighty percent of players must at least live or work in Chandler. **ChandlerAZ.gov**

10

**'SHALOM ITALIA' — GET REEL PBS/
POV DOCUMENTARIES**

*Chandler Public Library Downtown -
Copper Room South*

Join Dr. Michael Rubinoff, a member of Integrative Sciences and Arts at ASU, as he views and discusses three Jewish-Italian brothers' tour through Tuscany to find a cave they used to escape Nazis as children. The documentary explores Tuscany's food and landscapes during the brothers' humorous and emotion journey. **ChandlerLibrary.org**

12

PHOENIX CAREER FAIR

Hilton Phoenix Chandler

Dress your best, bring resumes and visit the Phoenix Career Fair to meet people who actually make the hiring decisions. This free event gives job seekers an opportunity to meet top employers and interview for several positions during the course of the day. **NationalCareerFairs.com**

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LIFESTYLE CALENDAR

12

SUMMER MEALS AT THE CHANDLER CARE CENTER

777 E. Galveston Street

From Monday through Thursday until July 12, the Chandler CARE Center will provide free lunch to youth age 18 and under from 11:30 a.m. to 12:30 p.m.

CUSD80.com/Page/999

13

2018 AFHE HOMESCHOOL CONVENTION

With close to 5,000 in attendance, this convention is the largest gathering of homeschoolers in our state each year. It offers something for anyone interested in homeschooling, from topics such as getting started in homeschooling to transitioning from public school to practical how-to workshops and much more. AFHE.org

14

GOFAST ENTERTAINMENT PRESENTS DRIFT AND DRAGS

Wild Horse Pass Motorsports Park

Experience non-stop action with the whole family as competitive drivers refine their skills sending their cars sideways as they drift and race through the course. If this isn't enough action, anyone can put their skills to the test and try drifting or drag racing. RaceWildHorse.net

20

TIM MCGRAW AND FAITH HILL

Talking Stick Arena

The Soul2Soul tour has been noted as a celebration of the couples 20th anniversary. Audiences can expect an array of tracks spanning both of their highly successful careers.

TicketMaster.com

24

AMERICAN IDOL: LIVE! 2018

Mesa Arts Center

Don't miss live performances from this season's top seven finalists; Cade Foehner, Caleb Lee Hutchinson, Catie Turner, Gabby Barrett, Jurnee, Maddie Poppe and Michael J. Woodard with special guest, Season 8 winner Kris Allen. AmericanIdolLive.com

28

SPAGHETTI AND NO BALLS DINNER GALA

Hyatt Regency Scottsdale

The Arizona Small Dog Rescue spayed and neutered 912 animals in 2017 alone. The gala proceeds will be used exclusively for this cause. Tickets include an Italian dinner buffet, Portillo's famous chocolate cake, silent auctions, raffles and dancing. AZSmallDog.org

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CORNHOLE FOR CHARITY

6496 S. Delmar Court, Gilbert

All proceeds from this annual cornhole tournament will go to the Casteel Colt Crew and Unified Sports, which creates opportunities for one-to-one friendships and leadership development for individuals with intellectual and developmental disabilities and their non-disabled peers. Cornhole4Charity.Eventbrite.com

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HELP HOMELESS SENIORS GET ENOUGH WATER

2705 S. Alma School Road

Every Sunday in July from 6 to 9 p.m., join SK Home Healthcare as they donate water to senior citizens who are homebound or homeless. The focus of this campaign is to prevent dehydration and heat-related exposure deaths.

SKHomeHealthcare.com



Would you like to cut your utility bills up to 30%?

Well, an easy question to answer. Of course! But how do you do it? What is the cost? When does that cost convert to a payback?

Here are several key things you can do to make drastic cuts on your energy cost as well as a few simple tips that add up to a little extra savings on top of that.

First, off, we live in the desert and yes it is hot here. Once the 100 degree plus temperatures start, so does the hardest work from your AC unit along with that dreaded higher utility bill. If you have a flat roof home, make sure your roof is well foamed and re-coated every 5 to 6 years with a good reflective coating. Attic homes have more options for drastic energy cost cuts.

Think about what your car feels like in the summer heat. It is 110 outside but up to 180 degrees in your car. Then you have to run the air full blast for a few minutes to cool it back down. Now, think of your home. Your attic is that car baking at up to 180 degrees with a literal oven on top of your ceiling. It heats up your home continuously which makes your AC run longer and harder.

At Precision Air & Heating, our Home Performance division offers 3 fold approach to removing attic heat. First we add additional insulation in your attic to spec up to an R-49 value. R-value is a measurement of thermal resistance and the ability for heat to transfer from one side of an object to another. A home after 10 years will lose up to 3 inches of insulation just by the nature of settling. That lowers the R-value which was probably still initially built with minimum standards. Next, we apply a radiant barrier solar reflective coating that deflects up to 80% of thermal penetration. Finally, the big key is adding in low profile, non-mechanical vents, that literally pull the hot air out the attic. It gives the same effect as cracking your car windows to allow the heat to escape. They are even painted to match the existing roof so you never even see them. Homeowners, can do 1, 2 or all 3 of these things to remove attic heat, but when all 3 are done, what was once a 180 degree attic is now maybe just a few degrees warmer than the inside temperature of the home so it makes a tremendous difference. I hear all the time from customers how it literally took hundreds off their monthly summer utility bills. It also works the same way in the winter keeping the heat in and the cold air out. Another smart recommendation is upgrading to a smart learning thermostat like the Nest. They learn your habits and will add a nice addition to your utility savings.

About the author: Erik Bryan is the owner of Precision Air & Heating, the #1 ranked AC company in the state. Erik has been an HVAC contractor for more than 25 years serving the Valley. **"Make the Precision Decision"** and get a no cost estimate for Home Performances services.

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The Krupskis



Winston Churchill statue in Paris



WHO ARE YOU?

ARTICLE MINDY HASKINS

MATT AND CARISSA KRUPSKI
OWNERS, MASSAGELUXE CHANDLER | MASSAGELUXE.COM

WHAT IS YOUR MOST TREASURED ITEM?

BOTH: Our most treasured item is our children, Meagan and Hunter. Our family is very important to us.

THE BEST THING TO DO IN THE SUMMER IS ...

BOTH: With Meagan and Hunter out of school for the summer, we enjoy exploring new places and experiencing new things with our family.

IF YOU COULD TRAVEL ANYWHERE, WHERE WOULD YOU GO?

MATT: I would love to travel to Europe exploring WWII historical locations.

CARISSA: Anywhere with a beautiful beach and all-inclusive amenities.

WHAT'S YOUR FAVORITE HOLIDAY TRADITION?

MATT: I enjoy Thanksgiving the most. This gives us time to reflect on the joys around us and spend time with friends and family. The food isn't too bad either!

CARISSA: I love Christmas time. For me, it's a time of giving. I enjoy being a part of charity programs that help out families in need.

WHAT DO YOU DO FOR FUN?

MATT: I enjoy the outdoors. So, spending time at a family cattle farm, hunting, fishing and golf are hobbies of mine that enable me to be outside.

FAVORITE QUOTE?

CARISSA: "Nothing is impossible, the word itself says 'I'm possible!'" —Audrey Hepburn

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