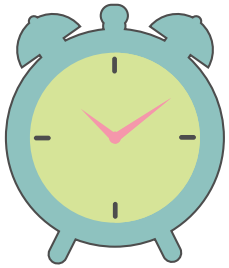
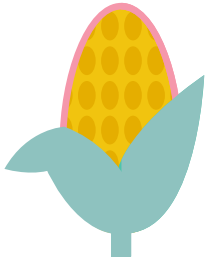


How to keep our minds and bodies healthy:

D&C 88:124

How to keep our minds and bodies healthy:

D&C 89:5-9



How to keep our minds and bodies healthy:

D&C 89:10-16