



## 90-Day Healthy Living Challenges Before and After's



**Lost 41 lbs**



**Lost 110 lbs**



**Lost 45 lbs**



**Lost 80 lbs**



**Lost 35 lbs**



**Lost 41 lbs**



**Lost 48 lbs**



**Lost 37 lbs**



**Lost 71 lbs**



**Lost 84 lbs**



**Lost 24 lbs**



**Lost 20 lbs**



**Lost 41 lbs**



**Lost 36 lbs**



**Lost 51 lbs**



**Lost 91 lbs**



**Lost 60 lbs**



**Lost 94 lbs**



**Lost 17 lbs**



**Lost 41 lbs**



**Lost 33 lbs**



**Lost 25 lbs**



**Lost 26 lbs**



**Lost 36 lbs**