



LurraLife™ Products Overview

Inspired by Nature. Based on Research.

LurraLife is dedicated to offering all-natural healthy lifestyle products – inspired by nature and based on research – that you can use together with your active lifestyle and health-conscious diet. We invite you to try our products for yourself – backed by our 30-Day, No Questions Asked, 100% Money Back Guarantee*.



5-Day Kick Start Sample Pack

DR. MILLER'S DETOX TEA™
AND LURRAFIT™ CAPSULES

Get ready to kick start your weight loss and healthy lifestyle! It's our mission to help you get into the best shape of your life, for the rest of your life. Our LurraLife 5-Day Kick Start Sample Pack will get you started with effective products designed to work synergistically with your body – naturally increasing energy, stamina, mental clarity, concentration, productivity, performance, fat burning, and weight loss. This two-product sample pack contains: 2 sachets of Dr. Miller's Detox Tea™ (makes a week's supply) and 10 capsules of LurraFit™ natural energy supplement with appetite suppression.

INSTRUCTIONS: (1) In the morning 30 minutes before eating, drink a cup of Dr. Miller's Detox Tea™ and take a LurraFit™ capsule. (2) In the afternoon 30 minutes before eating, drink another cup of tea and take another capsule. (3) Drink a third cup of tea at your leisure throughout the rest of the day. (4) Repeat daily for 5 days.



5-Day Kick Start for Coffee Lovers

LURRAFIT COFFEE™,
DR. MILLER'S DETOX TEA™,
AND LURRAFIT CAPSULES™

The perfect weight loss and healthy lifestyle kick start for coffee lovers! It's our mission to help you get into the best shape of your life, for the rest of your life. Our LurraLife 5-Day Kick Start will get you started with effective products designed to work synergistically with your body – naturally increasing energy, stamina, mental clarity, concentration, productivity, performance, fat burning, and weight loss. This three-product sample pack contains: 5 servings of all-nature LurraFit Coffee™ with adaptogenic mushrooms; 5 capsules of LurraFit™ natural energy supplement with appetite suppression; and 2 sachets of Dr. Miller's Detox Tea™ (makes a week's supply).

INSTRUCTIONS: (1) In the morning, drink a cup of LurraFit Coffee™. (2) In the afternoon 30 minutes before eating, drink a cup of Dr. Miller's Detox Tea™ and take a LurraFit™ capsule. (3) Drink another 1-2 cups of tea at your leisure throughout the rest of the day. (4) Repeat daily for 5 days.



O2 Drops®

ACTIVATED OXYGEN CELLULAR
HEALTH SUPPLEMENT

Boost your body and mind! O2 Drops® from LurraLife are proven to have a substantial and measurable impact on health and wellness. This revolutionary liquid nutritional supplement is scientifically formulated to provide key nutrients to your cells – renewing and fortifying your body and naturally enhancing physical and mental performance. Other health benefits include improved sleep, strengthened immunity, and pain relief. O2 Drops® supply the body with a bio-available form of oxygen and essential trace minerals that are vital for optimal health and functioning. The proprietary formula has been the subject of more than two dozen independent research studies around the world. No other activated oxygen supplement formula has undergone as much scrutiny and validation.

RECOMMENDED USE: 15 drops sublingually 1 to 3 times a day. Take 30 minutes before or 1 hour after meals and other dietary supplements or medications. Can also be used externally for skin, eyes, ears, and mouth care. Take as a daily supplement, in response to ailments, and for an added boost. O2 Drops® are completely natural, easy to use, and proven safe in any amount and for people of all ages.

You too can look, feel, and perform your best!

Get started today. Talk to a LurraLife Associate and visit www.lurralife.com.



LurraFit™ capsules

NATURAL ENERGY SUPPLEMENT WITH APPETITE SUPPRESSION

All-day energy and appetite control! Daily use of LurraFit™ has been shown to provide fast-acting, long-lasting natural energy; enhance focus and mental clarity; and suppress hunger and promote weight loss. Unlike other health and fitness supplements that are loaded with artificial stimulants, LurraFit™ is completely natural. Every capsule is packed with four powerful nutritional blends made of pure herbal, medicinal mushroom, and super food extracts as well as vital minerals. The proprietary formula releases a steady stream of natural energy into the body – tapping into the brain’s reward system (dopamine receptors), reducing food cravings, plus boosting energy and focus.

RECOMMENDED USE: Take 1-2 capsules daily. Take 1 capsule in the morning 30 minutes before eating breakfast and (optional) take 1 capsule in the afternoon 30 minutes before eating lunch. **Caution:** Contains approximately 140 mg caffeine.



LurraFit Coffee™

ALL-NATURAL COFFEE WITH ADAPTOGENIC MUSHROOMS

Energize your day and weight loss! LurraFit Coffee™ is the go-to weight loss product for coffee lovers everywhere. Made from the highest quality ingredients hand-selected for their adaptogenic, antioxidant, and thermogenesis properties, it’s unlike your average cup of joe. Rich in smooth, bold flavor and aroma, our full-bodied black Arabica coffee has little acidity or bitterness. Plus, it is enriched with all-natural nutrients and extracts to increase your energy, stamina, and productivity; boost fat burning and weight loss; protect against aging and strengthen immunity; and improve focus, concentration, memory, and mood. Enjoy that extra boost in the morning with LurraFit Coffee™.

RECOMMENDED USE: Mix 1 level scoop in 8 ounces of hot water. Drink 1-2 servings per day. **Caution:** Contains approximately 150 mg caffeine.



Dr. Miller's Detox Tea™

DR. MILLER'S ORIGINAL HOLY TEA® + BLEND

Detox and lose weight naturally! Dr. Miller's Detox Tea™ is formulated to effectively and gently detoxify, cleanse, and restore balance to the body. Regular use of this unique, 100% organic, caffeine-free herbal tea has been found to improve overall wellbeing and digestive health. Plus, it can aid in safe, rapid weight loss and is much more effective than Chinese green tea...making it the perfect kick-start to any weight loss program. Other health benefits include increased energy, mental clarity, and natural resistance to illness. LurraLife's Detox Tea™ is proudly made from Dr. Bill Miller's original Holy Tea® organic herb blend PLUS four additional edible plant extracts for added effectiveness – based on more than twenty-five years of research and clinical use.

RECOMMENDED USE: Drink 4-8 ounces of the prepared tea two to three times a day. Tastes great hot, warm, or iced. Can be mixed with sweeteners, lemon, natural flavoring, juice, other tea, or beverage of your choice. **Caution:** Contains cathartic herbs.



Thrive™ green drink

CARDIO-HEALTH DRINK WITH ACTIVE ORGANIC GREENS

Age-proof your heart and body! Delicious, all-natural cardio-health green drink LurraLife Thrive™ fuels the body's natural processes to strengthen hearth-health and holistically heal insulin resistance. It also aids in blood sugar and appetite control as well as neutralizing free radicals. Our exclusive formula is packed with nutrient-dense active greens that nourish as well as balance the body and contains vital organic compounds that are essential for proper health but often depleted from our modern-day diets. Thrive™ is made from the highest quality raw greens – sustainably grown and certified organic. Plus, one scoop provides 5,000 mg of L-Arginine and 1,000 mg of L-Citrulline to promote healthy levels of the powerful neurotransmitter Nitric Oxide in the body.

RECOMMENDED USE: Mix 1 stick pack with 4-8 ounces of water then stir to dissolve. One serving may be taken twice per day on an empty stomach.

DISCLAIMER: See product labels for additional information. Always consult with your healthcare practitioner before taking this or any health supplement, especially if you are taking prescription medications, under a doctor's medical care, at risk for or have any illness or health condition, under the age of 18, or pregnant or nursing. These statements have not been evaluated by the U.S. Food and Drug Administration. Products are not intended to diagnose, treat, cure, or prevent any disease or medical condition. Information is provided for informational purposes. Results may vary. You may not experience the same benefits from using these products.

*MONEY BACK GUARANTEE available only on regular size, single unit purchases. Sample size, product packs, or multiple unit purchases (e.g., Buy 2 Get 1 Free) do not qualify.