



## Thrive Testimonials

"About 6 months ago, my MD prescribed Lipitor for my high cholesterol (197), but I never got it filled because I wanted to solve the problem naturally... And I did (Thrive): As of Sept. 22, 2018, I'm happy to report that my total cholesterol is 175! Thrive also helped to lower my blood sugar from 144 to 125 to 79! I was out of Thrive for a couple weeks, and noticed burning and tingling in my feet and legs. Since I started taking it regularly again, the burning and tingling stopped. Isn't it funny how you forget how awful you used to feel, when you start feeling good again? I can say from my own experience, please give Thrive a try." – **Jeanette Tolbert**

"I am loving the Thrive. I had only been using it for 3 weeks, and got my sugar level from 460 back down to the 300's, then 200's. Now I have been on Thrive for over a month, and my sugar levels are back to normal, and stay normal." – **Regina Ackley**

"I have been diagnosed with vascular disease, and just a year ago with A-Fib. My doctor put me on a blood thinner, which I don't want to take. I also have COPD and high blood pressure, and I am on medication for them, as well. Within just a few days of starting to take Thrive, my blood pressure started coming down, and I've had to cut way back on the BP meds. I also noticed that my breathing is improving, and I'm not using my inhalers as much. But the kicker is... After about three weeks, I was looking at my arms, which were always covered with bruises that appeared from seemingly nowhere. Besides being a sign of "mature" skin, the blood thinners were making it worse. I couldn't believe my eyes as I noticed that my arms were clear of all those awful bruises. They were gone! I believe my arteries and blood vessels are truly being cleansed of the plaque. My cholesterol is in normal range for the first time in years, and all my blood work was good. My doctor said he had no complaints." – **Heidi Caver**

"Thrive has helped lessen my stomach discomfort due to diverticulitis, plus I've lost over 12 pounds in two months without even trying! Love it." – **Belinda P.**

"I have been taking Thrive for 8 weeks now, and my blood pressure has gone down to an average of 130/80. One day, it was 112/74. I still take my blood pressure meds. I take one in the AM and one in the PM. Some days, I only need to take the AM one, as my blood pressure stays in the 130's range. What really got my attention is... I started going to the Gym and started taking Thrive... And I believe it has helped me gain 1 and 1/4 inches on my arms in only 8 weeks. The amazing part is, I am 75 Years old." – **William Brock**

"I was intentionally looking for a nutritious green drink when I came across Thrive. At the time, I was on a very low budget and could not afford to eat properly. (Have you noticed that food that is really good for you cost a lot more than food that is really bad for you?! LOL) I wanted to have 'super-powered' nutrition, and it was more cost effective for me to use a green superfood than it was to buy the equivalent nutrition in fresh fruits and vegetables. My friend told me that Thrive had not only enhanced his health, but had actually reversed his heart damage! I was intrigued, so I bought the three day trial. That's all it took to convince me that I wanted Thrive to be a part of my every day life! I know some people think that Thrive is a luxury. For me, it's a necessity! If anyone reading this thinks they can't afford good nutrition for themselves and their family, I encourage them to rethink!! Thrive is the most cost effective way I know of, to get the vital nutrition we need to live a healthy life!" – **Mary Tracy**

"Well isn't this interesting, I ran out of my Thrive samples starting on the 3<sup>rd</sup> day this morning. I take my blood pressure every morning at the same time. So this morning my blood pressure shot back up to 140/82 with a low yesterday of 120/67 as I took it twice yesterday because I was so shocked how low it was. Some could say I suppose it was just a fluke yesterday but I'm not so sure, the 120 number I have not seen in years. I have been writing everything down so the only thing different in the equation is...Thrive. My product comes this next week so I will keep everyone up-to-date." – **Bill Froehlich**

"I had been using Thrive for 2 months, and was able to fit in two pairs of pants that I was not able to fit for the past 2 years." – **Joann Jacques**

"June 22, I was at the gym working out with a personal trainer. I over did on the workout, and got dizzy. My personal trainer took my BP, and immediately called 911. Within 20 minutes, I was in ER... Spent 4 days in Hospital ...Diagnosed as stroke. Having extended high Blood Pressure, the primary care doctor wrote me a prescription for Losartan. I took 4 of them over next two weeks, but a friend showed me Randy's Thrive video, and I ordered his product. I started taking the THRIVE all natural product, instead of Losartan. My primary care doctor was not happy with my decision, and told me I could probably end up with kidney issues if I didn't get my blood pressure lower. I showed him a few pictures of my blood pressure after taking thrive, and there was not much he could say because the proof is in the pictures. Still taking my thrive daily. WHAT WOULD YOU TELL YOUR DOCTOR???" – **Jerry Upchurch**

"I originally started taking thrive as a tool to help keep my heart health in good shape as I prepared my body to be able to donate a kidney to a friend of mine who is battling Stage-4 Kidney failure. Along with his kidney failure, he is also diabetic with severely high blood pressure, and fights with blood-sugar issues. After we were informed that the surgery wasn't going to be as quick as we originally hoped for, I decided to gift him with a 2-month supply of Thrive, to help him keep as physically stable as possible until our surgery date arrives. Over the past month of using the Thrive daily, his blood-sugar has normalized to the point he does not have to take insulin before meals and his blood pressure has gone from an average of 180/110 to an average of 130/80. He has also seen improvements in his energy levels coming out of dialysis 3 times per week. What used to wipe him out for an entire day no longer does. He is now able to be an active member of his family while we await our transplant date. I am so grateful that the product which keeps me healthy enough to be able to donate an organ, is also powerful enough to reverse the recipient's medical issues while we await a transplant. And who knows if they surgery date takes too long to arrive, Thrive may very well reverse all of his conditions." – **Cochise Bryant**

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