

COMPUTER LAB

The Lambs® Computer Lab of the SAG-AFTRA Foundation is a New York-based facility that serves as an educational resource for SAG-AFTRA members to acquire the technical and creative skills necessary to not only survive, but thrive in the industry. Offering a wide variety of in-person and online classes and workshops, the Computer Lab has helped thousands of performers make dramatic strides in their careers by empowering them to take greater ownership of their work.

Computer Lab classes always utilize free or inexpensive software to minimize or negate financial barriers. In-person classes are approximately two hours and serve eight SAG-AFTRA members at a time from the New York area. Online classes are approximately three hours and include an additional 1-3 hours of Q&A following the class. Online classes serve approximately 30-50 members per class.

CLASSES OFFERED

Intro to Narrative Video Editing with iMovie, Part 1 Online

If you're a SAG-AFTRA member interested in learning how to edit narrative projects (e.g. short film, web series), but don't know where to start, this is the class for you! We'll teach you how to use iMovie for Mac. You will learn the basics of how the program works by editing a short scene, as well as discuss narrative techniques and film grammar. All materials will be provided in this 3-hour online class. No prior knowledge is required to participate.

Intro to Narrative Video Editing with iMovie, Part 2 Online

This 3-hour online class is a continuation of the *Intro to Narrative Video Editing with iMovie* and is designed for SAG-AFTRA members interested in learning how to edit narrative projects (e.g. short film, web series) using iMovie. In this class you will increase your basic knowledge of how iMovie works, as well as be introduced to more advanced editing techniques and additional functions by editing a short dialogue scene. *Intro to Narrative Video Editing with iMovie Online, Part 1* is required to participate.

Demo Reel Workshop with Adobe Premiere Elements Online

This 3-hour online workshop is for SAG-AFTRA members interested in learning how to build and edit their demo reel using Adobe Premiere Elements. In this workshop, you will use your own video clips to assemble and edit your own demo reel. You will also learn how to create project files, import video footage, edit videos, add transitions and titles, and export demo reels. Members must have software to participate.

Demo Reel Workshop with Davinci Resolve Online

This 3-hour online workshop is for SAG-AFTRA members interested in learning how to build and edit their demo reel using Davinci Resolve, a powerful video editing software that is currently FREE for use on both Macs and PCs. In this workshop, you will use your own video clips to assemble and edit your own demo reel. Members must have the software in order to participate.

Demo Reel Workshop with Final Cut Pro Online

This 3-hour online workshop is for SAG-AFTRA members interested in learning how to build and edit their demo reel using Final Cut Pro X. In this workshop, you will use your own video clips to assemble and edit your own demo reel. You will learn how to create project files, import video footage, edit videos, add transitions and titles, and export demo reels. Members must have the software in order to participate.

Demo Reel Workshop with Windows Video Editor

This 3-hour workshop is for SAG-AFTRA members interested in learning how to build and edit their demo reels using Windows Video Editor, a basic video editing software that is currently FREE for use on Windows 10 PCs. In this workshop, you will use your own video clips to assemble and edit your own demo reel.

Intro to Photoshop Elements Online

This is a 3-hour introductory class for members interested in learning how to edit their headshots and promotional images. You'll learn the basics of Photoshop Elements, be given a brief introduction to photography concepts, and then apply those concepts on sample images while learning how to use dozens of tools within Photoshop. You must have the software in order to participate in this class.

Website Building Workshop, Part 1 Online

We call this a workshop because you'll not only learn how to build a professional website using the free online builder, Weebly, but you'll build your site during the workshop. You will learn basic web development principles, how to set up your own domain, and how Weebly works to help you build a website for FREE. Some members may have a fully functioning website completed within the 3-hour workshop!

Website Building Workshop, Part 2 Online

The purpose of this workshop is to pick up where members left off in Part 1 of this class; however, this is not a rehash of the previous class. In this 3-hour class, members will learn various new skills to enhance their existing actor website. During the first half of the class, we discuss search engine optimization, creating blog pages, customizing themes and fonts, adding custom code, creating one page websites, among others. During the second half of the class, you'll be given the chance to incorporate these new features into your existing website. *Website Building Workshop, Part 1* is required to participate.

Casting Online Basics for Mac Users Online

This 3-hour class covers everything you want to know once you've recorded your audition video. Members will learn how to compress their videos, make basic edits, upload to YouTube, Dropbox, and other web sites, and set up accounts on various casting websites. No materials or experience required.

Casting Online Basics for PC Users Online

This 3-hour class covers everything you want to know once you've recorded your audition video. Members will learn how to compress their videos, make basic edits, upload to YouTube, Dropbox, and other web sites, and set up accounts on various casting websites. No materials or experience required.

Intro to Screenwriting, Part 1 Online

This 3-hour class is designed for members interested in developing and writing their own screenplay. During the first half of the class, members will learn the fundamentals of screenwriting, including the development of new ideas, dramatic structure, and character development, among other concepts. During the second half, members will learn screenplay formatting by using various software options, including Final Draft and Movie Magic Screenwriter.

Intro to Screenwriting, Part 2 Online

This class is designed for members interested in developing and writing their own screenplay and picks up where the first class left off. Ideally, members will have written a first draft or at least have an outline or treatment of the first draft. Members will learn the fundamentals of dramatic writing, specifically dramatizing your screenplay through classroom exercises in this 3-hour class. *Intro to Screenwriting, Part 1* required to participate.

Resume Building Workshop Online

The purpose of this workshop is to instruct SAG-AFTRA members on building a professional acting resume using a free word processor, Google Docs. In this 2.5-hour session, members will set up an account to use the free software, learn how the site works and some of the basic functions provided, and build their resume during the workshop. While some members may finish their resume in the workshop, most members will have about 50-80% of their resume completed.

NOTE: This is not a class to update your existing resume. We will be building a new resume from scratch in this workshop.

Computer Lab Online: Ask Any Tech Questions

This is a great time to get things done and you might have a question or two keeping you from taking the next step. Whether you're picking up where you left off in one of our classes, trying to finish up your project, or just trying to gain a little confidence, this is your chance to get help. During this 3-hour online forum, members submit questions that we address as efficiently as possible, helping as many members as we can. We welcome all questions from all levels of experience.

Computer Fundamentals Workshop Online

If you're struggling in any way when using a computer or looking for help to take the next step, this may be the class for you! During the first half of this 3-hour class, we'll break down exactly how a computer works to provide a foundation for subsequent learning. During the second half of the class, members can ask any general computing questions, so the class will be tailored to fit your needs.

This class is intended for beginners; however, members with more experience may also benefit. No materials or experience required.

Intro to Photoshop Elements 2021, Part 1 Online

This 3-hour class is for SAG-AFTRA members interested in learning how to edit images using Photoshop Elements 2021. Specific lessons include importing and exporting files, resizing images, correcting exposure, color correction, removing blemishes, and the use of layers within Photoshop.

Intro to Photoshop Elements 2021, Part 2 Online

This 3-hour class picks up where we left off in Intro to Photoshop Elements, Part 1. In this class, we'll spend more time touching up headshots with various methods of removing blemishes, adding eye light, adjusting skin tone, lighting contrast, and adding background and text, among others.

NOTE: SAG-AFTRA members must have taken Intro to Photoshop Elements Part 1 and also have the software, Photoshop Elements 2021, in order to participate. You're welcome to use prior versions of the software, but we will not be able to address discrepancies during the class. Also, we do not recommend using the regular version of Photoshop.

Intro to Photoshop Online

This 3-hour class is for SAG-AFTRA members interested in learning Photoshop (PS). In this class you will learn the basics of how the program works and some of the basic functions used in PS. Included in this class will be how to import files, retouch, color correct, resize, and export a JPEG file for the web.

Intro to Premiere Pro Online

This 3-hour class is for SAG-AFTRA members interested in learning video editing on Premiere Pro. You will learn the basics of how the program works and some of the basic functions used in Premiere Pro. Included in this class will be how to import files, edit footage on a sequence, and export to a playable movie file. Basic computer skills are required to participate.

UPCOMING COMPUTER CLASSES

Intro to Final Draft

Intro to Gmail

Intro to Powerpoint

Intro to iMovie for the iPad