



Manhattan Beach 10K Run

Saturday, October 03, 2009

Men/Women Top Finishers

2009 10K Top Finishers Men

Div	O'All	Sex	Name	Sx	Age	Hometown
1	1		1 Rick Weis	M	31	Hermosa Beach CA
1	2		2 Erik Steffens	M	23	North Hollywood CA
1	3		3 Andrew Thompson	M	26	Thousand Oaks CA
2	4		4 John Harrington	M	34	Manhattan Beach CA
1	5		5 Jeff Atkinson	M	46	Manhattan Beach CA
1	6		6 Glen Weissman	M	40	Bellevue WA
2	7		7 Chris Tregillis	M	41	Manhattan Beach CA
2	8		8 Jon Megeff	M	46	Rancho Palos Verdes
3	9		9 Patrick Sweeney	M	30	Manhattan Beach CA
2	10		10 Alexander Gorney	M	21	Torrance CA

2009 10K Top Finishers Women

Div	O'All	Sex	Name	Sx	Age	Hometown
1	12		1 Natalie Higley	F	39	Redondo Beach CA
1	22		2 Alison Atkinson	F	42	Manhattan Beach CA
1	27		3 Cambria D'Amico	F	30	Redondo Beach CA
1	30		4 Allyson Estess	F	26	Redondo Beach CA
1	37		5 Rebecca Sopp	F	22	Redondo Beach CA
2	50		6 Kate Myers	F	32	Manhattan Beach CA
3	64		7 Tamar Gamliel	F	30	Rancho Palos Verdes
2	71		8 Marie Potter	F	28	Hermosa Beach CA
1	92		9 Renee Williams Smith	F	48	Hermosa Beach CA
2	97		10 Sarah Cocco	F	21	Los Angeles CA

Time	Pace	Bib
33:02:00	5:19	7
33:33:00	5:24	2185
34:11:00	5:31	3600
34:19:00	5:32	2566
34:23:00	5:32	3
34:34:00	5:34	1033
34:53:00	5:37	724
35:00:00	5:38	625
35:37:00	5:44	568
35:41:00	5:45	3901

Time	Pace	Bib
36:23:00	5:52	2
36:59:00	5:57	1761
37:35:00	6:03	1129
37:57:00	6:07	1666
38:17:00	6:10	538
39:04:00	6:18	3001
40:09:00	6:28	258
40:19:00	6:30	2159
41:04:00	6:37	727
41:13:00	6:38	2836