



Manhattan Beach 10K Run

Saturday, October 02, 2010

200+ Results

2010 10K Men 200+

Div	O'All	Sex	Name	Sx	Age	Hometown	Time	Pace	Bib
1	72	62	Brad Holowaychuk	M	32	Hermosa Beach, CA	40:24:00	6:31	1409
2	106	92	Eric Ettlin	M	30	San Juan Capistrano, CA	41:32:00	6:42	2340
3	167	144	Aaron Wachtfogel	M	28	Hermosa Beach, CA	43:16:00	6:58	3055
4	250	214	Scott Spicer	M	37	Redondo Beach, CA	45:06:00	7:16	1828
5	342	289	Chris Robichaud	M	43	Sherman Oaks, CA	46:39:00	7:31	1785
6	347	294	Gregory Crum	M	27	Manhattan Beach, CA	46:42:00	7:31	1587
7	437	367	Gavin Hensing	M	29	Chandler, AZ	47:55:00	7:43	1405
8	494	406	Jeff Buss	M	38	Manhattan Beach, CA	48:33:00	7:49	3375
9	573	467	Ted Scott	M	38	Hermosa Beach, CA	49:33:00	7:59	1268
10	575	469	Peter Riordan	M	47	Manhattan Bch, CA	49:33:00	7:59	3346
11	596	485	Scott Champagne	M	35	Manhattan Beach, CA	49:49:00	8:01	2309
12	597	486	Cyrus Hadidi	M	36	Manhattan Beach, CA	49:49:00	8:01	1108
13	631	509	John Loder	M	40	Hermosa Beach, CA	50:11:00	8:05	2430
14	644	520	Jack Martin	M	39	Manhattan Beach, CA	50:23:00	8:07	778
15	649	522	Greg Dinneen	M	39	Hermosa Beach, CA	50:26:00	8:07	3521
16	663	534	Craig Douglas	M	42	Redondo Beach, CA	50:33:00	8:09	767
17	669	539	Jeff Maynard	M	38	Hermosa Beach, CA	50:36:00	8:09	2835
18	676	543	Daniel Doolan	M	32	Los Angeles, CA	50:43:00	8:10	2001
19	707	566	Aleksander Edwards	M	26	Santa Monica, CA	51:05:00	8:14	2335
20	804	627	Martin Vincent	M	53	Redondo Beach, CA	52:07:00	8:24	1857
21	810	630	Dan Kinzer	M	53	El Segundo, CA	52:09:00	8:24	1683
22	831	643	Darwin Pagett	M	49	Redondo Beach, CA	52:17:00	8:25	3724
23	864	663	Charles Papesh	M	50	Rancho Palos Verdes, CA	52:36:00	8:28	3355
24	915	696	Nathan Weiner	M	24	Rancho Palos Verdes, CA	53:01:00	8:32	1311
25	992	747	Edwin Pankau	M	32	Manhattan Bch, CA	53:38:00	8:38	1767
26	1006	755	David Callahan	M	50	El Segundo, CA	53:46:00	8:40	1568
27	1025	766	Gene Williams	M	39	Hermosa Beach, CA	53:53:00	8:41	1318
28	1034	773	William Growdon	M	46	Ventura, CA	53:56:00	8:41	1105
29	1045	778	Zach Gano	M	31	Hermosa Beach, CA	54:00:00	8:42	348
30	1058	785	Michael Vangilder	M	52	Encinitas, CA	54:04:00	8:43	1304
31	1122	825	Todd Knepp	M	39	Long Beach, CA	54:32:00	8:47	2409
32	1141	835	Mark Lardie	M	49	Clayton, MO	54:41:00	8:48	1157
33	1163	847	Michael Paquette	M	37	Manhattan Beach, CA	54:53:00	8:50	2474
34	1264	900	John O'Brien	M	39	Rocky River, OH	55:39:00	8:58	2464
35	1268	903	Chuck Littell	M	41	Redondo Beach, CA	55:43:00	8:58	1708
36	1271	905	Todd Mannix	M	40	Redondo Beach, CA	55:45:00	8:59	1720
37	1309	919	Jeffrey Russell	M	33	Hermosa Beach, CA	56:00:00	9:01	2200
38	1335	933	Mario Rodarte	M	37	Anaheim, CA	56:10:00	9:03	1470
39	1345	939	Chris Peirce	M	41	Hermosa Beach, CA	56:14:00	9:03	1463
40	1351	942	Ed Forrerst	M	48	Newport Coast, CA	56:16:00	9:04	1624
41	1471	1005	Mark Koesterer	M	50	Manhattan Beach, CA	57:16:00	9:13	1422
42	1498	1019	Daniel Keelan	M	48	Altadena, CA	57:29:00	9:16	2088
43	1522	1028	Patrick Michela	M	44	Manhattan Beach, CA	57:39:00	9:17	2447
44	1649	1082	Dale Dreher	M	45	Los Angeles, CA	58:36:00	9:26	1608
45	1671	1092	Robert Newbury	M	36	Arlington, VA	58:49:00	9:28	1751
46	1698	1104	Michael Kelter	M	29	Huntington Beach, CA	59:02:00	9:31	2093
47	1813	1150	Patrick Brady	M	39	Thousand Oaks, CA	59:51:00	9:38	2295

48	1854	1168	Scott Maynard	M	35	Sonoma, CA	1:00:13	9:42	2831
49	1856	1169	Jeffrey Rager	M	39	Hermosa Beach, CA	1:00:16	9:42	1244
50	1898	1190	Todd Mackey	M	46	Manhattan Beach, CA	1:00:39	9:46	1438
51	1914	1196	Kyle Swafford	M	33	Playa Vista, CA	1:00:46	9:47	1836
52	1928	1205	Michael Stevens	M	57	Manhattan Beach, CA	1:00:52	9:48	1488
53	1991	1239	Eric Cardenas	M	40	Manhattan Beach, CA	1:01:21	9:53	1370
54	1996	1243	Chris Menjou	M	43	Torrance, CA	1:01:26	9:54	2445
55	2006	1249	Andrew Jones	M	31	Manhattan Beach, CA	1:01:31	9:54	2401
56	2019	1253	John Juell	M	32	Hawthorne, CA	1:01:37	9:55	2764
57	2103	1288	Joe Klotzle	M	48	Hermosa Beach, CA	1:02:30	10:04	2408
58	2104	1289	Darryl Atwater	M	35	Hermosa Beach, CA	1:02:31	10:04	2283
59	2136	1303	Dana Benson	M	32	Westlake Village, CA	1:02:49	10:07	1549
60	2190	1323	Tim Lynch	M	51	Manhattan Beach, CA	1:03:30	10:14	1715
61	2211	1331	Jason Glasgow	M	41	Manhattan Beach, CA	1:03:51	10:17	2035
62	2217	1334	Steve White	M	42	Manhattan Beach, CA	1:03:54	10:18	1862
63	2224	1339	Doug Mosebar	M	60	Santa Ynez, CA	1:03:59	10:18	1328
64	2228	1340	Matt Mosebar	M	27	Santa Ynez, CA	1:04:00	10:18	1330
65	2261	1357	Matthew Karnes	M	39	Hawthorne, CA	1:04:22	10:22	2084
66	2262	1358	Phil Norman	M	42	Rancho Palos Verdes, CA	1:04:22	10:22	2901
67	2284	1367	Carl Rydquist	M	33	Redondo Beach, CA	1:04:39	10:25	2497
68	2364	1393	Rogelio Vargas	M	25	Manhattan Beach, CA	1:05:37	10:34	2245
69	2409	1406	Aaron Frescas	M	21	Los Angeles, CA	1:06:10	10:39	2348
70	2436	1416	Christopher Long	M	27	Newport Beach, CA	1:06:29	10:42	2431
71	2500	1438	Timothy Loranger	M	40	West Hollywood, CA	1:07:28	10:52	1173
72	2502	1439	Mike Henderson	M	33	Costa Mesa, CA	1:07:29	10:52	1117
73	2507	1442	Don Mosebar	M	49	Manhattan Beach, CA	1:07:32	10:52	408
74	2520	1450	Richard Zack	M	60	Chicago, IL	1:07:41	10:54	1324
75	2529	1454	Jason Vierzba	M	31	San Pedro, CA	1:07:55	10:56	1512
76	2535	1456	Bob Gray	M	59	El Segundo, CA	1:08:01	10:57	1639
77	2559	1465	Alan Templin	M	60	Hermosa Beach, CA	1:08:18	11:00	1841
78	2566	1468	John Baracy	M	34	Santa Monica, CA	1:08:23	11:01	1539
79	2568	1470	Jay Morgan	M	48	San Pedro, CA	1:08:25	11:01	1201
80	2625	1489	Joe Goebel	M	46	Redondo Beach, CA	1:09:19	11:10	1093
81	2652	1496	Michael McCauley	M	39	Redondo Beach, CA	1:10:03	11:17	2440
82	2653	1497	Don Langley	M	50	Manhattan Beach, CA	1:10:04	11:17	1697
83	2671	1502	Dick Douglas	M	68	Ventura, CA	1:10:26	11:20	765
84	2679	1505	Gary Osterhout	M	54	Manhattan Beach, CA	1:10:30	11:21	1517
85	2719	1516	Martin Schneggenburger	M	42	Redondo Beach, CA	1:11:13	11:28	2208
86	2742	1523	Eric Skifstrom	M	50	Manhattan Beach, CA	1:11:34	11:31	1482
87	2750	1526	David Stewart	M	30	Santa Clara, CA	1:11:42	11:33	2232
88	2787	1533	Douglas Mohr	M	56	Millersburg, OH	1:12:14	11:38	1740
89	2817	1542	Ron Hunadi	M	59	Mesquite, NV	1:13:03	11:46	1412
90	2831	1547	Jerry Tello	M	40	San Pedro, CA	1:13:23	11:49	2525
91	2850	1554	Patrick Kennell Iii	M	32	Marina Del Rey, CA	1:13:51	11:53	1680
92	2942	1586	Rudy Duarte	M	45	Gardena, CA	1:15:54	12:13	1070
93	2949	1592	Paul Miller	M	45	Manhattan Beach, CA	1:15:59	12:14	1192
94	2988	1605	Tom Lagos	M	39	Los Angeles, CA	1:17:09	12:25	2102
95	3054	1629	Steve Siedentop	M	56	Manhattan Beach, CA	1:19:39	12:49	1480
96	3074	1639	Robert Fisher	M	47	Lomita, CA	1:20:43	13:00	1620
97	3080	1642	Jeremy Cornell	M	41	Apple Valley, CA	1:21:00	13:03	1585
98	3120	1650	Larry Feldman	M	57	Manhattan Beach, CA	1:22:38	13:18	1387
99	3143	1659	Michael Hurst	M	35	Newport Beach, CA	1:23:39	13:28	2396
100	3219	1688	Ernie Valenzuela	M	42	Redondo Beach, CA	1:27:49	14:08	2533
101	3256	1702	Rod Bauer	M	51	Torrance, CA	1:29:47	14:27	1360
102	3324	1720	Richard Gronbach	M	53	Manhattan Beach, CA	1:32:46	14:56	1103
103	3332	1721	Timothy Jackert	M	68	Long Beach, CA	1:33:27	15:03	1874
104	3490	1759	James Kendall	M	60	Long Beach, CA	1:46:36	17:10	2095

105	3501	1762	Jack Hsieh	M	40	Manhattan Beach, CA	1:47:50	17:22	2069
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2010 10K Women 200+

Div	O'All	Sex	Name	Sx	Age	Hometown	Time	Pace	Bib
1	1821	669	Beth Rager	F	39	Hermosa Beach, CA	59:59:00	9:40	1243
2	2484	1052	Ellie Frazier	F	27	Hermosa Beach, CA	1:07:14	10:50	1390
3	2994	1387	Barbara Exner	F	43	Los Angeles, CA	1:17:21	12:27	1617
4	3044	1418	Kelly Frazier	F	39	Manhattan Beach, CA	1:19:11	12:45	2029
5	3177	1502	Mollie Meyer	F	20	San Diego, CA	1:25:05	13:42	1447