

INTERVIEW WITH  
**SANDY FORSTER**,  
Australia's Leading  
Prosperity Coach  
and Award Winning  
Entrepreneur

## Attracting Abundance Through Conscious Creation

WORDS NICOLE TARYN | PHOTO ANASTASIA KARIOFYLLIDIS

As I stepped through the massive stressed timber doorway, left open I assume in anticipation of my arrival, I was immediately aware of a sense of homeliness – warm terracotta, incense burning and the earthiness of

Mexican influence. Having beckoned me to enter, I found best-selling author and self-made millionaire, Sandy Forster standing in her kitchen, wiping down her bench proclaiming that the cleaner comes Fridays, and we laughed at the

universal propensity to clean your house before the cleaner comes! I'm not sure exactly what I was expecting, however I immediately felt at ease – she really is just like everyone else.

And that's pretty much the very

message Sandy has for us – prosperity and abundance is available for all of us. It doesn't matter who you are, what you've done, where you come from, how much money your parents had or how little you've had in the past. If you would like riches and an abundant life, you can manifest it through utilising and applying the Universal Law of Attraction.

And Sandy is living proof. Dropping out of High School in year 11 and eventually marrying her high school sweetheart, she fumbled her way through an array of career choices from working in a library, spray tanning at Mooloolaba beach, to being an aerobics instructor. With her love for sewing, she started her swim and gym wear business. Not long after, she was divorced with two infant children. The swimwear business that she had begun as a hobby suddenly had to become her primary income source and having absolutely no experience in business, Sandy found herself \$100,000 in debt and earning just \$15,000 a year on welfare.

Feeling that she had no control over her life and no idea of where she was headed, Sandy experienced one failed business venture after another before she finally realised that there was one key element that was missing in the manifesting of a prosperous life. Somewhere deep inside, she didn't believe she was worthy. She didn't consider herself to be a business person and she believed that she was no good with numbers, hated networking and was just too disorganised to be successful in business.

Not one to be defeated, she decided that no matter what it took, she was going to be a successful person and that money would flow to her. She kept going, changing her beliefs and affirming herself as a winner of business awards. She discovered the world of personal development and has never looked back, becoming the best-selling author of the book, *How to be Wildly Wealthy Fast*, and now has a multitude of international awards to her name.

Sandy has also raised the bar with global contribution through her connections with world-wide

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transformational leaders. You see, there's a movement that's occurring on the planet and as co-creators we can all contribute. When there are enough people choosing to co-create with the universe and dynamically create prosperity on the planet, the whole world will rise in consciousness. You might think that you're not making a difference, however if enough people raise their awareness and consciousness, we can literally transform the world.

Now, unless you've been hiding under a rock for the past eight years or so, you would most likely be familiar with 'The Secret' and more precisely, the Universal Law of Attraction. And here's a tip – whether you are consciously aware of it or not, you are already using the Law of Attraction, you are already manifesting the current life you have. Sandy's question to you is – if the Law of Attraction is already in effect, then why not use it to your advantage and create the life you truly desire?

“But I've done affirmations; I've done the hours and hours of visualising. I've done vision boards and meditations and I still haven't created the life that I desire!” Does that sound familiar? In her book, Sandy describes how we all have our very own universal warehouse, where everything we could possibly imagine or desire is stored, just waiting for us to choose it. And when we ask for it, the universe conspires to bring it to us. Then in a split second, we cancel the order with any number of limiting beliefs, such as “It will never happen for me” or “I'm just not smart enough to pull that off” or “I just don't have the time”. The order is cancelled and returned to the warehouse.

Fourteen years ago, Sandy was \$100,000 in debt and on welfare. Today she is a millionaire, meeting with global

transformational leaders, travelling the world and teaching others how to do the same through her Inspired Spirit Coaching Academy. Creating her prosperous life has given Sandy so much more than money.

“Yes I've made a lot of money but for me it's all about the freedom. I've taken my kids overseas and we've trekked the Inca trail in Peru. We've watched wildebeest migrate across the Serengeti, climbed Mt Kilimanjaro and swum in the Sacred Caves of Mexico. I've even taken my daughter on a shopping spree in New York! It's about the freedom to be able to do the things you really want to do.”

True wealth is absolute joy and freedom of living the life you desire. Sandy's message is strong and clear – “I'm no different to the next person. If I can do it, anyone can.”

Manifesting our lives is more about remembering than it is about learning techniques or tools. We are all co-creators, the Universal Law of Attraction exists just like gravity does, always there, doing what it does. The choice we have is whether or not we desire to be conscious co-creators. Do we want to take the steering wheel of our lives? Are we willing to ask for what we truly desire and are we willing to receive what we have asked for?

Sandy shared with me one of her favourite quotes from Wallace Wattle: “By thought, the thing you desire is brought to you, by action you receive it.”

Are you ready and willing to do whatever it takes to create AND receive the life you truly desire?

For more info about **SANDY FORSTER** go to: [InspiredSpiritCoachingAcademy.com](http://InspiredSpiritCoachingAcademy.com) and [WildlyWealthy.com](http://WildlyWealthy.com)