

**Feedback for Spirituality of the 12 Step
Nativity of Our Lord, Sundays of Lent 2018**

The objective for our time together reviewing the spirituality of the 12 Steps was to grow in our spiritual lives this Lent. John worked to share some points he found fruitful from Richard Rohr” Breathing Underwater: Spirituality and the 12 Steps as “a guide on the side.” Your feedback will help should we offer to do this again sometime.

Content: Richard Rohr’s *Breathing Underwater* served me well for my reflection on my spirituality this Lent

Very much agree	Agree	I’m not sure	Disagree	Very much disagree
13	8	0	0	0

Presentations: John’s slides and presentations (comments and shared experiences) on Richard Rhor’s Breathing Underwater served me well for my reflection on my spirituality this Lent

Very much agree	Agree	I’m not sure	Disagree	Very much disagree
15	5	0	0	0

Notepages: The note pages of the slides for Richard Rhor’s *Breathing Underwater* served me well for my reflection on my spirituality this Lent

Very much agree	Agree	I’m not sure	Disagree	Very much disagree
13	7	0	0	0

Discussion: The discussion with other participants served me well for my reflection on my spirituality this Lent

Very much agree	Agree	I’m not sure	Disagree	Very much disagree
9	10	1	0	0

Place: The meeting room served me well for my reflection on my spirituality this Lent

Very much agree	Agree	I’m not sure	Disagree	Very much disagree
2	10	7	0	0

Time: The meeting time served me well for my reflection on my spirituality this Lent
 well for my reflection on my spirituality this Lent

Very much agree	Agree	I'm not sure	Disagree	Very much disagree
9	8	2	1	0

Offering: Suggesting an offering to St. Vincent DePaul Society or another Charity served me well
 for my reflection on my spirituality this Lent

Very much agree	Agree	I'm not sure	Disagree	Very much disagree
7	9	4	0	0

Census Information

Age group choose from the following

70 and over	55 to 69	40 to 54	25 to 39	24 and under
10	8	1	0	0

Gender:

Male	Female
7	13

Invitation: How did you learn about our “presentations and discussions”?

Pulpit announcement	Church Bulletin	Enterprise “in the pews”	A friend or relative	John twisted my arm
2	10	5	5	3

Please add your comments/suggestions

The sessions could have used a few extra minutes, but they were placed well between masses for the
 2 ease of attendance. Good job! Enjoyed!

The room was crowded. I'd always wanted to read this book, and I read it for the first time because of
 3 this class. Thank you

I very much enjoyed the class. You really distilled the key points so they could be emphasized. Great
4 delivery and presentations.

I did read the notice in the Enterprise. I believe the time and limit on the time helped, because the
discussions were very much on point. Concise beginning and end is important, and the length was
5 perfect.

It would be nice if there was more time for discussion. Maybe have the class at another time or have
more classes and cover less material during each session. I liked the information it helped me during
6 this lenten season, and will be something I will continue to use through out my life.

This was a wonderful journey, learning me wanting more. The time seemed somewhat rushed due to
fitting it in between masses. It was wonderful of John to give his time and wisdom to us by volunteering
to teach. He inspired me to do more soul-searching and reading. My thanks and gratitude to him!
7 (name, address, and phone added)

8 (blank)

I thought the class was very good and John Lay's presentations were excellent. I wish it could have been
slightly longer but you have to work with the time we have and it was fine.
9

10 (blank) under Discussion - wasn't much time

This was a fantastic study. I was reminded of some points I had forgotten. And hear some new ideas.
The class could be longer. We need more time for discussion and a larger room! (name provided)
11

12 (Blank)

13 Thank you for your time. Each week I thought about the steps we discussed. It would have been nice to have more time for whole groups discussion.

14 Like John Lay's comments -- good insights. Many interesting. Good knowledgeable speaker -- believes what he says. I would attend another one of his classes -- (under Offering: good Idea -- I like online giving --)

15 (Back side of form left blank)

16 In the A.A. Big Book there is the "Third Step Prayer." which is excellent and a necessary preparation. For this Series, maybe the idea expressed in the prayer. / In Step 4 the inventory in A.A. Big Book describes like a business owner clearing out that which is not saleable and keeping that which is saleable: that Prayer says "Lord I offer myself, the good & the bad."

17 Enjoyed Very Much

18 You did a marvelous job presenting a very deep, complicated book, full of apparent oxymorons and other "confusing" notions. Well don and Thank You. (Under Offering: I made my additional alms-giving for lent before your "envelope.")

19 (Blank)

1. Provide an overview of the 12 steps initially - where they come from. Who uses them, how they are a spiritual program. 2. A summary of each chapter may be more helpful than quotes from scripture. 3. Pictures sometimes gave a negative description of concepts like powerlessness (a man drowning). Powerlessness is a positive that's when a person lets God in. 4. Working on the steps by oneself is not recommended. A person needs a sponsor or spiritual director as a guide. 5. AA has open meetings where anyone can go. There are specific meetings on the steps. 6. A relationship with a higher power is essential in working the steps. Who is the God of Their understanding? 7. What's the goal for working the steps - to let go of addictions / attachments and to become the person God made you to be. 8. Anyone can purchase The Twelve Steps and Twelve Traditions, that explains the steps. Once a person is familiar with the steps -- then Rohr's book makes more sense. Thank you for putting this class together for our community. I appreciate your hard work.

20

Under Time: Disagree checked and It was "way" too short. I would have loved to have time to ask questions and share thoughts with you also. Under Invitation Enterprise "in the pews" checked and Loved that!

21

**Please return this form to John (mail if you wish: 495 Dover Ct, Broomfield 80020),
or leave at the front desk.**