



Mindless Knits

Mindless Hat and Cowl

Worsted Version

Sizes:

Baby (toddler, child, adult small, adult large/cowl) or for a head circumference of 16 (18, 20, 22, 24) inches.

Gauge:

This hat was designed to a gauge of 19 stitches to 30 rows of a washed 4" swatch.

Note for Mindless Knits Yarn users—

Gauge is not vitally important, but please note, gauge differences will affect the stripe pattern.



Supplies:

- US size 7 needles, or the size needed to obtain gauge
- 8 stitch markers
- 60 (80, 100, 120, 160) yards of Worsted Weight Yarn (200 yards for Cowl)

Note for Mindless Knits Yarn users—

Mindless Knits Hat/Cowl yarn is dyed in a palindrome, so it does not matter which end of the yarn begins your cast on.

I recommend removing the first 10 yards of the first stripe for the baby size and 5 for the toddler size in order to balance the cuff and stripes better.

Abbreviations:

K: knit stitch

P: purl stitch

CO: Cast on using preferred method

K2tog: “knit two together” decrease

SSK: “slip, slip, knit” decrease

S2KP2: “slip 2 as if to knit, knit 1, pass two over” double decrease

Directions:

Using US size 7 needles, cast on 64 (80, 88, 96, 104) stitches. I recommend casting on holding two needles together for a very stretchy cuff.

Join in the round. Markers are not required until you reach the decreases.

Knit in ribbing: K2, P2 for the first color or 1.5 (1.75, 2, 2, 2) inches.

When the first hint of the next color begins, switch to stockinette stitch (knit all stitches).

Knit all stitches until work reaches 4.75 (5, 5.5, 6, 7.5) inches from cast-on edge.

Set-up round: Place a “Beginning of Round” stitch marker and knit all stitches while placing stitch markers every 8 (10, 11, 12, 13) stitches.

Decrease round: *K2tog, knit to 2 stitches before marker, SSK (“slip, slip, knit” decrease); repeat from * 7 more times.

Knit two rounds in stockinette.

Repeat the last 3 rounds once more, then repeat decrease round every other round until 3 (2, 2, 2, 3) stitches remain between each stitch marker.

Final decrease: *K2tog (K2tog, S2KP2, K2tog, S2KP2); repeat from * 7 more times.

Cut yarn and pull end through remaining stitches. Weave in the **two** ends!

Cowl Option:

Cast on for adult large hat, but do not decrease. Instead, knit away in stockinette until you reach the final color. Complete one row in stockinette with the new color and then begin K2, P2 ribbing to match the first stripe. You will need approximately two rows worth of yarn (a little less than 5 yards) for your loose bind-off.

