GOD’S ANSWERS for Your HEALTH

DAVID CERULLO
GOD’S ANSWERS FOR YOUR HEALTH

DAVID CERULLO
# CONTENTS

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Introduction</td>
<td>4</td>
</tr>
<tr>
<td>1</td>
<td>Healing for Your Spirit, Soul, and Body</td>
<td>8</td>
</tr>
<tr>
<td>2</td>
<td>God ALWAYS Heals</td>
<td>16</td>
</tr>
<tr>
<td>3</td>
<td>Don’t Hinder Your Healing</td>
<td>29</td>
</tr>
<tr>
<td>4</td>
<td>Five Steps to Receive Your Healing</td>
<td>39</td>
</tr>
<tr>
<td>5</td>
<td>Scriptural Promises for Your Healing</td>
<td>49</td>
</tr>
<tr>
<td></td>
<td>Ministry Resources</td>
<td>53</td>
</tr>
</tbody>
</table>

3
Introduction
The advances of medical science in the last century are mind-boggling. Yet millions of us are anxious about our health. We worry…

- Will I inherit my parents’ health problems?
- Will the foods I’m eating cause heart disease?
- How can I protect my family from all the deadly viruses plaguing our world?
- What if I get really sick and my medical insurance is inadequate?
- Who will take care of my family if I have a long term illness?

The truth is that we live in a world that is filled with sin, disease, and sickness. Our fears can become reality. The doctor may inform us, “I’m sorry, but the tumor is malignant,” or, “The catheterization shows that three of your husband’s arteries are clogged. We need to do bypass surgery right away.”

When we or someone we love becomes seriously ill, like Job, we may mourn, “For what feared has come upon me, and what I dreaded has happened to me. I am not at ease, nor am I quiet; I have no rest, for trouble comes” (Job 3:25-26).

Because of health problems, we may identify with King David when he cried, “I am weary with my sighing; every night I make my bed
swim, I dissolve my couch with my tears. My eye has wasted away with grief; it has become old because of all my adversaries” (Psalm 6:6-7).

WALKING THROUGH THE VALLEY

Let me assure you today that although you may feel as though you’re walking “through the valley of the shadow of death” (Psalm 23:4) because of sickness, this doesn’t mean God has forgotten you. As you will discover in this booklet, your loving Heavenly Father wants to lead you through the valley on His pathway to healing. His heart is always to heal His children of their spiritual and physical diseases.

Remember these words from Scripture: “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus” (Philippians 4:6-7).

When we’re anxious about our health, we’re often tempted to rely on the advice of doctors, family, friends, TV specials, and magazine articles. Instead, we must turn to God’s unchanging Word first and allow His peace to flood our hearts and minds. His peace will guard our hearts and protect us from the fear and anxiety that threaten to overwhelm us when we’re faced with troubling health problems.

This booklet isn’t a medical reference book, and the answers in it aren’t mine. They are
God’s answers, and they are based on His Word—the first place to turn in times of crisis. Scripture is where you will receive the necessary wisdom, strength, comfort, and healing on your journey toward health.

Within the Bible are keys to meeting every crisis you will ever face. You will find, as did the psalmist David, “Your Word is a lamp to my feet and a light to my path” (Psalm 119:105). Allow the Holy Spirit to supernaturally deposit the Word into your spirit, soul, and body. Allow the Scriptures I’ve included to soak into your very being as you wait on God for your healing.

Barbara and I love you. We’re praying this booklet will strengthen, comfort, and empower you to defeat every attempt of the devil to rob you of your destiny. We want you to know you are not alone on your journey through the valley of sickness to the mountaintop of God’s healing. We are here for you…to pray with you and for you, and to remind you of God’s heart for you and His plan for your life.

God bless you.

David Cerullo
CHAPTER ONE

Healing for Your Spirit, Soul, and Body
It’s amazing!

These days there’s a pill for almost everything, and the big drug companies seem to be inventing prescriptions for ailments we didn’t even know existed a few years ago. And just in case the pills don’t bring relief, there’s always acupuncture, yoga, biofeedback, music therapy, or a week at the health spa!

The medical community finally is grasping the truth that our emotions and our bodies are inextricably linked. What happens to us emotionally affects our bodies. What happens to our bodies affects our souls.

Our soul is the part of us where our thoughts and emotions live. Stress, anxiety, fear, unforgiveness, bitterness…all these negative emotions and more can weaken our immune systems and result in physical and/or emotional sickness: high blood pressure, heart attacks, panic attacks, muscle spasms, fibromyalgia, depression, digestive problems, and even cancer. The list goes on and on.

This is why it’s essential that if we want to have physically healthy bodies, we need to have healthy souls as well.

THE BATTLE FOR YOUR MIND

You may ask, “David, are you telling me that my health problems are all in my mind?” Well…“Yes” and “No.”
Whenever an upsetting or anxiety-inducing circumstance occurs in your life, you have a choice to make—and the battleground for making this decision is found in the mind. Moving from a negative emotion to rest and peace begins with a decision. You have two choices: you can succumb—or overcome!

Have you ever dealt with weeds? In a matter of days, they can invade your flowerbeds and ruin a carefully planned garden.

Spiritual, emotional, and physical weeds are no different. They need to be ruthlessly eliminated while they are still small, before they overtake and strangle your life and your health. This is why we need to keep our hearts pure and our minds set on Christ Jesus.

There’s a crucial battle being fought, and the conflict is being waged between your ears. Satan realizes that if he can invade and control your mind, your body will be vulnerable to attack as well. This is why Paul said, “We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ” (2 Corinthians 10:5).

**PRICELESS ADVICE**

Paul makes reducing the pressures of life easy for us by telling us what to think:

“Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things
are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things” (Philippians 4:8 KJV).

This is priceless advice. If our nation put just that one Scripture into practice, most of our doctors and psychologists would be looking for other occupations!

In the next verse, Paul takes us one further step. He tells us how to turn our thinking into action: “Those things, which ye have both learned, and received, and heard, and seen in me, do.” Then, if we move from belief to behavior, the Apostle tells us, “and the God of peace shall be with you” (v. 9).

I hope you’re beginning to see the Biblical alternative to negative thoughts and emotions. When your mind is overflowing with good thoughts—God thoughts—there is no room for fear and anxiety! “You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You” (Isaiah 26:3 NKJV).

Don’t delay another day: “Set your mind on the things above, not on the things that are on earth” (Colossians 3:2). In this way, you will be taking tremendous steps toward a healed and healthy body.

‘COME UNTO ME’

Although I’m not a doctor, I’d like to write you a prescription which is 100% guaranteed to invigorate your spirit, soul, AND body with new life:

He is a Person rather than a pill, and His name is Jesus.
He is saying to you today, “Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you shall find rest for your souls. For My yoke is easy and My load is light” (Matthew 11:28-30).

I trust you already have experienced the saving work of Jesus Christ and have asked Him to forgive all your sins. He purchased your peace and healing at Calvary. “He was wounded for our transgressions, He was bruised for our iniquities: the chastisement of our peace was upon Him; and with His stripes we are healed” (Isaiah 53:5 KJV).

But if you have never come to Jesus and invited Him to be your Lord, today is the day! All you need to do is admit your sinfulness and invite Him to save you from all your sins by the sinless Blood He spilled for you when He was crucified on the Cross. When you do this, your spirit is healed and set free from sin and death forever!

When you choose to invite Jesus to be the Lord of your life, you can…

✓ Be filled with His Holy Spirit.
✓ Develop an intimacy with your Heavenly Father that will heal your thoughts and emotions and bring you perfect peace.
✓ Understand the truths of Scripture.
✓ Spend eternity with Him.
✓ Receive His healing in your soul and body.
✓ Be heir to all the promises of God through His Word.
THE ANGELS IN HEAVEN REJOICE!

Today, say goodbye to the stranglehold of sin and the negative emotions plaguing you by coming humbly to the Lord. Would you pray this prayer right now?

*Jesus, the Bible says that if I confess with my mouth and believe in my heart that You are Lord, then I will be saved.*

*Jesus, I believe that You are the Son of God. I believe that You are Lord over everything. I believe that You were sinless, but that You chose to be punished for my sins so that I could live forever with You. I believe that God raised You from the dead.*

*I know that I am a sinner. Please forgive me for my sins and wash my heart clean by the power of Your Blood. Thank You for dying on the Cross for me.*

*Jesus, please come and live inside me. Be the Lord of my life. Teach me how to live for You for the rest of my life. By Your awesome power, please heal my emotions and my body from any sickness or disease.*

*Thank You for giving me new life in You. I ask You to do all this in Your name. Amen.*

If you just prayed this prayer and believe in your heart what it says, Jesus is now your Savior and you have been “born again” into a new life in Him. The angels in heaven are rejoicing right now over YOU! Welcome to the Family of God!
WHAT NOW?

As a Believer, you have been saved by God’s amazing grace. All of your sins have been forgiven, and you now can live in freedom from fear and anxiety about your health.

Even though you still have to live in a sin- and disease-filled world, your spirit has been set free because of your new life in Christ. But what about your emotions that may still be suffering from painful experiences in your past or present—negative emotions that may be affecting your physical body? What if you’re still suffering from health issues?

In the next few sections, we’re going to talk more about how to grab hold of God’s healing power in your life. For right now, I urge you to take the following six steps that will begin to help you walk through the valley of emotional or physical sickness to a place of healing:

1. Set aside a time every day to be alone with God.

   Quiet yourself before the Lord: “Be still, and know that I am God” (Psalm 46:10 KJV).

2. Place a “No Trespassing” sign on your heart and mind.

   Shut the door on negative feelings and thoughts: “Watch over your heart with all diligence, for from it flow the springs of life” (Proverbs 4:23).

3. Choose carefully how you spend your time.

   Set a schedule that will develop spiritual growth and physical health: “So teach us to
number our days, that we may present to Thee a heart of wisdom” (Psalm 90:12).

4. Know your limits.

Don’t overextend yourself and take on more than you can handle: “For He Himself knows our frame; He is mindful that we are but dust” (Psalm 103:14).

5. Allow peace to fill your heart rather than fear and be thankful.

“Let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful” (Colossians 3:15).

6. Decide that you will worship instead of worry.

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and minds in Christ Jesus” (Philippians 4:6-7).

As you apply these steps to your life…as you follow Paul’s advice to THINK “God thoughts”…as you DO what Scripture calls you to do…as you REST in God’s presence…as you TRUST in His amazing grace, His healing power will come!

How do I know this is true? Well, turn now to the next section and let’s see…
CHAPTER TWO

God ALWAYS Heals
Scripture, the testimony of the saints, and human experience all testify to this truth: **GOD ALWAYS HEALS**.

You may say, “Now wait just a minute, David. The Bible is full of stories of people who weren’t healed. I’ve had loved ones die in spite of prayers for their healing. In fact, I’m sick right now and have been sick for a long time. So how can you claim that God always heals?”

Let me explain.

‘I AM THE LORD WHO HEALS YOU’

God’s love is profound. Scripture is full of verses that describe His great love for us. Here are just a few…

“I have loved you with an everlasting love; therefore I have drawn you with loving-kindness” (Jeremiah 31:3).

“God, being rich in mercy, because of His great love with which He loved us, even when we were dead in our transgressions, made us alive together with Christ” (Ephesians 2:4).

“I am convinced that neither death nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord” (Romans 8:38-39).

God loves us! He isn’t happy when we’re
emotionally or physically sick. It doesn’t please or delight Him. He isn’t thrilled when we’re hurting. Far from it! Because of His great love for us, He wants us to be well. When we’re hurting, He’s hurting:

“In all their affliction He was afflicted, and the Angel of His Presence saved them; in His love and in His mercy He redeemed them; and He lifted them and carried them all the days of old” (Isaiah 63:9).

God makes a wonderful Covenant Promise to His people in Exodus 15:26:

“If you give earnest heed to the voice of the LORD your God and do what is right in His sight, and give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have put on the Egyptians. FOR I AM THE LORD YOUR HEALER.”

In Hebrew, the words “the Lord who heals” are Jehovah-Rapha. Rapha means “to cure, heal, repair, mend, restore health.” In the next section of this booklet, “Don’t Hinder Your Healing,” I’ll share with you more about God’s Covenant Promises and what we need to do to ensure God’s Covenant blessing of health. For right now, I want to make it clear that because of God’s great love for you, He ALWAYS heals you.

THE FOUR WAYS THAT GOD HEALS

Although it’s 100% true that God always heals our emotional or physical sicknesses, He clearly doesn’t always use the same methods to
bring about our healing. Let’s look together at God’s four ways of healing, with an example for each one that illustrates His healing power.

1. Healing through Instant Miracles

An instant miracle is when God sends His healing power, and you are healed instantly without medical intervention. This can happen when alone or when others are praying for you.

When our son Ben was a baby, he became very sick and had a high fever. This was the first time he had shown any serious signs of illness, and we began to pray for him. The readings on his baby thermometer kept rising—102 degrees, 103 degrees. In a panic, we phoned our family physician, who told us to bathe him in cool water. If Ben’s temperature didn’t go down after that, we were to bring him straight to the emergency room. We followed the doctor’s advice, and then took Ben’s temperature again. It was 104 degrees!

But as we prepared to rush him to the hospital, I heard these verses from James 5 ringing in my head: “Is anyone among you sick? Let him call for the elders of the church and let them pray over him, anointing him with oil in the name of the Lord; and the prayer offered in faith will restore the one who is sick, and the Lord will raise him up” (vs. 14-15a).

Seated there on the couch in our family room with little Ben cradled in Barbara’s arms, I said, “Let’s wait just a minute. I think we need
to call on God one more time.” We laid our hands on Ben’s forehead, anointed him with oil, and began to call on God with great urgency: “Lord,” I said, “we are standing on Your Word. We are asking You to heal our son of whatever is causing this fever.”

I still remember that moment with great emotion, because while we were still praying, we actually felt his temperature plunge. It wasn’t as if his fever broke with the sweating that usually takes place. No. One moment he was burning with fever, and the next he was perfectly normal.

We took another temperature reading and it was 98 degrees! It was truly an instant miracle!

I’ve also been privileged during my life to witness firsthand the instantaneous miracle working power of God. I’ve seen blind eyes opened, deaf ears unstopped, and the lame walk. I’ve prayed for people hopelessly confined to a wheelchair and seen the hand of God touch them and heal them instantly. I’ve also seen people prayed for, and prayed for people myself who did not receive an instantaneous healing or miracle.

I can’t tell you why God chooses to heal some people instantly and others He doesn’t.

I can tell you without equivocation that God, through His Son Jesus Christ, is THE Healer, the only Healer. No man can heal you. No church can heal you. Isaiah 53 tells us that “by His stripes we are healed.” It is faith in the completed work of Christ that brings us healing.

There are countless examples in Scripture of how God healed people through others.
Peter and John, Jesus’ disciples, provide just one example of how God through faith in Christ has healed people through other people (Acts 3:5-7). They came to a lame man at the gate of the temple called Beautiful. Every day this man sat begging for alms. When he saw Peter and John about to go into the temple, he begged them for alms. Peter fixed his eyes on him and said, “I do not possess silver and gold, but what I do have I give to you: In the name of Jesus Christ the Nazarene—walk!” And he got up and walked!

Peter and John were not the ones who healed this lame man. However, they were the instruments through whom God brought about the healing. Notice their words, “what I do have I give to you.” What was it they had? They had power. Not their own power, but it was theirs to “give”…theirs to exercise. It was their right to exercise the supernatural power of God because of the delegated authority given to them by Jesus Christ (Matthew 10:1). That delegated authority and power has been given by Christ to every Believer! Yes, every Believer, and that means you!

2. Healing through Progressive Miracles

A progressive miracle is when God responds to prayers and heals you without medical intervention. However, with this kind of miracle, the healing occurs over an extended period of time.

One of our staff members shares how God gradually and miraculously healed her son of Obsessive Compulsive Disorder (OCD) over a period of months:
“We were noticing that our 20-year-old son was growing increasingly stressed. He was overwhelmed by his college studies and overly concerned about situations at work. Although he had always struggled with fear to some degree, it was clear that his anxiety was sky rocketing.

“He became increasingly obsessed with cleanliness and paranoid about germs. His part time job was in food services, and he agonized over whether or not the equipment was clean enough or if a customer might get sick from an appliance that hadn’t been cleaned thoroughly enough.

“He began to wash things compulsively and repeatedly until his hands were raw, and the skin on his knuckles was cracked and bleeding. His job was in jeopardy as his coworkers and manager became increasingly annoyed and frustrated by his time-consuming obsession with cleanliness, often washing things two and three times to ensure that they were germ-free.

“Already a slender young man, he was losing weight and having difficulty sleeping. Scripture reading and prayer were almost impossible because of the obsessive thoughts plaguing his mind.

“The medical community states that there is no cure for OCD, although it can be controlled to some degree through medication and behavior modification. We refused to accept such a diagnosis. Our funny, intelligent, gifted young son was not going to be afflicted with this mental and emotional conditional for the rest of his life!
“We began battling the enemy in earnest over him and shared with trusted friends what was happening. They, too, joined us in the war over our son’s mind and body. We laid hands on him and prayed. We declared Scriptures of God’s faithfulness and healing over him.

“By God’s grace and miraculous healing power, the symptoms of OCD gradually dissipated over a period of several months. He slowly began to be able to think more clearly and was able to apprehend God’s Word for himself about his condition.

“With OCD, a person can’t simply choose to stop the compulsive behavior that’s controlling them. However, our son eventually gained the strength to make choices about what he was doing and how he was thinking.

“Although God didn’t instantly heal him, we know that He did miraculously heal our son. Because of God’s grace, mercy, and faithfulness, what doctors say is a lifetime affliction was gone within three months. God does heal!”

3. Healing through Medical Intervention

God’s healing also can come through the medical intervention of skilled doctors and nurses, and through medication. The effects of this can be seen immediately or gradually over time.

God healed me through prayer and medical intervention…

I was invited to minister at a church in the beautiful city of Montreal, Canada, and Barbara
accompanied me on the trip. That Sunday morning, there was a great move of the Holy Spirit in the service, and it was evident that people’s hearts were challenged.

Later that day, during a meal the pastor had arranged for us, I began feeling discomfort in my stomach, but had no idea what could be the cause. I thought, “Oh, I’ve probably eaten something that doesn’t agree with me,” but over the next few hours, the pain intensified. By 6:00 p.m., I was in complete agony with severe pain in the lower right quadrant of my body.

My family can attest to the fact that I’m not the kind of person who relishes a trip to the doctor—not that I have anything against them. I just have a high tolerance for pain. But this was beyond anything I had ever experienced.

I told the pastor, “I know you planned on my speaking tonight, but I just can’t do it. This pain is unbearable, and I need you to drive me to the nearest emergency room.”

The pastor asked an associate minister to hold the service that night while he and Barbara rushed me to the nearest hospital. The minute we walked in, a medical assistant asked, “On a scale of one to ten, how bad is it hurting?”

“I’m off the chart!” I grimaced. Three hours later, I was still writhing in agony and had yet to be examined. There were 40 or 50 other patients waiting for attention; gurneys lined the room, and people were everywhere.
In desperation, I made my way over to the triage nurse and said, “Look, I’m not sure what’s wrong with me. All I know is that I can’t tolerate the pain any longer.” No sooner were those words out of my mouth than my breathing became extremely labored. It was a drop-to-your-knees kind of pain.

Since early that afternoon, Barbara had been praying for me—and now the pastor and the entire church were united in prayer. I, too, was calling out to God for healing. “Please, Lord, take the pain away,” I prayed.

I thought of blind Bartimaeus crying out, “Jesus, Son of David, have mercy on me” (Mark 10:47). Believe me, I was echoing his words.

Finally, I was ushered in to see a doctor, who drew blood and quickly gave me a couple of tests. At that moment, lying on the hospital bed, I began to think about my situation and reflect on everything I had learned about faith, hope, patience, and the Sovereignty of God. I knew that the Word tells us, “Be anxious for nothing” (Philippians 4:6), yet it’s difficult to do this when you’re suffering.

Half an hour later, the doctor came in with the news: “Mr. Cerullo, you have a kidney stone. That’s the problem.” He immediately ordered morphine for my pain, and for the first time in more than ten hours, I felt relief.

The doctor gave me a prescription, and after we flew home, I immediately saw a urologist.
He determined that the huge kidney stone could only be removed by surgery, which was performed successfully later that week.

I still brag to Barbara, “I know what I went through was worse than childbirth. I just know it!” She just laughs.

4. Healing through Eternity

Pursuing health and life is a spiritual battle that can only be won through God’s grace and the spiritual weapons of warfare He’s given us to help us fight. Although we cry out to God to intervene through miracles and medicine, in His sovereignty, He sometimes decides to heal us through our ultimate healing when we finally see Him face to face.

Miriam was one of our precious staff members who suffered a massive heart attack when she was only 49 years old. Intercession from family, friends, and coworkers for her 100% recovery were offered before God’s throne around the clock. Miriam went home to be with the Lord just two days later.

Why didn’t God answer all those prayers and heal Miriam?

HE DID.

How can I say this? Keep in mind that in our ministry, we’re committed to prayer; it’s the foundation of all we do. This is why we have an International Prayer Center through which we respond to more than 285,000 prayer requests a year!
Thousands of people have called our prayer ministers to ask for healing prayers for their spirits, souls, and bodies, and so many of them have received instant miracles, progressive miracles, and healing through medical intervention. These are the same prayer ministers who prayed for Miriam’s miraculous recovery, along with her loved ones and friends.

The Lord responded to all of our prayers for Miriam’s healing with “Yes!” and brought her directly into His glorious presence in Heaven and healed her. Praise God!

Although she is missed so much, our prayers were answered: Miriam is now 100% recovered and rejoicing in the presence of her Savior.

And one day, all of us who believe in Jesus Christ as our Lord will be in His presence, and what a magnificent day of worship and celebration that will be!

Revelation 21:4 has these beautiful words to encourage and comfort us: “God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain, for the former things are passed away” (KJV).

Every cancer cell, every migraine, every virus will be healed...INSTANTLY! All these things will pass away, never to be suffered again. I don’t know about you, but I can hardly wait to receive my eternal healing!
GOD WILL HEAL YOU!

As you are seeking health and healing for yourself or a loved one today, grab hold of this truth: Regardless of the WAY in which He will accomplish your recovery—an instant miracle, a progressive miracle, medical intervention, or eternal healing on that day when you finally appear before Him—God’s plan is always to heal you.

Know that “because of His great love with which He loves [you]” (Ephesians 2:4), God is giving you life through Christ Jesus today. He sees your suffering, and according to Isaiah 63:9, He is suffering with you. “In all their affliction, He was afflicted…”

God has promised to never leave you nor forsake you (Hebrews 13:5). He is right there with you on your journey from healing to wholeness, and He WILL lead you through this valley.

But we need to make sure that there is nothing that we’re doing to hinder God’s healing power from flowing into us. So turn the page and let’s examine any possible hindrances to your healing.
CHAPTER THREE

Don’t Hinder Your Healing
We’ve explored together the truth that God always heals us. While this is absolutely true, at the same time, there are things that we do that can block His healing power from making us healthy and whole in our spirit, soul, and body.

Let’s explore seven areas where you can hinder God’s healing from flowing in your life:

1. Unbelief

Lack of faith can hinder your healing. When Jesus was ministering in His hometown of Nazareth, He was met with skepticism. Matthew 13:58 tells us, “He did not do many miracles there because of their unbelief.” People who could have received a miraculous healing did not receive a touch from the master Physician’s hand because they refused to believe that Jesus was Who He said He claimed to be.

Hebrews 11:6 reminds us, “Without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who seek Him.”

If you have been struggling with doubt concerning God’s ability or desire to heal you, confess this as sin, and then renew your faith-filled prayers for God’s healing power.

2. Unforgiveness

The medical community is increasingly acknowledging the toll that unforgiveness and bitterness take on the body. Cancer, arthritis, chronic back pain...all these are often rooted in a
lack of forgiveness toward those in our past who have knowingly or unknowingly wounded us.

Unforgiveness can lead to bitterness, which is toxic to your body and soul. Acts 8:23 talks about a man who was “poisoned by bitterness and bound by iniquity” (NKJV). Refusing to forgive literally can release toxin into our body and cripple us with disease.

God is very clear in His Word: WE MUST FORGIVE THOSE WHO HAVE WRONGED US!

Not only will unforgiveness block us from receiving God’s forgiveness in our own life (Matthew 6:14-15), but unhealed anger toward another gives the devil a foothold (Ephesians 4:27) for sickness to remain unhealed.

Do you need healing today? Ask the Lord to search your heart and see if there is any lingering unforgiveness leaking the poison of bitterness into your body or soul. If His Holy Spirit brings something to mind, forgive the person/people who have hurt you, and then repent of your unforgiveness.

Then, whenever they come to mind again, declare over yourself and them, “No, it is forgiven in Jesus’ name!” If necessary, seek Godly counsel so that you can truly walk in permanent, 100% forgiveness and open the way to receive His healing in your spirit, soul, and body.

3. Pride

“God is opposed to the proud, but gives grace to the humble” (James 4:6).

This is a serious verse with serious consequences and serious blessings! When we are
proud, God actually sets Himself against us. But, when we humble ourselves before Him, He pours out His grace on us.

Despite our prayers, our healing may be hindered because God Himself is opposing us due to a pride issue. Self-righteousness or thinking of ourselves more highly than those around us is pride. Pride is revealed when we rebel against Godly authority in our home, workplace, or church.

Pride also can specifically hinder our healing when we resist asking for healing prayers from trusted Believers. Scripture specifically instructs us to request prayer from church leadership when we’re sick: “Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord” (James 5:14).

Namaan almost forfeited his healing from leprosy because of his pride (2 Kings 5). Don’t allow pride to hinder your healing. In your journey toward wholeness, humble yourself before the Lord and others. Repent of any pride, self-righteousness, or rebellion. Ask other Believers and leaders in your church to anoint you with oil and pray for your healing.

In this way, God’s grace and healing power will be poured out over you.

4. Sin

God’s plan is for us to walk in a faith-filled Covenant Relationship with Him. As His children love and obey Him, He has faithfully promised to bless us:
“Now it shall be, if you will diligently obey the LORD your God, being careful to do all His commandments which I command you today, the LORD your God will set you high above all the nations of the earth. And all these blessings will come upon you and overtake you if you will obey the LORD your God…” (Deuteronomy 28:1-2).

In the verses that follow, God gives a long list of wonderful blessings for our families, our finances, and the work of our hands. Health is one of His greatest blessings that comes as a direct result of our obedience:

“My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your sight; keep them in the midst of your heart. For they are life to those who find them, and health to all their whole body” (Proverbs 4:20-22).

However, the opposite is also true: When we disobey God’s Word…when we sin against Him…we suffer as a result. Later in Deuteronomy 28, God warns us about the consequences of our rebellion with a sobering list of potential health problems:

- Consumption, fever, and inflammation
- Boils, tumors, scabs, and itchy rashes
- Madness, blindness, and mental confusion
- Extraordinary, severe, and lasting plagues
- Miserable and chronic sicknesses
- The world’s diseases we’re afraid of will cling to us
- Trembling heart, failing eyes, anguish of soul, and fear
God clearly takes our sin very seriously... so seriously that He will allow us to suffer health problems in order to get our attention! His principle of Sowing and Reaping is clearly manifested in our bodies: If we Sow sin, we will Reap destruction in our spiritual, emotional, and mental health.

Now, I need to be very clear with you: Not every sickness or ailment is a result of sin. As a consequence of Adam and Eve’s rebellion, we live in a disease-ridden world, and our bodies are vulnerable to germs and viruses. Sometimes we just get sick.

However, if you have been actively pursuing God’s healing for some time and it hasn’t come, it would be wise to humble yourself before the Lord and find out if He is allowing you to suffer physically as a result of sin, in order to bring you to a place of repentance before Him.

James 4:16 clearly reveals the relationship between receiving our healing and our sin: “Therefore, confess your sins to one another, and pray for one another, so that you may be healed. The effective prayer of a righteous man can accomplish much.”

Then, like King David, you can cry out for His forgiveness AND His healing: “O LORD, be gracious to me; heal my soul, for I have sinned against You” (Psalm 41:4).

5. Generational Sin

We can suffer health issues because of the sins of our ancestors.
When detailing the diseases listed above, God warns that our sins can impact our descendents: “If you are not careful to observe all the words of this law which are written in this book, to fear this honored and awesome name, the LORD your God, then the LORD will bring extraordinary plagues on you and your descendants, even severe and lasting plagues, and miserable and chronic sicknesses” (Deuteronomy 28:58-59).

This same truth is contained in the 10 Commandments: “You shall not worship them or serve them; for I, the LORD your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and the fourth generations of those who hate Me” (Exodus 20:5).

It’s sobering to think that we can be bearing in our bodies the consequences of sinful choices made by our great, great-grandparents or even our parents. But the good news is that we don’t have to suffer the curse and consequences of their sin! The third commandment goes on to say that God will bless us by “showing loving-kindness to thousands, to those who love Me and keep My commandments” (v. 6).

Like Daniel, we can be lovers of God and keepers of His Word. And like Daniel, we can repent on behalf of the sins of our foremothers and forefathers (Daniel 9) and begin Reaping God’s blessings in our bodies.

If you are aware of specific sins committed by your ancestral line, then repent for their rebellion and disobedience. Daniel’s prayer in verses 4-19 can easily be adapted as a prayer.
of repentance for your family line. And even if you’re unsure of how they may have sinned against God, it certainly wouldn’t hurt to repent on their behalf anyway, and then ask God to heal you from any resulting health curses that you may be suffering.

Don’t let generational sin hinder your healing!

6. Poor Choices

Every decision we make impacts our present and our future.

As much as it seems easier to avoid this truth, every choice we make—whether good or bad—has an unavoidable reward. It’s like the law of physics: for every action there is a reaction.

From the beginning, God established principles for us to live by. Then He gave us the freedom of choice: We can either accept or reject His Word. We can either submit to His wisdom or refuse it. We can choose to obey or disobey Him. And as sure as the sun will rise tomorrow, for each decision, there is a consequence.

This is certainly true regarding the choices we have made for our bodies. For many—if not most—of us, poor health can be traced to our poor choices regarding the food we eat, the exercise we get, the habits we indulge, and the rest we receive.

In order to be well, we must be willing to take responsibility for—and most likely repent of—the poor choices we’ve made for how we’ve treated our bodies without blame-shifting or making excuses.
“Do you not know that you are a temple of God and that the Spirit of God dwells in you?” (1 Corinthians 3:16). Ask the Holy Spirit to reveal any ways in which you have not treated your body as God’s temple. Repent as He convicts you, and then ask Him for wisdom on how to make any necessary changes.

7. Fear, Anxiety, and Stress

Fear, anxiety, and stress are all hindrances to healing. Most people don’t realize how these three emotions negatively influence their thoughts, emotions, behavior, and physical health.

Medical research has proven beyond doubt that stress causes heart trouble, high blood pressure, ulcers, stomach disorders, and more. Anxiety affects much more than your mind—it increases blood pressure, causes rapid heartbeat, and results in physical reactions ranging from feeling faint to a full-fledged panic attack. As Job expresses it, “I am seething within and cannot relax; days of affliction confront me” (Job 30:27).

Perhaps the most dangerous reaction to fear is that it produces a constant rush of adrenaline that over-stimulates the heart and eventually weakens the immune system. When this response persists over time, we open the door to a variety of illnesses.

Some people are obsessed with fear and overcome by anxiety about contracting a disease. They don’t realize that this fear and anxiety actually makes them vulnerable to illness. Then they’re stunned when they’re diagnosed with cancer, heart disease, or some other life-threatening illness. Like
Job, they lament, “What I fear comes upon me and what I dread befalls me” (Job 3:25).

When we’re fearful, anxious, or stressed, it’s much more difficult for us to think clearly, pray, and hear God’s voice. We inhibit our receptivity to God’s healing power to flow through our spirit, soul, and body.

I’m concerned about you, and I don’t want you to become another statistic.

God can ease the anxiety you may be experiencing. He wants your mind to be at rest and your heart to be at peace.

“God is not the author of confusion, but of peace” (1 Corinthians 14:33 KJV). His peace has an amazing ability to repair in your body what stress has injured. You can receive His peace by...

- Living under the shadow of the Almighty (Psalm 91:1-2).
- Making a commitment to avoid strife (Proverbs 20:3).
- Knowing the Prince of Peace (Isaiah 9:6; John 14:27).

If you have allowed fear to invade the temple of God—which is your body—repent! He stands ready to forgive you, heal your troubled spirit, strengthen your heart, and give you victory!

Now that we’ve explored eight hindrances to your healing, I invite you to turn the page to learn five steps for receiving your healing!
CHAPTER FOUR

Five Steps to Receive Your Healing
In the previous chapter, I shared with you seven hindrances that can block you from receiving God’s healing power in your life. As the Holy Spirit convicts you in any of these areas and you repent of unbelief…unforgiveness…pride…sin…generational sin…poor choices…fear, anxiety, and stress…you prepare the way for God to heal your spirit, soul, and body.

But preparing yourself for God’s healing doesn’t just end with repentance. In fact, there are five essential steps you can take to prepare for God’s healing power to flow through you:

Step #1—WORSHIP!

During one of the great battles in Israel, King Jehoshaphat’s army was so outnumbered by the enemy that they didn’t stand a chance (2 Chronicles 20). What did Jehoshaphat do? God told him to appoint singers to go out ahead of the army to praise the Lord.

The Bible records the miraculous result: “When they began singing and praising, the LORD set ambushes against the sons of Ammon, Moab, and Mount Seir, which were come against Judah; and they were smitten” (v. 22). What a lesson! When we choose to worship the Lord when faced with poor health, victory comes, and God smites the enemy on our behalf! When you’re overwhelmed by a health crisis, start giving the Lord honor and praise.
Worship can’t be limited to Sunday church services. To be fully receptive to God’s healing power, we need to continually spend time in His presence. When you worship God, miracles happen! By spending time with Him in His presence, you will be transformed…changed…into the image of His Son, Jesus Christ. This is God’s goal for you—to make you more and more like Jesus with each passing day.

Worship signals your recognition that He alone holds the answers to your health and that you cannot resolve your problems in your own strength. Worship will help you completely surrender your spirit, soul, and body to the Lord.

If you truly desire an intimate relationship with God; if you want Him to transform your life; if you recognize that you need His power and strength in order to receive wholeness and healing…then spend time in His Presence, worshipping Him.

Step #2—PRAY THE WORD!

Isaiah 55:11 reveals the power of God’s Word: “So shall My Word be that goes forth from My mouth; it shall not return to Me void, but it shall accomplish what I please, and it shall prosper in the thing for which I sent it” (KJV).

When our prayers are based on His Word, God promises that what we’re asking Him to do will be accomplished.

When we’re sick, we can easily have our own desires about when and how God needs to heal us. But the truth is that God’s ways are not our
ways (Isaiah 55:8-9), and only He knows exactly what needs to happen and when for us to be restored to complete health. This is why it’s so important for us to pray Scriptures over ourselves.

**How do you pray the Word?**

1. Ask the Holy Spirit to lead you to Scripture passages concerning your health and well-being. Many of the verses I’ve included in this booklet make excellent prayers, and He will also show you others.

2. Choose a Bible verse and personalize it. Proclaim the promises they contain over your health and life. Here’s an example based on Isaiah 43:1-2:

   "The LORD, my Creator, says that I am not to be afraid about my health, because He has redeemed me, spirit, soul, and body. He has called me by name: __________; I am His! When I pass through the waters and feel as though I’m drowning in my sickness, He has promised to be with me and save me. When it seems as though I’m walking through fires of disease, I will not be scorched. Because of His love and protection, the flames won’t burn me. Amen!"

3. Pray Scripture verses over yourself throughout the day to encourage and strengthen you when you’re feeling unwell and weary and are tempted to feel hopeless about your health and healing.

   The Bible advises us, "Death and life are in the power of the tongue..." (Proverbs 18:21). By praying the Word over yourself, you will be praying God’s life over your spirit, soul, and body!

FIVE STEPS TO RECEIVE YOUR HEALING
STEP #3—WAGE SPIRITUAL WAR!

Many Believers unknowingly have permitted the Prince of Darkness to gain a foothold in their lives, as he has marched in and taken over their health with hardly a struggle. However, we need to be aware of Satan’s strategies and fight against him for our health using the weapons of spiritual warfare God has given us.

You must put on the whole armor of God—
“having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace...taking up the shield of faith...and take the helmet of salvation, and the sword of the Spirit, which is the word of God” (Ephesians 6:14-17).

The Word will equip you with the artillery necessary to withstand Satan and his demons: “For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds” (2 Corinthians 10:4 KJV). Through Christ, you have the power to defeat Satan’s stronghold over your health!

The Word declares, “The Son of God appeared for this purpose, to destroy the works of the devil” (1 John 3:8), and He alone can free you from Satan’s bondage over your spirit, soul, and body. Jesus promises, “I came that they may have life, and have it abundantly” (John 10:10).

The enemy wants you sick. God wants you well. To war against the devil’s plans for your life, you must aggressively counterattack the
enemy. Jesus declares, “The kingdom of heaven suffers violence, and the violent men take it by force” (Matthew 11:12). These words may sound scary, but remember, Jesus declares, “I am with you always” (Matthew 28:20)!

Turn your health over to the One who came to liberate you from sickness and disease and receive your healing: “Submit therefore to God. Resist the devil and he will flee from you” (James 4:7). You don’t have to be intimidated by Satan and his evil maneuvers. On the authority of God Himself, you can tell the devil, “Stay out of my life!” And he will take flight!

Step #4—BE WISE!

“Wisdom is the principal thing; therefore get wisdom: and in all your getting, get understanding” (Proverbs 4:7 NKJV).

As you are getting advice and making decisions about your health, it’s imperative that you follow Solomon’s guidance and “get wisdom.”

The world, your doctor, well-meaning family and friends, and your hairdresser may all have opinions about what you should do when you need healing in your spirit, soul, or body. If you listen to everyone, you will be “tossed here and there by waves and carried about by every wind of doctrine…” (Ephesians 4:14).

Don’t blindly accept every offer of health advice at face value, or you may wind up receiving bad medical counsel from the devil himself. On the other hand, if you listen to no
one, you may miss a perspective God is offering you through the voice of another.

How do you know what to do?

Ask God for His wisdom and counsel. Listen intently for the voice of His Holy Spirit guiding you in what to do or what not to do regarding your health. Never follow advice that contradicts God’s Word.

People have asked: “David, how do you truly know when you’ve made the right decision?” Answer, “When God gives me peace about a particular circumstance or situation then I know it’s the right thing to do.” To me, unrest signals God’s “no” or “not now.” Peace in my spirit from the Lord confirms His will and His direction in my life.

I love the words of Paul: “Let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful” (Colossians 3:15).

If you will follow Paul’s advice and let Christ’s peace rule your heart about your health and healing, then if you make a decision contrary to God’s will, you’ll know it. There will be a restlessness—an uneasy feeling in the pit of your stomach. That’s the Lord telling you to put things on hold, perhaps even to back up and to reverse the choice you’ve made.

When in doubt, go back to peace. Return to the moment when you first felt God speak to you. What was it that caused your heart to feel His comfort and assurance? Make a U-turn and
recapture His peace before you proceed any further. Pray that “the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus” (Philippians 4:7).

BE WISE! Don’t make a decision about a health issue until you have peace in your spirit. Don’t move. Don’t move forward. Don’t move backwards. Don’t move to the left. Don’t move to the right. Don’t move, period, until God gives you His peace and His wisdom.

**Step #5—WAIT!**

Most of us are incredibly impatient. We want what we want, when we want it, in the way we want it. This is especially true when it comes to our health. When we’re suffering spiritually, emotionally, or physically, the desire to escape the pain can be overwhelming.

As I noted in Chapter 2, there are four ways in which you will receive your healing—an instant miracle, a progressive miracle, medical intervention, or in eternity. Unless you receive an instant miracle, there will be a period of waiting during which you must endure pain, which can be wearying and debilitating.

But there are some important lessons that your Heavenly Father can only teach you through suffering. While waiting for your healing you can learn to…

1. **Identify with Christ’s pain on the Cross:**
   “If we suffer, we shall also reign with Him” (2 Timothy 2:12 KJV).
2. Develop an attitude like the Apostle Paul: “I consider that the sufferings of this present time are not worthy to be compared with the glory that is to be revealed to us” (Romans 8:18).

3. Give glory to the Father: “Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. And let endurance have its perfect result, that you may be perfect and complete, lacking in nothing” (James 1:2-4).

4. Obey: “Although He was a Son, He learned obedience from the things which He suffered” (Hebrews 5:8).

5. Accept this temporary situation: “It is good for me that I was afflicted, that I may learn Your statutes” (Psalm 119:71).

The desire of God’s heart is to heal your spirit, soul, and body. As you faithfully seek your healing, remember the words that Jeremiah wrote: “It is good that a man should both hope and wait quietly for the salvation of the LORD” (Lamentations 3:26).

‘MOST GLADLY WILL I GLORY’

Do you need healing today in your spirit, soul, or body?

Remember today as you journey THROUGH this valley of sickness toward healing and wholeness that God is your Jehovah-Rapha—the God who heals ALL your...
diseases. His love for you is beyond your comprehension. Not only does He WANT to heal you, but He WILL heal you.

I encourage you today to remove any hindrances from your life that may block your healing…take the five steps I described to prepare for God’s healing power to flow through you. Worship the Lord…Pray the Word…Wage War…Be Wise…and Wait!

As you do, your healing shall surely come. Let me pray for you…

**MY PRAYER FOR YOU**

*Heavenly Father, thank You that because of Your great love,*

*You want to heal Your child and You WILL heal Your child.*

*I ask for the healing power of Your Son to flow through their spirit, soul, and body.*

*Please wrap Your loving arms around them and let them feel Your presence and Your peace.*

*We declare that life and hope now replaces disease and defeat.*

*I proclaim today in Jesus’ mighty name that every healing promise contained in Your Word is true for them.*

*Father, let there be a tremendous testimony of Your love and healing power from this situation.*

*I pray all these things in Jesus’ name. Amen.*

My friend, be healed in the name of Jesus!
CHAPTER FIVE

Scriptural Promises for Your Healing
Paul testified in his letter to the Corinthian church that when he prayed for the Lord to heal him, the Lord comforted and challenged him with these words: “My grace is sufficient for you, for My strength is made perfect in weakness” (2 Corinthians 12:9).

This was Paul’s response: “Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ’s sake: for when I am weak, then am I strong” (vs. 9-10).

God’s power is perfected in our weakness. His grace is sufficient. When you feel too weak to cope with your health challenges, God steps in. He will give you the strength to go through this valley, and He will go through it with you.

Claim these promises of God for your healing:

**Believe God will heal you.**

“If the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you” (Romans 8:11).

**Believe miracles are for today.**

“They shall lay hands on the sick, and they shall recover” (Mark 16:18 KJV).
Believe nothing is too difficult for the Lord.

“Behold, I am the LORD, the God of all flesh; is anything too difficult for Me?” (Jeremiah 32:27).

Believe God will remove your sickness.

“You shall serve the LORD your God, and He will bless your bread and your water; and I will remove sickness from your midst” (Exodus 23:25).

Believe the Lord can lengthen your days.

“He asked life from You, and You gave it to him—length of days forever and ever” (Psalms 21:4 NKJV).

Believe there is an answer for your problems.

“Why are you in despair, O my soul? And why have you become disturbed within me? Hope in God, for I shall yet praise Him, the help of my countenance and my God” (Psalm 42:11).

Believe God forgives and heals.

“Bless the Lord, O my soul, and forget none of His benefits; Who pardons all your iniquities, Who heals all your diseases” (Psalm 103:2-3).

Believe the Lord will make you whole.

“I will restore you to health, and I will heal you of your wounds” (Jeremiah 30:17).

Believe there is healing in the Word.

“My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your sight; keep them in the midst of your heart. For they are life to those who find them and health to all their whole body” (Proverbs 4:20-22).
I am believing today for these and other healing Scriptures to come alive in your spirit and be manifested in your soul and body. May they feed your faith and calm your troubled heart. Ask the Lord to heal every infirmity, and trust Him for the timing.
Ministry Resources

Call to Sow a Seed for Souls and receive one or more of these ministry tools as a THANK YOU GIFT for partnering with us to impact people for Christ worldwide!

US: +1 803-578-1899
Intl: +800 9982 4677

UK: 0845 683 0580
Caribbean: 877-487-7782
Learn about God’s promises to you!

This beautiful, plush-covered, 242-page book is a

- Guide to help you pray for your loved ones
- Daily devotional tool to bring you closer to the Lord
- Powerful manual for spiritual warfare

US: +1 803-578-1899
Intl: +800 9982 4677
UK: 0845 683 0580
Caribbean: 877-487-7782
“If two of you agree on earth concerning anything that they ask, it will be done for them by My Father in Heaven.”
— Matthew 18:19

“Thanks so much for your prayers for my husband Michael, who had been diagnosed with cancer. Michael went back for a checkup, and the doctor said his cancer is GONE! Praise the Lord!” — HELEN

“My wife’s back was healed when your prayer minister agreed with me in prayer!” — ALLEN

Our prayer ministers welcome the opportunity to agree together with you in prayer and believe God to step into the circumstances of your life with His supernatural power!

Call our prayer ministers at:
US: +1 803-578-1800    Intl: +800 9982 4677
UK: 0845 683 0584    Caribbean: (877) 487-7782

or visit inspiration.org/prayer
to send us your prayer requests!
We Are Here for You

inspiration.org

Our ministry website is loaded with ministry resources for YOU—

- Daily Devotionals
- Bible Messages
- Ministry Updates
- Partnership Opportunities
- Testimonies
- Prayer Ministry
- Inspirational Tools
- Video Streaming
- And more!

Visit us at inspiration.org any time of the day or night to receive God’s encouragement, inspiration, and hope!
HEAL ME, O LORD!
If this is the cry of your heart today – either for yourself or a loved one – this package will reveal proven Scriptural keys to unleash God’s healing power!

FREE INDEED
The life-changing devotionals contained in *Free Indeed* will free you to walk with new confidence in the Lord. Remember…God wants you to be Free Indeed! As Christians, we can enjoy the freedom of being surrounded and safeguarded by God’s Presence, power, peace, and protection.

THE ANGELS IN HEAVEN REJOICE
You will not only begin to experience the fullness of your new faith and grow in your personal relationship with Jesus, but you will also learn what it means to be a “Christ-follower”—with all of the joy, promises, and responsibilities of serving your Lord.
HOW TO RECEIVE YOUR MIRACLE FROM GOD
Do you need God’s supernatural intervention in your life? Are you searching for a life-changing miracle in your body, soul, spirit, marriage, job, or finances? Jesus is reaching out His mighty hand and asking you, “What do you want me to do for you?” and David Cerullo’s book provides the insight you need to answer Him.

YOUR TURNAROUND DEVOTIONAL
This 31-day devotional tool will help you receive long-awaited breakthroughs in your family, health, finances, or intimacy with the Lord.

SEASONS OF BLESSING
Your Heavenly Father wants to step into the circumstances of your life with His supernatural breakthroughs, and some of His most amazing blessings are offered through the “holy convocations” and “appointed times” He ordained. During these special times on God’s calendar, He offers to meet with you and bless you in extraordinary ways.

To see inspirational and faith-building gifts like these, call our Ministry Resource Center or visit:

inspiration.org/gifts

US: +1 803-578-1899
Intl: +800 9982 4677
UK: 0845 683 0580
Caribbean: 877-487-7782
Although you may be walking “through the valley of the shadow of death” (Psalm 23:4) because of sickness, God has NOT forgotten you. In God’s Answers for Your Health by David Cerullo, you will discover how your loving Heavenly Father wants to lead you through the valley of sickness on His pathway to healing.

God’s Answers for Your Health is a powerful ministry resource that…

✓ Offers you God’s hope for your health
✓ Reminds you that God’s heart is ALWAYS to heal you
✓ Focuses on healing for your spirit, soul, & body
✓ Reveals ways that you can hinder your healing
✓ Shares 5 steps you can take to receive your healing
✓ Contains Scripture promises to declare over your health

This booklet will strengthen, comfort, and empower you to defeat every attempt of the enemy to rob you of your health. The answers it contains for your healing are based on the Bible—the first place to turn in a health crisis. As a Believer, you CAN receive God’s healing power in your life today!

David Cerullo is the Chairman and CEO of Inspiration Ministries and is dedicated to impacting people for Christ worldwide through media. Inspiration TV broadcasts Gospel programming 24/7 into 150 nations, reaching a potential audience of hundreds of millions of people. Visit the ministry website at inspiration.org to receive teaching from God’s Word or to request prayer.

Copyright © 2013
David Cerullo, Inspiration Ministries
inspiration.org