

Garden Windows Nature Scrolls

Supply list (2 pages)

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These quilts are fun, easy to make and celebrate the beauties of nature.

In this class you will create a scroll sized wall hanging with your own window into a seasonal garden of your choosing. The appliques may be fused or completed using a raw-edged machine applique technique you will learn in the class. As a final touch, you can embellish your quilt with a 3-D leaf or blossom. **NOTE:** There will be a construction pattern handed out to make a scroll sized quilt. Students can opt to design a larger quilt if desired but will need to bring graph paper for this and more fabric than specified in the supply list. For speed, a fabric that has an interesting textured print can be used for the 'windows' (see recommendations below).

Tools/Materials:

❖ Fabric:

- **'Windows':** One fat quarter. Fabrics that have a mottled 'watercolor' appearance are particularly well suited to this quilt (batik prints are a marvelous choice) as are Ombres that will shift effectively over a 16" long strip. Pictorial 'landscape' fabrics in an appropriate scale can also be effective. Colors can be selected for a seasonal touch; muted neutrals for winter, gold through orange for autumn, light through medium greens for spring/summer or you might look for a fabric that would be suitable for a sky as a backdrop. For the most luminous effect, the window fabric should be lighter than the background ('wall') fabric.
- **Background (wall):** One fat quarter. This represents the 'wall' that surrounds your window. To enhance the luminosity of your window, it should be darker than the window fabric. Choose a fabric with a subtle texture to help blend and hide the seams; obvious stripes or patterns will be hard to align and may end up upstaging your windows. Wood grain or stone-like prints can work well as long as they are not so bold as to make alignment along seams a challenge.
- **Leaves and/or Broderie Perse motifs:** Assorted fabrics will provide you with variety for your branches, leaves and/or flowers. Choose greens, autumn colors or browns (for winter) and make sure the leaf fabric contrasts nicely against your wall and window choices. Again, Batiks are particularly well suited for this as you can often get enough color choices over one fat quarter to provide a great variety. Leaves vary in size so fabric pieces measuring from 4"-6" squares up to fat quarters will be sufficient. NOTE: if a Broderie Perse application is desired, you may find a fabric print with leaves and/or flowers to fussy cut (butterflies and/or birds are nice too). If you do so, keep the colors harmonious to your other fabrics with enough contrast so leaves don't get lost on the backgrounds and the size/scale of the print in mind. The leaves should range in size from about 2"- 5"
- ❖ **Sewing machine:** With a standard piecing foot (and a free-motion foot if you wish to do raw edged applique). NOTE: If you wish to make an optional 3-D leaf embellishment, you will need a zigzag foot or a free-motion foot with a slot wide enough to accommodate zigzag stitching.
- ❖ **Patterns:** The handout includes a variety of leaf, flower and branch patterns or students can use novelty print leaves and flowers in an arrangement of their choosing using a Broderie Perse application. I also have an optional published pattern available for a fee of \$12; this pattern (Maplewood) features a specific Maple Tree design with instructions on how to make 3-D Maple Samaras (whirly-gigs) for embellishments.
- ❖ **Thread:** 100% cotton in colors similar to your fabrics for the piecing and to match your leaf fabrics. Note: if you wish to embellish with a 3-D leaf, decorative rayon thread to match your leaf fabric may be used.
- ❖ **Rotary cutter, mat and ruler:** An 11"x 17" mat and a 6"x 24" cutting ruler are the ideal sizes. A 1" x 12" ruler will be handy if you intend to draft your own design.
- ❖ **Graph Paper (optional):** 8 1/2" x 11" with 1/4" grid, needed only if you wish to draft your own quilt layout.
- ❖ **Drawing pencil & good eraser**

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- ❖ **Freezer paper:** Available at supermarkets, (this is plastic backed heavy paper **not** waxed paper). You will need a foot or so from a roll.
- ❖ **Light-medium weight interfacing or stabilizer (optional):** Will be used only if you wish to create a 3 dimensional leaf to embellish your quilt.
- ❖ **Scissors:** A pair of fine-jawed embroidery scissors is ***absolutely necessary*** for the raw edged appliqué technique. You may want to bring paper scissors in addition to your fabric scissors to cut freezer paper templates.
- ❖ **Sewing pins**
- ❖ **Fusible web:** Choose a paper backed product such as 'Steam a Seam' or 'Heat & Bond' It's more economical to buy this from a roll as opposed to individual sheets and the roll gives you better size and layout options; just remember not to roll up the paper backed webbing too tightly (which may cause it to separate from the paper) and store it in a plastic bag to prevent it from drying out. If you use a fusible product, it is crucial that all your fabrics be pre-washed.
- ❖ **Seam ripper:** ***absolutely necessary*** for this project.
- ❖ **Light Box (optional):** You may need a light box to trace reverse patterns if you will be fusing any appliqué.

