

Journal Quilts: A Slice of Sunshine

Supply list (1 page)

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These little stitched citrus slices are easy to make and can be used as an embellishment on a quilted panel and bring a little sunshine into life; they also make lovely little dangles for ornaments, pendants, or...? Not into citrus? Try tomato slices instead.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene



Tools and Materials

- **A pre-quilted panel measuring about 9" x 12":** This can be any fabric you wish and be crosshatch stitched or stippled in an all-over pattern ahead of time, the color of the panel should contrast nicely with your citrus or tomato fabrics.
- **Fabrics:** A variety of 5" squares of orange, yellow, green and/or red (for tomatoes or ruby grapefruit) fabrics that are fine textured prints or solids (batiks would be nice)
- **Medium weight embroidery stabilizer:** A 12" square of a fairly stiff but thin stabilizer should be enough. NOTE: if all you can find is a softer stabilizer, it can be doubled for greater stability.
- **Scissors:** a medium sized pair of sharp craft scissors.
- **A graphite pencil:** Or a light colored Quilter's pencil if your fabric is medium to dark.
- **A Light Table or Saral Paper**
- **Freezer paper**
- **Thread:** In colors to go with your choice of fabrics – greens, yellows and/or oranges for citrus 'peel' and segments., or various shades of pinks and reds for tomatoes, they should be slightly different than the color of the fabric for subtle contrast. You will also need cream colored **and** a tan colored thread (for the 'pith' and seeds). Iridescent or silky rayon or polyester thread would be great or just use cotton thread. Metallic thread can add a nice touch if you are comfortable working with it but is optional.
- **Angelina fibers (optional):** Available online and from some craft and fabric stores. Don't stress if you can't find any, I will bring some to share or you can leave it out especially if you use a shiny/iridescent thread.
- **Parchment paper:** I will also have some to share if you don't have any.
- **Sewing machine:** with a free motion presser foot and a foot that can handle Zig Zag stitching
- **Glitter glue or paint (optional):** If you can't find Angelina Fibers, you can add some sparkle to your slices with a little glitter paint if you like, you will also need a small disposable artist's/crafter's brush to apply it if you choose this option.