

Thread Painted Fiber Art Bowls – Leaves, Flowers or Shells

Supplies - This is a generalized supply list for all three patterns. Fabric and thread selection should reflect the bowl type you wish to make.

Fast2Fuse heavy weight* (recommended) – 1/3 yd. We will talk about the different types available. **Please let me know if you would like to purchase a piece from me for this class.** I do have some available.

Fabric: For front and back 1/3 yard or fat quarters - these can be the same fabric for both sides or different fabrics. NOTE: heavily patterned or printed fabric are not suitable. Use hand dye look type fabrics.

Threads: Decorative polyester EMBROIDERY threads in solid color to match your fabrics PLUS various solid and variegated threads to contrast, accent, shade and highlight. Suggestions: bring a **dusty purple** for shadows, and according to your fabric colors - a dark, mid tones, light, plus oranges and yellows for warmth. The colors suggested will work with most any color pallet. Variegated threads work very well and help to blend. *The thread lists following this supply list* will help you to determine what to bring.

Bobbin Thread: extra bobbins filled with a thread that matches or coordinates with your backing fabric. Extra empty bobbins will come in handy as you may change your mind on thread color here.

Needles: embroidery 75/11 or 90/14, *topstitching 12 or 14 (*optional)

Machine feet: **open toe applique foot, free motion embroidery foot** that can do a zigzag stitch. If you have a few different feet for this, bring them and we can see what works best for you.

Embellishments: (*Optional) Decorative yarns, seed beads, sequins, etc. plus beading needle and thread. **I will have some stuff to play with in class, but if you have stuff you think will look good on your bowl, bring it!

Freezer Paper - 1/3 yard or so

Pencil with eraser – please bring a pencil, not a pen.

Sewing machine and all basic supplies including the manual. **Your sewing machine should be capable of free motion stitching by either dropping the feed dogs or inserting a darning plate.**

Scissors that can cut through multiple layers of fabric and stabilizer.

The following are the Thread Color lists for each of the fabric bowls (Flower, Leaf, and Shell)

Flower:

1 - Shadow/Cool - usually a dusty purple, this will add coolness and shadow and also make all your other colors pop.

2 - Movement/Shape - Deep dark plum, burgundy, dark rust, etc; use to make the ruffle and shape lines that will help give movement and shape.

3 - Dark - a darker shade of the Main Color to give more depth

4 - Main Color - most closely matches the fabric color, usually finishes the edges. Helps to blend other colors in and also tone down more over powering colors.

5 - Color Pop - many times this is a multi color variegated thread. Adds a lot of color splash.

6 - Light - lighter tone of the Main Color to give highlights. Used along the edges and between the movement lines to add shape.

7 - Highlight/warmth - a light warm color, usually yellow or orange, that will give a touch of sunlight to tips of petals.

Leaf:

1 - Shadow/Cool - usually a dusty purple, this will add coolness and shadow and also make all your other colors pop.

2 - Movement/Shape - Deep dark plum, burgundy, dark rust, etc; use to make the ruffle and shape lines that will help give movement and shape.

3 - Dark - a darker shade of the Main Color to give more depth

4 - Main Color - most closely matches the fabric color, usually finishes the edges. Helps to blend other colors in and also tone down more over powering colors.

5 - Color Pop - many times this is a multi color variegated thread. Adds a lot of color splash.

6 - Light - lighter tone of the Main Color to give highlights. Used along the edges and between the movement lines to add shape.

7 - Highlight/warmth - a light warm color, usually yellow or orange, that will give a touch of sunlight to tips of petals.

Shell:

1. Shadow/Cool - usually a dusty purple, this will add coolness and shadow and also make all your other colors pop.

2. Movement/Shape - a darker version of your main color or a lighter version of the Shadow/Cool color, depending on the fabric used.. Used for both dark and to add definition to shape and line.

3. Main Color - most closely matches the fabric color and usually finishes the edges. Also used to blend other colors in and to tone down more over powering colors.

4. Color Pop - this thread is usually variegated and coordinates with the colors being used but also brings in other colors and is sometimes brighter and bolder. For instance, if using a more pastel pallet, this thread would bring in slightly brighter colors. It can also be an additional color range to add interest.

5. Light - lighter tone of the main color to give highlights. Used along edges and between darker lines to give shape and add to depth by bringing forward other sections of the shell.

6. Highlight - pearl, pearly pink, lavender, sea green, turquoise, etc. Usually a metallic thread, this will give the shell a realistic pearly highlight. More than one color can be used here. Enhances highlights and adds sparkle. When using metallic threads you may need to switch to a topstitch needle.

NOTE: Please bring decorative embroidery threads. **NO NOT** bring quilting thread, sewing thread, hand sewing thread, etc. I am available to answer any questions regarding thread or fabric choices.