

Technique Toolbox – Celtic Knot

Supply list (2 pages)

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In this lesson, bias tape is used to make Celtic Knots. The tape can be made in any color fabric you wish using a Bias Tape maker. This nifty little tool made by Clover makes lovely flat bias tape with ease. The tape is perfect to make appliqué botanical stems, basket weave appliqué or the quintessential application - Celtic Knots. In this session you will learn how to use this tool to make bias tape and assemble it into a simple Celtic Knot block.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene

TOOLS/MATERIALS:

- **Fabrics:**
 - A Fat Quarter of fabric to use as your background
 - A Fat Quarter of fabric to make the bias tape, this should contrast well with the background you chose.
 - A Fat Quarter of a third fabric is optional; this will be used to fill the spaces between the coils of the knot work if desired.
- **Rotary cutter, mat and a ruler:** A 24” ruler will be helpful for cutting the bias strips.
- **¼” Bias tape maker:** Made by Clover™, there are two types available – one to make plain tape and a version that also applies fusible webbing as you make the tape. Of the two, the one that works with fusible web is the most versatile as it can be used to make plain tape as well but not the other way around.
- **Fusible web tape (optional):** There are two brands available, one made by Clover the other by Steam a Seam and both are ¼” in width. You will need this only if you decide to make your bias tape fusible in which case make sure you get the correct tape maker that accommodates the fusible web. NOTE: in my experience, the fusible version of bias tape does not adhere all that well, you might opt to make plain (non-fusible) bias tape and tack it down with School Glue.
- **Fusible Web adhesive:** This will only be needed if you are using the third fabric to inset within the knot. If you do so, choose a product rated as ‘lite’ for the softest results; about ¼ yard should be enough.
- **Quilter’s Pencil:** In a color that contrasts with the background fabric you chose.
- **Freezer paper:** A foot or so from a roll should be adequate
- **Black ‘Sharpie’™ Pen:** Buy the regular ‘fine’ point not the ultra-fine.
- **Light box:** You will need this to trace the pattern guidelines onto the background fabric; I will bring a couple for students to share if you don’t have one.
- **Elmer’s ‘School’ Glue (Optional):** This is not the regular ‘craft’ (PVA) glue but a starch based adhesive aimed at school use. This can be used to tack the bias tape down in lieu of pinning or fusing before sewing.
- **Scissors:** you will need a pair you don’t mind cutting adhesive backed fabric with.
- **Sewing machine:** The bias tape can be sewn down by machine or by hand; to sew by machine an open toed zig zag foot is recommended.
- **Sewing pins**
- **Thread:** 100% cotton in color(s) to match your bias tape.